

## Community Resource Guide: Transportation

### **Express**

**Description:** Provides reduced-fare, door-to-door bus service in Page and surrounding communities.

**Eligibility:** No restrictions

**Intake:** Call to plan trip

**Physical Address:** 35 Six Avenue, Page, Coconino, AZ, 86040-3938

**Hours of Operation:** Mon-Fri 8:30am-3:30pm

**Phone Number:** 928-646-9596

**Website:** <http://www.express-hha.com/>

### **Keys to Change**

**Description:** Provides drop-in center and support services for single adults who are homeless. Services include respite from the weather, restrooms, water, and Post Office services. Also includes assistance to apply for birth certificates, state ID, and DES benefits; and computer classes; employment preparation and job search assistance; pastoral counseling; mental health and substance abuse treatment; peer support services; and 12-step meetings. Offers referrals to community partners including shelter, medical, and dental care. Provides housing assessments for adults who are homeless. Based on the assessment, people who are the most in need are placed on the community-wide priority list. Local agencies use the list to get clients. Includes screening for additional services. Site for coordinated entry into housing. Offers Aid to Stranded Travelers for Nonresidents experiencing homelessness who find themselves stranded and in crisis situations in the Phoenix area. Issues replacement state-issued IDs.

**Eligibility:** Homeless adults age 18 and older

**Intake:** Call or visit Welcome Center; If mailbox is full, continue to call or visit welcome center.

**Physical Address:** 206 S 12th Ave, Phoenix, Maricopa, AZ, 85007-3101

**Hours of Operation:** Daily 6am-6pm basic operations; Mon-Fri 7:30am-11pm Lodestar Day Resource Center; 24-hours Brian Garcia Welcome Center

**Phone Number:** 602-229-5155

**Website:** <http://keystochangeaz.org>

**Email:** [amys@hsc-az.org](mailto:amys@hsc-az.org)

## **East Valley Paratransit**

**Description:** Provides shared ride, door-to-door transportation to people with disabilities within the city limits of Chandler, Gilbert, Mesa, Scottsdale, and Tempe.

**Eligibility:** Residents of Chandler, Gilbert, Mesa, Scottsdale, and Tempe who are ADA certified or non-ADA validated by Valley Metro

**Intake:** Call

**Physical Address:** 4600 E Washington St, Ste 101, Phoenix, Maricopa, AZ, 85034-1904

**Hours of Operation:** Mon-Fri 8am-5pm administration; Mon-Sun 4am-1am services

**Phone Number:** 602-716-2200

**Website:** <http://www.valleymetro.org>

## **South Mountain Community Center**

**Description:** Multi-generational facility features a gymnasium, activity rooms and an auditorium with programs for youth, adults, and seniors. Provides advocacy and counseling for seniors. Transportation for current members only from residence to the center and back to the residence. Operates a hydration station during heat relief season.

**Eligibility:** Contact office for eligibility

**Intake:** Call or visit website

**Physical Address:** 212 E Alta Vista Rd, Phoenix, Maricopa, AZ, 85042-4219

**Hours of Operation:** Mon-Thu 9am-9pm, Fri 9am-6pm, Sat 9am-5pm

**Phone Number:** 602-262-4874

**Website:** <http://www.phoenix.gov/parks/recreation-and-community-centers/centers-s/south-mountain>

## **Helping Hands of Yuma**

**Description:** Provides various free services for seniors 60 or older. Offers transportation to vital appointments and grocery shopping for seniors 60 and older in the Foothills area. Also offers additional services for seniors 60 and older in all of Yuma County. Those services include friendly phone calls, Notes of Encouragement, social activities, community education workshops, information about community programs, advocacy to access services, incontinence supplies, nutritional drinks, and notary service to seniors in all of Yuma County. Offers bottled water for seniors during the summer. Operates a hydration station during heat relief season.

**Eligibility:** Seniors age 60 and older in the Foothills area for grocery shopping and transportation. Seniors age 60 and older in Yuma County for all other services.

**Intake:** Call for appointment

**Physical Address:** 11776 S Sheryl Dr, Yuma, Yuma, AZ, 85367-6084

**Hours of Operation:** Mon-Thu 8am-2pm

**Phone Number:** 928-305-9974

**Website:** <http://www.helpingyuma.org>

**Email:** [helpinghandsaobney@gmail.com](mailto:helpinghandsaobney@gmail.com)

## **Arizona Complete Health Medicaid Plan**

**Description:** Provides an AHCCCS Health Plan for central and southern Arizona. Partners with a system of providers that deliver behavioral health and medical care to people who are signed up for AHCCCS/Medicaid. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments. This service is available for members who are unable to provide or pay for their own transportation. Accepts and attempts to resolve complaints.

**Eligibility:** Children and adults who are on AHCCCS in Cochise, Graham, Greenlee, La Paz, Pima, Santa Cruz, and Yuma counties, and ZIP codes 85192, 85542, and 85550 in Pinal County

**Intake:** Call Customer Service or visit website to locate a provider

**Physical Address:** 801 E Jefferson, Phoenix, Maricopa, AZ, 85034-2217

**Hours of Operation:** 24-hours member services & nurse line; Mon-Fri 8am-5pm transportation requests

**Phone Number:** 888-788-4408

**Website:** <http://www.azcompletehealth.com>

## **Community Bridges, Inc**

**Description:** Administers behavioral health and substance use disorder treatment services. Operates a hydration station during heat relief season.

**Eligibility:** Anyone in alcohol or drug related crisis situation, Title XIX

**Intake:** Call, visit office, or visit website

**Physical Address:** 1855 W Baseline Rd, Ste 101, Mesa, Maricopa, AZ, 85202-9098

**Hours of Operation:** Mon-Fri 8am-5pm

**Phone Number:** 480-831-7566

**Website:** <http://communitybridgesaz.org>

## **Duet Homebound Adult Services**

**Description:** Provides homebound adults with rides to medical appointments, friendly visiting, computer assistance, small home repairs, and paperwork assistance. Matches clients with volunteers who will accompany them to the grocery store or will deliver groceries to them.

**Eligibility:** Homebound adults in Fountain Hills, Glendale, Paradise Valley, Peoria, Phoenix, and Scottsdale (south of Frank Lloyd Wright Blvd)

**Intake:** Call for all services. Call for transportation at least 4 working days in advance.

**Physical Address:** 10000 N 31st Ave, Ste D200, Phoenix, Maricopa, AZ, 85051-9570

**Hours of Operation:** Mon-Fri 8am-4:30pm

**Phone Number:** 602-274-5022

**Website:** <http://www.duetaz.org/homebound-adults>

**Email:** [Plumlee@duetaz.org](mailto:Plumlee@duetaz.org)

## **True to Care LLC**

**Description:** Provides non-emergency transportation and lift-assist for people unable to get up or down stairs including ambulation, wheelchair and stretcher services.

**Eligibility:** No restrictions

**Intake:** Call, email, write, or visit website

**Physical Address:** 24002 N 36th Dr, Glendale, Maricopa, AZ, 85310-4161

**Hours of Operation:** 24-hours

**Phone Number:** 480-680-6655

**Website:** <http://www.ttctransportation.com>

**Email:** [truetocare2019@gmail.com](mailto:truetocare2019@gmail.com)

## **American Indian Health Program**

**Description:** Provides an AHCCCS Health Plan for Native Americans statewide. Partners with a system of providers that deliver behavioral health and medical care to people who are signed up for AHCCCS/Medicaid. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments. This service is available for members who are unable to provide or pay for their own transportation. Accepts and attempts to resolve complaints.

