

## Community Resource Guide: Mental Health

### **She Supports She Phoenix Incorporated**

**Description:** Provides services for women. Offers food boxes, clothing closet, and peer counseling.

**Eligibility:** Women in Phoenix

**Intake:** Call or email to make an appointment for both drop off or pick up.

**Physical Address:** Confidential location, Phoenix, Maricopa, AZ, 85041

**Hours of Operation:** Tue & Thu noon-4pm by appointment only

**Phone Number:** 480-936-7568

**Website:** <http://www.shesupportschange.org>

**Email:** [TTT@shephxincorporated.org](mailto:TTT@shephxincorporated.org)

### **Trans Intimate**

**Description:** Offers peer mentorship and post-crisis support for Two Spirit and LGBTQ+ people. Provides support groups for parents and family members of transgender and gender-diverse people.

**Eligibility:** Two-Spirit, LGBTQ+ Community, and their families in Coconino County

**Intake:** Call, email, or visit website

**Physical Address:** Confidential location, Flagstaff, Coconino, AZ, 86001

**Hours of Operation:** Mon-Fri 9am-5pm

**Phone Number:** 928-224-1301

**Website:** <http://www.transintimate.com/crisis>

**Email:** [dylan@transintimate.com](mailto:dylan@transintimate.com)

### **HOPE Yuma Center**

**Description:** Provides peer support services to adults living with a mental health and/or substance use disorder. Services include case management, independent life skills training, transportation, health and wellness classes, pre-employment support, substance use education, and referrals to additional resources. Collaborates with community providers to connect those who are justice-involved to needed services. Also provides water during the summer for people who are homeless.

**Eligibility:** Adults living with mental illness and/or substance use disorder who are current consumers of behavioral health services

**Intake:** Call

**Physical Address:** 791 S 4th Ave, Ste A & B, Yuma, Yuma, AZ, 85364-3067

**Hours of Operation:** Mon-Fri 8am-5pm

**Phone Number:** 928-783-3616

**Website:** <http://www.hopearizona.org>

**Email:** [sylviaflores@hopearizona.org](mailto:sylviaflores@hopearizona.org)

## **Circle the City Downtown Family Health Center**

**Description:** Provides outpatient physical health services and behavioral health services.

**Eligibility:** People experiencing homelessness or at-risk of homelessness

**Intake:** Call

**Physical Address:** 220 S 12th Ave, Phoenix, Maricopa, AZ, 85007-3101

**Hours of Operation:** 24-hours

**Phone Number:** 602-258-8282

**Website:** <http://www.circlethecity.org>

## **Community Health Center of Yavapai - Cottonwood**

**Description:** Provides primary health care. Services include adult and childhood immunizations, dental care, and mental health care.

**Eligibility:** No restrictions; accepts those who are uninsured

**Intake:** Call, visit office, or visit website

**Physical Address:** 51 S Brian Mickelsen Pkwy, Cottonwood, Yavapai, AZ, 86326-3610

**Hours of Operation:** Mon-Fri 7am-6pm

**Phone Number:** 928-639-8132

**Website:** <http://yavapiaz.gov/chcy>

**Email:** [web.health@co.yavapai.az.us](mailto:web.health@co.yavapai.az.us)

## **HOPE Camp Verde Center**

**Description:** Provides peer support services to adults living with a mental health and/or substance use disorder. Services include outreach to uninsured and underinsured people to offer resources peer support, substance use education, and coordination of care.

**Eligibility:** Adults living with mental illness and/or substance use disorder who are current consumers of behavioral health services

**Intake:** Call or email

**Physical Address:** 452 W Finnie Flat Rd, Ste O inside Spectrum Healthcare Group, Camp Verde, Yavapai, AZ, 86322-7298

**Hours of Operation:** Mon-Fri 8am-5pm

**Phone Number:** 928-863-2515

**Website:** <http://www.hopearizona.org>

**Email:** [darylbutricks@hopearizona.org](mailto:darylbutricks@hopearizona.org)

## **Cochise Family Advocacy Center, Inc**

**Description:** Provides services for children and adult victims of trauma. Services include crisis intervention, victim advocacy, sexual assault examinations, forensic interviews, and peer support. Also provides resources and support for continued education. Offers an address confidentiality program which helps victims from being located by the person they are seeking safety from through public record by providing a substitute address and confidential mail forwarding services to individuals and families across Arizona.

**Eligibility:** Victims of domestic violence, rape, assault, or other violent crime, and those who have witnessed to homicide or suicide.

