Community Resource Guide: Mental Health

Center for Health and Recovery

Description: Provides peer support services to adults living with a mental health and/or substance use disorder.
Eligibility: Adults living with mental illness and/or substance use disorder; accepts those with and without AHCCCS
Intake: Call or email, Contact provider to confirm documents required
Physical Address: 1950 W Heatherbrae Dr, Ste 5, Phoenix, Maricopa, AZ, 85015-5110
Hours of Operation: Mon-Fri 8am-5:30pm
Phone Number: 602-246-7607
Website: http://www.azchr.org
Email: info@azchr.org

Alzheimer's Association - Northern Arizona Region

Description: Provides services for people with Alzheimer's disease and other related dementias, and their families and caregivers. Services include educational materials, a resource library, and a speaker's bureau. Also provides support groups for people caring for those with Alzheimer's disease.
Eligibility: No restrictions
Intake: Call, visit office, or write. Contact provider for any documents required.
Physical Address: 3111 Clearwater Dr, Ste A, Prescott, Yavapai, AZ, 86305-7186
Hours of Operation: Administration Mon-Thu 9am-3:30pm
Phone Number: 928-771-9257
Website: http://www.alz.org/dsw

Alzheimer's Association - Central Arizona Region

Description: Provides services for people with Alzheimer's disease and other related dementias, and their families and caregivers. Services include educational materials, a resource library, and a speaker's bureau. Also provides support groups for people caring for those with Alzheimer's disease.
Eligibility: No restrictions
Intake: Call, visit office, or write. Contact provider for any documents required.
Physical Address: 300 W Clarendon Ave, Ste 350, Phoenix, Maricopa, AZ, 85013-3497
Hours of Operation: Administration Mon-Thu 9am-3:30pm
Phone Number: 602-528-0545
Website: http://www.alz.org/dsw
Email: tgspitz@alz.org

211 Arizona

Description: Provides information about and referrals to health and human services throughout Arizona by phone and website.
Eligibility: No restrictions
Intake: Call, email, or visit website. For those sending an email, include city and/or ZIP Code with a brief description of the needed services.
Physical Address: 1275 W Washington St, Ste 210, Tempe, Maricopa, AZ, 85281-1859
Hours of Operation: 24-hours
Phone Number: 211
Website: http://211arizona.org
Email: 211arizona@solari-inc.org

Alzheimer's Association - Southern Arizona Region

Description: Provides services for people with Alzheimer's disease and other related dementias, and their families and caregivers. Services include educational materials, a resource library, and a speaker's bureau. Also provides support groups for people caring for those with Alzheimer's disease.
Eligibility: People with Alzheimer's disease and other related dementias, and their families and caregivers in Cochise, Graham, Greenlee, Pima, Santa Cruz, and Yuma counties
Intake: Call, visit office, email, or write. Contact provider for any documents required.
Physical Address: 2990 N Swan Rd, Ste 147, Tucson, Pima, AZ, 85712-6025
Hours of Operation: Administration Mon-Thu 9am-3:30pm; 24-hours helpline
Phone Number: 520-322-6601
Website: http://www.alz.org/dsw
Email: kmbennett@alz.org

MIKID

Description: Administers services for youth with mental health issues. Services include one-on-one family support, peer support, health promotion, support groups, training and education, individual and community-based living skills, respite, and connecting families and individuals with support in the community.
Eligibility: Families, youth and adults age 25 and younger who have a behavioral health diagnosis and are facing mental health.
Intake: Call; Intake agencies, outpatient clinics, or Parent Support Now (PSN), through MIKID representative, can fax referral packets; Contact provider to confirm documents required
Physical Address: 7816 N 19th Ave, Phoenix, Maricopa, AZ, 85021-7036
Hours of Operation: Mon-Fri 8am-4pm; 24-hours answering machine
Phone Number: 602-253-1240
Website: http://www.mikid.org
Email: info@mikid.org

Arizona Suicide Prevention Coalition

Description: Coalition of mental health leaders, educators, healthcare professionals, survivors, and advocates committed to suicide prevention by providing resources, education, and community support for those affected by suicide.
Eligibility: Anyone seeking seeking information on suicide prevention
Intake: Visit website
Hours of Operation: 24-hours website
Website: http://www.azspc.org
Email: jenn@azspc.org

AZlinks.gov

Description: Website offers information and resources on aging and disability.
Eligibility: Anyone seeking information on aging and disability
Intake: Visit website
Physical Address: Confidential location, Phoenix, Maricopa, AZ, 85001
Hours of Operation: 24-hours website
Website: http://azlinks.gov

988 Suicide and Crisis Lifeline

Description: Connects callers to the nearest available crisis call center in the network. Callers speak to a trained hotline worker who will listen to and assess their problem. Also makes referrals to appropriate services for ongoing care, if needed.
Eligibility: No restrictions
Intake: Call or live chat through website
Physical Address: 50 Broadway St, Fl 19, New York, New York, NY, 10004-3814
Hours of Operation: 24-hours
Phone Number: 988
Website: http://988lifeline.org