**Eligibility:** American Indian and Alaska Native children and adults who are on AHCCCS in Arizona

**Intake:** Call or visit website to locate a provider. Bring photo ID, AHCCCS card, Social Security card, list of medications, and name of family doctor to first appointment.

**Physical Address:** Confidential location, Phoenix, Maricopa, AZ, 85001

**Hours of Operation:** 24-hours

**Phone Number:** 602-417-7000

**Website:** <http://www.azahcccs.gov/AmericanIndians/AIHP/>

## **Aster Aging In Home Support Services**

**Description:** Provides in-home assistance for seniors with disabilities. Services include transportation for grocery shopping, prescription pick-ups, doctor's visits, and companionship visits. Home care aids provide care planning; in-home respite care; housekeeping including vacuuming, dusting, sweeping, cleaning, laundry, and meal preparation; and personal care including bathing, grooming, and personal hygiene.

**Eligibility:** Adults age 55 and older

**Intake:** Call for appointment for an in-home assessment of need

**Physical Address:** 247 N Macdonald, Mesa, Maricopa, AZ, 85201-6622

**Hours of Operation:** Mon-Fri 8am-4pm

**Phone Number:** 480-964-9014

**Website:** <http://www.asteraz.org/services/inhomesupport.html>

**Email:** [info@asteraz.org](mailto:info@asteraz.org)

## **Winslow City Transit**

**Description:** Provides reduced-fare, curb-to-curb bus service throughout Winslow city limits and some subdivisions.

**Eligibility:** No restrictions

**Intake:** Call

**Physical Address:** 21 N Williamson Ave, Winslow, Navajo, AZ, 86047-3718

**Hours of Operation:** Mon-Fri 8am-3pm

**Phone Number:** 928-289-1462

**Website:** <http://www.winslowaz.gov/page/city-transit>

## **Tucson Indian Center Wellness Department**

**Description:** Provides health care assessment and case management to Native Americans. Services include transportation to and from medical appointments, medication deliveries, home visits, exercise groups, eye exams and eye glasses, podiatry workshops, individual meetings and group workshops with a Registered Dietician Nutritionist, and disease prevention education. Also provides sobriety support groups (Native Sisters, White Bison, and AA), and QPR and ASIST suicide prevention trainings. Offers after school youth coalitions, monthly elderly luncheons, and annual community events. Provides food boxes, hygiene supplies, and diapers for adults and children.

**Eligibility:** Native Americans

**Intake:** Call for appointment. Must bring state ID, Tribal ID or Certificate of Indian Blood, Social Security number, birth certificate, insurance card, and proof of address.

**Physical Address:** 160 N Stone Ave, Tucson, Pima, AZ, 85701-1502

**Hours of Operation:** Mon-Fri 8am-5pm

**Phone Number:** 520-884-7131

**Website:** <http://www.ticenter.org>

**Email:** [vboone@ticenter.org](mailto:vboone@ticenter.org)

## **Nogales Rides**

**Description:** Provides curb-to-curb bus service for seniors and adults with disabilities within the city limits. One van is wheelchair accessible.

**Eligibility:** Seniors age 60 and older and adults ages 18-59 with disabilities

**Intake:** Call 24-48 hours in advance for reservations

**Physical Address:** 1450 N Hohokam Dr, Nogales, Santa Cruz, AZ, 85621-1367

**Hours of Operation:** Mon-Fri 8am-5pm administration; Mon-Fri 8am-4:30pm bus service

**Phone Number:** 520-285-5757

**Website:** <http://www.nogalesaz.gov/public-works/engineering/nogales-rides>

**Email:** [jguerra@nogalesaz.gov](mailto:jguerra@nogalesaz.gov)

## **Kingman Area Regional Transit**

**Description:** Provides public bus transportation and curb-to-curb transportation for people who find it difficult to access fixed route services.

**Eligibility:** No restrictions

**Intake:** Call or visit website; must register for curb-to-curb service and make advanced registrations.

**Physical Address:** 3700 E Andy Devine Ave, Kingman, Mohave, AZ, 86401-3454

**Hours of Operation:** Mon-Fri 9am-3pm administration; Mon-Fri 6am-8pm Green and Yellow; Mon-Fri 6am-6pm Blue and Red; Sat 9am-4pm bus service

**Phone Number:** 928-681-7433

**Website:** <http://www.cityofkingman.gov/government/departments/kart>

## **Mercy Care ACC-RBHA**

**Description:** Provides an AHCCCS Health Plan for people located in Gila, Pinal, and Maricopa counties; does not include ZIP codes 85542, 85192, and 85550. Partners with a system of providers that deliver behavioral health and medical care to people who are signed up for AHCCCS/Medicaid. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments. This service is available for members who are unable to provide or pay for their own transportation. Offers mental health screening, substance use disorder treatment, counseling and case management. Website offers a database of providers searchable by location and service. Accepts and attempts to resolve complaints.

**Eligibility:** Children and adults who are on AHCCCS in Gila, Pinal, and Maricopa counties; does not include ZIP codes 85542, 85192, and 85550

**Intake:** Call or visit website to locate a provider. Bring photo ID, AHCCCS card, Social Security card, list of medications, and name of family doctor to first appointment.

**Physical Address:** 4500 E Cotton Center Blvd, Phoenix, Maricopa, AZ, 85040-8840

**Hours of Operation:** Mon-Fri 7am-6pm member services; 24-hours nurse line

**Website:** <http://www.mercycareaz.org/acc-rbha/index.html>

## **Mercy Care DCS Comprehensive Health Plan**

**Description:** Provides a Health Plan for youth in the foster care system statewide. Partners with a system of providers that deliver behavioral health, dental, and medical care. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments. This service is available for members who are unable to provide or pay for their own transportation. Website offers a database of providers searchable by location and service. Accepts and attempts to resolve complaints.

**Eligibility:** Arizona youth in out-of-home placements who are involved with the Department of Child Safety. Plan is available regardless of enrollment in AHCCCS/Medicaid.

**Intake:** Call or visit website to locate a provider. Bring photo ID, AHCCCS card, Social Security card, list of medications, and name of family doctor to first appointment.

**Physical Address:** 4500 E Cotton Center Blvd, Phoenix, Maricopa, AZ, 85040-8840

**Hours of Operation:** Mon-Fri 8am-5pm member services; 24-hours nurse line

**Phone Number:** 602-212-4983

**Website:** <http://www.mercycareaz.org/dcschp/index.html>

### **Benson Area Transit**

**Description:** Provides fixed-route bus service throughout the city and surrounding area, including Mescal/J-Six, Pomerene, and St David. Also provides Dial-A-Ride transportation to medical appointments and shopping for seniors and adults with physical disabilities.

**Eligibility:** Fixed-route bus service is open to all. Dial-A-Ride is for seniors age 60 and older and adults who have a physical disability; must pre-register.

**Intake:** Call or visit website for route information

**Physical Address:** 120 W 6th St, Benson, Cochise, AZ, 85602-6514

**Hours of Operation:** Mon-Fri 7:30am-4:30pm fixed-route bus service; Mon-Fri 8am-4pm Dial-A-Ride

**Phone Number:** 520-586-9406

**Website:** [http://www.bensonaz.gov/community/benson\\_area\\_transit/index.php](http://www.bensonaz.gov/community/benson_area_transit/index.php)

**Email:** [kwilliams@bensonaz.gov](mailto:kwilliams@bensonaz.gov)

### **LHC Direct**

**Description:** Provides reduced-fare, door-to-door bus service throughout Lake Havasu City for seniors and people with disabilities.