**Intake:** Call, email, or visit the center

**Physical Address:** 214 E Tacoma St, Sierra Vista, Cochise, AZ, 85635-1520

**Hours of Operation:** Mon-Thu 9am-5pm, Fri 9am-noon; 24-hour hotline for emergencies

**Phone Number:** 520-515-4444

**Website:** <http://www.lorisplaceaz.org>

**Email:** [admin@lorisplaceaz.org](mailto:admin@lorisplaceaz.org)

## **S.T.A.R. Stand Together And Recover Centers - Flagstaff 86004**

**Description:** Provides peer-run outpatient treatment. Offers physical health and wellness services, individual and group counseling, mental health services, discharge care coordination after psychiatric hospitalization, trauma informed care, recovery support services, independent living skills, community integration, education, and advocacy.

**Eligibility:** Adults age 18 and older with a diagnosis general mental health, substance use, or serious mental illness; accepts those with and without AHCCCS

**Intake:** Call, email, or visit center

**Physical Address:** 3470 E Route 66, Suite 101, Flagstaff, Coconino, AZ, 86004-4059

**Hours of Operation:** Mon-Thu 7:30am-7:30pm, Fri 7:30am-3:30pm, Sat 7am-2pm; Mon-Fri 10am-2pm office visits

**Phone Number:** 928-864-7199

**Website:** <http://www.thestarcenters.org>

**Email:** [intakesandrenewals@thestarcenters.org](mailto:intakesandrenewals@thestarcenters.org)

## **S.T.A.R. Stand Together And Recover Centers - Phoenix 85034**

**Description:** Provides peer-run outpatient integrated care. Offers physical health and wellness services, individual and group counseling, mental health services, discharge care coordination after psychiatric hospitalization, trauma informed care, recovery support services, independent living skills, community integration, education, and advocacy.

**Eligibility:** Adults age 18 and older with a diagnosis general mental health, substance use, or serious mental illness; accepts those with and without AHCCCS

**Intake:** Call, email, or visit center

**Physical Address:** 2502 E Washington St, Phoenix, Maricopa, AZ, 85034-1412

**Hours of Operation:** Mon-Thu 7:30am-7:30pm, Fri 7:30am-3:30pm, Sat 7am-2pm; Mon-Fri 10am-2pm office visits

**Phone Number:** 602-685-1295

**Website:** <http://www.thestarcenters.org>

**Email:** [intakesandrenewals@thestarcenters.org](mailto:intakesandrenewals@thestarcenters.org)

## **S.T.A.R. Stand Together And Recover Centers - Mesa 85201**

**Description:** Provides peer-run outpatient treatment. Offers physical health and wellness services, individual and group counseling, mental health services, discharge care coordination after psychiatric hospitalization, trauma informed care, recovery support services, independent living skills, community integration, education, and advocacy.

**Eligibility:** Adults age 18 and older with a diagnosis general mental health, substance use, or serious mental illness; accepts those with and without AHCCCS

**Intake:** Call, email, or visit center

**Physical Address:** 1310 W University Dr, Mesa, Maricopa, AZ, 85201-5420

**Hours of Operation:** Mon-Thu 7:30am-7:30pm, Fri 7:30am-3:30pm, Sat 7am-2pm; Mon-Fri 10am-2pm office visits

**Phone Number:** 480-649-3642

**Website:** <http://www.thestarcenters.org>

**Email:** [intakesandrenewals@thestarcenters.org](mailto:intakesandrenewals@thestarcenters.org)

## **S.T.A.R. Stand Together And Recover Centers - Avondale 85323**

**Description:** Provides peer-run outpatient treatment. Offers physical health and wellness services, individual and group counseling, mental health services, discharge care coordination after psychiatric hospitalization, trauma informed care, recovery support services, independent living skills, community integration, education, and advocacy.

**Eligibility:** Adults age 18 and older with a diagnosis general mental health, substance use, or serious mental illness; accepts those with and without AHCCCS

**Intake:** Call, email, or visit center

**Physical Address:** 605 N Central Ave, Avondale, Maricopa, AZ, 85323-1910

**Hours of Operation:** Mon-Thu 7:30am-7:30pm, Fri 7:30am-3:30pm, Sat 7am-2pm; Mon-Fri 10am-2pm office visits

**Phone Number:** 623-882-8463

**Website:** <http://www.thestarcenters.org>

**Email:** [intakesandrenewals@thestarcenters.org](mailto:intakesandrenewals@thestarcenters.org)

## **The Mark Outpatient Counseling Center**

**Description:** Provides counseling for adolescents and adults with addiction and mental health conditions.

**Eligibility:** Adolescents and adults with substance use addiction and mental health conditions

**Intake:** Call for assessment appointment

**Physical Address:** 4653 E Pima St, Tucson, Pima, AZ, 85712-3437

**Hours of Operation:** Vary

**Phone Number:** 520-326-6182

**Website:** <http://www.themarkcounseling.com>

## **COPE Community Services - Wellness on Wheels Mobile Clinic Programs**

**Description:** Provides peer support and mobile health care services such as education, family planning, and behavioral health and geared towards people experiencing homelessness at various locations in the Tucson area.

