

Guía de recursos comunitarios: Transporte

Community Bridges, Inc

Descripción: Administers various outreach services in Arizona

Elegibilidad: n/a

Admisión: Call 24-Hours Access to Care Helpline; No documents required

Dirección física: 1855 W Baseline Rd, Ste 101, Mesa, Maricopa, AZ, 85202-9098

Horario de atención: Mon-Fri 8am-5pm

Número de teléfono: 480-831-7566

Sitio web: <http://communitybridgesaz.org>

Duet Homebound Adult Services

Descripción: Provides homebound adults with rides to medical appointments, friendly visiting, computer assistance, small home repairs, and paperwork assistance. Matches clients with volunteers who will accompany them to the grocery store or will deliver groceries to them.

Elegibilidad: Homebound adults in Fountain Hills, Glendale, Paradise Valley, Peoria, Phoenix, and Scottsdale (south of Frank Lloyd Wright Blvd)

Admisión: Call for all services. Call for transportation at least 10 working days in advance. No documents needed to use services.

Dirección física: 10000 N 31st Ave, Ste D200, Phoenix, Maricopa, AZ, 85051-9570

Horario de atención: Mon-Thu 8am-4:30pm

Número de teléfono: 602-274-5022

Sitio web: <http://www.duetaz.org/homebound-adults>

Correo electrónico: Plumlee@duetaz.org

Senior Citizens' Transportation - Freedom Express

Descripción: Provides ride program for seniors.

Elegibilidad: Seniors who are residents of Wickenburg

Admisión: Call. Required documents vary by services.

Dirección física: 155 N Tegner St, Ste A, Wickenburg, Maricopa, AZ, 85390-1456

Horario de atención: Mon-Thu 7am-6pm

Número de teléfono: 928-684-7894

Sitio web: <http://www.wickenburgaz.gov/1338/Resource-Town-Info>

UnitedHealthcare Community Plan

Descripción: Provides an AHCCCS Health Plan for central and southern Arizona. Partners with a system of providers that deliver behavioral health and medical care to people who are signed up for AHCCCS/Medicaid. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments. This service is available for members who are unable to provide or pay for their own transportation. Website offers a database of providers searchable by location and service. Accepts and attempts to resolve complaints.

Elegibilidad: Children and adults who are on AHCCCS in Gila, Pima, Pinal, and Maricopa counties

Admisión: Call or visit website to locate a provider. Bring photo ID, AHCCCS card, Social Security card, list of medications, and name of family doctor to first appointment.

Dirección física: Confidential location, Phoenix, Maricopa, AZ, 85001

Horario de atención: Daily 8am-8pm member services; 24-hours nurse line; 24-hours transportation line

Número de teléfono: 800-348-4058

Sitio web: <http://www.uhccommunityplan.com/az>

Health Choice Arizona

Descripción: Provides an AHCCCS Health Plan for central and northern Arizona. Partners with a system of providers that deliver behavioral health and medical care to people who are signed up for AHCCCS/Medicaid. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments. This service is available for members who are unable to provide or pay for their own transportation. Website offers a database of providers searchable by location and service. Accepts and attempts to resolve complaints.

Elegibilidad: Children and adults who are on AHCCCS in Apache, Coconino, Gila, Maricopa, Mohave, Navajo, Pinal, and Yavapai counties

Admisión: Call Member Services or visit website to locate a provider. Bring photo ID, AHCCCS card, Social Security card, list of medications, and name of family doctor to first appointment.

Dirección física: 410 N 44th St, Ste 920, Phoenix, Maricopa, AZ, 85008-6590

Horario de atención: Mon-Fri 6am-6pm member services; 24-hours nurse line; 24-hours transportation requests

Número de teléfono: 602-386-3447

Sitio web: <http://www.healthchoiceaz.com>

Glendale Dial-A-Ride

Descripción: Provides curb-to-curb bus service within the service area for the general public.

Elegibilidad: People in Glendale

Admisión: Call for reservation. No documents needed to use services.

Dirección física: 6210 W Myrtle Ave, Bldg S, Glendale, Maricopa, AZ, 85301-1700

Horario de atención: Reservations Mon-Fri 7am-6pm, Sat 7am-5pm; Services Mon-Fri 7am-5:30pm, Sat 7am-4pm

Número de teléfono: 623-930-3500

Sitio web: <http://www.glendaleaz.gov/Live/City-Services/Public-Transportation/Transit-Services/Glendale-OnBoard>

Gila Bend Senior Center

Descripción: Provides hot meals for seniors age 60 and older. Also provides recreation and socialization programs. Offers transportation to the local stores and field trips.

Elegibilidad: Seniors age 60 and older

Admisión: Call or visit center. Contact provider to confirm documents required.

Dirección física: 202 E Euclid St, Gila Bend, Maricopa, AZ, 85337

Horario de atención: Administration Mon-Fri 8am-4:00pm; Meals Mon-Fri noon

Número de teléfono: 928-683-2244

Sitio web: <http://www.gilabendaz.org/105/gila-bend-senior-center>

Eve's Place

Descripción: Provides in-person and virtual support services for victims of domestic, sexual, and teen dating violence and their children. Services include crime victim assistance, individual advocacy, youth/student support groups, sexual assault hotline, and sexual assault/incest support groups. Participants can remain in the program up to one year and may qualify for long distance transportation. **Currently out of financial assistance funding for Maricopa County**

Elegibilidad: Victims of domestic, sexual, and teen dating violence and their children

Admisión: Call; no documents needed to use services.

Dirección física: 10448 W Coggins Dr, Sun City, Maricopa, AZ, 85351-3410

Horario de atención: Mon-Thu 9am-7pm, Fri 9am-5pm

Número de teléfono: 623-537-5380

Sitio web: <http://evesplace.org>

Correo electrónico: laurah@evesplace.org

Aster Aging In Home Support Services

Descripción: Provides in-home assistance for seniors with disabilities. Services include transportation for grocery shopping, prescription pick-ups, doctor's visits, and companionship visits. Home care aids provide care planning; in-home respite care; housekeeping including vacuuming, dusting, sweeping, cleaning, laundry, and meal preparation; and personal care including bathing, grooming, and personal hygiene.

Elegibilidad: Adults age 55 and older

Admisión: Call for appointment for an in-home assessment of need; Contact provider to confirm documents required

Dirección física: 247 N Macdonald, Mesa, Maricopa, AZ, 85201-6622

Horario de atención: Mon-Fri 8am-4pm

Número de teléfono: 480-964-9014

Sitio web: <http://www.asteraz.org/services/inhomesupport.html>

Correo electrónico: info@asteraz.org

Avondale Transit Services

Descripción: Offers public transit fixed route and dial-a-ride services, ADA transportation service, and a taxi-subsidy program.