**Eligibility:** Seniors and people with disabilities

**Intake:** Call

**Physical Address:** 900 London Bridge Rd, Bldg B, Lake Havasu City, Mohave, AZ, 86404

**Hours of Operation:** Mon-Fri 9am-4pm

**Phone Number:** 928-453-7600

**Website:** <http://www.lhcaz.gov/transit/home>

**Email:** [transit@lhcaz.gov](mailto:transit@lhcaz.gov)

### **Amyotrophic Lateral Sclerosis Association - Arizona Chapter**

**Description:** Provides information and support for people with Amyotrophic Lateral Sclerosis (ALS) or Lou Gehrig's Disease, their friends, family members, and professionals. Also provides education and support through home visits and support groups. Meets virtually and in-person monthly in Phoenix, Prescott, and Tucson. Loans durable medical equipment, provides respite care, and provides transportation to ALSA-related events including clinic visits.

**Eligibility:** No restrictions

**Intake:** Call or visit website

**Physical Address:** Various locations statewide, Phoenix, Maricopa, AZ, 85004

**Hours of Operation:** Mon-Fri 9am-5pm

**Phone Number:** 225-343-9880

**Website:** <http://www.als.org/support/states/arizona>

**Email:** [infoAZ@als.org](mailto:infoAZ@als.org)



## **Vista Transit**

**Description:** Provides fixed-route public bus service in Sierra Vista and Fort Huachuca. Also provides curb-to-curb bus service for seniors who are 65 or older and people with mental health or physical disabilities.

**Eligibility:** No restrictions

**Intake:** Call; must give 24-hour advance notice for curb to curb pick-up

**Physical Address:** 2050 E Wilcox Dr, Sierra Vista, Cochise, AZ, 85635

**Hours of Operation:** Mon-Fri 7am-4pm administration; service hours vary by route

**Phone Number:** 520-417-4888

**Website:** <http://www.sierravistaaz.gov/our-city/bus-service>

## **Douglas Rides**

**Description:** Provides fixed-route bus services in Douglas; and the Elfrida and Pirtleville areas. Also provides Dial-A-Ride transportation to medical appointments and shopping for seniors and adults with physical disabilities.

**Eligibility:** Fixed-route bus service is open to all; Dial-A-Ride is for adults age 60 and older and adults ages 18-59 who have a physical disability and cannot walk to the bus stop.

**Intake:** Call for bus schedule and for reservation

**Physical Address:** 356 E 16th St, Douglas, Cochise, AZ, 85607

**Hours of Operation:** Mon-Fri 8am-5pm administration; Mon-Sat 8am-5pm bus service

**Phone Number:** 520-364-4474

**Website:** <http://www.douglasaz.gov/283/public-transportation>

## **Cottonwood Area Transit**

**Description:** CAT provides local transportation within Cottonwood, Clarkdale, and Verde Villages Areas. Verde Shuttle provides commuter service between Cottonwood and Sedona. CAT Paratransit provides origin-to-destination transportation for people with disabilities who cannot use fixed route services. Volunteers, when available, can assist riders with shopping and other tasks.

**Eligibility:** No restrictions for fixed routes. Application required for paratransit services.

**Intake:** Call, visit office, or visit website

**Physical Address:** 340 Happy Jack Way, Cottonwood, Yavapai, AZ, 86326-6373

**Hours of Operation:** Mon-Fri 8am-5pm administration; Mon-Fri 6:45am-6:45pm CAT Fixed Routes; Mon-Fri 8am-5pm CAT Paratransit; Daily 6am-10pm Verde Shuttle

**Phone Number:** 928-634-2287

**Website:** <http://www.ride-cat.com>



## **People Who Care - Chino Valley**

**Description:** Coordinates volunteers for adults who are no longer able to drive due to chronically illness, disability, temporary disability, or age-related issues. Provides transportation to essential appointments, assistance with grocery shopping, safety programs, and personal emergency response units for clients to get emergency assistance at the touch of a button.

**Eligibility:** Seniors and adults age 18 and older who live in Prescott or Chino Valley and are chronically ill, have disabilities, or are unable to drive due to a medical or age-related issue

**Intake:** Call

**Physical Address:** 735 E Road 1 South, Chino Valley, Yavapai, AZ, 86323-7500

**Hours of Operation:** Mon-Thu 8am-1pm

**Phone Number:** 928-636-3295

**Website:** <http://www.peoplewhocareaz.com>

**Email:** [cvpwc@peoplewhocareaz.com](mailto:cvpwc@peoplewhocareaz.com)

## **Chino Valley Senior Center**

**Description:** Provides daily lunches and recreational and social activities for seniors. Delivers Meals on Wheels food to people who are homebound. Provides transportation for seniors to social events and medical appointments.

**Eligibility:** Seniors only for most services; people who are homebound for Meals on Wheels

**Intake:** Call, visit center, or visit website

**Physical Address:** 1021 W Butterfield Rd, Chino Valley, Yavapai, AZ, 86323

**Hours of Operation:** Vary

**Phone Number:** 928-636-9114

**Website:** <http://www.chinoaz.net/275/senior-center>

## **Senior Citizens of Patagonia, Inc**

**Description:** Provides congregate meals every weekday for seniors and people with disabilities. Also provides transportation for errands, doctor appointments, to the airport, shopping, and group outings. One van is wheelchair accessible.

**Eligibility:** Seniors age 60 and older and people with disabilities in Elgin, Patagonia, and Sonoita

**Intake:** Call for reservation

**Physical Address:** 100 Quiroga Ln, Patagonia, Santa Cruz, AZ, 85624

**Hours of Operation:** Mon-Fri 10am-2pm center; Mon-Fri 11:30am-1pm lunch

**Phone Number:** 520-394-2494

**Website:** <http://www.seniorcitizensofpatagonia.org>

**Email:** [user1scp@gmail.com](mailto:user1scp@gmail.com)

## **YMCA Outreach Programs for Aging Seniors**

**Description:** Provides support services to seniors and their caregivers in Ahwatukee, Scottsdale, and the Southwest Valley. Provides transportation, help with shopping and errands, friendly visiting and reassurance calls, caregiver respite, business assistance, social activities, and support upon discharge from the hospital.

**Eligibility:** Seniors (65+) located in Ahwatukee, Scottsdale, and the Southwest Valley, that reside in an independent living situation at home, and are able to get in and out of a vehicle with little or no assistance. May use walkers and canes.

**Intake:** Call or email contact

**Physical Address:** 1030 E Liberty Ln, Phoenix, Maricopa, AZ, 85048-8461

**Hours of Operation:** Mon-Fri 8am-5pm administration; vary for services

**Phone Number:** 602-212-6088

**Website:** <http://valleymca.org/opas>

**Email:** [brenda.nichols@vosymca.org](mailto:brenda.nichols@vosymca.org)

## **Verde Valley Caregivers Coalition**

**Description:** Provides services to seniors and adults with disabilities. Services include transportation to appointments, and other places; and travel training to understand the local transit systems. Also includes friendly phone calls and visits, small home repairs, help to sort mail and pay bills, respite to relieve caregivers, personal emergency alert devices, transitional care in conjunction with Northern Arizona Health, pet assistance, and information about and referrals to community resources. Offers assistance in use of technology such as cell phones, computers, notebooks, etc.