**Eligibility:** No restrictions

**Intake:** Visit website for schedule and locations

**Physical Address:** 1477 W Commerce Ct, Tucson, Pima, AZ, 85746-6016

**Hours of Operation:** Mon, Wed, Fri 6:30am-12:30pm

**Phone Number:** 520-792-3293

**Website:** <http://copecommunityservices.org/services/wellness-on-wheels>

## **HOPE Incorporated**

**Description:** Administers programs for consumers with mental health and/or substance use disorders. Also offers criminal justice programs, warmline, and peer after-care teams.

**Eligibility:** Varies by program

**Intake:** Call

**Physical Address:** 877 S Alvernon Way, Ste 200, Tucson, Pima, AZ, 85711-5341

**Hours of Operation:** Vary

**Phone Number:** 520-770-1197

**Website:** <http://hopearizona.org>

**Email:** [danielhaley@hopearizona.org](mailto:danielhaley@hopearizona.org)

## **HOPE Prescott Center**

**Description:** Provides peer support services to adults living with a mental health and/or substance use disorder. Services include outreach to uninsured and underinsured people to offer resources peer support, substance use education, and coordination of care.

**Eligibility:** Adults living with mental illness and/or substance use disorder who are current consumers of behavioral health services

**Intake:** Call or email

**Physical Address:** 990 Willow Creek Rd, inside Spectrum Healthcare Group, Prescott, Yavapai, AZ, 86301-1640

**Hours of Operation:** Mon-Fri 8am-5pm

**Phone Number:** 928-863-2515

**Website:** <http://www.hopearizona.org>

**Email:** [darylbutricks@hopearizona.org](mailto:darylbutricks@hopearizona.org)

## **HOPE Cottonwood Center**

**Description:** Provides peer support services to adults living with a mental health and/or substance use disorder. Services include outreach to uninsured and underinsured people to offer resources peer support, substance use education, and coordination of care.

**Eligibility:** Adults living with mental illness and/or substance use disorder who are current consumers of behavioral health services

**Intake:** Call or email

**Physical Address:** 8 E Cottonwood St, inside Spectrum Healthcare Group, Cottonwood, Yavapai, AZ, 86326-4382

**Hours of Operation:** Mon-Fri 8am-5pm

**Phone Number:** 928-863-2515

**Website:** <http://www.hopearizona.org>

**Email:** [darylbutricks@hopearizona.org](mailto:darylbutricks@hopearizona.org)

## **HOPE Tucson Center**

**Description:** Provides peer support services to adults living with a mental health and/or substance use disorder. Services include case management, independent life skills training, transportation, health and wellness classes, pre-employment support, substance use education, and referrals to additional resources. Collaborates with community providers to connect those who are justice-involved to needed services. The Peer After Crisis Team (PACT) offers peer-support to adults within 24 hours of a crisis event.

**Eligibility:** Adults living with mental illness and/or substance use disorder who are current consumers of behavioral health services

**Intake:** Call

**Physical Address:** 1200 N Country Club Rd, Tucson, Pima, AZ, 85716-3625

**Hours of Operation:** Mon-Fri 8am-5pm

**Phone Number:** 520-903-6610

**Website:** <http://www.hopearizona.org>

**Email:** [maloriesamano@hopearizona.org](mailto:maloriesamano@hopearizona.org)

## **HOPE Sierra Vista Center**

**Description:** Provides peer support services to adults living with a mental health and/or substance use disorder. Services include case management, independent life skills training, transportation, health and wellness classes, pre-employment support, substance use education, and referrals to additional resources. Collaborates with community providers to connect those who are justice-involved to needed services.

**Eligibility:** Adults living with mental illness and/or substance use disorder who are current consumers of behavioral health services

**Intake:** Call

**Physical Address:** 1201 E Fry Blvd, Ste 3, Sierra Vista, Cochise, AZ, 85635-2600

**Hours of Operation:** Mon-Fri 8am-5pm

**Phone Number:** 520-459-2624

**Website:** <http://www.hopearizona.org>

**Email:** [jeromelanier@hopearizona.org](mailto:jeromelanier@hopearizona.org)

## **HOPE Nogales Center**

**Description:** Provides peer support services to adults living with a mental health and/or substance use disorder. Services include case management, independent life skills training, transportation, health and wellness classes, pre-employment support, substance use education, and referrals to additional resources. Collaborates with community providers to connect those who are justice-involved to needed services.