Elegibilidad: No restrictions

Admisión: Call or visit website. Contact provider to confirm documents required

Dirección física: 399 E Lower Buckeye Rd, Avondale, Maricopa, AZ, 85323-6803

Horario de atención: Administration Mon-Thu 7am-3pm

Número de teléfono: 623-333-4458

Sitio web: <http://www.avondaleaz.gov/government/departments/public-works/transit-services>

Keys to Change

Descripción: Provides drop-in center and support services for single adults who are homeless. Services include respite from the weather, restrooms, water, and Post Office services. Also includes assistance to apply for birth certificates, state ID, and DES benefits; and computer classes; employment preparation and job search assistance; pastoral counseling; mental health and substance abuse treatment; peer support services; and 12-step meetings. Offers referrals to community partners including shelter, medical, and dental care. Provides housing assessments for adults who are homeless. Based on the assessment, people who are the most in need are placed on the community-wide priority list. Local agencies use the list to get clients. Includes screening for additional services. Site for coordinated entry into housing. Offers Aid to Stranded Travelers for Nonresidents experiencing homelessness who find themselves stranded and in crisis situations in the Phoenix area. Issues replacement state-issued IDs.

Elegibilidad: Homeless adults age 18 and older

Admisión: Call or visit Welcome Center; If mailbox is full, continue to call or visit welcome center.

Dirección física: 206 S 12th Ave, Phoenix, Maricopa, AZ, 85007-3101

Horario de atención: Daily 6am-6pm basic operations; Mon-Fri 7:30am-11pm Lodestar Day Resource Center; 24-hours Brian Garcia Welcome Center

Número de teléfono: 602-229-5155

Sitio web: <http://keystochangeaz.org>

Correo electrónico: amys@hsc-az.org

Express

Descripción: Provides reduced-fare, door-to-door bus service in Page and surrounding communities.

Elegibilidad: No restrictions

Admisión: Call to plan trip

Dirección física: 35 Six Avenue, Page, Coconino, AZ, 86040-3938

Horario de atención: Mon-Fri 8:30am-3:30pm

Número de teléfono: 928-646-9596

Sitio web: <http://www.express-hha.com/>

Benevilla Free Home Services

Descripción: Provides services for homebound or isolated adults including grocery shopping, transportation to vital medical appointments, business assistance, minor home maintenance, friendly visitors, and errand running.

Elegibilidad: Homebound adults who need extra assistance to maintain their independence; other requirements per service

Admisión: Call for any documents required for services.

Dirección física: 16752 N Greasewood St, Surprise, Maricopa, AZ, 85378-3639

Horario de atención: Mon-Fri 8am-4:30pm administration

Número de teléfono: 623-584-4999

Sitio web: <http://benevilla.org/free-home-care-services>

True to Care LLC

Descripción: Provides non-emergency transportation and lift-assist for people unable to get up or down stairs including ambulation, wheelchair and stretcher services.

Elegibilidad: No restrictions

Admisión: Call, email, write, or visit website; Contact provider to confirm documents required

Dirección física: 24002 N 36th Dr, Glendale, Maricopa, AZ, 85310-4161

Horario de atención: 24-hours

Número de teléfono: 480-680-6655

Sitio web: <http://www.ttctransportation.com>

Correo electrónico: truetocare2019@gmail.com

Arizona Complete Health Medicaid Plan

Descripción: Provides an AHCCCS Health Plan for central and southern Arizona. Partners with a system of providers that deliver behavioral health and medical care to people who are signed up for AHCCCS/Medicaid. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments. This service is available for members who are unable to provide or pay for their own transportation. Accepts and attempts to resolve complaints.

Elegibilidad: Children and adults who are on AHCCCS in Cochise, Graham, Greenlee, La Paz, Pima, Santa Cruz, and Yuma counties, and ZIP codes 85192, 85542, and 85550 in Pinal County

Admisión: Call Customer Service or visit website to locate a provider, Contact provider to confirm documents require

Dirección física: 1850 W Rio Salado Pkwy, Ste 211, Tempe, AZ 85281., Tempe, Maricopa, AZ, 85281-5713

Horario de atención: 24-hours member services & nurse line; Mon-Fri 8am-5pm transportation requests

Número de teléfono: 888-788-4408

Sitio web: <http://www.azcompletehealth.com>

American Indian Health Program

Descripción: Provides an AHCCCS Health Plan for Native Americans statewide. Partners with a system of providers that deliver behavioral health and medical care to people who are signed up for AHCCCS/Medicaid. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments to members who can not provide or pay for their own transportation. Accepts and attempts to resolve complaints.

Elegibilidad: American Indian and Alaska Native children and adults who are on AHCCCS in Arizona

Admisión: Call or visit website to locate a provider. Bring photo ID, AHCCCS card, Social Security card, list of medications, and name of family doctor to first appointment.

Dirección física: Confidential location, Phoenix, Maricopa, AZ, 85001

Horario de atención: 24-hours

Número de teléfono: 602-417-7000

Sitio web: <http://www.azahcccs.gov/AmericanIndians/AIHP/>

Round Valley Senior Center

Descripción: Provides utility payment assistance, food boxes, and case management for people on low income. Senior center provides social activities, congregate meals, home delivered meals to older adults and people with disabilities, Medicare counseling, minor housing repairs, and transportation to doctor appointments and shopping.

Elegibilidad: Seniors and people with low income in Eagar, Springerville, and surrounding areas

Admisión: Call or visit center. Contact provider for any documents required.

Dirección física: 356 S Papago St, Springerville, Apache, AZ, 85938-5200

Horario de atención: Mon-Thu 7am-2pm; Mon-Thu 11:30am congregate meals; 2nd Tue senior food boxes; other service times vary

Número de teléfono: 928-333-2516

Sitio web: <http://www.springervilleaz.gov/communityservices>

Vista Transit

Descripción: Provides fixed-route public bus service in Sierra Vista and Fort Huachuca. Also provides curb-to-curb bus service for seniors who are 65 or older and people with mental health or physical disabilities.

Elegibilidad: No restrictions

Admisión: Call; must give 24-hour advance notice for curb to curb pick-up

Dirección física: 2050 E Wilcox Dr, Sierra Vista, Cochise, AZ, 85635

Horario de atención: Mon-Fri 7am-4pm administration; service hours vary by route

Número de teléfono: 520-417-4888

Sitio web: <http://www.sierravistaaz.gov/our-city/bus-service>

Payson Senior Center

Descripción: Provides services for seniors including recreation and education programs, hot meals and home delivered meals, shopping services, friendly visiting, chore maintenance, local transportation, and information about and referrals to legal assistance for seniors.

