

Community Resource Guide: Substance Use

Start Your Recovery

Description: Website provides information and national directory of substance use disorder services.

Eligibility: No restrictions

Intake: Visit website

Physical Address: Confidential location, Washington, District of Columbia, DC, 20001

Hours of Operation: 24-hours website

Website: <http://startyourrecovery.org/treatment/rehab-centers/arizona>

Cocopah Social Service Department

Description: Provides a variety of services to Native Americans. Includes case management, affordable housing counseling, food boxes, child care, ADAPP (Alcohol, Drug Abuse Prevention Program) and individual counseling.

Eligibility: Native American children and adults; must bring proof of membership in a federally recognized tribe

Intake: Call or visit website

Physical Address: 14281 Centre Ave, Somerton, Yuma, AZ, 85350-7001

Hours of Operation: Mon-Fri 8am-5pm

Phone Number: 928-627-3729

Website: <http://www.cocopah.com>

Pinal Hispanic Council - Eloy 4th St

Description: Provides individual counseling in the areas of depression, anxiety, grief, obsessive compulsive disorder, anger management, domestic violence, and child behavior problems. Also provides psychiatric assessment, medication monitoring, and care coordination for those with a Serious Mental Illness (SMI). Offers prevention education and counseling for drug and alcohol abuse. Includes referrals to additional services. The wellness program includes nutritional counseling, smoking cessation, activities, and use of the exercise equipment. Provides hydration station May 1 - Oct 31.

Eligibility: Children and adults in Pinal County

Intake: Call or visit office

Physical Address: 107 E 4th St, Eloy, Pinal, AZ, 85131-2506

Hours of Operation: Mon-Thu 8am-6pm, Fri 8am-5pm, hydration station Mon-Fri 8am-5pm

Phone Number: 520-466-7765

Website: <http://www.pinalhispaniccouncil.org>

Navajo County Public Health Services Tobacco Cessation and Prevention

Education

Description: Offers tobacco use prevention and cessation programs for all ages including individual counseling, information, and cessation supplies and assistance.

Eligibility: No restrictions

Intake: Call

Physical Address: 619 E 3rd St, Winslow, Navajo, AZ, 86047-4003

Hours of Operation: Mon-Thu 7am-5:30pm

Phone Number: 928-289-6830

Website: <http://www.navajocountyaz.gov/554/Tobacco-Cessation-Prevention-Education>

Email: darcey.mckee@navajocountyaz.gov

Maricopa County SHIFT Program

Description: Provides assistance to pregnant women with a Substance Use Disorder (SUD). Offers Substances Use Disorder Treatment, Opioid Use Disorder Treatment, Medication Assistance, Mental Health Services, Neonatal Abstinence, Pregnancy and Pediatric Care, Postpartum Care, Parenting Education, Child Development Education, and Healthcare Provider Network.

Eligibility: Pregnant women with a substance use disorder

Intake: Call or visit website

Physical Address: 4041 N Central Ave, Ste 1400, Phoenix, Maricopa, AZ, 85012-3330

Hours of Operation: Mon-Fri 8am-5pm

Phone Number: 602-526-6116

Website: <http://maricopashift.com>

Tucson Indian Center Wellness Department

Description: Provides health care assessment and case management to Native Americans. Services include transportation to and from medical appointments, medication deliveries, home visits, exercise groups, eye exams and eye glasses, podiatry workshops, individual meetings and group workshops with a Registered Dietician Nutritionist, and disease prevention education. Also provides sobriety support groups (Native Sisters, White Bison, and AA), and QPR and ASIST suicide prevention trainings. Offers after school youth coalitions, monthly elderly luncheons, and annual community events. Provides food boxes, hygiene supplies, and diapers for adults and children.

Eligibility: Native Americans

Intake: Call for appointment. Must bring state ID, Tribal ID or Certificate of Indian Blood, Social Security number, birth certificate, insurance card, and proof of address.