**Eligibility:** Adults living with mental illness and/or substance use disorder who are current consumers of behavioral health services

**Intake:** Call

**Physical Address:** 1891 N Mastick Way, Nogales, Santa Cruz, AZ, 85621-1025

**Hours of Operation:** Mon-Fri 8am-5pm

**Phone Number:** 520-287-9612

**Website:** <http://www.hopearizona.org>

**Email:** [rosalopezmerino@hopearizona.org](mailto:rosalopezmerino@hopearizona.org)

## **HOPE Douglas Center**

**Description:** Provides peer support services to adults living with a mental health and/or substance use disorder. Services include case management, independent life skills training, transportation, health and wellness classes, pre-employment support, substance use education, and referrals to additional resources. Collaborates with community providers to connect those who are justice-involved to needed services.

**Eligibility:** Adults living with mental illness and/or substance use disorder who are current consumers of behavioral health services

**Intake:** Call

**Physical Address:** 661 N G Ave, Douglas, Cochise, AZ, 85607-2105

**Hours of Operation:** Wed-Fri 9am-Noon

**Phone Number:** 520-459-2624

**Website:** <http://hopearizona.org>

**Email:** [jeromelanier@hopearizona.org](mailto:jeromelanier@hopearizona.org)



## **The Potter's House Substance Abuse Center**

**Description:** Provides comprehensive outpatient substance abuse services for adults age 18 and older, as well as community mental health treatment. Services provided include assessments, Domestic Violence group therapy, Anger Management group therapy, Substance Abuse group therapy, Parenting Skills group, individual counseling services, relapse prevention group therapy, and DUI treatment and education.

**Eligibility:** Adults age 18 and older with substance abuse issues

**Intake:** Call for appointment

**Physical Address:** 1717 W Northern Ave, Ste 101, Phoenix, Maricopa, AZ, 85021-5400

**Hours of Operation:** Mon-Fri 8am-5pm

**Phone Number:** 602-254-9701

**Website:** <http://www.thepottershousesacenter.org>

## **Valle del Sol - Phoenix 85003**

**Description:** Provides family practice and pediatrics; outpatient behavioral health including psychiatric evaluations, medication management, integrated health case management, family support, and counseling; services for people with a serious mental illness (SMI) designation; an opioid medication assisted treatment program; enrollment assistance; and a full service pharmacy.

**Eligibility:** No restrictions

**Intake:** Call or email

**Physical Address:** 1209 S 1st Ave, Phoenix, Maricopa, AZ, 85003-2605

**Hours of Operation:** Mon-Fri 4:30am-7pm, Sat 7am-noon

**Phone Number:** 480-436-7409

**Website:** <http://www.valledelsol.com>

**Email:** [info@valledelsol.com](mailto:info@valledelsol.com)

## **Circle the City Parsons Family Health Center**

**Description:** Provides outpatient primary healthcare services and behavioral health services.

**Eligibility:** People who are experiencing homelessness or are at-risk for homelessness

**Intake:** Call or visit center

**Physical Address:** 3522 N 3rd Ave, Phoenix, Maricopa, AZ, 85013-3903

**Hours of Operation:** Mon-Fri 8am-5pm

**Phone Number:** 602-776-7676

**Website:** <http://www.circlethecity.org>

## **Revive Integrated Care Services, LLC**

**Description:** Provides a holistic approach of care to adults and seniors experiencing mental and behavioral health challenges. Services include intensive outpatient, group, individual, and family support and counseling. Offers education, relapse prevention, life skills and coping strategies.

Safe Space for gender-inclusive care.