Elegibilidad: Seniors age 60 and older or spouses of eligible clients, adults age 50 and older for recreation programs

Admisión: Call for meal reservations in-house and for pick-up

Dirección física: 514 W Main St, Payson, Gila, AZ, 85541-5334

Horario de atención: Mon-Thu 8am-4pm; Friday by appointment only

Número de teléfono: 928-474-4876

Sitio web: <http://paysonseniorcenter.org>

Correo electrónico: director@paysonseniorcenter.org

Services for Holocaust Survivors

Descripción: Provides services for survivors of the Holocaust. Includes in-home assessment, case management, and assistance with applications for reparation and restitution. May also include light housekeeping, personal care, friendly visitors, shopping, transportation, and medical equipment.

Elegibilidad: Survivors of the World War II Holocaust

Admisión: Call for intake

Dirección física: 4301 E 5th St, Tucson, Pima, AZ, 85711-7313

Horario de atención: Mon-Fri 9am-5pm

Número de teléfono: 520-795-0300 x2214

Sitio web: <http://jfcstucson.org/services/older-adult-services/services-for-holocaust-survivors/>

Correo electrónico: rmoroz@jfcstucson.org

Winslow City Transit

Descripción: Provides reduced-fare, curb-to-curb bus service throughout Winslow city limits and some subdivisions.

Elegibilidad: No restrictions

Admisión: Call

Dirección física: 21 N Williamson Ave, Winslow, Navajo, AZ, 86047-3718

Horario de atención: Mon-Fri 8am-3pm

Número de teléfono: 928-289-1462

Sitio web: <http://www.winslowaz.gov/page/city-transit>

Prescott Valley YavaLine Regional Transit System

Descripción: Provides local share-a-ride, on-demand transportation services. Download mobile app to input pickup and drop-off addresses to receive ride options within transit zone.

Elegibilidad: No restrictions

Admisión: Call or visit mobile app to request ride; same day and next available ride available

Dirección física: 7501 E Skoog Blvd, Prescott Valley, Yavapai, AZ, 86314-2263

Horario de atención: Mon-Fri 6am-8pm

Número de teléfono: 866-928-8726

Sitio web: http://www.prescottvalley-az.gov/departments/public_works/index.php

Correo electrónico: transit@prescottvalley-az.gov

People Who Care - Prescott

Descripción: Volunteers provide non-medical assistance to adults unable to drive due to physical limitations in order to help them continue living independently.

Elegibilidad: Seniors and adults age 18 and older who are unable to drive due to physical limitations

Admisión: Call

Dirección física: 1580 Plaza West Dr, Prescott, Yavapai, AZ, 86303-5679

Horario de atención: Mon-Fri 9am-4pm

Número de teléfono: 928-445-2480

Sitio web: <http://www.peoplewhocareaz.org>

Correo electrónico: pvpwc@peoplewhocareaz.org

People Who Care - Chino Valley

Descripción: Volunteers provide non-medical assistance to adults unable to drive due to physical limitations in order to help them continue living independently.

Elegibilidad: Seniors and adults age 18 who live in chino valley and older who unable to drive due to a medical or age-related issue

Admisión: Call

Dirección física: 735 E Road 1 South, Chino Valley, Yavapai, AZ, 86323-7500

Horario de atención: Mon-Thu 8am-1pm

Número de teléfono: 928-636-3295

Sitio web: <http://www.peoplewhocareaz.org>

Correo electrónico: cvpwc@peoplewhocareaz.org

Navajo Area Agency on Aging Senior Citizen Center Program

Descripción: Provides senior centers with hot lunches, and Meals on Wheels home delivered meals to homebound and high-risk seniors. Offers recreational programs for seniors.

Transportation is available to seniors to and from senior centers for meals and for shopping, Social Security appointments, medical appointments, etc., and as needed and available for emergencies.

Elegibilidad: Native Americans age 55 and older and seniors age 60 and older of any ethnicity, and their spouses regardless of age

Admisión: Call

Dirección física: Various locations, Window Rock, Apache, AZ, 86515

Horario de atención: Mon-Fri 8am-4pm

Número de teléfono: 928-674-2100

Sitio web: <http://www.daltcs.navajo-nsn.gov>

Amyotrophic Lateral Sclerosis Association - Arizona Chapter

Descripción: Provides information and support for people with Amyotrophic Lateral Sclerosis (ALS) or Lou Gehrig's Disease, their friends, family members, and professionals. Also provides education and support through home visits and support groups. Meets virtually and in-person monthly in Phoenix, Prescott, and Tucson. Loans durable medical equipment, provides respite care, and provides transportation to ALSA-related events including clinic visits.

Elegibilidad: No restrictions

Admisión: Call or visit website

Dirección física: Various locations statewide, Phoenix, Maricopa, AZ, 85004

Horario de atención: Mon-Fri 9am-5pm

Número de teléfono: 225-343-9880

Sitio web: <http://www.als.org/support/states/arizona>

Correo electrónico: infoAZ@als.org

DAV Transportation Network - Tucson

Descripción: Provides transportation for veterans to and from scheduled appointments at the VA Hospital.

Elegibilidad: Veterans who have no other means to get to their appointments; must live in Pima or Pinal counties

Admisión: Call

Dirección física: 3601 S 6th Ave, c/o SAVAHCS Bldg 13 Rm 2, Tucson, Pima, AZ, 85723-0002

Horario de atención: Mon-Fri 9am-5pm

Número de teléfono: 520-792-1450 x16565

Sitio web: <http://www.dav.org/veterans/i-need-a-ride>

DAV Transportation Network - Prescott

Descripción: Provides transportation for veterans to and from scheduled appointments at the VA Hospital.

Elegibilidad: Veterans who have no other means to get to their appointments; must live in Yavapai County

Admisión: Call

Dirección física: 500 N US Highway 89, NAVAHCS Bldg 13, Prescott, Yavapai, AZ, 86313-5001

Horario de atención: Mon-Fri 9am-5pm

Número de teléfono: 928-776-6046

Sitio web: <http://www.dav.org/veterans/i-need-a-ride>

DAV Transportation Network - Phoenix

Descripción: Provides transportation for veterans to and from scheduled appointments at the VA Hospital.