Physical Address: 160 N Stone Ave, Tucson, Pima, AZ, 85701-1502

Hours of Operation: Mon-Fri 8am-5pm

Phone Number: 520-884-7131

Website: <http://www.ticenter.org>

Email: vboone@ticenter.org

Native Health Recovery Services

Description: Provides substance use programs. Includes individual and group addictions counseling, standard and intensive outpatient programs, prevention services, and DUI education.

Eligibility: No restrictions

Intake: Call for an appointment

Physical Address: 4041 N Central Ave, Bldg C, Phoenix, Maricopa, AZ, 85012-3330

Hours of Operation: Vary

Phone Number: 602-279-5262 x3208

Website: <http://www.nativehealthphoenix.org/services/behavioral/recovery-services>

Native Health Behavioral Health - Phoenix

Description: Provides individual, group, family, youth, and parent counseling for ages six and over and misdemeanor domestic violence offender treatment services for men. Aftercare services include relapse prevention (IOP and SOP) and Native STAND programs. Also provides court-ordered DUI education.

Eligibility: No restrictions

Intake: Call for an appointment

Physical Address: 4041 N Central Ave, Bldg C, Phoenix, Maricopa, AZ, 85012-3330

Hours of Operation: Vary; some evening groups available

Phone Number: 602-279-5262

Website: <http://nativehealthphoenix.org>

Native Health Behavioral Health

Description: Administers culturally appropriate behavioral health services. Provides substance abuse and suicide prevention case management, domestic violence victim assistance, and individual, family and group counseling for those ages five and older. Also provides case management, psychiatry, court-ordered DUI education and telehealth.

Eligibility: Outpatient and psychiatric patients; all ages

Intake: Call for an appointment

Physical Address: 4041 N Central Ave, Bldg C, Phoenix, Maricopa, AZ, 85012-3330

Hours of Operation: Vary; some evening groups available

Phone Number: 602-279-5262

Website: <http://nativehealthphoenix.org>

ASHline

Description: Provides free and confidential telephone-based coaching and information service for people who want to quit using tobacco products. Also provides free and discounted medications to quit tobacco.

Eligibility: No restrictions

Intake: Call or visit website

Physical Address: Confidential location, Tucson, Pima, AZ, 85721

Hours of Operation: 24-hours

Phone Number: 602-364-2586

Website: <http://www.ashline.org>

Email: emily.carlson@azdhs.gov

Pinal Hispanic Council - Coolidge

Description: Provides individual counseling in the areas of depression, anxiety, grief, obsessive compulsive disorder, anger management, domestic violence, and child behavior problems. Also provides psychiatric assessment, medication monitoring, and care coordination for those with a Serious Mental Illness (SMI). Offers prevention education and counseling for drug and alcohol abuse. Includes referrals to additional services. The wellness program includes nutritional counseling, smoking cessation, activities, and use of the exercise equipment.

Eligibility: Children and adults in Pinal County

Intake: Call or visit office

Physical Address: 556 S Arizona Blvd, Coolidge, Pinal, AZ, 85128-5106

Hours of Operation: Mon-Thu 8am-6pm, Fri 8am-5pm

Phone Number: 520-723-7405

Website: <http://www.pinalhispaniccouncil.org>

Pinal Hispanic Council - Douglas 85607 1930 E 11th St

Description: Provides individual counseling in the areas of depression, anxiety, grief, obsessive compulsive disorder, anger management, domestic violence, and child behavior problems. Also provides psychiatric assessment, medication monitoring, and care coordination for those with a Serious Mental Illness (SMI). Offers prevention education and counseling for drug and alcohol abuse. Includes referrals to additional services. The wellness program includes nutritional counseling, smoking cessation, activities, and use of the exercise equipment.

Eligibility: Children and adults in Cochise County

Intake: Call or visit office

Physical Address: 1930 E 11th St, Douglas, Cochise, AZ, 85607-2413

Hours of Operation: Mon-Fri 8am-5pm

Phone Number: 520-364-4508

Website: <http://www.pinalhispaniccouncil.org>

Pinal Hispanic Council - Douglas 85607 1940 E 11th St

Description: Provides individual counseling in the areas of depression, anxiety, grief, obsessive compulsive disorder, anger management, domestic violence, and child behavior problems. Also provides psychiatric assessment, medication monitoring, and care coordination for those with a Serious Mental Illness (SMI). Offers prevention education and counseling for drug and alcohol abuse. Includes referrals to additional services. The wellness program includes nutritional counseling, smoking cessation, activities, and use of the exercise equipment.

