

## Guía de recursos comunitarios: Transporte

### **Keys to Change**

**Descripción:** Provides a wide variety of support services for single adults including shelter, housing related coordinated entry, employment assistance, and other services. Assistance and services are all in person, no assistance available via phone. Visit the Brian Garcia Welcome Center for intake, open 24 hours a day.

**Elegibilidad:** adults age 18 and older

**Admisión:** visit the Brian Garcia Welcome Center, no documents required. Does not provide services over the phone, services are only provided in person.

**Dirección física:** 206 S 12th Ave, Phoenix, Maricopa, AZ, 85007-3101

**Horario de atención:** Brian Garcia Welcome Center 24-hours; Lodestar Day Resource Center Mon-Fri 7:30am-11pm

**Número de teléfono:** 602-883-4509

**Sitio web:** <http://keystochangeaz.org>

### **Friends In Deed Transportation Services**

**Descripción:** Provides transportation for residents of Green Valley to appointments locally and in Tucson. Also provides weekly trips to Tucson locations.

**Elegibilidad:** People in the Green Valley area

**Admisión:** Must call for reservations at least one week in advance. No documents needed for service.

**Dirección física:** 301 W Camino Casa Verde, Green Valley, Pima, AZ, 85614-3547

**Horario de atención:** Mon-Fri 9am-3pm

**Número de teléfono:** 520-625-4424

**Sitio web:** <http://friendsindeedgv.org/transportation>

**Correo electrónico:** [opsdirector@fid-gv.org](mailto:opsdirector@fid-gv.org)

## **Caring Neighbors Helping Neighbors Program**

**Descripción:** Provides support services to adults with physical disabilities and seniors. Includes transportation, grocery shopping, friendly phone calls, friendly visiting, and limited minor home modifications. Vehicle is not wheelchair accessible.

**Elegibilidad:** Adults ages 18-59 with physical disabilities and seniors age 60 and older who live in Amado, Arivaca, Green Valley, Rio Rico, Sahuarita, Tubac, and Tumacacori-Carmen; no income requirements

**Admisión:** Call for intake and to confirm documents required

**Dirección física:** 3950 S Camino del Heroe, Green Valley, Pima, AZ, 85614-5700

**Horario de atención:** Mon-Fri 8:30am-5pm

**Número de teléfono:** 520-625-5966

**Sitio web:** <http://www.valleyassistanceservices.org>

## **Eastside Neighbors Volunteer Program**

**Descripción:** Provides services to help older adults remain in their homes with safety, comfort, and dignity. Services include transportation to doctor appointments, shopping, errands, light yard work, dog walking, friendly visits, and phone calls.

**Elegibilidad:** Adults age 55 and older who live in East Tucson. Must live east of Swan Rd and west of Houghton Rd, and north of Irvington Rd and south of Grant Rd/Tanque Verde Rd; includes zip code 85710 and parts of 85711, 85712, 85715, 85730, 85748, and 85749. See service area map on website.

**Admisión:** Call for interview. Required documents depend on services.

**Dirección física:** 8302 E Broadway Blvd, Tucson, Pima, AZ, 85710-4008

**Horario de atención:** Mon-Fri 9am-3pm

**Número de teléfono:** 520-245-4729

**Sitio web:** <http://www.tucsonenvp.com>

**Correo electrónico:** [envpcares@gmail.com](mailto:envpcares@gmail.com)

## **Interfaith Community Services Senior Services**

**Descripción:** Provides assistance for older and disabled adults to live independently in their own homes without the need for institutional care. Offers help at home, food resources (food boxes & mobile meals), and transportation to medical appointments and grocery shopping.

**Elegibilidad:** Seniors and people with disabilities

**Admisión:** Call for intake; Contact to confirm documents required

**Dirección física:** 2820 W Ina Rd, Tucson, Pima, AZ, 85741-2502

**Horario de atención:** Administration Mon-Thu 9am-4pm, Fri 9am-noon , program hours vary

**Número de teléfono:** 520-297-6049

**Sitio web:** <http://www.icstucson.org/what-we-do/senior-services/>

**Correo electrónico:** [esosa@icstucson.org](mailto:esosa@icstucson.org)

## **Services for Holocaust Survivors**

**Descripción:** Provides services for survivors of the Holocaust. Includes in-home assessment, case management, and assistance with applications for reparation and restitution. May also include light housekeeping, personal care, friendly visitors, shopping, transportation, and medical equipment.

**Elegibilidad:** Survivors of the World War II Holocaust

**Admisión:** Call for intake; Contact to confirm documents required

**Dirección física:** 4301 E 5th St, Tucson, Pima, AZ, 85711-7313

**Horario de atención:** Mon-Fri 9am-5pm

**Número de teléfono:** 520-795-0300 x2214

**Sitio web:** <http://jfcstucson.org/services/older-adult-services/services-for-holocaust-survivors/>

**Correo electrónico:** [rmoroz@jfcstucson.org](mailto:rmoroz@jfcstucson.org)

## **Banner University Family Care**

**Descripción:** Provides an AHCCCS Health Plan for central and southern Arizona. Partners with a system of providers that deliver behavioral health and medical care to people who are signed up for AHCCCS/Medicaid. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments. This service is available for members who are unable to provide or pay for their own transportation. Accepts and attempts to resolve complaints.

**Elegibilidad:** Children and adults who are on AHCCCS in Cochise, Gila, Graham, Greenlee, La Paz, Maricopa, Pima, Pinal, Santa Cruz, Yavapai, and Yuma Counties

**Admisión:** Call or visit website to locate a provider. Contact provider to confirm documents required

**Dirección física:** 5255 E Williams Circle, Ste 2050, Tucson, Pima, AZ, 85711-7719

**Horario de atención:** Mon-Fri 7:30am-5pm member services; 24-hours nurse line

**Número de teléfono:** 800-582-8686

**Sitio web:** <http://www.bannerhealth.com/medicaid/acc/about-us>

## **Arizona Complete Health Medicaid Plan**

**Descripción:** Provides an AHCCCS Health Plan for statewide. Partners with a system of providers that deliver behavioral health and medical care to people who are signed up for AHCCCS/Medicaid. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments. This service is available for members who are unable to provide or pay for their own transportation. Accepts and attempts to resolve complaints.

**Elegibilidad:** Children and adults who are on AHCCCS.

**Admisión:** Call Customer Service or visit website to locate a provider, Contact provider to confirm documents required

**Dirección física:** 1850 W Rio Salado Pkwy, Ste 211, Tempe, Maricopa, AZ, 85281-5713

**Horario de atención:** 24-hours member services & nurse line; Mon-Fri 8am-5pm transportation requests

**Número de teléfono:** 888-788-4408

**Sitio web:** <http://www.azcompletehealth.com>

## **Sun Shuttle Dial-a-Ride**

**Descripción:** Provides fixed-route and dial-a-ride transit service within Catalina, Green Valley, Marana, Oro Valley, Sahuarita, San Xavier, Tucson Estates, Tucson/Rita Ranch, and other parts of Pima County. Passengers can connect to Sun Tran Service. Shuttles are wheelchair accessible. Also provides curb-to-curb, deviated route service for ADA-eligible participants-within 3/4 mile of regular Sun Shuttle routes. For ADA-registration, see listing: Tucson Transit Services ADA Paratransit Eligibility Office.

