

Community Resource Guide: Transportation

Community Bridges, Inc

Description: Administers various outreach services in Arizona

Eligibility: n/a

Intake: Call 24-Hours Access to Care Helpline; No documents required

Physical Address: 1855 W Baseline Rd, Ste 101, Mesa, Maricopa, AZ, 85202-9098

Hours of Operation: Mon-Fri 8am-5pm

Phone Number: 480-831-7566

Website: <http://communitybridgesaz.org>

Duet Homebound Adult Services

Description: Provides homebound adults with rides to medical appointments, friendly visiting, computer assistance, small home repairs, and paperwork assistance. Matches clients with volunteers who will accompany them to the grocery store or will deliver groceries to them.

Eligibility: Homebound adults in Fountain Hills, Glendale, Paradise Valley, Peoria, Phoenix, and Scottsdale (south of Frank Lloyd Wright Blvd)

Intake: Call for all services. Call for transportation at least 10 working days in advance. No documents needed to use services.

Physical Address: 10000 N 31st Ave, Ste D200, Phoenix, Maricopa, AZ, 85051-9570

Hours of Operation: Mon-Thu 8am-4:30pm

Phone Number: 602-274-5022

Website: <http://www.duetaz.org/homebound-adults>

Email: Plumlee@duetaz.org

Senior Citizens' Transportation - Freedom Express

Description: Provides ride program for seniors.

Eligibility: Seniors who are residents of Wickenburg

Intake: Call. Required documents vary by services.

Physical Address: 155 N Tegner St, Ste A, Wickenburg, Maricopa, AZ, 85390-1456

Hours of Operation: Mon-Thu 7am-6pm

Phone Number: 928-684-7894

Website: <http://www.wickenburgaz.gov/1338/Resource-Town-Info>

UnitedHealthcare Community Plan

Description: Provides an AHCCCS Health Plan for central and southern Arizona. Partners with a system of providers that deliver behavioral health and medical care to people who are signed up for AHCCCS/Medicaid. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments. This service is available for members who are unable to provide or pay for their own transportation. Website offers a database of providers searchable by location and service. Accepts and attempts to resolve complaints.

Eligibility: Children and adults who are on AHCCCS in Gila, Pima, Pinal, and Maricopa counties

Intake: Call or visit website to locate a provider. Bring photo ID, AHCCCS card, Social Security card, list of medications, and name of family doctor to first appointment.

Physical Address: Confidential location, Phoenix, Maricopa, AZ, 85001

Hours of Operation: Daily 8am-8pm member services; 24-hours nurse line; 24-hours transportation line

Phone Number: 800-348-4058

Website: <http://www.uhcommunityplan.com/az>

Health Choice Arizona

Description: Provides an AHCCCS Health Plan for central and northern Arizona. Partners with a system of providers that deliver behavioral health and medical care to people who are signed up for AHCCCS/Medicaid. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments. This service is available for members who are unable to provide or pay for their own transportation. Website offers a database of providers searchable by location and service. Accepts and attempts to resolve complaints.

Eligibility: Children and adults who are on AHCCCS in Apache, Coconino, Gila, Maricopa, Mohave, Navajo, Pinal, and Yavapai counties

Intake: Call Member Services or visit website to locate a provider. Bring photo ID, AHCCCS card, Social Security card, list of medications, and name of family doctor to first appointment.

Physical Address: 410 N 44th St, Ste 920, Phoenix, Maricopa, AZ, 85008-6590

Hours of Operation: Mon-Fri 6am-6pm member services; 24-hours nurse line; 24-hours transportation requests

Phone Number: 602-386-3447

Website: <http://www.healthchoiceaz.com>

Glendale Dial-A-Ride

Description: Provides curb-to-curb bus service within the service area for the general public.

Eligibility: People in Glendale

Intake: Call for reservation. No documents needed to use services.

Physical Address: 6210 W Myrtle Ave, Bldg S, Glendale, Maricopa, AZ, 85301-1700

Hours of Operation: Reservations Mon-Fri 7am-6pm, Sat 7am-5pm; Services Mon-Fri 7am-5:30pm, Sat 7am-4pm

Phone Number: 623-930-3500

Website: <http://www.glendaleaz.gov/Live/City-Services/Public-Transportation/Transit-Services/Glendale-OnBoard>

Gila Bend Senior Center

Description: Provides hot meals for seniors age 60 and older. Also provides recreation and socialization programs. Offers transportation to the local stores and field trips.

Eligibility: Seniors age 60 and older

Intake: Call or visit center. Contact provider to confirm documents required.

Physical Address: 202 E Euclid St, Gila Bend, Maricopa, AZ, 85337

Hours of Operation: Administration Mon-Fri 8am-4:00pm; Meals Mon-Fri noon

Phone Number: 928-683-2244

Website: <http://www.gilabendaz.org/105/gila-bend-senior-center>

Eve's Place

Description: Provides in-person and virtual support services for victims of domestic, sexual, and teen dating violence and their children. Services include crime victim assistance, individual advocacy, youth/student support groups, sexual assault hotline, and sexual assault/incest support groups. Participants can remain in the program up to one year and may qualify for long distance transportation. ****Currently out of financial assistance funding for Maricopa County****

Eligibility: Victims of domestic, sexual, and teen dating violence and their children

Intake: Call; no documents needed to use services.

Physical Address: 10448 W Coggins Dr, Sun City, Maricopa, AZ, 85351-3410

Hours of Operation: Mon-Thu 9am-7pm, Fri 9am-5pm

Phone Number: 623-537-5380

Website: <http://evesplace.org>

Email: laurah@evesplace.org

Aster Aging In Home Support Services

Description: Provides in-home assistance for seniors with disabilities. Services include transportation for grocery shopping, prescription pick-ups, doctor's visits, and companionship visits. Home care aids provide care planning; in-home respite care; housekeeping including vacuuming, dusting, sweeping, cleaning, laundry, and meal preparation; and personal care including bathing, grooming, and personal hygiene.

Eligibility: Adults age 55 and older

Intake: Call for appointment for an in-home assessment of need; Contact provider to confirm documents required

Physical Address: 247 N Macdonald, Mesa, Maricopa, AZ, 85201-6622

Hours of Operation: Mon-Fri 8am-4pm

Phone Number: 480-964-9014

Website: <http://www.asteraz.org/services/inhomesupport.html>

Email: info@asteraz.org

Avondale Transit Services

Description: Offers public transit fixed route and dial-a-ride services, ADA transportation service, and a taxi-subsidy program.