**Eligibility:** Seniors and adults with disabilities; must live in Camp Verde, Clarkdale, Cornville, Cottonwood, Jerome, Lake Montezuma, McGuireville, Rimrock, Sedona, or Village of Oak Creek

**Intake:** Call, visit office, visit website, or write

**Physical Address:** 299 Van Deren Rd, Ste 2, Sedona, Coconino, AZ, 86336-4873

**Hours of Operation:** Mon-Fri 8am-4pm

**Phone Number:** 928-204-1238

**Website:** <http://www.vvcaregivers.org>

## **Navajo Area Agency on Aging Senior Citizen Center Program**

**Description:** Provides senior centers with hot lunches, and Meals on Wheels home delivered meals to homebound and high-risk seniors. Offers recreational programs for seniors.

Transportation is available to seniors to and from senior centers for meals and for shopping, Social Security appointments, medical appointments, etc., and as needed and available for emergencies.

**Eligibility:** Native Americans age 55 and older and seniors age 60 and older of any ethnicity, and their spouses regardless of age

**Intake:** Call

**Physical Address:** Various locations, Window Rock, Apache, AZ, 86515

**Hours of Operation:** Mon-Fri 8am-4pm

**Phone Number:** 928-674-2100

**Website:** <http://www.daltcs.navajo-nsn.gov>

## **Volunteer Interfaith Caregiver Program**

**Description:** Provides transportation for older adults and people with disabilities in Cochise County. Includes transportation to medical appointments, pharmacies, and grocery stores. Two minivans are wheelchair-accessible and volunteers use their personal vehicles.

**Eligibility:** Seniors age 60 and older and adults with physical disabilities in Cochise County

**Intake:** Call or visit website for application

**Physical Address:** 2600 E Wilcox Dr, Ste H-107, Sierra Vista, Cochise, AZ, 85635-2947

**Hours of Operation:** Mon-Fri 8am-4pm

**Phone Number:** 520-459-8146

**Website:** <http://www.volunteerinterfaithcaregiverprogram.org>

**Email:** [vicapsvaz@gmail.com](mailto:vicapsvaz@gmail.com)

## **Payson Senior Center**

**Description:** Provides services for seniors including recreation and education programs, hot meals and home delivered meals, shopping services, friendly visiting, chore maintenance, local transportation, and information about and referrals to legal assistance for seniors.

**Eligibility:** Seniors age 60 and older or spouses of eligible clients, adults age 50 and older for recreation programs

**Intake:** Call for meal reservations in-house and for pick-up

**Physical Address:** 514 W Main St, Payson, Gila, AZ, 85541-5334

**Hours of Operation:** Mon-Thu 8am-4pm; Friday by appointment only

**Phone Number:** 928-474-4876

**Website:** <http://paysonseniorcenter.org>

**Email:** [director@paysonseniorcenter.org](mailto:director@paysonseniorcenter.org)

## **Parker Community Senior Center**

**Description:** Offers recreation and socialization activities for seniors including health and nutrition education, exercise classes, arts and crafts, assistance with necessities, and home repairs, Medicare information program, and transportation including weekly van trips to Lake Havasu City. Also provides congregate and home delivered meals.

**Eligibility:** No restrictions

**Intake:** Call, visit center, or visit website

**Physical Address:** 1115 W 12th St, Parker, La Paz, AZ, 85344-5711

**Hours of Operation:** Center hours vary; Mon-Fri 11:30am-12:30pm congregate meals

**Phone Number:** 928-669-9514

**Website:** <http://www.townofparkeraz.com>

**Email:** [seniors@townofparkeraz.us](mailto:seniors@townofparkeraz.us)

## **Fredonia Senior Citizen Center**

**Description:** Provides services for seniors including congregate and home delivered meals, social activities, case management, transportation, and blood pressure checks.

**Eligibility:** Seniors

**Intake:** Call or visit office

**Physical Address:** 80 N 100 W, Fredonia, Coconino, AZ, 86022

**Hours of Operation:** Mon-Fri 8am-1pm

**Phone Number:** 928-643-7278

**Website:** <http://www.fredoniaaz.gov/senior-citizen-center>

**Email:** [fredoniaseniorcenter@gmail.com](mailto:fredoniaseniorcenter@gmail.com)

## **Winslow Council on Aging**

**Description:** Provides congregate and home delivered meals, transportation, exercise classes, health/wellness workshops, community food bank, senior activities, and bingo primarily for adults age 60 and older, but adults of any age are welcome to participate.

**Eligibility:** Preference is given to adults age 60 and older, but adults of any age are welcome to participate.

**Intake:** Call or visit office

**Physical Address:** 212 E Second St, Winslow, Navajo, AZ, 86047-3841

**Hours of Operation:** Mon, Wed, Fri 9am-5pm; Tue, Thu 9am-3pm administration. Mon, Wed, Fri 3:30pm-4:30pm food distribution. 2nd Thu, Commodity Supplemental Food Program.

**Phone Number:** 928-289-3341

**Website:** <http://www.facebook.com/pages/category/senior-center/winslow-council-on-aging-1961975500738918>

**Email:** [winslowcouncilonaging@yahoo.com](mailto:winslowcouncilonaging@yahoo.com)

## **Round Valley Senior Center**

**Description:** Provides utility payment assistance, food boxes, and case management for people on low income. Senior center provides social activities, congregate meals, home delivered meals to older adults and people with disabilities, Medicare counseling, minor housing repairs, and transportation to doctor appointments and shopping.

**Eligibility:** Seniors and people with low income in Eagar, Springerville, and surrounding areas

**Intake:** Call or visit center

**Physical Address:** 356 S Papago St, Springerville, Apache, AZ, 85938-5200

**Hours of Operation:** Mon-Thu 7am-2pm; Mon-Thu 11:30am congregate meals; 2nd Tue senior food boxes; other service times vary

**Phone Number:** 928-333-2516

**Website:** <http://www.springervilleaz.gov/communityservices>

## **Copper Mountain Transit**

**Description:** Provides both Dial-a-Ride and 2 Fixed-Route bus routes for the Miami, Globe, and unincorporated Gila County areas.

**Eligibility:** No restrictions

**Intake:** Call or visit website for transportation schedule

**Physical Address:** 500 Sullivan St, Miami, Gila, AZ, 85539-1296

**Hours of Operation:** Mon-Fri 8am-5pm administration; Mon-Fri 6:30am-6pm bus schedule

**Phone Number:** 928-473-8222

**Website:** <http://miamiaz.gov/transit/transit-information>

## **Bullhead Area Transit System**

**Description:** Provides fixed route and door-to-door public transportation within Bullhead City and to and from Laughlin, NV. Offers door-to-door transportation for passengers who are prevented from using the fixed route bus system due to a disability or mobility limitation.

**Eligibility:** Fixed Route transit service available to the general public. Dial-a-Ride service is people with mobility limitations that prevent them from riding fixed routes.

**Intake:** Call or visit website for an ADA application. A medical provider must verify a mobility limitation prevents use of fixed route service.

**Physical Address:** 2355 Trane Rd, Bullhead City, Mohave, AZ, 86442-5966

**Hours of Operation:** Mon-Fri 7am-6pm, Sat 7:30am-3:30pm dispatch

**Phone Number:** 928-704-2287

**Website:** <http://www.bullheadcity.com/community/bullhead-area-transit-system/rider-guide-schedule-fares>

## **Sun Shuttle Dial-a-Ride**

**Description:** Provides fixed-route and dial-a-ride transit service within Catalina, Green Valley, Marana, Oro Valley, Sahuarita, San Xavier, Tucson Estates, Tucson/Rita Ranch, and other parts of Pima County. Passengers can connect to Sun Tran Service. Shuttles are wheelchair accessible. Also provides curb-to-curb, deviated route service for ADA-eligible participants-within 3/4 mile of regular Sun Shuttle routes. For ADA-registration, see listing: Tucson Transit Services ADA Paratransit Eligibility Office.