**Elegibilidad:** No restrictions

**Admisión:** Call or visit website for bus schedule. Call for reservations for deviated route service.

**Dirección física:** 3920 N Sun Tran Blvd, Tucson, Pima, AZ, 85705-2290

**Horario de atención:** Vary

**Número de teléfono:** 520-792-9222

**Sitio web:** <http://www.suntran.com/sunshuttle>

**Correo electrónico:** [suntraninfo@tucsonaz.gov](mailto:suntraninfo@tucsonaz.gov)

## **Tucson Indian Center Wellness Department**

**Descripción:** Provides health care assessment and case management to Native Americans. Also provides sobriety support groups (Native Sisters, White Bison, and AA), after school youth coalitions, monthly elderly luncheons, and annual community events. Provides food boxes, hygiene supplies, and diapers for adults and children.

**Elegibilidad:** Native Americans

**Admisión:** Call for appointment. Must bring state ID, Tribal ID or Certificate of Indian Blood, Social Security number, birth certificate, insurance card, and proof of address.

**Dirección física:** 160 N Stone Ave, Tucson, Pima, AZ, 85701-1502

**Horario de atención:** Mon-Fri 8am-5pm

**Número de teléfono:** 520-884-7131

**Sitio web:** <http://www.ticenter.org>

**Correo electrónico:** [vboone@ticenter.org](mailto:vboone@ticenter.org)

## **Phoenix Public Transit Department**

**Descripción:** Provides public transit services including local and RAPID/Express bus services, neighborhood circulator buses, and light rail; Dial-a-Ride service within the city of Phoenix; and alternative transportation options for qualified individuals through taxi subsidy programs.

**Elegibilidad:** No restrictions for most bus and light rail services. Phoenix Dial-a-Ride serves people with disabilities who meet ADA certification requirements. Alternative transportation programs are available to Phoenix residents with disabilities who meet ADA certification requirements or those who are age 65 and older.

**Admisión:** Call for visit website. Contact provider to confirm documents required

**Dirección física:** 302 N 1st Ave, Ste 900, Phoenix, Maricopa, AZ, 85003-1621

**Horario de atención:** Administration Mon-Fri 8am-5pm; Hours vary for transit services

**Número de teléfono:** 602-253-5000

**Sitio web:** <http://www.phoenix.gov/publictransit>

**Correo electrónico:** [pubtrans@phoenix.gov](mailto:pubtrans@phoenix.gov)

## **YMCA Outreach Programs for Aging Seniors**

**Descripción:** Provides support services to seniors and their caregivers in Ahwatukee, Scottsdale, and the Southwest Valley. Provides transportation, help with shopping and errands, friendly visiting and reassurance calls, caregiver respite, business assistance, social activities, and support upon discharge from the hospital.

**Elegibilidad:** Seniors (65+) located in Ahwatukee, Scottsdale, and the Southwest Valley, that reside in an independent living situation at home, and are able to get in and out of a vehicle with little or no assistance. May use walkers and canes.

**Admisión:** Call or email; Contact to confirm documents required

**Dirección física:** 1030 E Liberty Ln, Phoenix, Maricopa, AZ, 85048-8461

**Horario de atención:** Administration Mon-Fri 8am-5pm; vary for services

**Número de teléfono:** 602-212-6088

**Sitio web:** <http://valleymca.org/opas>

**Correo electrónico:** [brenda.nichols@vosymca.org](mailto:brenda.nichols@vosymca.org)

## **DAV Transportation Network - Tucson**

**Descripción:** Provides transportation for veterans to and from scheduled appointments at the VA Hospital.

**Elegibilidad:** Veterans who have no other means to get to their appointments; must live in Pima or Pinal counties

**Admisión:** Call. Required documents depend on services.

**Dirección física:** 3601 S 6th Ave, c/o SAVAHCS Bldg 13 Rm 2, Tucson, Pima, AZ, 85723-0002

**Horario de atención:** Mon-Fri 9am-5pm

**Número de teléfono:** 520-792-1450 x16565

**Sitio web:** <http://www.dav.org/veterans/i-need-a-ride>

## **DAV Transportation Network - Phoenix**

**Descripción:** Provides transportation for veterans to and from scheduled appointments at the VA Hospital.

**Elegibilidad:** Veterans who have no other means to get to their appointments; must live in Maricopa County

**Admisión:** Call. Required documents depend on services.

**Dirección física:** 650 E Indian School Rd, c/o Phoenix VA Health Care Rm 36, Phoenix, Maricopa, AZ, 85012-1839

**Horario de atención:** Mon-Fri 9am-5pm

**Número de teléfono:** 602-277-5551 x7451

**Sitio web:** <http://www.dav.org/veterans/i-need-a-ride>

## **DAV Transportation Network - Prescott**

**Descripción:** Provides transportation for veterans to and from scheduled appointments at the VA Hospital.

**Elegibilidad:** Veterans who have no other means to get to their appointments; must live in Yavapai County

**Admisión:** Call. Required documents depend on services.

**Dirección física:** 500 N US Highway 89, NAVAHCS Bldg 13, Prescott, Yavapai, AZ, 86313-5001

**Horario de atención:** Mon-Fri 9am-5pm

**Número de teléfono:** 520-792-1450

**Sitio web:** <http://www.dav.org/veterans/i-need-a-ride>

## **East Valley Paratransit**

**Descripción:** Provides shared ride, door-to-door transportation to people with disabilities within the city limits of Chandler, Gilbert, Mesa, Scottsdale, and Tempe.

**Elegibilidad:** Residents of Chandler, Gilbert, Mesa, Scottsdale, and Tempe who are ADA certified or non-ADA validated by Valley Metro

**Admisión:** Call; Contact to confirm documents required

**Dirección física:** 4600 E Washington St, Ste 101, Phoenix, Maricopa, AZ, 85034-1904

**Horario de atención:** Administration Mon-Fri 8am-5pm; Services Mon-Sun 4am-1am

**Número de teléfono:** 602-716-2200

**Sitio web:** <http://www.valleymetro.org>

## **HealthLift Non-Emergency Medical Transportation of Arizona - Central**

**Descripción:** Provides non-emergency transportation and lift-assist for people unable to get up or down stairs including ambulation, wheelchair and stretcher services.

**Elegibilidad:** No restrictions

**Admisión:** Call, email, or visit website; Contact to confirm documents required

**Dirección física:** 2710 E Washington St, Phoenix, Maricopa, AZ, 85034-1423

**Horario de atención:** 24-hours

**Número de teléfono:** 602-298-1818

**Sitio web:** <http://healthliftaz.com>

**Correo electrónico:** [order@gohlaz.com](mailto:order@gohlaz.com)

## **Foothills Caring Corps Inc**

**Descripción:** Offers services for older adults and people with disabling conditions. Services include medical appointment transportation, health advocacy, grocery shopping, friendly visiting and phoning, caregiver relief, personal business assistance, minor home repair, delivered meals for lunch, and a van offering transportation to and from recreational and shopping venues.