**Eligibility:** Adults and Seniors

**Intake:** Call, email, visit office, or visit website

**Physical Address:** 1616 E Indian School Rd, Ste 400, Phoenix, Maricopa, AZ, 85016-8604

**Hours of Operation:** Mon-Fri 8am-5pm; Sat-Sun by appointment only

**Phone Number:** 602-283-5131

**Website:** <http://www.reviveintegratedcareservices.com>

**Email:** [tamaladanielspllc@gmail.com](mailto:tamaladanielspllc@gmail.com)

## **Circle the City After Hours Clinic - CASS**

**Description:** Provides outpatient physical health services and behavioral health services.

**Eligibility:** People experiencing homelessness or at-risk of homelessness

**Intake:** Call

**Physical Address:** 230 S 12th Ave, #830, Phoenix, Maricopa, AZ, 85007-3101

**Hours of Operation:** Mon-Fri 6pm-10pm

**Phone Number:** 602-900-2203

**Website:** <http://www.circlethecity.org>

## **Circle the City After Hours Clinic - LDRC**

**Description:** Provides outpatient physical health services and behavioral health services.

**Eligibility:** People experiencing homelessness or at-risk of homelessness

**Intake:** Call

**Physical Address:** 1125 W Jackson St, #448, Phoenix, Maricopa, AZ, 85007-3110

**Hours of Operation:** Sat-Sun 10am-7pm

**Phone Number:** 602-900-2203

**Website:** <http://www.circlethecity.org>

## **Circle the City Family Health Center - UMOM**

**Description:** Provides outpatient physical health services and behavioral health services.

**Eligibility:** People experiencing homelessness or at-risk of homelessness

**Intake:** Call

**Physical Address:** 3333 E Van Buren St, Phoenix, Maricopa, AZ, 85008-6812

**Hours of Operation:** Mon 9am-6pm, Thu 8am-noon

**Phone Number:** 602-900-2203

**Website:** <http://www.circlethecity.org>

## **Avenir Behavioral Health Center**

**Description:** Inpatient behavioral hospital providing comprehensive psychiatric evaluation.

Inpatient behavioral hospital, in network with Mercy Care, offers two separate units, one dedicated to geriatric patients and the other dedicated to adults ages 18 and older. Serves patients in crisis with a number of symptoms including detox, suicide risks, depression, anxiety disorders, hallucinations, delusions, aggressive behaviors, assaultive behaviors, confused thinking, social withdrawal, sudden and unexplained changes in behavior, and more.

**Eligibility:** Geriatrics and adults experiencing a mental health crisis

**Intake:** Call, email, walk in or visit website for information as well as intake and evaluation

**Physical Address:** 16561 N Parkview Pl, Surprise, Maricopa, AZ, 85374-7499

**Hours of Operation:** 24-hours

**Phone Number:** 623-522-4525

**Website:** <http://www.avenirseniorliving.com/senior-living/az/surprise/behavioral-health/>

## **Duet Family Caregiver Services**

**Description:** Provides support groups, mentoring, training, and personalized guidance to help family caregivers deal with their own needs and those of an aging loved one.

**Eligibility:** Caregivers of aging relatives

**Intake:** Call or visit website

**Physical Address:** 10000 N 31st Ave, Ste D200, Phoenix, Maricopa, AZ, 85051-9570

**Hours of Operation:** Mon-Fri 8am-4:30pm

**Phone Number:** 602-274-5022

**Website:** <http://www.duetaz.org>

**Email:** [richards@duetaz.org](mailto:richards@duetaz.org)

## **Lifewellness Center - Mesa 85201**

**Description:** Provides outpatient mental health and substance use counseling services for adults. Services include group and individual counseling, psychiatric evaluation, and psychiatric medication services. Therapeutic groups address substance abuse, general mental health, non-SMI co-occurring, anger management, women's intensive substance use day treatment, and basic dialectical behavior therapy skills.

**Eligibility:** Adults with general mental health and/or substance use or serious mental illness (SMI), and those who are AHCCCS eligible

**Intake:** Call

**Physical Address:** 262 E University Dr, Mesa, Maricopa, AZ, 85201-5932

**Hours of Operation:** Mon, Wed, Fri 8am-5pm; Tue, Thu 8am-8pm

**Phone Number:** 602-808-2822

**Website:** <http://www.lifewell.us>

## **Lifewellness Center - Phoenix 85029**

**Description:** Provides outpatient mental health and substance use counseling services for adults. Services include group and individual counseling, psychiatric evaluation, and psychiatric medication services. Therapeutic groups address substance abuse, general mental health, co-occurring, anger management, women's intensive substance use day treatment, and basic dialectical behavior therapy (DBT) skills.

**Eligibility:** Adults with general mental health and/or substance use or serious mental illness (SMI), and those who are AHCCCS eligible

**Intake:** Call

**Physical Address:** 10844 N 23rd Ave, Ste 100, Phoenix, Maricopa, AZ, 85029-4939

**Hours of Operation:** Mon-Fri 8am-5pm

**Phone Number:** 602-808-2822

**Website:** <http://www.lifewell.us>

## **Hushabye Nursery**

**Description:** Provides prenatal and postpartum parenting support groups and parenting classes. Offers case management, peer supports, resource center and counseling services for clients and free phones with a year of service if eligible to be able to enroll in the program and receive virtual behavioral health services.