Elegibilidad: Veterans who have no other means to get to their appointments; must live in Maricopa County

Admisión: Call

Dirección física: 650 E Indian School Rd, c/o Phoenix VA Health Care Rm 36, Phoenix, Maricopa, AZ, 85012-1839

Horario de atención: Mon-Fri 9am-5pm

Número de teléfono: 602-277-5551 x7451

Sitio web: <http://www.dav.org/veterans/i-need-a-ride>

HealthLift Non-Emergency Medical Transportation of Arizona - Southern

Descripción: Provides non-emergency transportation and lift-assist for people unable to get up or down stairs including ambulation, wheelchair and stretcher services.

Elegibilidad: No restrictions

Admisión: Call, email, or visit website

Dirección física: 3740 E 43rd Pl, Tucson, Pima, AZ, 85713-5402

Horario de atención: 24-hours

Número de teléfono: 520-298-1818

Sitio web: <http://healthliftaz.com>

Correo electrónico: order@gohlaz.com

HealthLift Non-Emergency Medical Transportation of Arizona - Central

Descripción: Provides non-emergency transportation and lift-assist for people unable to get up or down stairs including ambulation, wheelchair and stretcher services.

Elegibilidad: No restrictions

Admisión: Call, email, or visit website

Dirección física: 2710 E Washington St, Phoenix, Maricopa, AZ, 85034-1423

Horario de atención: 24-hours

Número de teléfono: 602-298-1818

Sitio web: <http://healthliftaz.com>

Correo electrónico: order@gohlaz.com

Douglas Rides

Descripción: Provides fixed-route bus services in Douglas; and the Elfrida and Pirtleville areas. Also provides Dial-A-Ride transportation to medical appointments and shopping for seniors and adults with physical disabilities.

Elegibilidad: Fixed-route bus service is open to all; Dial-A-Ride is for adults age 60 and older and adults ages 18-59 who have a physical disability and cannot walk to the bus stop.

Admisión: Call for bus schedule and for reservation

Dirección física: 1815 9th St, Douglas, Cochise, AZ, 85607

Horario de atención: Mon-Fri 8am-5pm administration; Mon-Sat 8am-5pm bus service

Número de teléfono: 520-417-7400

Sitio web: <http://www.douglasaz.gov/283/public-transportation>

Benson Area Transit

Descripción: Provides fixed-route bus service throughout the city and surrounding area, including Mescal/J-Six, Pomerene, and St David. Also provides Dial-A-Ride transportation to medical appointments and shopping for seniors and adults with physical disabilities.

Elegibilidad: Fixed-route bus service is open to all. Dial-A-Ride is for seniors age 60 and older and adults who have a physical disability; must pre-register.

Admisión: Call or visit website for route information

Dirección física: 120 W 6th St, Benson, Cochise, AZ, 85602-6514

Horario de atención: Mon-Fri 7:30am-4:30pm fixed-route bus service; Mon-Fri 8am-4pm Dial-A-Ride

Número de teléfono: 520-586-9406

Sitio web: http://www.bensonaz.gov/community/benson_area_transit/index.php

Copper Mountain Transit

Descripción: Provides both Dial-a-Ride and 2 Fixed-Route bus routes for the Miami, Globe, and unincorporated Gila County areas.

Elegibilidad: No restrictions

Admisión: Call or visit website for transportation schedule

Dirección física: 500 Sullivan St, Miami, Gila, AZ, 85539-1296

Horario de atención: Mon-Fri 8am-5pm administration; Mon-Fri 6:30am-6pm bus schedule

Número de teléfono: 928-473-8222

Sitio web: <http://miamiaz.gov/transit/transit-information>

Kingman Area Regional Transit

Descripción: Provides public bus transportation and curb-to-curb transportation for people who find it difficult to access fixed route services.

Elegibilidad: No restrictions

Admisión: Call or visit website; must register for curb-to-curb service and make advanced registrations.

Dirección física: 3700 E Andy Devine Ave, Kingman, Mohave, AZ, 86401-3454

Horario de atención: Mon-Fri 9am-3pm administration; Mon-Fri 6am-8pm Green and Yellow; Mon-Fri 6am-6pm Blue and Red; Sat 9am-4pm bus service

Número de teléfono: 928-681-7433

Sitio web: <http://www.cityofkingman.gov/government/departments/kart>

Correo electrónico: sfurr@cityofkingman.gov

LHC Direct

Descripción: Provides reduced-fare, door-to-door bus service throughout Lake Havasu City for seniors and people with disabilities.

Elegibilidad: Seniors and people with disabilities

Admisión: Call

Dirección física: 900 London Bridge Rd, Bldg B, Lake Havasu City, Mohave, AZ, 86404

Horario de atención: Mon-Fri 9am-4pm

Número de teléfono: 928-453-7600

Sitio web: <http://www.lhcaz.gov/transit/home>

Correo electrónico: transit@lhcaz.gov

Saguaro Transportation Services

Descripción: Provides dial-a-ride transportation services for seniors and adults with disabilities.

Elegibilidad: Adults with disabilities and seniors in the Yuma area

Admisión: Call

Dirección física: 1495 S 4th Ave, Yuma, Yuma, AZ, 85364-4603

Horario de atención: Mon-Fri 8am-5pm

Número de teléfono: 928-376-7272

Sitio web: <http://saguarofoundation.com/transportation-services/>

Correo electrónico: saguarofoundation@saguarofoundation.com

Yuma County Area Transit

Descripción: Provides fixed-route public transit services throughout southwest Yuma County.

Elegibilidad: No restrictions

Admisión: Call or visit website

Dirección física: 2715 E 14th St, Yuma, Yuma, AZ, 85365-1900

Horario de atención: Mon-Fri 8am-5pm, Sat 9am-6pm administration; Mon-Fri 6:30am-7:30pm, Sat 9:15am-6:30pm bus service

Número de teléfono: 928-783-2235

Sitio web: <http://www.yciptatransit.org>

YCAT OnCall

Descripción: Provides door-to-door bus service throughout southwestern Yuma County for people with disabilities.

Elegibilidad: People with disabilities who meet the Americans with Disabilities Act (ADA) requirements

Admisión: Call

Dirección física: 2715 E 14th St, Yuma, Yuma, AZ, 85365-1900

Horario de atención: Mon-Fri 8am-5pm, Sat 9am-6pm administration; Mon-Fri 6am-7:30pm, Sat 9:15am-6:30pm bus service

Número de teléfono: 928-539-7076

Sitio web: <http://www.yciptatransit.org>

Winslow Council on Aging

Descripción: Provides congregate and home delivered meals, transportation, community food bank, and senior activities.