**Elegibilidad:** Older adults and people with disabling conditions residing in Carefree, Cave Creek, Phoenix (85085, 85086) and Scottsdale (85255 north of Bell Rd, 85262, 85266)

**Admisión:** Call; Contact to confirm documents required

**Dirección física:** 7275 E Easy St, Ste B104, Carefree, Maricopa, AZ, 85377

**Horario de atención:** Mon-Fri 8:30am-4:30pm

**Número de teléfono:** 480-488-1105

**Sitio web:** <http://www.foothillscaringcorps.com>

**Correo electrónico:** [info@foothillscaringcorps.com](mailto:info@foothillscaringcorps.com)

## **Molina Healthcare Company**

**Descripción:** Provides an AHCCCS Health Plan for central Arizona. Partners with a system of providers that deliver behavioral health and medical care to people who are signed up for AHCCCS/Medicaid. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments. This service is available for members who are unable to provide or pay for their own transportation. Website offers a database of providers searchable by location and service. Accepts and attempts to resolve complaints.

**Elegibilidad:** Children and adults who are on AHCCCS in Gila, Pinal, and Maricopa counties; does not include ZIP codes 85542, 85192, and 85550

**Admisión:** Call or visit website to locate a provider. Contact provider to confirm documents required

**Dirección física:** 5055 E Washington St, Ste 210, Phoenix, Maricopa, AZ, 85034-2036

**Horario de atención:** Administration and member services Mon-Fri 8am-6pm; 24-hours nurse line

**Número de teléfono:** 800-424-5891

**Sitio web:** <http://www.molinahealthcare.com>

## **Northwest Valley Connect**

**Descripción:** Coordinates and provides transportation services for seniors age 65 and older, veterans and people with disabilities in the Northwest Valley.

**Elegibilidad:** Seniors age 65 and older, veterans and people with disabilities in El Mirage, Peoria, Sun City, Sun City West, Surprise, and Youngtown

**Admisión:** Call. Required documents vary by program.

**Dirección física:** 9445 N 99th Ave, Peoria, Maricopa, AZ, 85345-6913

**Horario de atención:** Mon-Fri 8am-5pm; leave message after hours and on weekends.  
Transportation hours vary.

**Número de teléfono:** 623-282-9300

**Sitio web:** <http://northwestvalleyconnect.org>

**Correo electrónico:** [bbell@northwestvalleyconnect.org](mailto:bbell@northwestvalleyconnect.org)

## **Mercy Care ACC-RBHA**

**Descripción:** Provides an AHCCCS Health Plan for people located in Gila, Pinal, and Maricopa counties; does not include ZIP codes 85542, 85192, and 85550. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments for members who are unable to provide or pay for their own transportation. Website offers a database of providers searchable by location and service.

**Elegibilidad:** Children and adults who are on AHCCCS in Gila, Pinal, and Maricopa counties; does not include ZIP codes 85542, 85192, and 85550

**Admisión:** Call or visit website to locate a provider. Bring photo ID, AHCCCS card, Social Security card, list of medications, and name of family doctor to first appointment. Contact provider to confirm any other documents required.

**Dirección física:** 4750 S. 44th Place, Ste 150, Phoenix, Maricopa, AZ, 85040-4015

**Horario de atención:** Member services Mon-Fri 7am-6pm; 24-hours nurse line

**Sitio web:** <http://www.mercycareaz.org/acc-rbha/index.html>

## **Mercy Care DCS Comprehensive Health Plan**

**Descripción:** Provides a Health Plan for youth in the foster care system statewide. Partners with a system of providers that deliver behavioral health, dental, and medical care. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments. This service is available for members who are unable to provide or pay for their own transportation. Website offers a database of providers searchable by location and service. Accepts and attempts to resolve complaints.

**Elegibilidad:** Arizona youth in out-of-home placements who are involved with the Department of Child Safety. Plan is available regardless of enrollment in AHCCCS/Medicaid.

**Admisión:** Call or visit website to locate a provider. Bring photo ID, AHCCCS card, Social Security card, list of medications, and name of family doctor to first appointment. Contact provider for any additional documents required.

**Dirección física:** 4750 S. 44th Place, Ste 150, Phoenix, Maricopa, AZ, 85040-4015

**Horario de atención:** Member Services Mon-Fri 8am-5pm; 24-hours nurse line

**Número de teléfono:** 602-212-4983

**Sitio web:** <http://www.mercycareaz.org/dcschp/index.html>

## **Peoria Transit Division**

**Descripción:** Provides fixed route and neighborhood circulator public transportation, and dial-a-ride service.

**Elegibilidad:** Children age 16 and younger must be accompanied by an adult on Dial-a-Ride; children age 8 and younger must be accompanied by an adult on fixed route and circulators.

Masks are required on all public transportation.

**Admisión:** Call for Dial-a-Ride reservations or information about other services; Contact provider to confirm documents required

**Dirección física:** 9875 N 85th Ave, Peoria, Maricopa, AZ, 85345

**Horario de atención:** Reservations Mon-Fri 8am-5pm; services vary

**Número de teléfono:** 623-773-7435

**Sitio web:** <http://www.peoriaaz.gov/government/departments/public-works-and-utilities/transportation>

## **Community Bridges, Inc**

**Descripción:** Administers various outreach services in Arizona

**Elegibilidad:** n/a

**Admisión:** Call 24-Hours Access to Care Helpline; No documents required

**Dirección física:** 1855 W Baseline Rd, Ste 101, Mesa, Maricopa, AZ, 85202-9098

**Horario de atención:** Mon-Fri 8am-5pm

**Número de teléfono:** 480-831-7566

**Sitio web:** <http://communitybridgesaz.org>

## **Duet Homebound Adult Services**

**Descripción:** Provides homebound adults with rides to medical appointments, friendly visiting, computer assistance, small home repairs, and paperwork assistance. Matches clients with volunteers who will accompany them to the grocery store or will deliver groceries to them.

**Elegibilidad:** Homebound adults in Fountain Hills, Glendale, Paradise Valley, Peoria, Phoenix, and Scottsdale (south of Frank Lloyd Wright Blvd)

**Admisión:** Call for all services. Call for transportation at least 10 working days in advance. No documents needed to use services.

**Dirección física:** 10000 N 31st Ave, Ste D200, Phoenix, Maricopa, AZ, 85051-9570

**Horario de atención:** Mon-Thu 8am-4:30pm

**Número de teléfono:** 602-274-5022

**Sitio web:** <http://www.duetaz.org/homebound-adults>

**Correo electrónico:** [Plumlee@duetaz.org](mailto:Plumlee@duetaz.org)

## **Senior Citizens' Transportation - Freedom Express**

**Descripción:** Provides ride program for seniors.

**Elegibilidad:** Seniors who are residents of Wickenburg

**Admisión:** Call. Required documents vary by services.

**Dirección física:** 155 N Tegner St, Ste A, Wickenburg, Maricopa, AZ, 85390-1456

**Horario de atención:** Mon-Thu 7am-6pm

**Número de teléfono:** 928-684-7894

**Sitio web:** <http://www.wickenburgaz.gov/1338/Resource-Town-Info>

## **UnitedHealthcare Community Plan**

**Descripción:** Provides an AHCCCS Health Plan for central and southern Arizona. Partners with a system of providers that deliver behavioral health and medical care to people who are signed up for AHCCCS/Medicaid. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments. This service is available for members who are unable to provide or pay for their own transportation. Website offers a database of providers searchable by location and service. Accepts and attempts to resolve complaints.