**Eligibility:** No restrictions

**Intake:** Call or visit website for bus schedule. Call for reservations for deviated route service.

**Physical Address:** 3920 N Sun Tran Blvd, Tucson, Pima, AZ, 85705-2290

**Hours of Operation:** Vary

**Phone Number:** 520-792-9222

**Website:** <http://www.suntran.com/sunshuttle>

## **People Who Care - Prescott**

**Description:** Volunteers provide non-medical assistance to adults unable to drive due to physical limitations in order to help them continue living independently.

**Eligibility:** Seniors and adults age 18 and older who are unable to drive due to physical limitations

**Intake:** Call

**Physical Address:** 1580 Plaza West Dr, Prescott, Yavapai, AZ, 86303-5679

**Hours of Operation:** Mon-Fri 9am-4pm

**Phone Number:** 928-445-2480

**Website:** <http://www.peoplewhocareaz.com>

**Email:** [pvpwc@peoplewhocareaz.com](mailto:pvpwc@peoplewhocareaz.com)

## **Prescott Valley YavaLine Regional Transit System**

**Description:** Provides local share-a-ride, on-demand transportation services. Download mobile app to input pickup and drop-off addresses to receive ride options within transit zone.

**Eligibility:** No restrictions

**Intake:** Call or visit mobile app to request ride; same day and next available ride available

**Physical Address:** 7501 E Skoog Blvd, Prescott Valley, Yavapai, AZ, 86314-2263

**Hours of Operation:** Mon-Fri 6am-8pm

**Phone Number:** 866-928-8726

**Website:** <http://pv-azgov.info/yavaline>

**Email:** [transit@prescottvalley-az.gov](mailto:transit@prescottvalley-az.gov)

## **Northern Arizona Intergovernmental Public Transportation Authority**

**Description:** Provides public transportation in Flagstaff. Services include Mountain Line and Mountain Link fixed route service, and Mountain Lift Paratransit transportation for seniors and people with disabilities. Also provides vanpool service for commuters traveling to and from Flagstaff.

**Eligibility:** Mountain Line and Mountain Link are open to the public; Mountain Lift demand response is for use by people who are ADA eligible; contact for available vanpool routes

**Intake:** Call, visit center, or visit website

**Physical Address:** 3773 N Kaspar Dr, Flagstaff, Coconino, AZ, 86004-2310

**Hours of Operation:** Mon-Fri 8am-12pm, 1pm-5pm administration; service times vary

**Phone Number:** 928-779-6624

**Website:** <http://mountainline.az.gov>

**Email:** [transportation@mountainline.az.gov](mailto:transportation@mountainline.az.gov)

## **Eve's Place**

**Description:** Provides in-person and virtual support services for victims of domestic, sexual, and teen dating violence and their children. Services include crime victim assistance, individual advocacy, youth/student support groups, sexual assault hotline, and sexual assault/incest support groups. Participants can remain in the program up to one year and may qualify for long distance transportation. \*\*Currently out of financial assistance funding for Maricopa County\*\*

**Eligibility:** Victims of domestic, sexual, and teen dating violence and their children

**Intake:** Call

**Physical Address:** 10448 W Coggins Dr, Sun City, Maricopa, AZ, 85351-3410

**Hours of Operation:** Mon-Thu 8:30am-7pm, Fri 8:30am-5pm

**Phone Number:** 623-537-5380

**Website:** <http://evesplace.org>

**Email:** [laurah@evesplace.org](mailto:laurah@evesplace.org)

## **ChangePoint Senior Transportation Program**

**Description:** Provides free transportation to help Southern Navajo and Apache County seniors move around the region for shopping, medical, and social trips.

**Eligibility:** Southern Navajo and Apache County seniors ages 60 and older

**Intake:** Call to schedule ride during office hours at least 24 hours in advance, and mention that you are calling in regards to the NACOG AAA transportation program. Please leave a message if your call is not answered.

**Physical Address:** 1801 W Deuce of Clubs, Ste 100, Show Low, Navajo, AZ, 85901-2704

**Hours of Operation:** Mon-Fri 8am-5pm

**Phone Number:** 928-537-5315 x7724

**Website:** <http://www.mychangepoint.org/about-2>



## **Eastside Neighbors Volunteer Program**

**Description:** Provides services to help older adults remain in their homes with safety, comfort, and dignity. Services include transportation to doctor appointments, shopping, errands, light yard work, dog walking, friendly visits, and phone calls.

**Eligibility:** Adults age 55 and older who live in East Tucson. Must live east of Swan Rd and west of Houghton Rd, and north of Irvington Rd and south of Grant Rd/Tanque Verde Rd; includes zip code 85710 and parts of 85711, 85712, 85715, 85730, 85748, and 85749

**Intake:** Call for interview

**Physical Address:** 8302 E Broadway Blvd, Tucson, Pima, AZ, 85710-4008

**Hours of Operation:** Mon-Fri 9am-3pm

**Phone Number:** 520-245-4729

**Website:** <http://www.tucsonenvp.com>

**Email:** [envpcares@gmail.com](mailto:envpcares@gmail.com)

## **Caring Neighbors Helping Neighbors Program**

**Description:** Provides support services to adults with physical disabilities and seniors. Includes transportation, grocery shopping, friendly phone calls, friendly visiting, and limited minor home modifications. Vehicle is not wheelchair accessible.

**Eligibility:** Adults ages 18-59 with physical disabilities and seniors age 60 and older who live in Amado, Arivaca, Green Valley, Rio Rico, Sahuarita, Tubac, and Tumacacori-Carmen; no income requirements

**Intake:** Call for intake

**Physical Address:** 3950 S Camino del Heroe, Green Valley, Pima, AZ, 85614-5700

**Hours of Operation:** Mon-Fri 8:30am-5pm

**Phone Number:** 520-625-5966

**Website:** <http://www.valleyassistanceservices.org>

## **Easterseals Blake Foundation Transportation Program**

**Description:** Provides transportation for seniors and adults with disabilities.

**Eligibility:** Seniors age 60 and older, and adults age 18 and older who have disabilities; must live in Cochise, Graham, Greenlee, Pima, or Santa Cruz counties

**Intake:** Call for reservations

**Physical Address:** 7750 E Broadway Blvd, Ste A-200, Tucson, Pima, AZ, 85710-3901

**Hours of Operation:** Mon-Fri 8am-5pm

**Phone Number:** 928-965-6528

**Website:** <http://www.easterseals.com/blakefoundation/our-programs/adult-services/transportation-services.html>

**Email:** [mhendricks@blake.easterseals.com](mailto:mhendricks@blake.easterseals.com)

## **Epilepsy Colby Marfin Transportation Project**

**Description:** Provides transportation in metropolitan Tucson for those who are unable to drive due to a seizure disorder.

**Eligibility:** People who are unable to drive due to epilepsy or seizure disorder

**Intake:** Call

**Physical Address:** 922 N Campbell Ave, Tucson, Pima, AZ, 85719-4915

**Hours of Operation:** 24-hours

**Phone Number:** 520-326-6690

**Website:** <http://www.epilepsy.com/local/arizona>

**Email:** [arizona@efa.org](mailto:arizona@efa.org)

## **Senior Citizens' Transportation - Freedom Express**

**Description:** Provides ride program for seniors.

**Eligibility:** Seniors who are residents of Wickenburg

**Intake:** Call

**Physical Address:** 155 N Tegner St, Ste A, Wickenburg, Maricopa, AZ, 85390-1456

**Hours of Operation:** Mon-Thu 7am-6pm

**Phone Number:** 928-684-7894

**Website:** <http://www.wickenburgaz.gov/1338/Resource-Town-Info>

## **Interfaith Community Services Caregiving Services**

**Description:** Provides caregiving services for seniors and people with disabilities. Includes transportation to medical appointments, friendly visiting and phone calls, respite, sorting and reading mail, assist with paying bills, and shopping services. Handy Helpers provide minor home repairs.