Elegibilidad: n/a

Admisión: Call or visit office

Dirección física: 212 E Second St, Winslow, Navajo, AZ, 86047-3841

Horario de atención: Mon, Wed, Fri 8am-4:30pm; Tue, Thu 8am-3:30pm; Congregate meals Mon-Fri at noon; Food distribution Mon, Wed, Fri 3:30pm-4:15pm.

Número de teléfono: 928-289-3341

Sitio web: <http://www.winslowaz.gov/page/winslow-council-on-aging>

Correo electrónico: winslowcouncilonaging@yahoo.com

Northern Arizona Intergovernmental Public Transportation Authority

Descripción: Provides public transportation in Flagstaff. Services include Mountain Line and Mountain Link fixed route service, and Mountain Lift Paratransit transportation for seniors and people with disabilities. Also provides vanpool service for commuters traveling to and from Flagstaff.

Elegibilidad: Mountain Line and Mountain Link are open to the public; Mountain Lift demand response is for use by people who are ADA eligible; contact for available vanpool routes

Admisión: Call, visit center, or visit website

Dirección física: 3773 N Kaspar Dr, Flagstaff, Coconino, AZ, 86004-2310

Horario de atención: Mon-Fri 8am-12pm, 1pm-5pm administration; service times vary

Número de teléfono: 928-779-6624

Sitio web: <http://mountainline.az.gov>

Correo electrónico: transportation@mountainline.az.gov

Sun City Community Assistance Network

Descripción: Provides benefits assistance for seniors living in El Mirage, Glendale, Peoria, Sun City, Sun City West, Surprise, and Youngtown. Assists with applying for federal, state, and local programs that offer utility discounts, prescription drugs, Food Stamps (SNAP), Medicare, Social Security, etc. Helps people apply for property tax refunds and assessed value adjustments. Offers Dial-a-Ride tickets to qualified individuals. Hosts income tax assistance and legal consultations.

Elegibilidad: seniors in El Mirage, Glendale, Peoria, Sun City, Sun City West, Surprise, and Youngtown

Admisión: Call

Dirección física: 10195 W Coggins Dr, Sun City, Maricopa, AZ, 85351-3404

Horario de atención: Mon-Thu 8am-noon

Número de teléfono: 623-933-7530

Sitio web: <http://www.suncitycan.org>

Correo electrónico: execdir@suncitycan.org

Bullhead Area Transit System

Descripción: Provides fixed route and door-to-door public transportation within Bullhead City and to and from Laughlin, NV. Offers door-to-door transportation for passengers who are prevented from using the fixed route bus system due to a disability or mobility limitation.

Elegibilidad: Fixed Route transit service available to the general public. Dial-a-Ride service is people with mobility limitations that prevent them from riding fixed routes.

Admisión: Call or visit website for an ADA application. A medical provider must verify a mobility limitation prevents use of fixed route service.

Dirección física: 2355 Trane Rd, Bullhead City, Mohave, AZ, 86442-5966

Horario de atención: Mon-Fri 8am-4pm, Sat 7:30am-3:30pm dispatch

Número de teléfono: 928-704-2287

Sitio web: <https://www.bullheadcityaz.gov/living-in-bullhead-city/transit/>

Cottonwood Area Transit

Descripción: CAT provides local transportation within Cottonwood, Clarkdale, and Verde Villages Areas. Verde Shuttle provides commuter service between Cottonwood and Sedona. CAT Paratransit provides origin-to-destination transportation for people with disabilities who cannot use fixed route services. Volunteers, when available, can assist riders with shopping and other tasks.

Elegibilidad: No restrictions for fixed routes. Application required for paratransit services.

Admisión: Call, visit office, or visit website

Dirección física: 340 Happy Jack Way, Cottonwood, Yavapai, AZ, 86326-6373

Horario de atención: Administration Mon-Fri 8am-5pm

Número de teléfono: 928-634-2287

Sitio web: <http://www.ride-cat.com>

Chino Valley Senior Center

Descripción: Provides daily lunches and recreational and social activities for seniors. Delivers Meals on Wheels food to people who are homebound. Provides transportation for seniors to social events and medical appointments.

Elegibilidad: Seniors only for most services; people who are homebound for Meals on Wheels

Admisión: Call, visit center, or visit website

Dirección física: 1021 W Butterfield Rd, #501, Chino Valley, Yavapai, AZ, 86323

Horario de atención: Vary

Número de teléfono: 928-636-9114

Sitio web: <http://www.chinoaz.net/275/senior-center>

Tucson Indian Center Wellness Department

Descripción: Provides health care assessment and case management to Native Americans. Also provides sobriety support groups (Native Sisters, White Bison, and AA), after school youth coalitions, monthly elderly luncheons, and annual community events. Provides food boxes, hygiene supplies, and diapers for adults and children.

Elegibilidad: Native Americans

Admisión: Call for appointment. Must bring state ID, Tribal ID or Certificate of Indian Blood, Social Security number, birth certificate, insurance card, and proof of address.

Dirección física: 160 N Stone Ave, Tucson, Pima, AZ, 85701-1502

Horario de atención: Mon-Fri 8am-5pm

Número de teléfono: 520-884-7131

Sitio web: <http://www.ticenter.org>

Correo electrónico: vboone@ticenter.org

Interfaith Community Services Senior Services

Descripción: Provides assistance for older and disabled adults to live independently in their own homes without the need for institutional care. Offers help at home, food resources (food boxes & mobile meals), and transportation to medical appointments and grocery shopping.

Elegibilidad: Seniors and people with disabilities

Admisión: Call for intake

Dirección física: 2820 W Ina Rd, Tucson, Pima, AZ, 85741-2502

Horario de atención: Mon-Thu 9am-4pm, Fri 9am-noon administration, program hours vary

Número de teléfono: 520-297-6049

Sitio web: <http://www.icstucson.org/what-we-do/senior-services/>

Correo electrónico: esosa@icstucson.org

Epilepsy Colby Marfin Transportation Project

Descripción: Provides transportation in metropolitan Tucson for those who are unable to drive due to a seizure disorder.

Elegibilidad: People who are unable to drive due to epilepsy or seizure disorder

Admisión: Call

Dirección física: Phoenix, Maricopa, AZ, 85016

Horario de atención: 24-hours

Número de teléfono: 520-326-6690

Sitio web: <http://www.epilepsy.com/local/arizona>

Correo electrónico: arizona@efa.org

Eastside Neighbors Volunteer Program

Descripción: Provides services to help older adults remain in their homes with safety, comfort, and dignity. Services include transportation to doctor appointments, shopping, errands, light yard work, dog walking, friendly visits, and phone calls.