**Elegibilidad:** Children and adults who are on AHCCCS in Gila, Pima, Pinal, and Maricopa counties

**Admisión:** Call or visit website to locate a provider. Bring photo ID, AHCCCS card, Social Security card, list of medications, and name of family doctor to first appointment.

**Dirección física:** Confidential location, Phoenix, Maricopa, AZ, 85001

**Horario de atención:** Daily 8am-8pm member services; 24-hours nurse line; 24-hours transportation line

**Número de teléfono:** 800-348-4058

**Sitio web:** <http://www.uhccommunityplan.com/az>

## **Health Choice Arizona**

**Descripción:** Provides an AHCCCS Health Plan for central and northern Arizona. Partners with a system of providers that deliver behavioral health and medical care to people who are signed up for AHCCCS/Medicaid. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments. This service is available for members who are unable to provide or pay for their own transportation. Website offers a database of providers searchable by location and service. Accepts and attempts to resolve complaints.

**Elegibilidad:** Children and adults who are on AHCCCS in Apache, Coconino, Gila, Maricopa, Mohave, Navajo, Pinal, and Yavapai counties

**Admisión:** Call Member Services or visit website to locate a provider. Bring photo ID, AHCCCS card, Social Security card, list of medications, and name of family doctor to first appointment.

**Dirección física:** 410 N 44th St, Ste 920, Phoenix, Maricopa, AZ, 85008-6590

**Horario de atención:** Mon-Fri 6am-6pm member services; 24-hours nurse line; 24-hours transportation requests

**Número de teléfono:** 602-386-3447

**Sitio web:** <http://www.healthchoiceaz.com>

## **Glendale Dial-A-Ride**

**Descripción:** Provides curb-to-curb bus service within the service area for the general public.

**Elegibilidad:** People in Glendale

**Admisión:** Call for reservation. No documents needed to use services.

**Dirección física:** 6210 W Myrtle Ave, Bldg S, Glendale, Maricopa, AZ, 85301-1700

**Horario de atención:** Reservations Mon-Fri 7am-6pm, Sat 7am-5pm; Services Mon-Fri 7am-5:30pm, Sat 7am-4pm

**Número de teléfono:** 623-930-3500

**Sitio web:** <http://www.glendaleaz.gov/Live/City-Services/Public-Transportation/Transit-Services/Glendale-OnBoard>

## **Gila Bend Senior Center**

**Descripción:** Provides hot meals for seniors age 60 and older. Also provides recreation and socialization programs. Offers transportation to the local stores and field trips.

**Elegibilidad:** Seniors age 60 and older

**Admisión:** Call or visit center. Contact provider to confirm documents required.

**Dirección física:** 202 E Euclid St, Gila Bend, Maricopa, AZ, 85337

**Horario de atención:** Administration Mon-Fri 8am-4:00pm; Meals Mon-Fri noon

**Número de teléfono:** 928-683-2244

**Sitio web:** <http://www.gilabendaz.org/105/gila-bend-senior-center>

## **Eve's Place**

**Descripción:** Provides in-person and virtual support services for victims of domestic, sexual, and teen dating violence and their children. Services include crime victim assistance, individual advocacy, youth/student support groups, sexual assault hotline, and sexual assault/incest support groups. Participants can remain in the program up to one year and may qualify for long distance transportation. \*\*Currently out of financial assistance funding for Maricopa County\*\*

**Elegibilidad:** Victims of domestic, sexual, and teen dating violence and their children

**Admisión:** Call; no documents needed to use services.

**Dirección física:** 10448 W Coggins Dr, Sun City, Maricopa, AZ, 85351-3410

**Horario de atención:** Mon-Thu 9am-7pm, Fri 9am-5pm

**Número de teléfono:** 623-537-5380

**Sitio web:** <http://evesplace.org>

**Correo electrónico:** [laurah@evesplace.org](mailto:laurah@evesplace.org)

## **Aster Aging In Home Support Services**

**Descripción:** Provides in-home assistance for seniors with disabilities. Services include transportation for grocery shopping, prescription pick-ups, doctor's visits, and companionship visits. Home care aids provide care planning; in-home respite care; housekeeping including vacuuming, dusting, sweeping, cleaning, laundry, and meal preparation; and personal care including bathing, grooming, and personal hygiene.

**Elegibilidad:** Adults age 55 and older

**Admisión:** Call for appointment for an in-home assessment of need; Contact provider to confirm documents required

**Dirección física:** 247 N Macdonald, Mesa, Maricopa, AZ, 85201-6622

**Horario de atención:** Mon-Fri 8am-4pm

**Número de teléfono:** 480-964-9014

**Sitio web:** <http://www.asteraz.org/services/inhomesupport.html>

**Correo electrónico:** [info@asteraz.org](mailto:info@asteraz.org)

## **Avondale Transit Services**

**Descripción:** Offers public transit fixed route and dial-a-ride services, ADA transportation service, and a taxi-subsidy program.

**Elegibilidad:** No restrictions

**Admisión:** Call or visit website. Contact provider to confirm documents required

**Dirección física:** 399 E Lower Buckeye Rd, Avondale, Maricopa, AZ, 85323-6803

**Horario de atención:** Administration Mon-Thu 7am-3pm

**Número de teléfono:** 623-333-4458

**Sitio web:** <http://www.avondaleaz.gov/government/departments/public-works/transit-services>

## **Express**

**Descripción:** Provides reduced-fare, door-to-door bus service in Page and surrounding communities.

**Elegibilidad:** No restrictions

**Admisión:** Call to plan trip

**Dirección física:** 35 Six Avenue, Page, Coconino, AZ, 86040-3938

**Horario de atención:** Mon-Fri 8:30am-3:30pm

**Número de teléfono:** 928-646-9596

**Sitio web:** <http://www.express-hha.com/>

## **Benevilla Free Home Services**

**Descripción:** Provides services for homebound or isolated adults including grocery shopping, transportation to vital medical appointments, business assistance, minor home maintenance, friendly visitors, and errand running.

**Elegibilidad:** Homebound adults who need extra assistance to maintain their independence; other requirements per service

**Admisión:** Call for any documents required for services.

**Dirección física:** 16752 N Greasewood St, Surprise, Maricopa, AZ, 85378-3639

**Horario de atención:** Mon-Fri 8am-4:30pm administration

**Número de teléfono:** 623-584-4999

**Sitio web:** <http://benevilla.org/free-home-care-services>

## **True to Care LLC**

**Descripción:** Provides non-emergency transportation and lift-assist for people unable to get up or down stairs including ambulation, wheelchair and stretcher services.