Eligibility: Children and adults in Cochise County

Intake: Call or visit office

Physical Address: 1940 E 11th St, Douglas, Cochise, AZ, 85607-2413

Hours of Operation: Mon-Fri 8am-5pm

Phone Number: 520-364-4508

Website: <http://www.pinalhispaniccouncil.org>

Pinal Hispanic Council - Eloy Main St

Description: Provides individual counseling in the areas of depression, anxiety, grief, obsessive compulsive disorder, anger management, domestic violence, and child behavior problems. Also provides psychiatric assessment, medication monitoring, and care coordination for those with a Serious Mental Illness (SMI). Offers prevention education and counseling for drug and alcohol abuse. Includes referrals to additional services. The wellness program includes nutritional counseling, smoking cessation, activities, and use of the exercise equipment.

Eligibility: Children and adults in Pinal County

Intake: Call or visit office

Physical Address: 519 N Main St, Eloy, Pinal, AZ, 85131-2515

Hours of Operation: Mon-Fri 8am-5pm

Phone Number: 520-466-0921

Website: <http://www.pinalhispaniccouncil.org>

Pinal Hispanic Council - Nogales

Description: Provides individual counseling in the areas of depression, anxiety, grief, obsessive compulsive disorder, anger management, domestic violence, and child behavior problems. Also provides psychiatric assessment, medication monitoring, and care coordination for those with a Serious Mental Illness (SMI). Offers prevention education and counseling for drug and alcohol abuse. Includes referrals to additional services. The wellness program includes nutritional counseling, smoking cessation, activities, and use of the exercise equipment.

Eligibility: Children and adults in Santa Cruz County

Intake: Call or visit office

Physical Address: 275 N Grand Court Plz, Nogales, Santa Cruz, AZ, 85621-2744

Hours of Operation: Mon-Thu 8am-6pm, Fri 8am-5pm

Phone Number: 520-287-0015

Website: <http://www.pinalhispaniccouncil.org>

Pinal Hispanic Council - Casa Grande

Description: Provides individual counseling in the areas of depression, anxiety, grief, obsessive compulsive disorder, anger management, domestic violence, and child behavior problems. Also provides psychiatric assessment, medication monitoring, and care coordination for those with a Serious Mental Illness (SMI). Offers prevention education and counseling for drug and alcohol abuse. Includes referrals to additional services. The wellness program includes nutritional counseling, smoking cessation, activities, and use of the exercise equipment.

Eligibility: Children and adults in Pinal County

Intake: Call or visit office

Physical Address: 330 N Picacho St, Casa Grande, Pinal, AZ, 85122-5249

Hours of Operation: Mon-Thu 8am-6pm, Fri 8am-5pm

Phone Number: 520-876-5833

Website: <http://www.pinalhispaniccouncil.org>

CPLC Centro De La Familia

Description: Provides counseling and therapy services to people living with serious mental illness, general mental health issues, and substance use disorders. Issues include depression, anxiety, relationships, loss, suicidal thoughts, and trauma from sexual, emotional, and/or physical abuse. Also hosts a community 12-step support group for substance use disorder.

Eligibility: Adults and youth ages 6 and older

Intake: Call; must complete application at office

Physical Address: 6850 W Indian School Rd, Phoenix, Maricopa, AZ, 85033-3300

Hours of Operation: Mon-Fri 8am-5pm, other hours by appointment. Mon and Wed 5pm-7pm Spanish Substance Abuse Group Meeting, Tue and Thu 5pm-7pm English Substance Abuse Group Meeting

Phone Number: 623-247-0464

Website: <http://www.cplc.org/hhs/behavioral-health.php>

Arizona Tobacco Program

Description: Provides statewide tobacco use prevention, cessation, and education programs. Provides information about prevention and management of chronic diseases including heart disease, stroke, lung disease, cancer, and diabetes.