**Eligibility:** Seniors and people with disabilities

**Intake:** Call for intake

**Physical Address:** 2820 W Ina Rd, Tucson, Pima, AZ, 85741-2502

**Hours of Operation:** Mon-Fri 9am-4pm

**Phone Number:** 520-297-6049

**Website:** <http://www.icstucson.org>

**Email:** [cgalas@icstucson.org](mailto:cgalas@icstucson.org)

## **Friends In Deed Transportation Services**

**Description:** Provides transportation for residents of Green Valley to appointments locally and in Tucson. Also provides weekly trips to Tucson locations.

**Eligibility:** People in the Green Valley area

**Intake:** Must call for reservations at least one week in advance

**Physical Address:** 301 W Camino Casa Verde, Green Valley, Pima, AZ, 85614-3547

**Hours of Operation:** Mon-Fri 9am-noon administration

**Phone Number:** 520-625-4424

**Website:** <http://www.fid-gv.org>

**Email:** [opsdirector@fid-gv.org](mailto:opsdirector@fid-gv.org)

## **Banner University Family Care**

**Description:** Provides an AHCCCS Health Plan for central and southern Arizona. Partners with a system of providers that deliver behavioral health and medical care to people who are signed up for AHCCCS/Medicaid. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments. This service is available for members who are unable to provide or pay for their own transportation. Accepts and attempts to resolve complaints.

**Eligibility:** Children and adults who are on AHCCCS in Cochise, Gila, Graham, Greenlee, La Paz, Maricopa, Pima, Pinal, Santa Cruz, Yavapai, and Yuma Counties

**Intake:** Call to locate a provider

**Physical Address:** 2701 E Elvira Rd, Tucson, Pima, AZ, 85756-7124

**Hours of Operation:** Mon-Fri 7:30am-5pm member services; 24-hours nurse line

**Phone Number:** 800-582-8686

**Website:** <http://bannerufc.com/acc>

## **Lioque Senior Center**

**Description:** Provides social activities and support services to Native American elders living on the Pascua Reservation. Includes congregate meals, home-delivered meals, transportation, and advocacy.

**Eligibility:** Enrolled Pascua Yaqui tribal members and other Native Americans, age 55 and older

**Intake:** Call

**Physical Address:** 7601 S Camino Benem, Bldg B, Tucson, Pima, AZ, 85757-8908

**Hours of Operation:** Mon-Fri 8am-5pm

**Phone Number:** 520-879-5530

**Website:** <http://www.pascuayaqui-nsn.gov/senior-center>

**Email:** [rebecca.matuz@pascuayaqui-nsn.gov](mailto:rebecca.matuz@pascuayaqui-nsn.gov)

## **YCAT OnCall**

**Description:** Provides door-to-door bus service throughout southwestern Yuma County for people with disabilities.

**Eligibility:** People with disabilities who meet the Americans with Disabilities Act (ADA) requirements

**Intake:** Call

**Physical Address:** 2715 E 14th St, Yuma, Yuma, AZ, 85365-1900

**Hours of Operation:** Mon-Fri 8am-5pm, Sat 9am-6pm administration; Mon-Fri 6am-7:30pm, Sat 9:15am-6:30pm bus service

**Phone Number:** 928-539-7076

**Website:** <http://www.ycipta.org>

## **Saguaro Transportation Services**

**Description:** Provides dial-a-ride transportation services for seniors and adults with disabilities.

**Eligibility:** Adults with disabilities and seniors in the Yuma area

**Intake:** Call

**Physical Address:** 1495 S 4th Ave, Yuma, Yuma, AZ, 85364-4603

**Hours of Operation:** Mon-Fri 8am-5pm

**Phone Number:** 928-376-7272

**Website:** <http://www.saguarofoundation.org>

**Email:** [msotelo@saguarofoundation.org](mailto:msotelo@saguarofoundation.org)

## **Phoenix Public Transit Department**

**Description:** Provides public transit services including local and RAPID/Express bus services, neighborhood circulator buses, and light rail; Dial-a-Ride service within the city of Phoenix; and alternative transportation options for qualified individuals through taxi subsidy programs.

**Eligibility:** No restrictions for most bus and light rail services. Phoenix Dial-a-Ride serves people with disabilities who meet ADA certification requirements. Alternative transportation programs are available to Phoenix residents with disabilities who meet ADA certification requirements or those who are age 65 and older.

**Intake:** Call for visit website

**Physical Address:** 302 N 1st Ave, Ste 900, Phoenix, Maricopa, AZ, 85003-1621

**Hours of Operation:** Mon-Fri 8am-5pm administration; Hours vary for transit services

**Phone Number:** 602-253-5000

**Website:** <http://www.phoenix.gov/publictransit>

**Email:** [pubtrans@phoenix.gov](mailto:pubtrans@phoenix.gov)

## **Peoria Transit Division**

**Description:** Provides fixed route and neighborhood circulator public transportation, and dial-a-ride service.

**Eligibility:** Children age 16 and younger must be accompanied by an adult on Dial-a-Ride; children age 8 and younger must be accompanied by an adult on fixed route and circulators.

Masks are required on all public transportation.

**Intake:** Call for Dial-a-Ride reservations or information about other services

**Physical Address:** 9875 N 85th Ave, Peoria, Maricopa, AZ, 85345

**Hours of Operation:** Mon-Fri 8am-5pm reservations; services vary

**Phone Number:** 623-773-7435

**Website:** <http://www.peoriaaz.gov/government/departments/public-works-and-utilities/transportation>

## **Oro Valley Transit Services**

**Description:** Operates Dial-a-Ride within Oro Valley for the general public and to Tucson for seniors and people with disabilities.

**Eligibility:** Oro Valley residents

**Intake:** Call, email, visit website, or write

**Physical Address:** 11000 N La Canada Dr, Oro Valley, Pima, AZ, 85737-7016

**Hours of Operation:** Mon-Fri 7am-4pm administration. Mon-Fri 6am-8am; Sat, Sun, holidays 9am-6pm bus service.

**Phone Number:** 520-229-4990

**Website:** <http://www.orovalleyaz.gov/town/departments/public-works/transit-services>

## **Glendale Dial-A-Ride**

**Description:** Provides curb-to-curb bus service within the service area for the general public.

**Eligibility:** People in Glendale

**Intake:** Call for reservation

**Physical Address:** 6210 W Myrtle Ave, Bldg S, Glendale, Maricopa, AZ, 85301-1700

**Hours of Operation:** Mon-Fri 7am-5:30pm reservation line; services Mon-Fri 6am-7pm

**Phone Number:** 623-930-3500

**Website:** [http://www.glendaleaz.com/live/city\\_services/public\\_transportation/transit\\_services](http://www.glendaleaz.com/live/city_services/public_transportation/transit_services)

## **Nurse Next Door**

**Description:** Provides transportation for a fee for non-emergency needs.

**Eligibility:** No restrictions

**Intake:** Call, email, write, visit website

**Physical Address:** Confidential Location, Tucson, Pima, AZ, 85752

**Hours of Operation:** 24/7 Customer Service, Office Hours Mon-Fri 8am-4pm

**Phone Number:** 520-535-2430

**Website:** <http://www.nursenextdoor.com>

**Email:** [tucson@nursenextdoor.com](mailto:tucson@nursenextdoor.com)

## **Molina Healthcare Company**

**Description:** Provides an AHCCCS Health Plan for central Arizona. Partners with a system of providers that deliver behavioral health and medical care to people who are signed up for AHCCCS/Medicaid. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments. This service is available for members who are unable to provide or pay for their own transportation. Website offers a database of providers searchable by location and service. Accepts and attempts to resolve complaints.