**Eligibility:** Families with a history of substance use disorders, pregnant or postpartum women, and infants with substance exposure

**Intake:** Call, email or text

**Physical Address:** 3003 E. McDowell Rd, Phoenix, Maricopa, AZ, 85008-3620

**Hours of Operation:** 24-hours

**Phone Number:** 480-628-7500

**Website:** <http://www.hushabyenursery.org>

**Email:** [tara.sundem@hushabyenursery.org](mailto:tara.sundem@hushabyenursery.org)

## **NAZCARE- Casa Grande**

**Description:** Provides a variety of peer support, life skills, and supported employment services to people with Serious Mental Illness (SMI), general mental health concerns, and co-occurring issues.

**Eligibility:** People with Serious Mental Illness (SMI), general mental health concerns, substance use disorders, and co-occurring issues

**Intake:** Call or visit office

**Physical Address:** 846 W Cottonwood Ln, Casa Grande, Pinal, AZ, 85122

**Hours of Operation:** Tue, 10am-4pm

**Website:** <http://www.nazcare.org/>

## **The Guidance Center Williams Office**

**Description:** Provides individual, family, and group counseling; outpatient behavioral health services; outpatient substance abuse services; case management; and services for adults with a serious mental illness (SMI) designation.

**Eligibility:** Children, adults, and families

**Intake:** Call for appointment

**Physical Address:** 220 W Grant St, Williams, Coconino, AZ, 86046-2535

**Hours of Operation:** Mon-Fri 8am-5pm

**Phone Number:** 928-635-4272

**Website:** <http://www.tgcaz.org>

## **The Guidance Center Outpatient Services**

**Description:** Provides behavioral health services for children and adults. Services include mental health screening, evaluation, consultation, education, prevention and case management; individual, family, and group counseling; psychiatric evaluation, counseling, and medication monitoring; children's prevention, early intervention, and treatment services; substance abuse individual and group counseling; services for serious mental illness; and aftercare program.

**Eligibility:** No restrictions

**Intake:** Call for appointment

**Physical Address:** 2695 E Industrial Dr, Flagstaff, Coconino, AZ, 86004-6109

**Hours of Operation:** Mon-Fri 8am-5pm; 24-hours crisis services

**Phone Number:** 928-527-1899

**Website:** <http://www.tgcaz.org>

## **Sonora Outpatient Program**

**Description:** Provides outpatient program for adolescents and adults with mental health or substance use concerns.

**Eligibility:** Adolescents and adults with substance abuse or mental health problems

**Intake:** Call for assessment

**Physical Address:** 3130 E Broadway Blvd, Ste 196, Tucson, Pima, AZ, 85716-5863

**Hours of Operation:** Vary

**Phone Number:** 877-404-4273

**Website:** <http://www.sonorabehavioral.com/about/location/outpatient-tucson>

## **211 Arizona**

**Description:** Provides information about and referrals to health and human services throughout Arizona by phone and website.

**Eligibility:** No restrictions

**Intake:** Call, email, or visit website. For those sending an email, include city and/or ZIP Code with a brief description of the needed services.

**Physical Address:** 1275 W Washington St, Ste 210, Tempe, Maricopa, AZ, 85281-1859

**Hours of Operation:** 24-hours

**Phone Number:** 211

**Website:** <http://211arizona.org>

**Email:** [211arizona@solari-inc.org](mailto:211arizona@solari-inc.org)

## **Alzheimer's Association - Northern Arizona Region**

**Description:** Provides services for people with Alzheimer's disease and other related dementias, and their families and caregivers. Services include educational materials, a resource library, and a speaker's bureau. Also provides support groups for people caring for those with Alzheimer's disease.

**Eligibility:** No restrictions

**Intake:** Call, visit office, or write

**Physical Address:** 3111 Clearwater Dr, Ste A, Prescott, Yavapai, AZ, 86305-7186

**Hours of Operation:** Mon-Thu 9am-3:30pm administration

**Phone Number:** 928-771-9257

**Website:** <http://www.alz.org/dsw>

**Email:** [ldjenkins@alz.org](mailto:ldjenkins@alz.org)

## **Alzheimer's Association - Central Arizona Region**

**Description:** Provides services for people with Alzheimer's disease and other related dementias, and their families and caregivers. Services include educational materials, a resource library, and a speaker's bureau. Also provides support groups for people caring for those with Alzheimer's disease.