Eligibility: No restrictions

Intake: Call or visit website. Contact provider to confirm documents required

Physical Address: 399 E Lower Buckeye Rd, Avondale, Maricopa, AZ, 85323-6803

Hours of Operation: Administration Mon-Thu 7am-3pm

Phone Number: 623-333-4458

Website: <http://www.avondaleaz.gov/government/departments/public-works/transit-services>

Keys to Change

Description: Provides drop-in center and support services for single adults who are homeless. Services include respite from the weather, restrooms, water, and Post Office services. Also includes assistance to apply for birth certificates, state ID, and DES benefits; and computer classes; employment preparation and job search assistance; pastoral counseling; mental health and substance abuse treatment; peer support services; and 12-step meetings. Offers referrals to community partners including shelter, medical, and dental care. Provides housing assessments for adults who are homeless. Based on the assessment, people who are the most in need are placed on the community-wide priority list. Local agencies use the list to get clients. Includes screening for additional services. Site for coordinated entry into housing. Offers Aid to Stranded Travelers for Nonresidents experiencing homelessness who find themselves stranded and in crisis situations in the Phoenix area. Issues replacement state-issued IDs.

Eligibility: Homeless adults age 18 and older

Intake: Call or visit Welcome Center; If mailbox is full, continue to call or visit welcome center.

Physical Address: 206 S 12th Ave, Phoenix, Maricopa, AZ, 85007-3101

Hours of Operation: Daily 6am-6pm basic operations; Mon-Fri 7:30am-11pm Lodestar Day Resource Center; 24-hours Brian Garcia Welcome Center

Phone Number: 602-229-5155

Website: <http://keystochangeaz.org>

Email: amys@hsc-az.org

Express

Description: Provides reduced-fare, door-to-door bus service in Page and surrounding communities.

Eligibility: No restrictions

Intake: Call to plan trip

Physical Address: 35 Six Avenue, Page, Coconino, AZ, 86040-3938

Hours of Operation: Mon-Fri 8:30am-3:30pm

Phone Number: 928-646-9596

Website: <http://www.express-hha.com/>

Benevilla Free Home Services

Description: Provides services for homebound or isolated adults including grocery shopping, transportation to vital medical appointments, business assistance, minor home maintenance, friendly visitors, and errand running.

Eligibility: Homebound adults who need extra assistance to maintain their independence; other requirements per service

Intake: Call for any documents required for services.

Physical Address: 16752 N Greasewood St, Surprise, Maricopa, AZ, 85378-3639

Hours of Operation: Mon-Fri 8am-4:30pm administration

Phone Number: 623-584-4999

Website: <http://benevilla.org/free-home-care-services>

True to Care LLC

Description: Provides non-emergency transportation and lift-assist for people unable to get up or down stairs including ambulation, wheelchair and stretcher services.

Eligibility: No restrictions

Intake: Call, email, write, or visit website; Contact provider to confirm documents required

Physical Address: 24002 N 36th Dr, Glendale, Maricopa, AZ, 85310-4161

Hours of Operation: 24-hours

Phone Number: 480-680-6655

Website: <http://www.ttctransportation.com>

Email: truetocare2019@gmail.com

Arizona Complete Health Medicaid Plan

Description: Provides an AHCCCS Health Plan for central and southern Arizona. Partners with a system of providers that deliver behavioral health and medical care to people who are signed up for AHCCCS/Medicaid. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments. This service is available for members who are unable to provide or pay for their own transportation. Accepts and attempts to resolve complaints.

Eligibility: Children and adults who are on AHCCCS in Cochise, Graham, Greenlee, La Paz, Pima, Santa Cruz, and Yuma counties, and ZIP codes 85192, 85542, and 85550 in Pinal County

Intake: Call Customer Service or visit website to locate a provider, Contact provider to confirm documents require

Physical Address: 1850 W Rio Salado Pkwy, Ste 211, Tempe, AZ 85281., Tempe, Maricopa, AZ, 85281-5713

Hours of Operation: 24-hours member services & nurse line; Mon-Fri 8am-5pm transportation requests

Phone Number: 888-788-4408

Website: <http://www.azcompletehealth.com>

American Indian Health Program

Description: Provides an AHCCCS Health Plan for Native Americans statewide. Partners with a system of providers that deliver behavioral health and medical care to people who are signed up for AHCCCS/Medicaid. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments to members who can not provide or pay for their own transportation. Accepts and attempts to resolve complaints.

Eligibility: American Indian and Alaska Native children and adults who are on AHCCCS in Arizona

Intake: Call or visit website to locate a provider. Bring photo ID, AHCCCS card, Social Security card, list of medications, and name of family doctor to first appointment.

Physical Address: Confidential location, Phoenix, Maricopa, AZ, 85001

Hours of Operation: 24-hours

Phone Number: 602-417-7000

Website: <http://www.azahcccs.gov/AmericanIndians/AIHP/>

Round Valley Senior Center

Description: Provides utility payment assistance, food boxes, and case management for people on low income. Senior center provides social activities, congregate meals, home delivered meals to older adults and people with disabilities, Medicare counseling, minor housing repairs, and transportation to doctor appointments and shopping.

Eligibility: Seniors and people with low income in Eagar, Springerville, and surrounding areas

Intake: Call or visit center. Contact provider for any documents required.

Physical Address: 356 S Papago St, Springerville, Apache, AZ, 85938-5200

Hours of Operation: Mon-Thu 7am-2pm; Mon-Thu 11:30am congregate meals; 2nd Tue senior food boxes; other service times vary

Phone Number: 928-333-2516

Website: <http://www.springervilleaz.gov/communityservices>

Vista Transit

Description: Provides fixed-route public bus service in Sierra Vista and Fort Huachuca. Also provides curb-to-curb bus service for seniors who are 65 or older and people with mental health or physical disabilities.

