

Community Resource Guide: Substance Use

Tucson Indian Center Wellness Department

Description: Provides health care assessment and case management to Native Americans. Also provides sobriety support groups (Native Sisters, White Bison, and AA), after school youth coalitions, monthly elderly luncheons, and annual community events. Provides food boxes, hygiene supplies, and diapers for adults and children.

Eligibility: Native Americans

Intake: Call for appointment. Must bring state ID, Tribal ID or Certificate of Indian Blood, Social Security number, birth certificate, insurance card, and proof of address.

Physical Address: 160 N Stone Ave, Tucson, Pima, AZ, 85701-1502

Hours of Operation: Mon-Fri 8am-5pm

Phone Number: 520-884-7131

Website: <http://www.ticenter.org>

Email: vboone@ticenter.org

Arizona Opioid Assistance & Referral Line

Description: Offers 24-hour helpline for the public and health care providers who treat patients with pain and opioid use disorders. Services provided for the public and patients include information on harm reduction; Narcan training; assistance with navigating health insurance; and connection to inpatient and outpatient behavioral health care, rehab programs, chronic pain doctors, and medication for addiction treatment (MAT). Includes assistance with transportation and follow-up. Services for professionals include clinician-to-clinician consultation with information on safe prescribing limits and identifying dangerous drug combinations. Also provides continuing education opportunities for health care professionals on various opioid-related topics.

Eligibility: No restrictions

Intake: Call or visit website. No documents needed to use services.

Physical Address: 150 N 18th Ave, Ste 320, Phoenix, Maricopa, AZ, 85007-3242

Hours of Operation: 24-hours

Phone Number: 888-688-4222

Website: <http://www.azdhs.gov/oarline>

Email: azoarline@gmail.com

ASHline

Description: Provides free and confidential telephone-based coaching and information service for people who want to quit using tobacco products. Also provides free and discounted medications to quit tobacco.

Eligibility: No restrictions

Intake: Call or sign up on website. No documents needed to use services.

Physical Address: Confidential location, Tucson, Pima, AZ, 85721

Hours of Operation: 24-hours

Phone Number: 800-556-6222

Website: <http://www.ashline.org>

Tobacco Free Arizona

Description: Provides assistance and resources to organizations necessary to reduce tobacco use through prevention and cessation programs.

Eligibility: No restrictions

Intake: Call or sign up on website. No documents needed to use services.

Physical Address: 150 N 18th Ave, Ste 310, Phoenix, Maricopa, AZ, 85007-3242

Hours of Operation: Mon-Fri 8am-5pm

Phone Number: 602-364-2586

Website: <http://www.azdhs.gov/prevention/chronic-disease/tobacco-free-az>

Email: emily.carlson@azdhs.gov

The Hopi Foundation

Description: Administers community-based projects on the Hopi reservation. Programs Substance Abuse Prevention, VITA

Eligibility: Native Americans

Intake: Call to leave message

Physical Address: 110 Main St, Off State Route 264, Kykotsmovi Village, Navajo, AZ, 86039

Hours of Operation: Mon-Fri 8am-5pm

Phone Number: 928-734-2380

Website: <http://www.hopifoundation.org>

Email: info@hopifoundation.org

Maricopa County SHIFT Program

Description: Provides assistance to pregnant women with a Substance Use Disorder (SUD). Offers Pregnancy and Pediatric Care, Postpartum Care, Parenting Education, Child Development Education, and Healthcare Provider Network.

Eligibility: Pregnant women with a substance use disorder

Intake: Call or visit website

Physical Address: 4041 N Central Ave, Ste 1400, Phoenix, Maricopa, AZ, 85012-3330

Hours of Operation: Mon-Fri 8am-5pm

Phone Number: 602-526-6116

Website: <http://maricopashift.com>

Email: maricopaSHIFT@maricopa.gov

Navajo County Public Health Services Tobacco Cessation and Prevention Education

Description: Offers tobacco use prevention and cessation programs for all ages including individual counseling, information, and cessation supplies and assistance.

Eligibility: No restrictions

Intake: Call

Physical Address: 619 E 3rd St, Winslow, Navajo, AZ, 86047-4003

Hours of Operation: Mon-Thu 7am-5:30pm

Phone Number: 928-289-6830

Website: <http://www.navajocountyaz.gov/554/Tobacco-Cessation-Prevention-Education>

Email: darcey.mckee@navajocountyaz.gov

CPLC Centro De La Familia

Description: Hosts a community 12-step support group for substance use disorder.

Eligibility: Adults and youth ages 6 and older

Intake: Call; must complete application at office

Physical Address: 6850 W Indian School Rd, Phoenix, Maricopa, AZ, 85033-3300

Hours of Operation: Mon-Fri 8am-5pm, other hours by appointment. Mon and Wed 5pm-7pm Spanish Substance Abuse Group Meeting, Tue and Thu 5pm-7pm English Substance Abuse Group Meeting

Phone Number: 623-247-0464

Website: <http://www.cplc.org/programs/behavioral-health>

Email: ashley.schlief@cplc.org

NAMI Arizona

Description: Offers support groups for people with mental illness, their families and friends. Sponsors the annual fundraising and education event NAMI Valley Walk.