Eligibility: No restrictions

Intake: Call or visit website

Physical Address: 150 N 18th Ave, Ste 310, Phoenix, Maricopa, AZ, 85007-3242

Hours of Operation: Mon-Fri 8am-5pm

Phone Number: 602-364-2586

Website: <http://www.azdhs.gov/prevention/tobacco-chronic-disease>

Email: emily.carlson@azdhs.gov

Arizona Opioid Assistance & Referral Line

Description: Offers 24-hour helpline for the public and health care providers who treat patients with pain and opioid use disorders. Services provided for the public and patients include information on harm reduction; Narcan training; assistance with navigating health insurance; and connection to inpatient and outpatient behavioral health care, rehab programs, chronic pain doctors, and medication for addiction treatment (MAT). Includes assistance with transportation and follow-up. Services for professionals include clinician-to-clinician consultation with information on safe prescribing limits and identifying dangerous drug combinations. Also provides continuing education opportunities for health care professionals on various opioid-related topics.

Eligibility: No restrictions

Intake: Call or visit website

Physical Address: 150 N 18th Ave, Ste 320, Phoenix, Maricopa, AZ, 85007-3242

Hours of Operation: 24-hours

Phone Number: 888-688-4222

Website: <http://www.azdhs.gov/oarline>

Email: azoarline@gmail.com

Yuma County Health Promotion Division

Description: Promotes healthy lifestyles through education. Offers information on nutrition, teen pregnancy prevention, injury prevention, and tobacco use prevention and cessation.

Eligibility: No restrictions

Intake: Call for appointment

Physical Address: 2200 W 28th St, Ste 178, Yuma, Yuma, AZ, 85364-6935

Hours of Operation: Mon-Fri 8am-5pm

Phone Number: 928-317-4580

Website: <http://www.yumacountyaz.gov/government/health-district/divisions/health-promotion>

Email: gloria.coronado@yumacountyaz.gov

Mariposa Community Health Services

Description: Lay health educators (promotoras) provide free health information and guidance to community residents, through community-based education programs. Classes offer information on prenatal health care, smoking cessation/relapse prevention, nutrition and fitness, breast cancer, menopause, obesity, asthma and cardiovascular disease. Also provides support groups for people with lupus, cancer, and diabetes.

Eligibility: No restrictions

Intake: Call

Physical Address: 1710 N Mastick Way, Nogales, Santa Cruz, AZ, 85621-1013

Hours of Operation: Mon-Thu 8am-5pm, Fri 8am-4pm

Phone Number: 520-375-6050

Website: <http://www.mariposachc.net>

ChangePoint Integrated Health Winslow Outpatient Services

Description: Provides individual, couple, and group counseling for adults and children. Also provides consultations, psychological assessments, psychiatric evaluations, and medication. Offers court-ordered DUI screening and counseling. Offers court-ordered misdemeanor domestic violence offender treatment.

Eligibility: No restrictions

Intake: Call for intake appointment

Physical Address: 1015 E 2nd St, Winslow, Navajo, AZ, 86047-4125

Hours of Operation: Mon-Fri 8am-5pm

Phone Number: 928-289-4658

Website: <http://www.mychangepoint.org>

Email: qm@mychangepoint.org

ChangePoint Integrated Health Snowflake/Taylor Outpatient Services

Description: Provides individual, couple, and group counseling for adults and children. Also provides consultations, psychological assessments, psychiatric evaluations, and medication. Offers court-ordered DUI screening and counseling. Offers court-ordered misdemeanor domestic violence offender treatment.

Eligibility: No restrictions

Intake: Call

Physical Address: 423 S Main St, Snowflake, Navajo, AZ, 85937-5247

Hours of Operation: Mon-Fri 8am-5pm

Phone Number: 928-536-6869

Website: <http://www.mychangepoint.org>

Email: qm@mychangepoint.org

ChangePoint Integrated Health Show Low Outpatient Services

Description: Provides individual, couple, and group counseling for adults and children. Also provides consultations, psychological assessments, psychiatric evaluations, and medication. Offers court-ordered DUI screening and counseling. Offers court-ordered misdemeanor domestic violence offender treatment.