Eligibility: No restrictions

Intake: Call; must give 24-hour advance notice for curb to curb pick-up

Physical Address: 2050 E Wilcox Dr, Sierra Vista, Cochise, AZ, 85635

Hours of Operation: Mon-Fri 7am-4pm administration; service hours vary by route

Phone Number: 520-417-4888

Website: <http://www.sierravistaaz.gov/our-city/bus-service>

Payson Senior Center

Description: Provides services for seniors including recreation and education programs, hot meals and home delivered meals, shopping services, friendly visiting, chore maintenance, local transportation, and information about and referrals to legal assistance for seniors.

Eligibility: Seniors age 60 and older or spouses of eligible clients, adults age 50 and older for recreation programs

Intake: Call for meal reservations in-house and for pick-up

Physical Address: 514 W Main St, Payson, Gila, AZ, 85541-5334

Hours of Operation: Mon-Thu 8am-4pm; Friday by appointment only

Phone Number: 928-474-4876

Website: <http://paysonseniorcenter.org>

Email: director@paysonseniorcenter.org

Services for Holocaust Survivors

Description: Provides services for survivors of the Holocaust. Includes in-home assessment, case management, and assistance with applications for reparation and restitution. May also include light housekeeping, personal care, friendly visitors, shopping, transportation, and medical equipment.

Eligibility: Survivors of the World War II Holocaust

Intake: Call for intake

Physical Address: 4301 E 5th St, Tucson, Pima, AZ, 85711-7313

Hours of Operation: Mon-Fri 9am-5pm

Phone Number: 520-795-0300 x2214

Website: <http://jfcstucson.org/services/older-adult-services/services-for-holocaust-survivors/>

Email: rmoroz@jfcstucson.org

Winslow City Transit

Description: Provides reduced-fare, curb-to-curb bus service throughout Winslow city limits and some subdivisions.

Eligibility: No restrictions

Intake: Call

Physical Address: 21 N Williamson Ave, Winslow, Navajo, AZ, 86047-3718

Hours of Operation: Mon-Fri 8am-3pm

Phone Number: 928-289-1462

Website: <http://www.winslowaz.gov/page/city-transit>

Prescott Valley YavaLine Regional Transit System

Description: Provides local share-a-ride, on-demand transportation services. Download mobile app to input pickup and drop-off addresses to receive ride options within transit zone.

Eligibility: No restrictions

Intake: Call or visit mobile app to request ride; same day and next available ride available

Physical Address: 7501 E Skoog Blvd, Prescott Valley, Yavapai, AZ, 86314-2263

Hours of Operation: Mon-Fri 6am-8pm

Phone Number: 866-928-8726

Website: http://www.prescottvalley-az.gov/departments/public_works/index.php

Email: transit@prescottvalley-az.gov

People Who Care - Prescott

Description: Volunteers provide non-medical assistance to adults unable to drive due to physical limitations in order to help them continue living independently.

Eligibility: Seniors and adults age 18 and older who are unable to drive due to physical limitations

Intake: Call

Physical Address: 1580 Plaza West Dr, Prescott, Yavapai, AZ, 86303-5679

Hours of Operation: Mon-Fri 9am-4pm

Phone Number: 928-445-2480

Website: <http://www.peoplewhocareaz.org>

Email: pvpsc@peoplewhocareaz.org

People Who Care - Chino Valley

Description: Volunteers provide non-medical assistance to adults unable to drive due to physical limitations in order to help them continue living independently.

Eligibility: Seniors and adults age 18 who live in chino valley and older who unable to drive due to a medical or age-related issue

Intake: Call

Physical Address: 735 E Road 1 South, Chino Valley, Yavapai, AZ, 86323-7500

Hours of Operation: Mon-Thu 8am-1pm

Phone Number: 928-636-3295

Website: <http://www.peoplewhocareaz.org>

Email: cvpwc@peoplewhocareaz.org

Navajo Area Agency on Aging Senior Citizen Center Program

Description: Provides senior centers with hot lunches, and Meals on Wheels home delivered meals to homebound and high-risk seniors. Offers recreational programs for seniors.

Transportation is available to seniors to and from senior centers for meals and for shopping, Social Security appointments, medical appointments, etc., and as needed and available for emergencies.

Eligibility: Native Americans age 55 and older and seniors age 60 and older of any ethnicity, and their spouses regardless of age

Intake: Call

Physical Address: Various locations, Window Rock, Apache, AZ, 86515

Hours of Operation: Mon-Fri 8am-4pm

Phone Number: 928-674-2100

Website: <http://www.daltcs.navajo-nsn.gov>

Amyotrophic Lateral Sclerosis Association - Arizona Chapter

Description: Provides information and support for people with Amyotrophic Lateral Sclerosis (ALS) or Lou Gehrig's Disease, their friends, family members, and professionals. Also provides education and support through home visits and support groups. Meets virtually and in-person monthly in Phoenix, Prescott, and Tucson. Loans durable medical equipment, provides respite care, and provides transportation to ALSA-related events including clinic visits.

Eligibility: No restrictions

Intake: Call or visit website

Physical Address: Vairous locations statewide, Phoenix, Maricopa, AZ, 85004

Hours of Operation: Mon-Fri 9am-5pm

Phone Number: 225-343-9880

Website: <http://www.als.org/support/states/arizona>

Email: infoAZ@als.org

DAV Transportation Network - Tucson

Description: Provides transportation for veterans to and from scheduled appointments at the VA Hospital.

Eligibility: Veterans who have no other means to get to their appointments; must live in Pima or Pinal counties

Intake: Call

Physical Address: 3601 S 6th Ave, c/o SAVAHCS Bldg 13 Rm 2, Tucson, Pima, AZ, 85723-0002

Hours of Operation: Mon-Fri 9am-5pm

Phone Number: 520-792-1450 x16565

Website: <http://www.dav.org/veterans/i-need-a-ride>

DAV Transportation Network - Prescott

Description: Provides transportation for veterans to and from scheduled appointments at the VA Hospital.

Eligibility: Veterans who have no other means to get to their appointments; must live in Yavapai County

Intake: Call

Physical Address: 500 N US Highway 89, NAVAHCS Bldg 13, Prescott, Yavapai, AZ, 86313-5001

Hours of Operation: Mon-Fri 9am-5pm

Phone Number: 928-776-6046

Website: <http://www.dav.org/veterans/i-need-a-ride>

DAV Transportation Network - Phoenix

Description: Provides transportation for veterans to and from scheduled appointments at the VA Hospital.