Elegibilidad: Adults age 55 and older who live in East Tucson. Must live east of Swan Rd and west of Houghton Rd, and north of Irvington Rd and south of Grant Rd/Tanque Verde Rd; includes zip code 85710 and parts of 85711, 85712, 85715, 85730, 85748, and 85749

Admisión: Call for interview

Dirección física: 8302 E Broadway Blvd, Tucson, Pima, AZ, 85710-4008

Horario de atención: Mon-Fri 9am-3pm

Número de teléfono: 520-245-4729

Sitio web: <http://www.tucsonenvp.com>

Correo electrónico: envpcares@gmail.com

Northwest Valley Connect

Descripción: Coordinates and provides transportation services for seniors age 65 and older, veterans and people with disabilities in the Northwest Valley.

Elegibilidad: Seniors age 65 and older, veterans and people with disabilities in El Mirage, Peoria, Sun City, Sun City West, Surprise, and Youngtown

Admisión: Call

Dirección física: 9445 N 99th Ave, Peoria, Maricopa, AZ, 85345-6913

Horario de atención: Mon-Fri 8am-5pm; leave message after hours and on weekends.

Transportation hours vary.

Número de teléfono: 623-282-9300

Sitio web: <http://northwestvalleyconnect.org>

Correo electrónico: bell@northwestvalleyconnect.org

Sun Shuttle Dial-a-Ride

Descripción: Provides fixed-route and dial-a-ride transit service within Catalina, Green Valley, Marana, Oro Valley, Sahuarita, San Xavier, Tucson Estates, Tucson/Rita Ranch, and other parts of Pima County. Passengers can connect to Sun Tran Service. Shuttles are wheelchair accessible. Also provides curbside, deviated route service for ADA-eligible participants within 3/4 mile of regular Sun Shuttle routes. For ADA-registration, see listing: Tucson Transit Services ADA Paratransit Eligibility Office.

Elegibilidad: No restrictions

Admisión: Call or visit website for bus schedule. Call for reservations for deviated route service.

Dirección física: 3920 N Sun Tran Blvd, Tucson, Pima, AZ, 85705-2290

Horario de atención: Vary

Número de teléfono: 520-792-9222

Sitio web: <http://www.suntran.com/sunshuttle>

Correo electrónico: suntraninfo@tucsonaz.gov

Nogales Rides

Descripción: Provides curbside bus service for seniors and adults with disabilities within the city limits. One van is wheelchair accessible.

Elegibilidad: Seniors age 60 and older and adults ages 18-59 with disabilities

Admisión: Call 24-48 hours in advance for reservations

Dirección física: 1450 N Hohokam Dr, Nogales, Santa Cruz, AZ, 85621-1367

Horario de atención: Mon-Fri 8am-5pm administration; Mon-Fri 8am-4:30pm bus service

Número de teléfono: 520-285-5757

Sitio web: <http://www.nogalesaz.gov/230/Nogales-Rides>

Correo electrónico: jguerra@nogalesaz.gov

Liogue Senior Center

Descripción: Provides social activities and support services to Native American elders living on the Pascua Reservation. Includes congregate meals, home-delivered meals, transportation, and advocacy.

Elegibilidad: Enrolled Pascua Yaqui tribal members and other Native Americans, age 55 and older

Admisión: Call

Dirección física: 7601 S Camino Benem, Bldg B, Tucson, Pima, AZ, 85757-8908

Horario de atención: Mon-Fri 8am-5pm

Número de teléfono: 520-879-5530

Sitio web: <http://www.pascuayaqui-nsn.gov/senior-center>

Correo electrónico: rebecca.matuz@pascuayaqui-nsn.gov

YMCA Outreach Programs for Aging Seniors

Descripción: Provides support services to seniors and their caregivers in Ahwatukee, Scottsdale, and the Southwest Valley. Provides transportation, help with shopping and errands, friendly visiting and reassurance calls, caregiver respite, business assistance, social activities, and support upon discharge from the hospital.

Elegibilidad: Seniors (65+) located in Ahwatukee, Scottsdale, and the Southwest Valley, that reside in an independent living situation at home, and are able to get in and out of a vehicle with little or no assistance. May use walkers and canes.

Admisión: Call or email contact

Dirección física: 1030 E Liberty Ln, Phoenix, Maricopa, AZ, 85048-8461

Horario de atención: Mon-Fri 8am-5pm administration; vary for services

Número de teléfono: 602-212-6088

Sitio web: <http://valleymca.org/opas>

Correo electrónico: brenda.nichols@vosymca.org

Mercy Care ACC-RBHA

Descripción: Provides an AHCCCS Health Plan for people located in Gila, Pinal, and Maricopa counties; does not include ZIP codes 85542, 85192, and 85550. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments for members who are unable to provide or pay for their own transportation. Website offers a database of providers searchable by location and service.

Elegibilidad: Children and adults who are on AHCCCS in Gila, Pinal, and Maricopa counties; does not include ZIP codes 85542, 85192, and 85550

Admisión: Call or visit website to locate a provider. Bring photo ID, AHCCCS card, Social Security card, list of medications, and name of family doctor to first appointment.

Dirección física: 4750 S. 44th Place, Ste 150, Phoenix, Maricopa, AZ, 85040-4015

Horario de atención: Mon-Fri 7am-6pm member services; 24-hours nurse line

Sitio web: <http://www.mercycareaz.org/acc-rbha/index.html>

Oro Valley Transit Services

Descripción: Operates Dial-a-Ride within Oro Valley for the general public and to Tucson for seniors and people with disabilities.

Elegibilidad: Oro Valley residents

Admisión: Call, email, visit website, or write

Dirección física: 11000 N La Canada Dr, Oro Valley, Pima, AZ, 85737-7016

Horario de atención: Mon-Fri 7am-4pm administration. Mon-Fri 6am-8am; Sat, Sun, holidays 9am-6pm bus service.

Número de teléfono: 520-229-4990

Sitio web: <http://www.orovalleyaz.gov/town/departments/public-works/transit-services>

Volunteer Interfaith Caregiver Program

Descripción: Provides transportation for older adults and people with disabilities in Cochise County. Includes transportation to medical appointments, pharmacies, and grocery stores. Two minivans are wheelchair-accessible and volunteers use their personal vehicles.