**Elegibilidad:** No restrictions

**Admisión:** Call, email, write, or visit website; Contact provider to confirm documents required

**Dirección física:** 24002 N 36th Dr, Glendale, Maricopa, AZ, 85310-4161

**Horario de atención:** 24-hours

**Número de teléfono:** 480-680-6655

**Sitio web:** <http://www.ttctransportation.com>

**Correo electrónico:** [truetocare2019@gmail.com](mailto:truetocare2019@gmail.com)

## **American Indian Health Program**

**Descripción:** Provides an AHCCCS Health Plan for Native Americans statewide. Partners with a system of providers that deliver behavioral health and medical care to people who are signed up for AHCCCS/Medicaid. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments to members who can not provide or pay for their own transportation. Accepts and attempts to resolve complaints.

**Elegibilidad:** American Indian and Alaska Native children and adults who are on AHCCCS in Arizona

**Admisión:** Call or visit website to locate a provider. Bring photo ID, AHCCCS card, Social Security card, list of medications, and name of family doctor to first appointment.

**Dirección física:** Confidential location, Phoenix, Maricopa, AZ, 85001

**Horario de atención:** 24-hours

**Número de teléfono:** 602-417-7000

**Sitio web:** <http://www.azahcccs.gov/AmericanIndians/AIHP/>

## **Round Valley Senior Center**

**Descripción:** Provides utility payment assistance, food boxes, and case management for people on low income. Senior center provides social activities, congregate meals, home delivered meals to older adults and people with disabilities, Medicare counseling, minor housing repairs, and transportation to doctor appointments and shopping.

**Elegibilidad:** Seniors and people with low income in Eagar, Springerville, and surrounding areas

**Admisión:** Call or visit center. Contact provider for any documents required.

**Dirección física:** 356 S Papago St, Springerville, Apache, AZ, 85938-5200

**Horario de atención:** Mon-Thu 7am-2pm; Mon-Thu 11:30am congregate meals; 2nd Tue senior food boxes; other service times vary

**Número de teléfono:** 928-333-2516

**Sitio web:** <http://www.springervilleaz.gov/communityservices>

## **Vista Transit**

**Descripción:** Provides fixed-route public bus service in Sierra Vista and Fort Huachuca. Also provides curb-to-curb bus service for seniors who are 65 or older and people with mental health or physical disabilities.

**Elegibilidad:** No restrictions

**Admisión:** Call; must give 24-hour advance notice for curb to curb pick-up

**Dirección física:** 2050 E Wilcox Dr, Sierra Vista, Cochise, AZ, 85635

**Horario de atención:** Mon-Fri 7am-4pm administration; service hours vary by route

**Número de teléfono:** 520-417-4888

**Sitio web:** <http://www.sierravistaaz.gov/our-city/bus-service>

## **Payson Senior Center**

**Descripción:** Provides services for seniors including recreation and education programs, hot meals and home delivered meals, shopping services, friendly visiting, chore maintenance, local transportation, and information about and referrals to legal assistance for seniors.

**Elegibilidad:** Seniors age 60 and older or spouses of eligible clients, adults age 50 and older for recreation programs

**Admisión:** Call for meal reservations in-house and for pick-up

**Dirección física:** 514 W Main St, Payson, Gila, AZ, 85541-5334

**Horario de atención:** Mon-Thu 8am-4pm; Friday by appointment only

**Número de teléfono:** 928-474-4876

**Sitio web:** <http://paysonseniorcenter.org>

**Correo electrónico:** [director@paysonseniorcenter.org](mailto:director@paysonseniorcenter.org)

## **Winslow City Transit**

**Descripción:** Provides reduced-fare, curb-to-curb bus service throughout Winslow city limits and some subdivisions.

**Elegibilidad:** No restrictions

**Admisión:** Call

**Dirección física:** 21 N Williamson Ave, Winslow, Navajo, AZ, 86047-3718

**Horario de atención:** Mon-Fri 8am-3pm

**Número de teléfono:** 928-289-1462

**Sitio web:** <http://www.winslowaz.gov/page/city-transit>

## **Prescott Valley YavaLine Regional Transit System**

**Descripción:** Provides local share-a-ride, on-demand transportation services. Download mobile app to input pickup and drop-off addresses to receive ride options within transit zone.

**Elegibilidad:** No restrictions

**Admisión:** Call or visit mobile app to request ride; same day and next available ride available

**Dirección física:** 7501 E Skoog Blvd, Prescott Valley, Yavapai, AZ, 86314-2263

**Horario de atención:** Mon-Fri 6am-8pm

**Número de teléfono:** 866-928-8726

**Sitio web:** [http://www.prescottvalley-az.gov/departments/public\\_works/index.php](http://www.prescottvalley-az.gov/departments/public_works/index.php)

**Correo electrónico:** [transit@prescottvalley-az.gov](mailto:transit@prescottvalley-az.gov)

## **People Who Care - Prescott**

**Descripción:** Volunteers provide non-medical assistance to adults unable to drive due to physical limitations in order to help them continue living independently.

**Elegibilidad:** Seniors and adults age 18 and older who are unable to drive due to physical limitations

**Admisión:** Call

**Dirección física:** 1580 Plaza West Dr, Prescott, Yavapai, AZ, 86303-5679

**Horario de atención:** Mon-Fri 9am-4pm

**Número de teléfono:** 928-445-2480

**Sitio web:** <http://www.peoplewhocareaz.org>

**Correo electrónico:** [pvpwc@peoplewhocareaz.org](mailto:pvpwc@peoplewhocareaz.org)

## **People Who Care - Chino Valley**

**Descripción:** Volunteers provide non-medical assistance to adults unable to drive due to physical limitations in order to help them continue living independently.

**Elegibilidad:** Seniors and adults age 18 who live in Chino Valley and older who are unable to drive due to a medical or age-related issue

**Admisión:** Call

**Dirección física:** 735 E Road 1 South, Chino Valley, Yavapai, AZ, 86323-7500

**Horario de atención:** Mon-Thu 8am-1pm

**Número de teléfono:** 928-636-3295

**Sitio web:** <http://www.peoplewhocareaz.org>

**Correo electrónico:** [cvpwc@peoplewhocareaz.org](mailto:cvpwc@peoplewhocareaz.org)

## **Navajo Area Agency on Aging Senior Citizen Center Program**

**Descripción:** Provides senior centers with hot lunches, and Meals on Wheels home delivered meals to homebound and high-risk seniors. Offers recreational programs for seniors.

Transportation is available to seniors to and from senior centers for meals and for shopping, Social Security appointments, medical appointments, etc., and as needed and available for emergencies.

**Elegibilidad:** Native Americans age 55 and older and seniors age 60 and older of any ethnicity, and their spouses regardless of age

**Admisión:** Call

**Dirección física:** Various locations, Window Rock, Apache, AZ, 86515

**Horario de atención:** Mon-Fri 8am-4pm

**Número de teléfono:** 928-674-2100

**Sitio web:** <http://www.daltcs.navajo-nsn.gov>

## **Amyotrophic Lateral Sclerosis Association - Arizona Chapter**

**Descripción:** Provides information and support for people with Amyotrophic Lateral Sclerosis (ALS) or Lou Gehrig's Disease, their friends, family members, and professionals. Also provides education and support through home visits and support groups. Meets virtually and in-person monthly in Phoenix, Prescott, and Tucson. Loans durable medical equipment, provides respite care, and provides transportation to ALSA-related events including clinic visits.