Eligibility: Veterans who have no other means to get to their appointments; must live in Maricopa County

Intake: Call

Physical Address: 650 E Indian School Rd, c/o Phoenix VA Health Care Rm 36, Phoenix, Maricopa, AZ, 85012-1839

Hours of Operation: Mon-Fri 9am-5pm

Phone Number: 602-277-5551 x7451

Website: <http://www.dav.org/veterans/i-need-a-ride>

HealthLift Non-Emergency Medical Transportation of Arizona - Southern

Description: Provides non-emergency transportation and lift-assist for people unable to get up or down stairs including ambulation, wheelchair and stretcher services.

Eligibility: No restrictions

Intake: Call, email, or visit website

Physical Address: 3740 E 43rd Pl, Tucson, Pima, AZ, 85713-5402

Hours of Operation: 24-hours

Phone Number: 520-298-1818

Website: <http://healthliftaz.com>

Email: order@gohlaz.com

HealthLift Non-Emergency Medical Transportation of Arizona - Central

Description: Provides non-emergency transportation and lift-assist for people unable to get up or down stairs including ambulation, wheelchair and stretcher services.

Eligibility: No restrictions

Intake: Call, email, or visit website

Physical Address: 2710 E Washington St, Phoenix, Maricopa, AZ, 85034-1423

Hours of Operation: 24-hours

Phone Number: 602-298-1818

Website: <http://healthliftaz.com>

Email: order@gohlaz.com

Douglas Rides

Description: Provides fixed-route bus services in Douglas; and the Elfrida and Pirtleville areas. Also provides Dial-A-Ride transportation to medical appointments and shopping for seniors and adults with physical disabilities.

Eligibility: Fixed-route bus service is open to all; Dial-A-Ride is for adults age 60 and older and adults ages 18-59 who have a physical disability and cannot walk to the bus stop.

Intake: Call for bus schedule and for reservation

Physical Address: 1815 9th St, Douglas, Cochise, AZ, 85607

Hours of Operation: Mon-Fri 8am-5pm administration; Mon-Sat 8am-5pm bus service

Phone Number: 520-417-7400

Website: <http://www.douglasaz.gov/283/public-transportation>

Benson Area Transit

Description: Provides fixed-route bus service throughout the city and surrounding area, including Mescal/J-Six, Pomerene, and St David. Also provides Dial-A-Ride transportation to medical appointments and shopping for seniors and adults with physical disabilities.

Eligibility: Fixed-route bus service is open to all. Dial-A-Ride is for seniors age 60 and older and adults who have a physical disability; must pre-register.

Intake: Call or visit website for route information

Physical Address: 120 W 6th St, Benson, Cochise, AZ, 85602-6514

Hours of Operation: Mon-Fri 7:30am-4:30pm fixed-route bus service; Mon-Fri 8am-4pm Dial-A-Ride

Phone Number: 520-586-9406

Website: http://www.bensonaz.gov/community/benson_area_transit/index.php

Copper Mountain Transit

Description: Provides both Dial-a-Ride and 2 Fixed-Route bus routes for the Miami, Globe, and unincorporated Gila County areas.

Eligibility: No restrictions

Intake: Call or visit website for transportation schedule

Physical Address: 500 Sullivan St, Miami, Gila, AZ, 85539-1296

Hours of Operation: Mon-Fri 8am-5pm administration; Mon-Fri 6:30am-6pm bus schedule

Phone Number: 928-473-8222

Website: <http://miamiaz.gov/transit/transit-information>

Kingman Area Regional Transit

Description: Provides public bus transportation and curb-to-curb transportation for people who find it difficult to access fixed route services.

Eligibility: No restrictions

Intake: Call or visit website; must register for curb-to-curb service and make advanced registrations.

Physical Address: 3700 E Andy Devine Ave, Kingman, Mohave, AZ, 86401-3454

Hours of Operation: Mon-Fri 9am-3pm administration; Mon-Fri 6am-8pm Green and Yellow; Mon-Fri 6am-6pm Blue and Red; Sat 9am-4pm bus service

Phone Number: 928-681-7433

Website: <http://www.cityofkingman.gov/government/departments/kart>

Email: sfurr@cityofkingman.gov

LHC Direct

Description: Provides reduced-fare, door-to-door bus service throughout Lake Havasu City for seniors and people with disabilities.

Eligibility: Seniors and people with disabilities

Intake: Call

Physical Address: 900 London Bridge Rd, Bldg B, Lake Havasu City, Mohave, AZ, 86404

Hours of Operation: Mon-Fri 9am-4pm

Phone Number: 928-453-7600

Website: <http://www.lhcaz.gov/transit/home>

Email: transit@lhcaz.gov

Saguaro Transportation Services

Description: Provides dial-a-ride transportation services for seniors and adults with disabilities.

Eligibility: Adults with disabilities and seniors in the Yuma area

Intake: Call

Physical Address: 1495 S 4th Ave, Yuma, Yuma, AZ, 85364-4603

Hours of Operation: Mon-Fri 8am-5pm

Phone Number: 928-376-7272

Website: <http://saguarofoundation.com/transportation-services/>

Email: saguarofoundation@saguarofoundation.com

Yuma County Area Transit

Description: Provides fixed-route public transit services throughout southwest Yuma County.

Eligibility: No restrictions

Intake: Call or visit website

Physical Address: 2715 E 14th St, Yuma, Yuma, AZ, 85365-1900

Hours of Operation: Mon-Fri 8am-5pm, Sat 9am-6pm administration; Mon-Fri 6:30am-7:30pm, Sat 9:15am-6:30pm bus service

Phone Number: 928-783-2235

Website: <http://www.yciptat.org>

YCAT OnCall

Description: Provides door-to-door bus service throughout southwestern Yuma County for people with disabilities.

Eligibility: People with disabilities who meet the Americans with Disabilities Act (ADA) requirements

Intake: Call

Physical Address: 2715 E 14th St, Yuma, Yuma, AZ, 85365-1900

Hours of Operation: Mon-Fri 8am-5pm, Sat 9am-6pm administration; Mon-Fri 6am-7:30pm, Sat 9:15am-6:30pm bus service

Phone Number: 928-539-7076

Website: <http://www.yciptat.org>

Winslow Council on Aging

Description: Provides congregate and home delivered meals, transportation, community food bank, and senior activities.