Elegibilidad: Seniors age 60 and older and adults with physical disabilities in Cochise County

Admisión: Call or visit website for application

Dirección física: 2600 E Wilcox Dr, Ste H-107, Sierra Vista, Cochise, AZ, 85635-2947

Horario de atención: Mon-Fri 8am-4pm

Número de teléfono: 520-459-8146

Sitio web: <http://www.volunteerinterfaithcaregiverprogram.org>

Correo electrónico: vicapsvaz@gmail.com

Verde Valley Caregivers Coalition

Descripción: Provides services to seniors and adults with disabilities. Services include transportation to appointments, and other places; and travel training to understand the local transit systems. Also includes friendly phone calls and visits, small home repairs, help to sort mail and pay bills, respite to relieve caregivers, personal emergency alert devices, transitional care in conjunction with Northern Arizona Health, pet assistance, and information about and referrals to community resources. Offers assistance in use of technology such as cell phones, computers, notebooks, etc.

Elegibilidad: Seniors and adults with disabilities; must live in Camp Verde, Clarkdale, Cornville, Cottonwood, Jerome, Lake Montezuma, McGuireville, Rimrock, Sedona, or Village of Oak Creek

Admisión: Call, visit office, visit website, or write

Dirección física: 299 Van Deren Rd, Ste 2, Sedona, Coconino, AZ, 86336-4873

Horario de atención: Mon-Fri 8am-4pm

Número de teléfono: 928-204-1238

Sitio web: <http://www.vvcaregivers.org>

Senior Citizens of Patagonia, Inc

Descripción: Provides congregate meals every weekday for seniors and people with disabilities. Also provides transportation for errands, doctor appointments, to the airport, shopping, and group outings. One van is wheelchair accessible.

Elegibilidad: Seniors age 60 and older and people with disabilities in Elgin, Patagonia, and Sonoita

Admisión: Call for reservation

Dirección física: 100 Quiroga Ln, Patagonia, Santa Cruz, AZ, 85624

Horario de atención: Mon-Fri 10am-2pm center; Mon-Fri 11:30am-1pm lunch

Número de teléfono: 520-394-2494

Sitio web: <http://www.seniorcitizensofpatagonia.org>

Correo electrónico: user1scp@gmail.com

Parker Community Senior Center

Descripción: Offers recreation and socialization activities for seniors including health and nutrition education, exercise classes, arts and crafts, assistance with necessities, and home repairs, Medicare information program, and transportation including weekly van trips to Lake Havasu City. Also provides congregate and home delivered meals.

Elegibilidad: No restrictions

Admisión: Call, visit center, or visit website

Dirección física: 1115 W 12th St, Parker, La Paz, AZ, 85344-5711

Horario de atención: Center hours vary; Mon-Fri 11:30am-12:30pm congregate meals

Número de teléfono: 928-669-9514

Sitio web: <http://www.townofparkeraz.com>

Correo electrónico: seniors@townofparkeraz.us

Phoenix Public Transit Department

Descripción: Provides public transit services including local and RAPID/Express bus services, neighborhood circulator buses, and light rail; Dial-a-Ride service within the city of Phoenix; and alternative transportation options for qualified individuals through taxi subsidy programs.

Elegibilidad: No restrictions for most bus and light rail services. Phoenix Dial-a-Ride serves people with disabilities who meet ADA certification requirements. Alternative transportation programs are available to Phoenix residents with disabilities who meet ADA certification requirements or those who are age 65 and older.

Admisión: Call for visit website

Dirección física: 302 N 1st Ave, Ste 900, Phoenix, Maricopa, AZ, 85003-1621

Horario de atención: Mon-Fri 8am-5pm administration; Hours vary for transit services

Número de teléfono: 602-253-5000

Sitio web: <http://www.phoenix.gov/publictransit>

Correo electrónico: pubtrans@phoenix.gov

Peoria Transit Division

Descripción: Provides fixed route and neighborhood circulator public transportation, and dial-a-ride service.

Elegibilidad: Children age 16 and younger must be accompanied by an adult on Dial-a-Ride; children age 8 and younger must be accompanied by an adult on fixed route and circulators.

Masks are required on all public transportation.

Admisión: Call for Dial-a-Ride reservations or information about other services

Dirección física: 9875 N 85th Ave, Peoria, Maricopa, AZ, 85345

Horario de atención: Mon-Fri 8am-5pm reservations; services vary

Número de teléfono: 623-773-7435

Sitio web: <http://www.peoriaaz.gov/government/departments/public-works-and-utilities/transportation>

Caring Neighbors Helping Neighbors Program

Descripción: Provides support services to adults with physical disabilities and seniors. Includes transportation, grocery shopping, friendly phone calls, friendly visiting, and limited minor home modifications. Vehicle is not wheelchair accessible.

Elegibilidad: Adults ages 18-59 with physical disabilities and seniors age 60 and older who live in Amado, Arivaca, Green Valley, Rio Rico, Sahuarita, Tubac, and Tumacacori-Carmen; no income requirements

Admisión: Call for intake

Dirección física: 3950 S Camino del Heroe, Green Valley, Pima, AZ, 85614-5700

Horario de atención: Mon-Fri 8:30am-5pm

Número de teléfono: 520-625-5966

Sitio web: <http://www.valleyassistanceservices.org>

Fredonia Senior Citizen Center

Descripción: Provides services for seniors including congregate and home delivered meals, social activities, case management, transportation, and blood pressure checks.

Elegibilidad: Seniors

Admisión: Call or visit office

Dirección física: 80 N 100 W, Fredonia, Coconino, AZ, 86022

Horario de atención: Mon-Fri 8am-1pm

Número de teléfono: 928-643-7278

Sitio web: <http://www.fredoniaaz.gov/senior-citizen-center>

Correo electrónico: fredoniaseniorcenter@gmail.com

Banner University Family Care

Descripción: Provides an AHCCCS Health Plan for central and southern Arizona. Partners with a system of providers that deliver behavioral health and medical care to people who are signed up for AHCCCS/Medicaid. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments. This service is available for members who are unable to provide or pay for their own transportation. Accepts and attempts to resolve complaints.

Elegibilidad: Children and adults who are on AHCCCS in Cochise, Gila, Graham, Greenlee, La Paz, Maricopa, Pima, Pinal, Santa Cruz, Yavapai, and Yuma Counties

Admisión: Call to locate a provider

Dirección física: 5255 E Williams Circle, Ste 2050, Tucson, Pima, AZ, 85711-7719

Horario de atención: Mon-Fri 7:30am-5pm member services; 24-hours nurse line

Número de teléfono: 800-582-8686

Sitio web: <http://bannerufc.com/acc>

Foothills Caring Corps Inc

Descripción: Offers services for older adults and people with disabling conditions. Services include medical appointment transportation, health advocacy, grocery shopping, friendly visiting and phoning, caregiver relief, personal business assistance, minor home repair, delivered meals for lunch, and a van offering transportation to and from recreational and shopping venues.