**Elegibilidad:** No restrictions

**Admisión:** Call or visit website

**Dirección física:** Various locations statewide, Phoenix, Maricopa, AZ, 85004

**Horario de atención:** Mon-Fri 9am-5pm

**Número de teléfono:** 225-343-9880

**Sitio web:** <http://www.als.org/support/states/arizona>

**Correo electrónico:** [infoAZ@als.org](mailto:infoAZ@als.org)

## **HealthLift Non-Emergency Medical Transportation of Arizona - Southern**

**Descripción:** Provides non-emergency transportation and lift-assist for people unable to get up or down stairs including ambulation, wheelchair and stretcher services.

**Elegibilidad:** No restrictions

**Admisión:** Call, email, or visit website

**Dirección física:** 3740 E 43rd Pl, Tucson, Pima, AZ, 85713-5402

**Horario de atención:** 24-hours

**Número de teléfono:** 520-298-1818

**Sitio web:** <http://healthliftaz.com>

**Correo electrónico:** [order@gohlaz.com](mailto:order@gohlaz.com)

## **Douglas Rides**

**Descripción:** Provides fixed-route bus services in Douglas; and the Elfrida and Pirtleville areas. Also provides Dial-A-Ride transportation to medical appointments and shopping for seniors and adults with physical disabilities.

**Elegibilidad:** Fixed-route bus service is open to all; Dial-A-Ride is for adults age 60 and older and adults ages 18-59 who have a physical disability and cannot walk to the bus stop.

**Admisión:** Call for bus schedule and for reservation

**Dirección física:** 1815 9th St, Douglas, Cochise, AZ, 85607

**Horario de atención:** Mon-Fri 8am-5pm administration; Mon-Sat 8am-5pm bus service

**Número de teléfono:** 520-417-7400

**Sitio web:** <http://www.douglasaz.gov/283/public-transportation>

## **Benson Area Transit**

**Descripción:** Provides fixed-route bus service throughout the city and surrounding area, including Mescal/J-Six, Pomerene, and St David. Also provides Dial-A-Ride transportation to medical appointments and shopping for seniors and adults with physical disabilities.

**Elegibilidad:** Fixed-route bus service is open to all. Dial-A-Ride is for seniors age 60 and older and adults who have a physical disability; must pre-register.

**Admisión:** Call or visit website for route information

**Dirección física:** 120 W 6th St, Benson, Cochise, AZ, 85602-6514

**Horario de atención:** Mon-Fri 7:30am-4:30pm fixed-route bus service; Mon-Fri 8am-4pm Dial-A-Ride

**Número de teléfono:** 520-586-9406

**Sitio web:** [http://www.bensonaz.gov/community/benson\\_area\\_transit/index.php](http://www.bensonaz.gov/community/benson_area_transit/index.php)

## **Copper Mountain Transit**

**Descripción:** Provides both Dial-a-Ride and 2 Fixed-Route bus routes for the Miami, Globe, and unincorporated Gila County areas.

**Elegibilidad:** No restrictions

**Admisión:** Call or visit website for transportation schedule

**Dirección física:** 500 Sullivan St, Miami, Gila, AZ, 85539-1296

**Horario de atención:** Mon-Fri 8am-5pm administration; Mon-Fri 6:30am-6pm bus schedule

**Número de teléfono:** 928-473-8222

**Sitio web:** <http://miamiaz.gov/transit/transit-information>

## **Kingman Area Regional Transit**

**Descripción:** Provides public bus transportation and curb-to-curb transportation for people who find it difficult to access fixed route services.

**Elegibilidad:** No restrictions

**Admisión:** Call or visit website; must register for curb-to-curb service and make advanced registrations.

**Dirección física:** 3700 E Andy Devine Ave, Kingman, Mohave, AZ, 86401-3454

**Horario de atención:** Mon-Fri 9am-3pm administration; Mon-Fri 6am-8pm Green and Yellow; Mon-Fri 6am-6pm Blue and Red; Sat 9am-4pm bus service

**Número de teléfono:** 928-681-7433

**Sitio web:** <http://www.cityofkingman.gov/government/departments/kart>

**Correo electrónico:** [sfurr@cityofkingman.gov](mailto:sfurr@cityofkingman.gov)

## **LHC Direct**

**Descripción:** Provides reduced-fare, door-to-door bus service throughout Lake Havasu City for seniors and people with disabilities.

**Elegibilidad:** Seniors and people with disabilities

**Admisión:** Call

**Dirección física:** 900 London Bridge Rd, Bldg B, Lake Havasu City, Mohave, AZ, 86404

**Horario de atención:** Mon-Fri 9am-4pm

**Número de teléfono:** 928-453-7600

**Sitio web:** <http://www.lhcaz.gov/transit/home>

**Correo electrónico:** [transit@lhcaz.gov](mailto:transit@lhcaz.gov)

## **Saguaro Transportation Services**

**Descripción:** Provides dial-a-ride transportation services for seniors and adults with disabilities.

**Elegibilidad:** Adults with disabilities and seniors in the Yuma area

**Admisión:** Call

**Dirección física:** 1495 S 4th Ave, Yuma, Yuma, AZ, 85364-4603

**Horario de atención:** Mon-Fri 8am-5pm

**Número de teléfono:** 928-376-7272

**Sitio web:** <http://saguarofoundation.com/transportation-services/>

**Correo electrónico:** [saguarofoundation@saguarofoundation.com](mailto:saguarofoundation@saguarofoundation.com)

## **Yuma County Area Transit**

**Descripción:** Provides fixed-route public transit services throughout southwest Yuma County.

**Elegibilidad:** No restrictions

**Admisión:** Call or visit website

**Dirección física:** 2715 E 14th St, Yuma, Yuma, AZ, 85365-1900

**Horario de atención:** Mon-Fri 8am-5pm, Sat 9am-6pm administration; Mon-Fri 6:30am-7:30pm, Sat 9:15am-6:30pm bus service

**Número de teléfono:** 928-783-2235

**Sitio web:** <http://www.yciptatransit.org>

## **YCAT OnCall**

**Descripción:** Provides door-to-door bus service throughout southwestern Yuma County for people with disabilities.

**Elegibilidad:** People with disabilities who meet the Americans with Disabilities Act (ADA) requirements

**Admisión:** Call

**Dirección física:** 2715 E 14th St, Yuma, Yuma, AZ, 85365-1900

**Horario de atención:** Mon-Fri 8am-5pm, Sat 9am-6pm administration; Mon-Fri 6am-7:30pm, Sat 9:15am-6:30pm bus service

**Número de teléfono:** 928-539-7076

**Sitio web:** <http://www.yciptatransit.org>

## **Winslow Council on Aging**

**Descripción:** Provides congregate and home delivered meals, transportation, community food bank, and senior activities.

**Elegibilidad:** n/a

**Admisión:** Call or visit office

**Dirección física:** 212 E Second St, Winslow, Navajo, AZ, 86047-3841

**Horario de atención:** Mon, Wed, Fri 8am-4:30pm; Tue, Thu 8am-3:30pm; Congregate meals Mon-Fri at noon; Food distribution Mon, Wed, Fri 3:30pm-4:15pm.