NAMI Arizona

Description: Offers support groups for people with mental illness, their families and friends. Sponsors the annual fundraising and education event NAMI Valley Walk.
Eligibility: No restrictions
Intake: Call; Contact to confirm documents required
Physical Address: 5025 E Washington St, Ste 112, Phoenix, Maricopa, AZ, 85034-7438
Hours of Operation: Administration Mon-Fri 9am-5pm ; 24-hours answering machine; event held in the autumn
Phone Number: 480-994-4407
Website: http://www.namiarizona.org
Email: namiaz@namiaz.org

SAMHSA Find Support Website

Description: Website provides referrals to support for people struggling with mental health, drugs, or alcohol. Includes referrals to professionals, health centers, and support groups. Website allows searching by results for those with no insurance.
Eligibility: No restrictions
Intake: Visit website
Physical Address: 5600 Fishers Ln, Rockville, Montgomery, MD, 20857-0002
Hours of Operation: 24-hours website
Website: http://www.samhsa.gov/find-support

Solari Community Support Network Eligibility and Care Services

Description: Evaluates assessment packets for both adults and children received by healthcare providers or AHCCCS providers to determine whether an individual meets diagnostic and functional criteria to receive comprehensive, community based mental health care if eligible for Serious Mental Illness (SMI) services by following the states guidelines/criteria.
Eligibility: Adults who may have a Serious Mental Illness (SMI). Must have a behavioral health service provider apply for the evaluation.
Intake: Call or visit website for information. Contact local T/RBHA to find a behavioral health service provider to complete an evaluation, then submit the SMI Assessment Packet.
Physical Address: 1275 W Washington St, Ste 210, Tempe, Maricopa, AZ, 85281-1233
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 602-845-3594
Website: http://eligibility.solari-inc.org/

Solari Behavioral Health Crisis Line

Description: Provides mental health, suicide prevention, and general crisis hotline for youth and adults in crisis.
Eligibility: Children and adults in crisis
Intake: Call, text "hope" to 44673 (4HOPE)
Physical Address: 1275 W Washington St, Ste 201, Tempe, Maricopa, AZ, 85281-1859
Hours of Operation: 24-hours hotline
Phone Number: 844-534-4673
Website: http://crisis.solari-inc.org
Email: communications@solari-inc.org

Arizona State Health Insurance Assistance Program

Description: Provides education, outreach, counseling, and information to Medicare beneficiaries, their families, and caregivers.
Eligibility: Medicare beneficiaries, their families, and caregivers
Intake: Call or email. Contact provider to confirm documents required.
Physical Address: 1789 W Jefferson St, Phoenix, Maricopa, AZ, 85007-3202
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 800-432-4040
Website: http://des.az.gov/services/older-adults/medicare-assistance
Email: mmccarthy@azdes.gov

24-Hour Senior HELP LINE

Description: Provides information and referrals to services for older adults. Includes information about transportation, housing, long-term care, benefits, older worker referrals, caregiver respite, volunteer opportunities, counseling, senior centers, minor home repairs, support groups, home health aides, legal assistance, home delivered meals, and nurse visits. Coordinates planning, development, and delivery of needed services for seniors age 60 and older and adults with disabilities age 18 and older with long term care needs.
Eligibility: Seniors age 60 and older, adults age 18 and older with disabilities, and family caregivers
Intake: Call. No documents required to speak with the helpline.
Physical Address: 1366 E Thomas Rd, Ste 108, Phoenix, Maricopa, AZ, 85014-5793
Hours of Operation: 24-hours
Phone Number: 602-264-4357
Website: http://www.aaaphx.org/program-services/24-hour-senior-help-line

Mercy Care ACC-RBHA

Description: Provides an AHCCCS Health Plan for people located in Gila, Pinal, and Maricopa counties; does not include ZIP codes 85542, 85192, and 85550. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments for members who are unable to provide or pay for their own transportation. Website offers a database of providers searchable by location and service.
Eligibility: Children and adults who are on AHCCCS in Gila, Pinal, and Maricopa counties; does not include ZIP codes 85542, 85192, and 85550
Intake: Call or visit website to locate a provider. Bring photo ID, AHCCCS card, Social Security card, list of medications, and name of family doctor to first appointment. Contact provider to confirm any other documents required.
Physical Address: 4750 S. 44th Place, Ste 150, Phoenix, Maricopa, AZ, 85040-4015
Hours of Operation: Member services Mon-Fri 7am-6pm; 24-hours nurse line
Website: http://www.mercycareaz.org/acc-rbha/index.html

search the 211 Arizona database or use the categories to find what you're looking for.
Need this guide printed? Call Mercy Care Member Services at 602-263-3000 or 1-800-624-3879 (TTY 711).
We're here for you 7 a.m. to 6 p.m., Monday to Friday.