Elegibilidad: Older adults and people with disabling conditions residing in Carefree, Cave Creek, Phoenix (85085, 85086) and Scottsdale (85255 north of Bell Rd, 85262, 85266)

Admisión: Call

Dirección física: 7275 E Easy St, Ste B104, Carefree, Maricopa, AZ, 85377

Horario de atención: Mon-Fri 8:30am-4:30pm

Número de teléfono: 480-488-1105

Sitio web: <http://www.foothillscaringcorps.com>

Correo electrónico: info@foothillscaringcorps.com

El Mirage Senior Center

Descripción: Senior center offers congregate lunch, and recreation and socialization programs. Includes transportation to and from the center and other services on a limited basis, and information about and referrals to other community resources.

Elegibilidad: Residents of El Mirage age 55 and older

Admisión: Call or visit center; call 24-hours in advance to reserve a meal

Dirección física: 14010 N El Mirage Rd, El Mirage, Maricopa, AZ, 85335-3101

Horario de atención: Mon-Fri 8am-1pm; Mon-Fri 11:00am lunch

Número de teléfono: 623-876-4232

Sitio web: <http://www.elmirageaz.gov/427/Senior-Center>

Molina Healthcare Company

Descripción: Provides an AHCCCS Health Plan for central Arizona. Partners with a system of providers that deliver behavioral health and medical care to people who are signed up for AHCCCS/Medicaid. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments. This service is available for members who are unable to provide or pay for their own transportation. Website offers a database of providers searchable by location and service. Accepts and attempts to resolve complaints.

Elegibilidad: Children and adults who are on AHCCCS in Gila, Pinal, and Maricopa counties; does not include ZIP codes 85542, 85192, and 85550

Admisión: Call or visit website to locate a provider

Dirección física: Confidential location, Phoenix, Maricopa, AZ, 85001

Horario de atención: Mon-Fri 8am-6pm member services; 24-hours nurse line

Número de teléfono: 800-424-5891

Sitio web: <http://www.molinahealthcare.com>

Mercy Care DCS Comprehensive Health Plan

Descripción: Provides a Health Plan for youth in the foster care system statewide. Partners with a system of providers that deliver behavioral health, dental, and medical care. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments. This service is available for members who are unable to provide or pay for their own transportation. Website offers a database of providers searchable by location and service. Accepts and attempts to resolve complaints.

Elegibilidad: Arizona youth in out-of-home placements who are involved with the Department of Child Safety. Plan is available regardless of enrollment in AHCCCS/Medicaid.

Admisión: Call or visit website to locate a provider. Bring photo ID, AHCCCS card, Social Security card, list of medications, and name of family doctor to first appointment.

Dirección física: 4750 S. 44th Place, Ste 150, Phoenix, Maricopa, AZ, 85040-4015

Horario de atención: Mon-Fri 8am-5pm member services; 24-hours nurse line

Número de teléfono: 602-212-4983

Sitio web: <http://www.mercycareaz.org/dcschp/index.html>

Friends In Deed Transportation Services

Descripción: Provides transportation for residents of Green Valley to appointments locally and in Tucson. Also provides weekly trips to Tucson locations.

Elegibilidad: People in the Green Valley area

Admisión: Must call for reservations at least one week in advance

Dirección física: 301 W Camino Casa Verde, Green Valley, Pima, AZ, 85614-3547

Horario de atención: Mon-Fri 9am-noon administration

Número de teléfono: 520-625-4424

Sitio web: <http://friendsindeedgv.org>

Correo electrónico: opsdirector@fid-gv.org

East Valley Paratransit

Descripción: Provides shared ride, door-to-door transportation to people with disabilities within the city limits of Chandler, Gilbert, Mesa, Scottsdale, and Tempe.

Elegibilidad: Residents of Chandler, Gilbert, Mesa, Scottsdale, and Tempe who are ADA certified or non-ADA validated by Valley Metro

Admisión: Call

Dirección física: 4600 E Washington St, Ste 101, Phoenix, Maricopa, AZ, 85034-1904

Horario de atención: Mon-Fri 8am-5pm administration; Mon-Sun 4am-1am services

Número de teléfono: 602-716-2200

Sitio web: <http://www.valleymetro.org>

24-Hour Senior HELP LINE

Descripción: Provides information and referrals to services for older adults. Includes information about transportation, housing, long-term care, benefits, older worker referrals, caregiver respite, volunteer opportunities, counseling, senior centers, minor home repairs, support groups, home health aides, legal assistance, home delivered meals, and nurse visits. Coordinates planning, development, and delivery of needed services for seniors age 60 and older and adults with disabilities age 18 and older with long term care needs.

Elegibilidad: Seniors age 60 and older, adults age 18 and older with disabilities, and family caregivers

Admisión: Call. No documents required to speak with the helpline.

Dirección física: 1366 E Thomas Rd, Ste 108, Phoenix, Maricopa, AZ, 85014-5793

Horario de atención: 24-hours

Número de teléfono: 602-264-4357

Sitio web: <http://www.aaaphx.org/program-services/24-hour-senior-help-line>

AZlinks.gov

Descripción: Website offers information and resources on aging and disability.

Elegibilidad: Anyone seeking information on aging and disability

Admisión: Visit website

Dirección física: Confidential location, Phoenix, Maricopa, AZ, 85001

Horario de atención: 24-hours website

Sitio web: <http://azlinks.gov>

211 Arizona

Descripción: Provides information about and referrals to health and human services throughout Arizona by phone and website.

Elegibilidad: No restrictions

Admisión: Call, email, or visit website. For those sending an email, include city and/or ZIP Code with a brief description of the needed services.

Dirección física: 1275 W Washington St, Ste 210, Tempe, Maricopa, AZ, 85281-1859

Horario de atención: 24-hours

Número de teléfono: 211

Sitio web: <http://211arizona.org>

Correo electrónico: 211arizona@solari-inc.org

Esta guía de recursos es una colaboración entre Mercy Care y 211 Arizona. Usted puede crear su propia guía y buscar en la base de datos de 211 Arizona ó usar las categorías para encontrar lo que está buscando.

¿Necesita imprimir esta guía? Llame a Servicios al Miembro de Mercy Care al 602-263-3000 ó al 1-800-624-3879 (TTY al 711).

Estamos aquí para usted de lunes a viernes de 7 a.m. a 6 p.m.