Eligibility: No restrictions

Intake: Call; Contact to confirm documents required

Physical Address: 5025 E Washington St, Ste 112, Phoenix, Maricopa, AZ, 85034-7438

Hours of Operation: Administration Mon-Fri 9am-5pm ; 24-hours answering machine; event held in the autumn

Phone Number: 480-994-4407

Website: <http://www.namiarizona.org>

Email: namiaz@namiaz.org

AZlinks.gov

Description: Website offers information and resources on aging and disability.

Eligibility: Anyone seeking information on aging and disability

Intake: Visit website

Physical Address: Confidential location, Phoenix, Maricopa, AZ, 85001

Hours of Operation: 24-hours website

Website: <http://azlinks.gov>

211 Arizona

Description: Provides information about and referrals to health and human services throughout Arizona by phone and website.

Eligibility: No restrictions

Intake: Call, email, or visit website. For those sending an email, include city and/or ZIP Code with a brief description of the needed services.

Physical Address: 1275 W Washington St, Ste 210, Tempe, Maricopa, AZ, 85281-1859

Hours of Operation: 24-hours

Phone Number: 211

Website: <http://211arizona.org>

Email: 211arizona@solari-inc.org

Solari Behavioral Health Crisis Line

Description: Provides mental health, suicide prevention, and general crisis hotline for youth and adults in crisis.

Eligibility: Children and adults in crisis

Intake: Call, text "hope" to 44673 (4HOPE)

Physical Address: 1275 W Washington St, Ste 201, Tempe, Maricopa, AZ, 85281-1859

Hours of Operation: 24-hours hotline

Phone Number: 844-534-4673

Website: <http://crisis.solari-inc.org>

Email: communications@solari-inc.org

24-Hour Senior HELP LINE

Description: Provides information and referrals to services for older adults. Includes information about transportation, housing, long-term care, benefits, older worker referrals, caregiver respite, volunteer opportunities, counseling, senior centers, minor home repairs, support groups, home health aides, legal assistance, home delivered meals, and nurse visits. Coordinates planning, development, and delivery of needed services for seniors age 60 and older and adults with disabilities age 18 and older with long term care needs.

Eligibility: Seniors age 60 and older, adults age 18 and older with disabilities, and family caregivers

Intake: Call. No documents required to speak with the helpline.

Physical Address: 1366 E Thomas Rd, Ste 108, Phoenix, Maricopa, AZ, 85014-5793

Hours of Operation: 24-hours

Phone Number: 602-264-4357

Website: <http://www.aaaphx.org/program-services/24-hour-senior-help-line>

Arizona State Health Insurance Assistance Program

Description: Provides education, outreach, counseling, and information to Medicare beneficiaries, their families, and caregivers.

Eligibility: Medicare beneficiaries, their families, and caregivers

Intake: Call or email. Contact provider to confirm documents required.

Physical Address: 1789 W Jefferson St, Phoenix, Maricopa, AZ, 85007-3202

Hours of Operation: Mon-Fri 8am-5pm

Phone Number: 800-432-4040

Website: <http://des.az.gov/services/older-adults/medicare-assistance>

Email: mmccarthy@azdes.gov

SAMHSA Find Support Website

Description: Website provides referrals to support for people struggling with mental health, drugs, or alcohol. Includes referrals to professionals, health centers, and support groups. Website allows searching by results for those with no insurance.

Eligibility: No restrictions

Intake: Visit website

Physical Address: 5600 Fishers Ln, Rockville, Montgomery, MD, 20857-0002

Hours of Operation: 24-hours website

Website: <http://www.samhsa.gov/find-support>

Mercy Care ACC-RBHA

Description: Provides an AHCCCS Health Plan for people located in Gila, Pinal, and Maricopa counties; does not include ZIP codes 85542, 85192, and 85550. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments for members who are unable to provide or pay for their own transportation. Website offers a database of providers searchable by location and service.

Eligibility: Children and adults who are on AHCCCS in Gila, Pinal, and Maricopa counties; does not include ZIP codes 85542, 85192, and 85550

Intake: Call or visit website to locate a provider. Bring photo ID, AHCCCS card, Social Security card, list of medications, and name of family doctor to first appointment. Contact provider to confirm any other documents required.

Physical Address: 4750 S. 44th Place, Ste 150, Phoenix, Maricopa, AZ, 85040-4015

Hours of Operation: Member services Mon-Fri 7am-6pm; 24-hours nurse line

Website: <http://www.mercycareaz.org/acc-rbha/index.html>

AHCCCS Opioid Service Locator

Description: Provides a statewide online locator for medication assisted treatment and opioid use disorder services.

Eligibility: No restrictions

Intake: Visit website

Physical Address: 801 E Jefferson St, Phoenix, Maricopa, AZ, 85007

Hours of Operation: 24-hours website

Website: <http://opioidservicelocator.azahcccs.gov>

This resource guide is a partnership between Mercy Care and 211 Arizona. You can create your own guide and search the 211 Arizona database or use the categories to find what you're looking for.

Need this guide printed? Call Mercy Care Member Services at 602-263-3000 or 1-800-624-3879 (TTY 711).

We're here for you 7 a.m. to 6 p.m., Monday to Friday.