Eligibility: n/a

Intake: Call or visit office

Physical Address: 212 E Second St, Winslow, Navajo, AZ, 86047-3841

Hours of Operation: Mon, Wed, Fri 8am-4:30pm; Tue, Thu 8am-3:30pm; Congregate meals Mon-Fri at noon; Food distribution Mon, Wed, Fri 3:30pm-4:15pm.

Phone Number: 928-289-3341

Website: <http://www.winslowaz.gov/page/winslow-council-on-aging>

Email: winslowcouncilonaging@yahoo.com

Northern Arizona Intergovernmental Public Transportation Authority

Description: Provides public transportation in Flagstaff. Services include Mountain Line and Mountain Link fixed route service, and Mountain Lift Paratransit transportation for seniors and people with disabilities. Also provides vanpool service for commuters traveling to and from Flagstaff.

Eligibility: Mountain Line and Mountain Link are open to the public; Mountain Lift demand response is for use by people who are ADA eligible; contact for available vanpool routes

Intake: Call, visit center, or visit website

Physical Address: 3773 N Kaspar Dr, Flagstaff, Coconino, AZ, 86004-2310

Hours of Operation: Mon-Fri 8am-12pm, 1pm-5pm administration; service times vary

Phone Number: 928-779-6624

Website: <http://mountainline.az.gov>

Email: transportation@mountainline.az.gov

Sun City Community Assistance Network

Description: Provides benefits assistance for seniors living in El Mirage, Glendale, Peoria, Sun City, Sun City West, Surprise, and Youngtown. Assists with applying for federal, state, and local programs that offer utility discounts, prescription drugs, Food Stamps (SNAP), Medicare, Social Security, etc. Helps people apply for property tax refunds and assessed value adjustments. Offers Dial-a-Ride tickets to qualified individuals. Hosts income tax assistance and legal consultations.

Eligibility: seniors in El Mirage, Glendale, Peoria, Sun City, Sun City West, Surprise, and Youngtown

Intake: Call

Physical Address: 10195 W Coggins Dr, Sun City, Maricopa, AZ, 85351-3404

Hours of Operation: Mon-Thu 8am-noon

Phone Number: 623-933-7530

Website: <http://www.suncitycan.org>

Email: execdir@suncitycan.org

Bullhead Area Transit System

Description: Provides fixed route and door-to-door public transportation within Bullhead City and to and from Laughlin, NV. Offers door-to-door transportation for passengers who are prevented from using the fixed route bus system due to a disability or mobility limitation.

Eligibility: Fixed Route transit service available to the general public. Dial-a-Ride service is people with mobility limitations that prevent them from riding fixed routes.

Intake: Call or visit website for an ADA application. A medical provider must verify a mobility limitation prevents use of fixed route service.

Physical Address: 2355 Trane Rd, Bullhead City, Mohave, AZ, 86442-5966

Hours of Operation: Mon-Fri 8am-4pm, Sat 7:30am-3:30pm dispatch

Phone Number: 928-704-2287

Website: <https://www.bullheadcityaz.gov/living-in-bullhead-city/transit/>

Cottonwood Area Transit

Description: CAT provides local transportation within Cottonwood, Clarkdale, and Verde Villages Areas. Verde Shuttle provides commuter service between Cottonwood and Sedona. CAT Paratransit provides origin-to-destination transportation for people with disabilities who cannot use fixed route services. Volunteers, when available, can assist riders with shopping and other tasks.

Eligibility: No restrictions for fixed routes. Application required for paratransit services.

Intake: Call, visit office, or visit website

Physical Address: 340 Happy Jack Way, Cottonwood, Yavapai, AZ, 86326-6373

Hours of Operation: Administration Mon-Fri 8am-5pm

Phone Number: 928-634-2287

Website: <http://www.ride-cat.com>

Chino Valley Senior Center

Description: Provides daily lunches and recreational and social activities for seniors. Delivers Meals on Wheels food to people who are homebound. Provides transportation for seniors to social events and medical appointments.

Eligibility: Seniors only for most services; people who are homebound for Meals on Wheels

Intake: Call, visit center, or visit website

Physical Address: 1021 W Butterfield Rd, #501, Chino Valley, Yavapai, AZ, 86323

Hours of Operation: Vary

Phone Number: 928-636-9114

Website: <http://www.chinoaz.net/275/senior-center>

Tucson Indian Center Wellness Department

Description: Provides health care assessment and case management to Native Americans. Also provides sobriety support groups (Native Sisters, White Bison, and AA), after school youth coalitions, monthly elderly luncheons, and annual community events. Provides food boxes, hygiene supplies, and diapers for adults and children.

Eligibility: Native Americans

Intake: Call for appointment. Must bring state ID, Tribal ID or Certificate of Indian Blood, Social Security number, birth certificate, insurance card, and proof of address.

Physical Address: 160 N Stone Ave, Tucson, Pima, AZ, 85701-1502

Hours of Operation: Mon-Fri 8am-5pm

Phone Number: 520-884-7131

Website: <http://www.ticenter.org>

Email: vboone@ticenter.org

Interfaith Community Services Senior Services

Description: Provides assistance for older and disabled adults to live independently in their own homes without the need for institutional care. Offers help at home, food resources (food boxes & mobile meals), and transportation to medical appointments and grocery shopping.

Eligibility: Seniors and people with disabilities

Intake: Call for intake

Physical Address: 2820 W Ina Rd, Tucson, Pima, AZ, 85741-2502

Hours of Operation: Mon-Thu 9am-4pm, Fri 9am-noon administration, program hours vary

Phone Number: 520-297-6049

Website: <http://www.icstucson.org/what-we-do/senior-services/>

Email: esosa@icstucson.org

Epilepsy Colby Marfin Transportation Project

Description: Provides transportation in metropolitan Tucson for those who are unable to drive due to a seizure disorder.

Eligibility: People who are unable to drive due to epilepsy or seizure disorder

Intake: Call

Physical Address: Phoenix, Maricopa, AZ, 85016

Hours of Operation: 24-hours

Phone Number: 520-326-6690

Website: <http://www.epilepsy.com/local/arizona>

Email: arizona@efa.org

Eastside Neighbors Volunteer Program

Description: Provides services to help older adults remain in their homes with safety, comfort, and dignity. Services include transportation to doctor appointments, shopping, errands, light yard work, dog walking, friendly visits, and phone calls.