**Eligibility:** Children and adults who are on AHCCCS in Gila, Pinal, and Maricopa counties; does not include ZIP codes 85542, 85192, and 85550

**Intake:** Call or visit website to locate a provider

**Physical Address:** Confidential location, Phoenix, Maricopa, AZ, 85001

**Hours of Operation:** Mon-Fri 8am-6pm member services; 24-hours nurse line

**Phone Number:** 800-424-5891

**Website:** <http://www.molinahealthcare.com>

## **Health Choice Arizona**

**Description:** Provides an AHCCCS Health Plan for central and northern Arizona. Partners with a system of providers that deliver behavioral health and medical care to people who are signed up for AHCCCS/Medicaid. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments. This service is available for members who are unable to provide or pay for their own transportation. Website offers a database of providers searchable by location and service. Accepts and attempts to resolve complaints.

**Eligibility:** Children and adults who are on AHCCCS in Apache, Coconino, Gila, Maricopa, Mohave, Navajo, Pinal, and Yavapai counties

**Intake:** Call Member Services or visit website to locate a provider. Bring photo ID, AHCCCS card, Social Security card, list of medications, and name of family doctor to first appointment.

**Physical Address:** 410 N 44th St, Ste 920, Phoenix, Maricopa, AZ, 85008-6590

**Hours of Operation:** Mon-Fri 6am-6pm member services; 24-hours nurse line; 24-hours transportation requests

**Phone Number:** 602-386-3447

**Website:** <http://www.healthchoiceaz.com>

## **Sun City Community Assistance Network**

**Description:** Provides benefits assistance for seniors living in El Mirage, Glendale, Peoria, Sun City, Sun City West, Surprise, and Youngtown. Assists with applying for federal, state, and local programs that offer utility discounts, prescription drugs, Food Stamps (SNAP), Medicare, Social Security, etc. Helps people apply for property tax refunds and assessed value adjustments. Offers Dial-a-Ride tickets to qualified individuals. Hosts income tax assistance and legal consultations.

**Eligibility:** Seniors living in Sun City and Youngtown

**Intake:** Call

**Physical Address:** 10195 W Coggins Dr, Sun City, Maricopa, AZ, 85351-3404

**Hours of Operation:** Mon-Thu 8am-noon

**Phone Number:** 623-933-7530

**Website:** <http://www.suncitycan.org>

**Email:** [execdir@suncitycan.org](mailto:execdir@suncitycan.org)

## **Northwest Valley Connect**

**Description:** Coordinates and provides transportation services for seniors age 65 and older, veterans and people with disabilities in the Northwest Valley.

**Eligibility:** Seniors age 65 and older, veterans and people with disabilities in El Mirage, Peoria, Sun City, Sun City West, Surprise, and Youngtown

**Intake:** Call

**Physical Address:** 9445 N 99th Ave, Peoria, Maricopa, AZ, 85345-6913

**Hours of Operation:** Mon-Fri 8am-5pm; leave message after hours and on weekends.

Transportation hours vary.

**Phone Number:** 623-282-9300

**Website:** <http://northwestvalleyconnect.org>

**Email:** [bell@northwestvalleyconnect.org](mailto:bell@northwestvalleyconnect.org)

## **Gila Bend Senior Center**

**Description:** Provides hot meals for seniors age 60 and older. Also provides recreation and socialization programs. Offers transportation to the local stores and field trips.

**Eligibility:** Seniors age 60 and older

**Intake:** Call or visit center

**Physical Address:** 202 E Euclid St, Gila Bend, Maricopa, AZ, 85337

**Hours of Operation:** Mon-Fri 8am-4:00pm programs; Mon-Fri noon meals

**Phone Number:** 928-683-2244

**Website:** <http://www.gilabendaz.org/105/gila-bend-senior-center>



## **DAV Transportation Network - Tucson**

**Description:** Provides transportation for veterans to and from scheduled appointments at the VA Hospital.

**Eligibility:** Veterans who have no other means to get to their appointments; must live in Pima or Pinal counties

**Intake:** Call

**Physical Address:** 3601 S 6th Ave, c/o SAVAHCS Bldg 13 Rm 2, Tucson, Pima, AZ, 85723-0002

**Hours of Operation:** Mon-Fri 9am-5pm

**Phone Number:** 520-792-1450 x6405

**Website:** <http://www.dav.org/veterans/i-need-a-ride>

## **DAV Transportation Network - Prescott**

**Description:** Provides transportation for veterans to and from scheduled appointments at the VA Hospital.

**Eligibility:** Veterans who have no other means to get to their appointments; must live in Yavapai County

**Intake:** Call

**Physical Address:** 500 N US Highway 89, NAVAHCS Bldg 13, Prescott, Yavapai, AZ, 86313-5001

**Hours of Operation:** Mon-Fri 9am-5pm

**Phone Number:** 928-776-6065

**Website:** <http://www.dav.org/veterans/i-need-a-ride>

## **DAV Transportation Network - Phoenix**

**Description:** Provides transportation for veterans to and from scheduled appointments at the VA Hospital.

**Eligibility:** Veterans who have no other means to get to their appointments; must live in Maricopa County

**Intake:** Call

**Physical Address:** 650 E Indian School Rd, c/o Phoenix VA Health Care Rm 36, Phoenix, Maricopa, AZ, 85012-1839

**Hours of Operation:** Mon-Fri 9am-5pm

**Phone Number:** 602-277-5551 x7451

**Website:** <http://www.dav.org/veterans/i-need-a-ride>

## **Care1st Health Plan Arizona**

**Description:** Provides an AHCCCS health Plan for Northern Arizona. Partners with a network of providers that deliver behavioral and medical health care. Offers non-emergency transportation to medically necessary health and care appointments. Website offers a database of providers searchable by location and service. Offers connections to Children's Rehabilitative services, OIFA-Peer and Family supports, Veterans, and Military Families resources.

**Eligibility:** Children and adults who are on AHCCCS in Gila, Pinal, and Maricopa counties; does not include ZIP codes 85542, 85192, and 85550

**Intake:** Call or visit website to locate a provider. Bring photo ID, AHCCCS card, Social Security card, list of medications, and name of family doctor to first appointment.

**Physical Address:** 1850 W Rio Salado Pkwy, Tempe, Maricopa, AZ, 85281-2695

**Hours of Operation:** Mon-Fri 7am-6pm member services; 24-hours nurse line; 24-hours transportation requests

**Phone Number:** 602-778-1800

**Website:** <http://www.care1staz.com/az>

## **Avondale Transit Services**

**Description:** Offers public transit fixed route and dial-a-ride services, ADA transportation service, and a taxi-subsidy program.