Eligibility: No restrictions

Intake: Call for intake appointment

Physical Address: 2500 E Show Low Lake Rd, Bldg A, Show Low, Navajo, AZ, 85901-7994

Hours of Operation: Mon-Fri 8am-5pm

Phone Number: 928-537-2951

Website: <http://www.mychangepoint.org>

Email: qm@mychangepoint.org

ChangePoint Integrated Health Holbrook Outpatient Services

Description: Provides individual, couple, and group counseling for adults and children. Also provides consultations, psychological assessments, psychiatric evaluations, and medication. Offers court-ordered DUI screening and counseling. Offers court-ordered domestic violence offender treatment.

Eligibility: No restrictions

Intake: Call for intake appointment

Physical Address: 103 N 1st Ave, Holbrook, Navajo, AZ, 86025-2901

Hours of Operation: Mon-Fri 8am-5pm

Phone Number: 928-524-6126

Website: <http://www.mychangepoint.org>

Email: qm@mychangepoint.org

Valle del Sol - Phoenix 85016

Description: Provides court-ordered and voluntary services including DUI education, substance use education, parenting classes, and anger management. Also offers counseling for victims of domestic violence.

Eligibility: No restrictions

Intake: Call

Physical Address: 4117 N 17th St, Phoenix, Maricopa, AZ, 85016-5921

Hours of Operation: Mon-Fri 8am-5pm

Phone Number: 602-407-4323

Website: <http://www.valledelsol.com>

Valle del Sol - Phoenix 85003

Description: Provides family practice and pediatrics; outpatient behavioral health including psychiatric evaluations, medication management, integrated health case management, family support, and counseling; services for people with a serious mental illness (SMI) designation; an opioid medication assisted treatment program; enrollment assistance; and a full service pharmacy.

Eligibility: No restrictions

Intake: Call or email

Physical Address: 1209 S 1st Ave, Phoenix, Maricopa, AZ, 85003-2605

Hours of Operation: Mon-Fri 4:30am-7pm, Sat 7am-noon

Phone Number: 480-436-7409

Website: <http://www.valledelsol.com>

Email: info@valledelsol.com

AZlinks.gov

Description: Website offers information and resources on aging and disability.

Eligibility: Anyone seeking information on aging and disability

Intake: Visit website

Physical Address: Confidential location, Phoenix, Maricopa, AZ, 85001

Hours of Operation: 24-hours website

Website: <http://azlinks.gov>

211 Arizona

Description: Provides information about and referrals to health and human services throughout Arizona by phone and website.

Eligibility: No restrictions

Intake: Call, email, or visit website. For those sending an email, include city and/or ZIP Code with a brief description of the needed services.

Physical Address: 1275 W Washington St, Ste 210, Tempe, Maricopa, AZ, 85281-1859

Hours of Operation: 24-hours

Phone Number: 211

Website: <http://211arizona.org>

Email: 211arizona@solari-inc.org

NAMI Arizona

Description: Provides programs for people affected by mental illness throughout Arizona. Offers support groups for people with mental illness, their families and friends. Sponsors the annual fundraising and education event NAMI Valley Walk.

Eligibility: No restrictions

Intake: Call

Physical Address: 5025 E Washington St, Ste 112, Phoenix, Maricopa, AZ, 85034-7438

Hours of Operation: Mon-Fri 9am-5pm administration; 24-hours answering machine; event held in the autumn

Phone Number: 480-994-4407

Website: <http://www.namiarizona.org>

Email: namiaz@namiaz.org

Solari Behavioral Health Crisis Line

Description: Provides mental health, suicide prevention, domestic violence and general crisis hotline for youth and adults in crisis.

Eligibility: Children and adults in crisis

Intake: Call, text "hope" to 44673 (4HOPE)

Physical Address: 1275 W Washington St, Ste 201, Tempe, Maricopa, AZ, 85281-1859

Hours of Operation: 24-hours hotline

Phone Number: 844-534-4673

Website: <http://crisis.solari-inc.org>

Email: communications@solari-inc.org

Tobacco Free Arizona

Description: Provides assistance and resources to organizations necessary to reduce tobacco use through prevention and cessation programs.