Eligibility: Adults age 55 and older who live in East Tucson. Must live east of Swan Rd and west of Houghton Rd, and north of Irvington Rd and south of Grant Rd/Tanque Verde Rd; includes zip code 85710 and parts of 85711, 85712, 85715, 85730, 85748, and 85749

Intake: Call for interview

Physical Address: 8302 E Broadway Blvd, Tucson, Pima, AZ, 85710-4008

Hours of Operation: Mon-Fri 9am-3pm

Phone Number: 520-245-4729

Website: <http://www.tucsonenvp.com>

Email: envpcares@gmail.com

Northwest Valley Connect

Description: Coordinates and provides transportation services for seniors age 65 and older, veterans and people with disabilities in the Northwest Valley.

Eligibility: Seniors age 65 and older, veterans and people with disabilities in El Mirage, Peoria, Sun City, Sun City West, Surprise, and Youngtown

Intake: Call

Physical Address: 9445 N 99th Ave, Peoria, Maricopa, AZ, 85345-6913

Hours of Operation: Mon-Fri 8am-5pm; leave message after hours and on weekends.

Transportation hours vary.

Phone Number: 623-282-9300

Website: <http://northwestvalleyconnect.org>

Email: bell@northwestvalleyconnect.org

Sun Shuttle Dial-a-Ride

Description: Provides fixed-route and dial-a-ride transit service within Catalina, Green Valley, Marana, Oro Valley, Sahuarita, San Xavier, Tucson Estates, Tucson/Rita Ranch, and other parts of Pima County. Passengers can connect to Sun Tran Service. Shuttles are wheelchair accessible. Also provides curb-to-curb, deviated route service for ADA-eligible participants-within 3/4 mile of regular Sun Shuttle routes. For ADA-registration, see listing: Tucson Transit Services ADA Paratransit Eligibility Office.

Eligibility: No restrictions

Intake: Call or visit website for bus schedule. Call for reservations for deviated route service.

Physical Address: 3920 N Sun Tran Blvd, Tucson, Pima, AZ, 85705-2290

Hours of Operation: Vary

Phone Number: 520-792-9222

Website: <http://www.suntran.com/sunshuttle>

Email: suntraninfo@tucsonaz.gov

Nogales Rides

Description: Provides curb-to-curb bus service for seniors and adults with disabilities within the city limits. One van is wheelchair accessible.

Eligibility: Seniors age 60 and older and adults ages 18-59 with disabilities

Intake: Call 24-48 hours in advance for reservations

Physical Address: 1450 N Hohokam Dr, Nogales, Santa Cruz, AZ, 85621-1367

Hours of Operation: Mon-Fri 8am-5pm administration; Mon-Fri 8am-4:30pm bus service

Phone Number: 520-285-5757

Website: <http://www.nogalesaz.gov/230/Nogales-Rides>

Email: jguerra@nogalesaz.gov

Liogue Senior Center

Description: Provides social activities and support services to Native American elders living on the Pascua Reservation. Includes congregate meals, home-delivered meals, transportation, and advocacy.

Eligibility: Enrolled Pascua Yaqui tribal members and other Native Americans, age 55 and older

Intake: Call

Physical Address: 7601 S Camino Benem, Bldg B, Tucson, Pima, AZ, 85757-8908

Hours of Operation: Mon-Fri 8am-5pm

Phone Number: 520-879-5530

Website: <http://www.pascuayaqui-nsn.gov/senior-center>

Email: rebecca.matuz@pascuayaqui-nsn.gov

YMCA Outreach Programs for Aging Seniors

Description: Provides support services to seniors and their caregivers in Ahwatukee, Scottsdale, and the Southwest Valley. Provides transportation, help with shopping and errands, friendly visiting and reassurance calls, caregiver respite, business assistance, social activities, and support upon discharge from the hospital.

Eligibility: Seniors (65+) located in Ahwatukee, Scottsdale, and the Southwest Valley, that reside in an independent living situation at home, and are able to get in and out of a vehicle with little or no assistance. May use walkers and canes.

Intake: Call or email contact

Physical Address: 1030 E Liberty Ln, Phoenix, Maricopa, AZ, 85048-8461

Hours of Operation: Mon-Fri 8am-5pm administration; vary for services

Phone Number: 602-212-6088

Website: <http://valleymca.org/opas>

Email: brenda.nichols@vosymca.org

Mercy Care ACC-RBHA

Description: Provides an AHCCCS Health Plan for people located in Gila, Pinal, and Maricopa counties; does not include ZIP codes 85542, 85192, and 85550. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments for members who are unable to provide or pay for their own transportation. Website offers a database of providers searchable by location and service.

Eligibility: Children and adults who are on AHCCCS in Gila, Pinal, and Maricopa counties; does not include ZIP codes 85542, 85192, and 85550

Intake: Call or visit website to locate a provider. Bring photo ID, AHCCCS card, Social Security card, list of medications, and name of family doctor to first appointment.

Physical Address: 4750 S. 44th Place, Ste 150, Phoenix, Maricopa, AZ, 85040-4015

Hours of Operation: Mon-Fri 7am-6pm member services; 24-hours nurse line

Website: <http://www.mercycareaz.org/acc-rbha/index.html>

Oro Valley Transit Services

Description: Operates Dial-a-Ride within Oro Valley for the general public and to Tucson for seniors and people with disabilities.

Eligibility: Oro Valley residents

Intake: Call, email, visit website, or write

Physical Address: 11000 N La Canada Dr, Oro Valley, Pima, AZ, 85737-7016

Hours of Operation: Mon-Fri 7am-4pm administration. Mon-Fri 6am-8am; Sat, Sun, holidays 9am-6pm bus service.

Phone Number: 520-229-4990

Website: <http://www.orovalleyaz.gov/town/departments/public-works/transit-services>

Volunteer Interfaith Caregiver Program

Description: Provides transportation for older adults and people with disabilities in Cochise County. Includes transportation to medical appointments, pharmacies, and grocery stores. Two minivans are wheelchair-accessible and volunteers use their personal vehicles.