**Eligibility:** No restrictions

**Intake:** Call or visit website

**Physical Address:** 399 E Lower Buckeye Rd, Avondale, Maricopa, AZ, 85323-6803

**Hours of Operation:** Mon-Thu 7am-3pm

**Phone Number:** 623-333-4458

**Website:** <http://www.avondaleaz.gov/government/departments/public-works/transit-services>

## **UnitedHealthcare Community Plan**

**Description:** Provides an AHCCCS Health Plan for central and southern Arizona. Partners with a system of providers that deliver behavioral health and medical care to people who are signed up for AHCCCS/Medicaid. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments. This service is available for members who are unable to provide or pay for their own transportation. Website offers a database of providers searchable by location and service. Accepts and attempts to resolve complaints.

**Eligibility:** Children and adults who are on AHCCCS in Gila, Pima, Pinal, and Maricopa counties

**Intake:** Call or visit website to locate a provider. Bring photo ID, AHCCCS card, Social Security card, list of medications, and name of family doctor to first appointment.

**Physical Address:** Confidential location, Phoenix, Maricopa, AZ, 85001

**Hours of Operation:** Daily 8am-8pm member services; 24-hours nurse line; 24-hours transportation line

**Phone Number:** 800-348-4058

**Website:** <http://www.uhccommunityplan.com/az>

## **Benevilla Free Home Services**

**Description:** Provides services for homebound or isolated adults including grocery shopping, transportation to vital medical appointments, business assistance, minor home maintenance, friendly visitors, and errand running.

**Eligibility:** Homebound adults who need extra assistance to maintain their independence; other requirements per service

**Intake:** Call

**Physical Address:** 16752 N Greasewood St, Surprise, Maricopa, AZ, 85378-3639

**Hours of Operation:** Mon-Fri 8am-4:30pm administration

**Phone Number:** 623-584-4999

**Website:** <http://benevilla.org/free-home-care-services>

## **Foothills Caring Corps Inc**

**Description:** Offers services for older adults and people with disabling conditions. Services include medical appointment transportation, health advocacy, grocery shopping, friendly visiting and phoning, caregiver relief, personal business assistance, minor home repair, delivered meals for lunch, and a van offering transportation to and from recreational and shopping venues.

**Eligibility:** Older adults and people with disabling conditions residing in Carefree, Cave Creek, Phoenix (85085, 85086) and Scottsdale (85255 north of Bell Rd, 85262, 85266)

**Intake:** Call

**Physical Address:** 7275 E Easy St, Ste B104, Carefree, Maricopa, AZ, 85377

**Hours of Operation:** Mon-Fri 8:30am-4:30pm

**Phone Number:** 480-488-1105

**Website:** <http://www.foothillscaringcorps.com>

**Email:** [info@foothillscaringcorps.com](mailto:info@foothillscaringcorps.com)

## **HealthLift Non-Emergency Medical Transportation of Arizona - Central**

**Description:** Provides non-emergency transportation and lift-assist for people unable to get up or down stairs including ambulation, wheelchair and stretcher services.

**Eligibility:** No restrictions

**Intake:** Call, email, or visit website

**Physical Address:** 2710 E Washington St, Phoenix, Maricopa, AZ, 85034-1423

**Hours of Operation:** 24-hours

**Phone Number:** 602-298-1818

**Website:** <http://healthliftaz.com>

**Email:** [order@gohlaz.com](mailto:order@gohlaz.com)

## **HealthLift Non-Emergency Medical Transportation of Arizona - Southern**

**Description:** Provides non-emergency transportation and lift-assist for people unable to get up or down stairs including ambulation, wheelchair and stretcher services.

**Eligibility:** No restrictions

**Intake:** Call, email, or visit website

**Physical Address:** 3740 E 43rd Pl, Tucson, Pima, AZ, 85713-5402

**Hours of Operation:** 24-hours

**Phone Number:** 520-298-1818

**Website:** <http://healthliftaz.com>

**Email:** [order@gohlaz.com](mailto:order@gohlaz.com)

## **Yuma County Area Transit**

**Description:** Provides fixed-route public transit services throughout southwest Yuma County.

**Eligibility:** No restrictions

**Intake:** Call or visit website

**Physical Address:** 2715 E 14th St, Yuma, Yuma, AZ, 85365-1900

**Hours of Operation:** Mon-Fri 8am-5pm, Sat 9am-6pm administration; Mon-Fri 6:30am-7:30pm, Sat 9:15am-6:30pm bus service

**Phone Number:** 928-783-2235

**Website:** <http://www.ycipta.org>

## **San Luis Senior Center**

**Description:** Provides recreation and games for seniors. Also provides transportation within the city, blood pressure checks, and assistance with translating and filling out forms and applications.

**Eligibility:** Residents of San Luis age 60 and older

**Intake:** Call or visit website

**Physical Address:** 790 N Cesar Chavez St, San Luis, Yuma, AZ, 85349

**Hours of Operation:** Daily 7am-2pm

**Phone Number:** 928-341-8582

**Website:** <http://www.sanluisaz.gov/153/senior-services>

**Email:** [adelahoya@sanluisaz.gov](mailto:adelahoya@sanluisaz.gov)

## **El Mirage Senior Center**

**Description:** Senior center offers congregate lunch, and recreation and socialization programs. Includes transportation to and from the center and other services on a limited basis, and information about and referrals to other community resources.

**Eligibility:** Residents of El Mirage age 55 and older

**Intake:** Call or visit center; call 24-hours in advance to reserve a meal

**Physical Address:** 14010 N El Mirage Rd, El Mirage, Maricopa, AZ, 85335-3101

**Hours of Operation:** Mon-Fri 8am-1pm; Mon-Fri 11:00am lunch

**Phone Number:** 623-876-4232

**Website:** <http://www.elmirageaz.gov/748/senior-center>

## **AZlinks.gov**

**Description:** Website offers information and resources on aging and disability.

**Eligibility:** Anyone seeking information on aging and disability

**Intake:** Visit website

**Physical Address:** Confidential location, Phoenix, Maricopa, AZ, 85001

**Hours of Operation:** 24-hours website

**Website:** <http://azlinks.gov>

## **211 Arizona**

**Description:** Provides information about and referrals to health and human services throughout Arizona by phone and website.

**Eligibility:** No restrictions

**Intake:** Call, email, or visit website. For those sending an email, include city and/or ZIP Code with a brief description of the needed services.

**Physical Address:** 1275 W Washington St, Ste 210, Tempe, Maricopa, AZ, 85281-1859

**Hours of Operation:** 24-hours

**Phone Number:** 211

**Website:** <http://211arizona.org>

**Email:** [211arizona@solari-inc.org](mailto:211arizona@solari-inc.org)

## **24-Hour Senior HELP LINE**

**Description:** Provides information and referrals to services for older adults. Includes information about transportation, housing, long-term care, benefits, older worker referrals, caregiver respite, volunteer opportunities, counseling, senior centers, minor home repairs, support groups, home health aides, legal assistance, home delivered meals, and nurse visits. Coordinates planning, development, and delivery of needed services for seniors age 60 and older and adults with disabilities age 18 and older with long term care needs.

**Eligibility:** Seniors age 60 and older, adults age 18 and older with disabilities, and family caregivers

**Intake:** Call

**Physical Address:** 1366 E Thomas Rd, Ste 108, Phoenix, Maricopa, AZ, 85014-5793

**Hours of Operation:** 24-hours

**Phone Number:** 602-264-4357

**Website:** <http://www.aaaphx.org/program-services/24-hour-senior-help-line>

This resource guide is a partnership between Mercy Care and 211 Arizona. You can create your own guide and search the 211 Arizona database or use the categories to find what you're looking for.

Need this guide printed? Call Mercy Care Member Services at 602-263-3000 or 1-800-624-3879 (TTY 711).

We're here for you 7 a.m. to 6 p.m., Monday to Friday.