**Número de teléfono:** 928-289-3341

**Sitio web:** <http://www.winslowaz.gov/page/winslow-council-on-aging>

**Correo electrónico:** [winslowcouncilonaging@yahoo.com](mailto:winslowcouncilonaging@yahoo.com)

## **Northern Arizona Intergovernmental Public Transportation Authority**

**Descripción:** Provides public transportation in Flagstaff. Services include Mountain Line and Mountain Link fixed route service, and Mountain Lift Paratransit transportation for seniors and people with disabilities. Also provides vanpool service for commuters traveling to and from Flagstaff.

**Elegibilidad:** Mountain Line and Mountain Link are open to the public; Mountain Lift demand response is for use by people who are ADA eligible; contact for available vanpool routes

**Admisión:** Call, visit center, or visit website

**Dirección física:** 3773 N Kaspar Dr, Flagstaff, Coconino, AZ, 86004-2310

**Horario de atención:** Mon-Fri 8am-12pm, 1pm-5pm administration; service times vary

**Número de teléfono:** 928-779-6624

**Sitio web:** <http://mountainline.az.gov>

**Correo electrónico:** [transportation@mountainline.az.gov](mailto:transportation@mountainline.az.gov)

## **Sun City Community Assistance Network**

**Descripción:** Provides benefits assistance for seniors living in El Mirage, Glendale, Peoria, Sun City, Sun City West, Surprise, and Youngtown. Assists with applying for federal, state, and local programs that offer utility discounts, prescription drugs, Food Stamps (SNAP), Medicare, Social Security, etc. Helps people apply for property tax refunds and assessed value adjustments. Offers Dial-a-Ride tickets to qualified individuals. Hosts income tax assistance and legal consultations.

**Elegibilidad:** seniors in El Mirage, Glendale, Peoria, Sun City, Sun City West, Surprise, and Youngtown

**Admisión:** Call

**Dirección física:** 10195 W Coggins Dr, Sun City, Maricopa, AZ, 85351-3404

**Horario de atención:** Mon-Thu 8am-noon

**Número de teléfono:** 623-933-7530

**Sitio web:** <http://www.suncitycan.org>

**Correo electrónico:** [execdir@suncitycan.org](mailto:execdir@suncitycan.org)

## **Bullhead Area Transit System**

**Descripción:** Provides fixed route and door-to-door public transportation within Bullhead City and to and from Laughlin, NV. Offers door-to-door transportation for passengers who are prevented from using the fixed route bus system due to a disability or mobility limitation.

**Elegibilidad:** Fixed Route transit service available to the general public. Dial-a-Ride service is people with mobility limitations that prevent them from riding fixed routes.

**Admisión:** Call or visit website for an ADA application. A medical provider must verify a mobility limitation prevents use of fixed route service.

**Dirección física:** 2355 Trane Rd, Bullhead City, Mohave, AZ, 86442-5966

**Horario de atención:** Mon-Fri 8am-4pm, Sat 7:30am-3:30pm dispatch

**Número de teléfono:** 928-704-2287

**Sitio web:** <https://www.bullheadcityaz.gov/living-in-bullhead-city/transit/>

## **Cottonwood Area Transit**

**Descripción:** CAT provides local transportation within Cottonwood, Clarkdale, and Verde Villages Areas. Verde Shuttle provides commuter service between Cottonwood and Sedona. CAT Paratransit provides origin-to-destination transportation for people with disabilities who cannot use fixed route services. Volunteers, when available, can assist riders with shopping and other tasks.

**Elegibilidad:** No restrictions for fixed routes. Application required for paratransit services.

**Admisión:** Call, visit office, or visit website

**Dirección física:** 340 Happy Jack Way, Cottonwood, Yavapai, AZ, 86326-6373

**Horario de atención:** Administration Mon-Fri 8am-5pm

**Número de teléfono:** 928-634-2287

**Sitio web:** <http://www.ride-cat.com>

## **Chino Valley Senior Center**

**Descripción:** Provides daily lunches and recreational and social activities for seniors. Delivers Meals on Wheels food to people who are homebound. Provides transportation for seniors to social events and medical appointments.

**Elegibilidad:** Seniors only for most services; people who are homebound for Meals on Wheels

**Admisión:** Call, visit center, or visit website

**Dirección física:** 1021 W Butterfield Rd, #501, Chino Valley, Yavapai, AZ, 86323

**Horario de atención:** Vary

**Número de teléfono:** 928-636-9114

**Sitio web:** <http://www.chinoaz.net/275/senior-center>

## **Epilepsy Colby Marfin Transportation Project**

**Descripción:** Provides transportation in metropolitan Tucson for those who are unable to drive due to a seizure disorder.

**Elegibilidad:** People who are unable to drive due to epilepsy or seizure disorder

**Admisión:** Call

**Dirección física:** Phoenix, Maricopa, AZ, 85016

**Horario de atención:** 24-hours

**Número de teléfono:** 520-326-6690

**Sitio web:** <http://www.epilepsy.com/local/arizona>

**Correo electrónico:** [arizona@efa.org](mailto:arizona@efa.org)

## **Nogales Rides**

**Descripción:** Provides curb-to-curb bus service for seniors and adults with disabilities within the city limits. One van is wheelchair accessible.

**Elegibilidad:** Seniors age 60 and older and adults ages 18-59 with disabilities

**Admisión:** Call 24-48 hours in advance for reservations

**Dirección física:** 1450 N Hohokam Dr, Nogales, Santa Cruz, AZ, 85621-1367

**Horario de atención:** Mon-Fri 8am-5pm administration; Mon-Fri 8am-4:30pm bus service

**Número de teléfono:** 520-285-5757

**Sitio web:** <http://www.nogalesaz.gov/230/Nogales-Rides>

**Correo electrónico:** [jguerra@nogalesaz.gov](mailto:jguerra@nogalesaz.gov)

## **Lioque Senior Center**

**Descripción:** Provides social activities and support services to Native American elders living on the Pascua Reservation. Includes congregate meals, home-delivered meals, transportation, and advocacy.

**Elegibilidad:** Enrolled Pascua Yaqui tribal members and other Native Americans, age 55 and older

**Admisión:** Call

**Dirección física:** 7601 S Camino Benem, Bldg B, Tucson, Pima, AZ, 85757-8908

**Horario de atención:** Mon-Fri 8am-5pm

**Número de teléfono:** 520-879-5530

**Sitio web:** <http://www.pascuayaqui-nsn.gov/senior-center>

**Correo electrónico:** [rebecca.matuz@pascuayaqui-nsn.gov](mailto:rebecca.matuz@pascuayaqui-nsn.gov)

## **Oro Valley Transit Services**

**Descripción:** Operates Dial-a-Ride within Oro Valley for the general public and to Tucson for seniors and people with disabilities.

**Elegibilidad:** Oro Valley residents

**Admisión:** Call, email, visit website, or write

**Dirección física:** 11000 N La Canada Dr, Oro Valley, Pima, AZ, 85737-7016

**Horario de atención:** Mon-Fri 7am-4pm administration. Mon-Fri 6am-8am; Sat, Sun, holidays 9am-6pm bus service.

**Número de teléfono:** 520-229-4990

**Sitio web:** <http://www.orovalleyaz.gov/town/departments/public-works/transit-services>

## **Volunteer Interfaith Caregiver Program**

**Descripción:** Provides transportation for older adults and people with disabilities in Cochise County. Includes transportation to medical appointments, pharmacies, and grocery stores. Two minivans are wheelchair-accessible and volunteers use their personal vehicles.