Eligibility: Seniors age 60 and older and adults with physical disabilities in Cochise County

Intake: Call or visit website for application

Physical Address: 2600 E Wilcox Dr, Ste H-107, Sierra Vista, Cochise, AZ, 85635-2947

Hours of Operation: Mon-Fri 8am-4pm

Phone Number: 520-459-8146

Website: <http://www.volunteerinterfaithcaregiverprogram.org>

Email: vicapsvaz@gmail.com

Verde Valley Caregivers Coalition

Description: Provides services to seniors and adults with disabilities. Services include transportation to appointments, and other places; and travel training to understand the local transit systems. Also includes friendly phone calls and visits, small home repairs, help to sort mail and pay bills, respite to relieve caregivers, personal emergency alert devices, transitional care in conjunction with Northern Arizona Health, pet assistance, and information about and referrals to community resources. Offers assistance in use of technology such as cell phones, computers, notebooks, etc.

Eligibility: Seniors and adults with disabilities; must live in Camp Verde, Clarkdale, Cornville, Cottonwood, Jerome, Lake Montezuma, McGuireville, Rimrock, Sedona, or Village of Oak Creek

Intake: Call, visit office, visit website, or write

Physical Address: 299 Van Deren Rd, Ste 2, Sedona, Coconino, AZ, 86336-4873

Hours of Operation: Mon-Fri 8am-4pm

Phone Number: 928-204-1238

Website: <http://www.vvcaregivers.org>

Senior Citizens of Patagonia, Inc

Description: Provides congregate meals every weekday for seniors and people with disabilities. Also provides transportation for errands, doctor appointments, to the airport, shopping, and group outings. One van is wheelchair accessible.

Eligibility: Seniors age 60 and older and people with disabilities in Elgin, Patagonia, and Sonoita

Intake: Call for reservation

Physical Address: 100 Quiroga Ln, Patagonia, Santa Cruz, AZ, 85624

Hours of Operation: Mon-Fri 10am-2pm center; Mon-Fri 11:30am-1pm lunch

Phone Number: 520-394-2494

Website: <http://www.seniorcitizensofpatagonia.org>

Email: user1scp@gmail.com

Parker Community Senior Center

Description: Offers recreation and socialization activities for seniors including health and nutrition education, exercise classes, arts and crafts, assistance with necessities, and home repairs, Medicare information program, and transportation including weekly van trips to Lake Havasu City. Also provides congregate and home delivered meals.

Eligibility: No restrictions

Intake: Call, visit center, or visit website

Physical Address: 1115 W 12th St, Parker, La Paz, AZ, 85344-5711

Hours of Operation: Center hours vary; Mon-Fri 11:30am-12:30pm congregate meals

Phone Number: 928-669-9514

Website: <http://www.townofparkeraz.com>

Email: seniors@townofparkeraz.us

Phoenix Public Transit Department

Description: Provides public transit services including local and RAPID/Express bus services, neighborhood circulator buses, and light rail; Dial-a-Ride service within the city of Phoenix; and alternative transportation options for qualified individuals through taxi subsidy programs.

Eligibility: No restrictions for most bus and light rail services. Phoenix Dial-a-Ride serves people with disabilities who meet ADA certification requirements. Alternative transportation programs are available to Phoenix residents with disabilities who meet ADA certification requirements or those who are age 65 and older.

Intake: Call for visit website

Physical Address: 302 N 1st Ave, Ste 900, Phoenix, Maricopa, AZ, 85003-1621

Hours of Operation: Mon-Fri 8am-5pm administration; Hours vary for transit services

Phone Number: 602-253-5000

Website: <http://www.phoenix.gov/publictransit>

Email: pubtrans@phoenix.gov

Peoria Transit Division

Description: Provides fixed route and neighborhood circulator public transportation, and dial-a-ride service.

Eligibility: Children age 16 and younger must be accompanied by an adult on Dial-a-Ride; children age 8 and younger must be accompanied by an adult on fixed route and circulators.

Masks are required on all public transportation.

Intake: Call for Dial-a-Ride reservations or information about other services

Physical Address: 9875 N 85th Ave, Peoria, Maricopa, AZ, 85345

Hours of Operation: Mon-Fri 8am-5pm reservations; services vary

Phone Number: 623-773-7435

Website: <http://www.peoriaaz.gov/government/departments/public-works-and-utilities/transportation>

Caring Neighbors Helping Neighbors Program

Description: Provides support services to adults with physical disabilities and seniors. Includes transportation, grocery shopping, friendly phone calls, friendly visiting, and limited minor home modifications. Vehicle is not wheelchair accessible.

Eligibility: Adults ages 18-59 with physical disabilities and seniors age 60 and older who live in Amado, Arivaca, Green Valley, Rio Rico, Sahuarita, Tubac, and Tumacacori-Carmen; no income requirements

Intake: Call for intake

Physical Address: 3950 S Camino del Heroe, Green Valley, Pima, AZ, 85614-5700

Hours of Operation: Mon-Fri 8:30am-5pm

Phone Number: 520-625-5966

Website: <http://www.valleyassistanceservices.org>

Fredonia Senior Citizen Center

Description: Provides services for seniors including congregate and home delivered meals, social activities, case management, transportation, and blood pressure checks.

Eligibility: Seniors

Intake: Call or visit office

Physical Address: 80 N 100 W, Fredonia, Coconino, AZ, 86022

Hours of Operation: Mon-Fri 8am-1pm

Phone Number: 928-643-7278

Website: <http://www.fredoniaaz.gov/senior-citizen-center>

Email: fredoniaseniorcenter@gmail.com

Banner University Family Care

Description: Provides an AHCCCS Health Plan for central and southern Arizona. Partners with a system of providers that deliver behavioral health and medical care to people who are signed up for AHCCCS/Medicaid. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments. This service is available for members who are unable to provide or pay for their own transportation. Accepts and attempts to resolve complaints.

Eligibility: Children and adults who are on AHCCCS in Cochise, Gila, Graham, Greenlee, La Paz, Maricopa, Pima, Pinal, Santa Cruz, Yavapai, and Yuma Counties

Intake: Call to locate a provider

Physical Address: 5255 E Williams Circle, Ste 2050, Tucson, Pima, AZ, 85711-7719

Hours of Operation: Mon-Fri 7:30am-5pm member services; 24-hours nurse line

Phone Number: 800-582-8686

Website: <http://bannerufc.com/acc>

Foothills Caring Corps Inc

Description: Offers services for older adults and people with disabling conditions. Services include medical appointment transportation, health advocacy, grocery shopping, friendly visiting and phoning, caregiver relief, personal business assistance, minor home repair, delivered meals for lunch, and a van offering transportation to and from recreational and shopping venues.