**Eligibility:** No restrictions

**Intake:** Call, visit office, or write

**Physical Address:** 340 E Palm Ln, Ste 230, Phoenix, Maricopa, AZ, 85004-4530

**Hours of Operation:** Mon-Thu 9am-3:30pm administration

**Phone Number:** 602-528-0545

**Website:** <http://www.alz.org/dsw>

**Email:** [tgspitz@alz.org](mailto:tgspitz@alz.org)

## **Arizona Suicide Prevention Coalition**

**Description:** Coalition of mental health leaders, educators, healthcare professionals, survivors, and advocates committed to suicide prevention by providing resources, education, and community support for those affected by suicide.

**Eligibility:** Anyone seeking seeking information on suicide prevention

**Intake:** Visit website

**Hours of Operation:** 24-hours website

**Website:** <http://www.azspc.org>

**Email:** [jenn@azspc.org](mailto:jenn@azspc.org)

## **MIKID**

**Description:** Administers services for youth with mental health issues. Services include one-on-one family support, peer support, health promotion, support groups, training and education, individual and community-based living skills, respite, and connecting families and individuals with support in the community.

**Eligibility:** Families, youth and adults age 25 and younger who have a behavioral health diagnosis and are facing mental health.

**Intake:** Call; Intake agencies, outpatient clinics, or Parent Support Now (PSN), through MIKID representative, can fax referral packets.

**Physical Address:** 7816 N 19th Ave, Phoenix, Maricopa, AZ, 85021-7036

**Hours of Operation:** Mon-Fri 8am-4pm; 24-hours answering machine

**Phone Number:** 602-253-1240

**Website:** <http://www.mikid.org>

**Email:** [phoenix@mikid.org](mailto:phoenix@mikid.org)

## **Alzheimer's Association - Southern Arizona Region**

**Description:** Provides services for people with Alzheimer's disease and other related dementias, and their families and caregivers. Services include educational materials, a resource library, and a speaker's bureau. Also provides support groups for people caring for those with Alzheimer's disease.

**Eligibility:** People with Alzheimer's disease and other related dementias, and their families and caregivers in Cochise, Graham, Greenlee, Pima, Santa Cruz, and Yuma counties

**Intake:** Call, visit office, email, or write

**Physical Address:** 2990 N Swan Rd, Ste 147, Tucson, Pima, AZ, 85712-6025

**Hours of Operation:** Mon-Thu 9am-3:30pm administration; 24-hours helpline

**Phone Number:** 520-322-6601

**Website:** <http://www.alz.org/dsw>

**Email:** [mhartford@alz.org](mailto:mhartford@alz.org)

## **AZlinks.gov**

**Description:** Website offers information and resources on aging and disability.

**Eligibility:** Anyone seeking information on aging and disability

**Intake:** Visit website

**Physical Address:** Confidential location, Phoenix, Maricopa, AZ, 85001

**Hours of Operation:** 24-hours website

**Website:** <http://azlinks.gov>

## **988 Suicide and Crisis Lifeline**

**Description:** Connects callers to the nearest available crisis call center in the network. Callers speak to a trained hotline worker who will listen to and assess their problem. Also makes referrals to appropriate services for ongoing care, if needed.

**Eligibility:** No restrictions

**Intake:** Call or live chat through website

**Physical Address:** 50 Broadway St, Fl 19, New York, New York, NY, 10004-3814

**Hours of Operation:** 24-hours

**Phone Number:** 988

**Website:** <http://988lifeline.org>



## **NAMI Arizona**

**Description:** Provides programs for people affected by mental illness throughout Arizona. Offers support groups for people with mental illness, their families and friends. Sponsors the annual fundraising and education event NAMI Valley Walk.

**Eligibility:** No restrictions

**Intake:** Call

**Physical Address:** 5025 E Washington St, Ste 112, Phoenix, Maricopa, AZ, 85034-7438

**Hours of Operation:** Mon-Fri 9am-5pm administration; 24-hours answering machine; event held in the autumn

**Phone Number:** 480-994-4407

**Website:** <http://www.namiarizona.org>

**Email:** [namiaz@namiaz.org](mailto:namiaz@namiaz.org)

## **Solari Behavioral Health Crisis Line**

**Description:** Provides mental health, suicide prevention, domestic violence and general crisis hotline for youth and adults in crisis.