Eligibility: No restrictions

Intake: Call or visit website

Physical Address: 150 N 18th Ave, Ste 310, Phoenix, Maricopa, AZ, 85007-3242

Hours of Operation: Mon-Fri 8am-5pm

Phone Number: 602-364-2586

Website: <http://www.azdhs.gov/prevention/tobacco-chronic-disease/tobacco-free-az>

Email: emily.carlson@azdhs.gov

Arizona State Health Insurance Assistance Program

Description: Provides education, outreach, counseling, and information to Medicare beneficiaries, their families, and caregivers.

Eligibility: Medicare beneficiaries, their families, and caregivers

Intake: Call or email

Physical Address: 1789 W Jefferson St, Phoenix, Maricopa, AZ, 85007-3202

Hours of Operation: Mon-Fri 8am-5pm

Phone Number: 800-432-4040

Website: <http://des.az.gov/services/older-adults/medicare-assistance>

Email: mmccarthy@azdes.gov

24-Hour Senior HELP LINE

Description: Provides information and referrals to services for older adults. Includes information about transportation, housing, long-term care, benefits, older worker referrals, caregiver respite, volunteer opportunities, counseling, senior centers, minor home repairs, support groups, home health aides, legal assistance, home delivered meals, and nurse visits. Coordinates planning, development, and delivery of needed services for seniors age 60 and older and adults with disabilities age 18 and older with long term care needs.

Eligibility: Seniors age 60 and older, adults age 18 and older with disabilities, and family caregivers

Intake: Call

Physical Address: 1366 E Thomas Rd, Ste 108, Phoenix, Maricopa, AZ, 85014-5793

Hours of Operation: 24-hours

Phone Number: 602-264-4357

Website: <http://www.aaaphx.org/program-services/24-hour-senior-help-line>

SAMHSA Find Support Website

Description: Website provides referrals to support for people struggling with mental health, drugs, or alcohol. Includes referrals to professionals, health centers, and support groups. Website allows searching by results for those with no insurance.

Eligibility: No restrictions

Intake: Visit website

Physical Address: 5600 Fishers Ln, Rockville, Montgomery, MD, 20857-0002

Hours of Operation: 24-hours website

Website: <http://www.samhsa.gov/find-support>

Mercy Care ACC-RBHA

Description: Provides an AHCCCS Health Plan for people located in Gila, Pinal, and Maricopa counties; does not include ZIP codes 85542, 85192, and 85550. Partners with a system of providers that deliver behavioral health and medical care to people who are signed up for AHCCCS/Medicaid. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments. This service is available for members who are unable to provide or pay for their own transportation. Offers mental health screening, substance use disorder treatment, counseling and case management. Website offers a database of providers searchable by location and service. Accepts and attempts to resolve complaints.

Eligibility: Children and adults who are on AHCCCS in Gila, Pinal, and Maricopa counties; does not include ZIP codes 85542, 85192, and 85550

Intake: Call or visit website to locate a provider. Bring photo ID, AHCCCS card, Social Security card, list of medications, and name of family doctor to first appointment.

Physical Address: 4500 E Cotton Center Blvd, Phoenix, Maricopa, AZ, 85040-8840

Hours of Operation: Mon-Fri 7am-6pm member services; 24-hours nurse line

Website: <http://www.mercycareaz.org/acc-rbha/index.html>

AHCCCS Opioid Service Locator

Description: Provides a statewide online locator for medication assisted treatment and opioid use disorder services.

Eligibility: No restrictions

Intake: Visit website

Physical Address: 801 E Jefferson St, Phoenix, Maricopa, AZ, 85034-2217

Hours of Operation: 24-hours website

Website: <http://opioidservicelocator.azahcccs.gov>

This resource guide is a partnership between Mercy Care and 211 Arizona. You can create your own guide and search the 211 Arizona database or use the categories to find what you're looking for.

Need this guide printed? Call Mercy Care Member Services at 602-263-3000 or 1-800-624-3879 (TTY 711).

We're here for you 7 a.m. to 6 p.m., Monday to Friday.