Eligibility: Older adults and people with disabling conditions residing in Carefree, Cave Creek, Phoenix (85085, 85086) and Scottsdale (85255 north of Bell Rd, 85262, 85266)

Intake: Call

Physical Address: 7275 E Easy St, Ste B104, Carefree, Maricopa, AZ, 85377

Hours of Operation: Mon-Fri 8:30am-4:30pm

Phone Number: 480-488-1105

Website: <http://www.foothillscaringcorps.com>

Email: info@foothillscaringcorps.com

El Mirage Senior Center

Description: Senior center offers congregate lunch, and recreation and socialization programs. Includes transportation to and from the center and other services on a limited basis, and information about and referrals to other community resources.

Eligibility: Residents of El Mirage age 55 and older

Intake: Call or visit center; call 24-hours in advance to reserve a meal

Physical Address: 14010 N El Mirage Rd, El Mirage, Maricopa, AZ, 85335-3101

Hours of Operation: Mon-Fri 8am-1pm; Mon-Fri 11:00am lunch

Phone Number: 623-876-4232

Website: <http://www.elmirageaz.gov/427/Senior-Center>

Molina Healthcare Company

Description: Provides an AHCCCS Health Plan for central Arizona. Partners with a system of providers that deliver behavioral health and medical care to people who are signed up for AHCCCS/Medicaid. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments. This service is available for members who are unable to provide or pay for their own transportation. Website offers a database of providers searchable by location and service. Accepts and attempts to resolve complaints.

Eligibility: Children and adults who are on AHCCCS in Gila, Pinal, and Maricopa counties; does not include ZIP codes 85542, 85192, and 85550

Intake: Call or visit website to locate a provider

Physical Address: Confidential location, Phoenix, Maricopa, AZ, 85001

Hours of Operation: Mon-Fri 8am-6pm member services; 24-hours nurse line

Phone Number: 800-424-5891

Website: <http://www.molinahealthcare.com>

Mercy Care DCS Comprehensive Health Plan

Description: Provides a Health Plan for youth in the foster care system statewide. Partners with a system of providers that deliver behavioral health, dental, and medical care. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments. This service is available for members who are unable to provide or pay for their own transportation. Website offers a database of providers searchable by location and service. Accepts and attempts to resolve complaints.

Eligibility: Arizona youth in out-of-home placements who are involved with the Department of Child Safety. Plan is available regardless of enrollment in AHCCCS/Medicaid.

Intake: Call or visit website to locate a provider. Bring photo ID, AHCCCS card, Social Security card, list of medications, and name of family doctor to first appointment.

Physical Address: 4750 S. 44th Place, Ste 150, Phoenix, Maricopa, AZ, 85040-4015

Hours of Operation: Mon-Fri 8am-5pm member services; 24-hours nurse line

Phone Number: 602-212-4983

Website: <http://www.mercycareaz.org/dcschp/index.html>

Friends In Deed Transportation Services

Description: Provides transportation for residents of Green Valley to appointments locally and in Tucson. Also provides weekly trips to Tucson locations.

Eligibility: People in the Green Valley area

Intake: Must call for reservations at least one week in advance

Physical Address: 301 W Camino Casa Verde, Green Valley, Pima, AZ, 85614-3547

Hours of Operation: Mon-Fri 9am-noon administration

Phone Number: 520-625-4424

Website: <http://friendsindeedgv.org>

Email: opsdirector@fid-gv.org

East Valley Paratransit

Description: Provides shared ride, door-to-door transportation to people with disabilities within the city limits of Chandler, Gilbert, Mesa, Scottsdale, and Tempe.

Eligibility: Residents of Chandler, Gilbert, Mesa, Scottsdale, and Tempe who are ADA certified or non-ADA validated by Valley Metro

Intake: Call

Physical Address: 4600 E Washington St, Ste 101, Phoenix, Maricopa, AZ, 85034-1904

Hours of Operation: Mon-Fri 8am-5pm administration; Mon-Sun 4am-1am services

Phone Number: 602-716-2200

Website: <http://www.valleymetro.org>

24-Hour Senior HELP LINE

Description: Provides information and referrals to services for older adults. Includes information about transportation, housing, long-term care, benefits, older worker referrals, caregiver respite, volunteer opportunities, counseling, senior centers, minor home repairs, support groups, home health aides, legal assistance, home delivered meals, and nurse visits. Coordinates planning, development, and delivery of needed services for seniors age 60 and older and adults with disabilities age 18 and older with long term care needs.

Eligibility: Seniors age 60 and older, adults age 18 and older with disabilities, and family caregivers

Intake: Call. No documents required to speak with the helpline.

Physical Address: 1366 E Thomas Rd, Ste 108, Phoenix, Maricopa, AZ, 85014-5793

Hours of Operation: 24-hours

Phone Number: 602-264-4357

Website: <http://www.aaaphx.org/program-services/24-hour-senior-help-line>

AZlinks.gov

Description: Website offers information and resources on aging and disability.

Eligibility: Anyone seeking information on aging and disability

Intake: Visit website

Physical Address: Confidential location, Phoenix, Maricopa, AZ, 85001

Hours of Operation: 24-hours website

Website: <http://azlinks.gov>

211 Arizona

Description: Provides information about and referrals to health and human services throughout Arizona by phone and website.

Eligibility: No restrictions

Intake: Call, email, or visit website. For those sending an email, include city and/or ZIP Code with a brief description of the needed services.

Physical Address: 1275 W Washington St, Ste 210, Tempe, Maricopa, AZ, 85281-1859

Hours of Operation: 24-hours

Phone Number: 211

Website: <http://211arizona.org>

Email: 211arizona@solari-inc.org

This resource guide is a partnership between Mercy Care and 211 Arizona. You can create your own guide and search the 211 Arizona database or use the categories to find what you're looking for.

Need this guide printed? Call Mercy Care Member Services at 602-263-3000 or 1-800-624-3879 (TTY 711).

We're here for you 7 a.m. to 6 p.m., Monday to Friday.