**Eligibility:** Children and adults in crisis

**Intake:** Call, text "hope" to 44673 (4HOPE)

**Physical Address:** 1275 W Washington St, Ste 201, Tempe, Maricopa, AZ, 85281-1859

**Hours of Operation:** 24-hours hotline

**Phone Number:** 844-534-4673

**Website:** <http://crisis.solari-inc.org>

**Email:** [communications@solari-inc.org](mailto:communications@solari-inc.org)

## **Solari Community Support Network Eligibility and Care Services**

**Description:** Evaluates assessment packets for both adults and children received by healthcare providers or AHCCCS providers to determine whether an individual meets diagnostic and functional criteria to receive comprehensive, community based mental health care if eligible for Serious Mental Illness (SMI) or Serious Emotional Disturbance (SED) services by following the states guidelines/criteria.

**Eligibility:** Adults and children who may have a Serious Mental Illness (SMI) or Serious Emotional Disturbance (SED). Must have a behavioral health service provider apply for the evaluation.

**Intake:** Call or visit website for information. Contact local T/RBHA or Crisis Preparation & Recovery to schedule an appointment. Behavioral health service providers complete an evaluation, then submit the SMI or SED Assessment Packet.

**Physical Address:** 1275 W Washington St, Ste 210, Tempe, Maricopa, AZ, 85281-1233

**Hours of Operation:** Mon-Fri 8am-5pm

**Phone Number:** 602-845-3594

**Website:** <http://community.solari-inc.org/eligibility-and-care-services>

## **SAMHSA Find Support Website**

**Description:** Website provides referrals to support for people struggling with mental health, drugs, or alcohol. Includes referrals to professionals, health centers, and support groups. Website allows searching by results for those with no insurance.

**Eligibility:** No restrictions

**Intake:** Visit website

**Physical Address:** 5600 Fishers Ln, Rockville, Montgomery, MD, 20857-0002

**Hours of Operation:** 24-hours website

**Website:** <http://www.samhsa.gov/find-support>

## **Mercy Care ACC-RBHA**

**Description:** Provides an AHCCCS Health Plan for people located in Gila, Pinal, and Maricopa counties; does not include ZIP codes 85542, 85192, and 85550. Partners with a system of providers that deliver behavioral health and medical care to people who are signed up for AHCCCS/Medicaid. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments. This service is available for members who are unable to provide or pay for their own transportation. Offers mental health screening, substance use disorder treatment, counseling and case management. Website offers a database of providers searchable by location and service. Accepts and attempts to resolve complaints.

**Eligibility:** Children and adults who are on AHCCCS in Gila, Pinal, and Maricopa counties; does not include ZIP codes 85542, 85192, and 85550

**Intake:** Call or visit website to locate a provider. Bring photo ID, AHCCCS card, Social Security card, list of medications, and name of family doctor to first appointment.

**Physical Address:** 4500 E Cotton Center Blvd, Phoenix, Maricopa, AZ, 85040-8840

**Hours of Operation:** Mon-Fri 7am-6pm member services; 24-hours nurse line

**Website:** <http://www.mercycareaz.org/acc-rbha/index.html>

## **Arizona State Health Insurance Assistance Program**

**Description:** Provides education, outreach, counseling, and information to Medicare beneficiaries, their families, and caregivers.

**Eligibility:** Medicare beneficiaries, their families, and caregivers

**Intake:** Call or email

**Physical Address:** 1789 W Jefferson St, Phoenix, Maricopa, AZ, 85007-3202

**Hours of Operation:** Mon-Fri 8am-5pm

**Phone Number:** 800-432-4040

**Website:** <http://des.az.gov/services/older-adults/medicare-assistance>

**Email:** [mmccarthy@azdes.gov](mailto:mmccarthy@azdes.gov)

## **24-Hour Senior HELP LINE**

**Description:** Provides information and referrals to services for older adults. Includes information about transportation, housing, long-term care, benefits, older worker referrals, caregiver respite, volunteer opportunities, counseling, senior centers, minor home repairs, support groups, home health aides, legal assistance, home delivered meals, and nurse visits. Coordinates planning, development, and delivery of needed services for seniors age 60 and older and adults with disabilities age 18 and older with long term care needs.

**Eligibility:** Seniors age 60 and older, adults age 18 and older with disabilities, and family caregivers

**Intake:** Call

**Physical Address:** 1366 E Thomas Rd, Ste 108, Phoenix, Maricopa, AZ, 85014-5793

**Hours of Operation:** 24-hours

**Phone Number:** 602-264-4357

**Website:** <http://www.aaaphx.org/program-services/24-hour-senior-help-line>

This resource guide is a partnership between Mercy Care and 211 Arizona. You can create your own guide and search the 211 Arizona database or use the categories to find what you're looking for.

Need this guide printed? Call Mercy Care Member Services at 602-263-3000 or 1-800-624-3879 (TTY 711).

We're here for you 7 a.m. to 6 p.m., Monday to Friday.