**Elegibilidad:** Seniors age 60 and older and adults with physical disabilities in Cochise County

**Admisión:** Call or visit website for application

**Dirección física:** 2600 E Wilcox Dr, Ste H-107, Sierra Vista, Cochise, AZ, 85635-2947

**Horario de atención:** Mon-Fri 8am-4pm

**Número de teléfono:** 520-459-8146

**Sitio web:** <http://www.volunteerinterfaithcaregiverprogram.org>

**Correo electrónico:** [vicapsvaz@gmail.com](mailto:vicapsvaz@gmail.com)

## **Verde Valley Caregivers Coalition**

**Descripción:** Provides services to seniors and adults with disabilities. Services include transportation to appointments, and other places; and travel training to understand the local transit systems. Also includes friendly phone calls and visits, small home repairs, help to sort mail and pay bills, respite to relieve caregivers, personal emergency alert devices, transitional care in conjunction with Northern Arizona Health, pet assistance, and information about and referrals to community resources. Offers assistance in use of technology such as cell phones, computers, notebooks, etc.

**Elegibilidad:** Seniors and adults with disabilities; must live in Camp Verde, Clarkdale, Cornville, Cottonwood, Jerome, Lake Montezuma, McGuireville, Rimrock, Sedona, or Village of Oak Creek

**Admisión:** Call, visit office, visit website, or write

**Dirección física:** 299 Van Deren Rd, Ste 2, Sedona, Coconino, AZ, 86336-4873

**Horario de atención:** Mon-Fri 8am-4pm

**Número de teléfono:** 928-204-1238

**Sitio web:** <http://www.vvcaregivers.org>

## **Senior Citizens of Patagonia, Inc**

**Descripción:** Provides congregate meals every weekday for seniors and people with disabilities. Also provides transportation for errands, doctor appointments, to the airport, shopping, and group outings. One van is wheelchair accessible.

**Elegibilidad:** Seniors age 60 and older and people with disabilities in Elgin, Patagonia, and Sonoita

**Admisión:** Call for reservation

**Dirección física:** 100 Quiroga Ln, Patagonia, Santa Cruz, AZ, 85624

**Horario de atención:** Mon-Fri 10am-2pm center; Mon-Fri 11:30am-1pm lunch

**Número de teléfono:** 520-394-2494

**Sitio web:** <http://www.seniorcitizensofpatagonia.org>

**Correo electrónico:** [user1scp@gmail.com](mailto:user1scp@gmail.com)

## **Parker Community Senior Center**

**Descripción:** Offers recreation and socialization activities for seniors including health and nutrition education, exercise classes, arts and crafts, assistance with necessities, and home repairs, Medicare information program, and transportation including weekly van trips to Lake Havasu City. Also provides congregate and home delivered meals.

**Elegibilidad:** No restrictions

**Admisión:** Call, visit center, or visit website

**Dirección física:** 1115 W 12th St, Parker, La Paz, AZ, 85344-5711

**Horario de atención:** Center hours vary; Mon-Fri 11:30am-12:30pm congregate meals

**Número de teléfono:** 928-669-9514

**Sitio web:** <http://www.townofparkeraz.com>

**Correo electrónico:** [seniors@townofparkeraz.us](mailto:seniors@townofparkeraz.us)

## **Fredonia Senior Citizen Center**

**Descripción:** Provides services for seniors including congregate and home delivered meals, social activities, case management, transportation, and blood pressure checks.

**Elegibilidad:** Seniors

**Admisión:** Call or visit office

**Dirección física:** 80 N 100 W, Fredonia, Coconino, AZ, 86022

**Horario de atención:** Mon-Fri 8am-1pm

**Número de teléfono:** 928-643-7278

**Sitio web:** <http://www.fredoniaaz.gov/senior-citizen-center>

**Correo electrónico:** [fredoniaseniorcenter@gmail.com](mailto:fredoniaseniorcenter@gmail.com)

## **El Mirage Senior Center**

**Descripción:** Senior center offers congregational lunch, and recreation and socialization programs. Includes transportation to and from the center and other services on a limited basis, and information about and referrals to other community resources.

**Elegibilidad:** Residents of El Mirage age 55 and older

**Admisión:** Call or visit center; call 24-hours in advance to reserve a meal

**Dirección física:** 14010 N El Mirage Rd, El Mirage, Maricopa, AZ, 85335-3101

**Horario de atención:** Mon-Fri 8am-1pm; Mon-Fri 11:00am lunch

**Número de teléfono:** 623-876-4232

**Sitio web:** <http://www.elmirageaz.gov/427/Senior-Center>

## **24-Hour Senior HELP LINE**

**Descripción:** Provides information and referrals to services for older adults. Includes information about transportation, housing, long-term care, benefits, older worker referrals, caregiver respite, volunteer opportunities, counseling, senior centers, minor home repairs, support groups, home health aides, legal assistance, home delivered meals, and nurse visits. Coordinates planning, development, and delivery of needed services for seniors age 60 and older and adults with disabilities age 18 and older with long term care needs.

**Elegibilidad:** Seniors age 60 and older, adults age 18 and older with disabilities, and family caregivers

**Admisión:** Call. No documents required to speak with the helpline.

**Dirección física:** 1366 E Thomas Rd, Ste 108, Phoenix, Maricopa, AZ, 85014-5793

**Horario de atención:** 24-hours

**Número de teléfono:** 602-264-4357

**Sitio web:** <http://www.aaaphx.org/program-services/24-hour-senior-help-line>

## **AZlinks.gov**

**Descripción:** Website offers information and resources on aging and disability.

**Elegibilidad:** Anyone seeking information on aging and disability

**Admisión:** Visit website

**Dirección física:** Confidential location, Phoenix, Maricopa, AZ, 85001

**Horario de atención:** 24-hours website

**Sitio web:** <http://azlinks.gov>

## **211 Arizona**

**Descripción:** Provides information about and referrals to health and human services throughout Arizona by phone and website.

**Elegibilidad:** No restrictions

**Admisión:** Call, email, or visit website. For those sending an email, include city and/or ZIP Code with a brief description of the needed services.

**Dirección física:** 1275 W Washington St, Ste 210, Tempe, Maricopa, AZ, 85281-1859

**Horario de atención:** 24-hours

**Número de teléfono:** 211

**Sitio web:** <http://211arizona.org>

**Correo electrónico:** [211arizona@solari-inc.org](mailto:211arizona@solari-inc.org)

Esta guía de recursos es una colaboración entre Mercy Care y 211 Arizona. Usted puede crear su propia guía y buscar en la base de datos de 211 Arizona ó usar las categorías para encontrar lo que está buscando.

¿Necesita imprimir esta guía? Llame a Servicios al Miembro de Mercy Care al 602-263-3000 ó al 1-800-624-3879 (TTY al 711).

Estamos aquí para usted de lunes a viernes de 7 a.m. a 6 p.m.