Community Resource Guide: Food

The Salvation Army - Kingman Service Center

Description: Provides food, clothing, and utility payment assistance to people in need.
Eligibility: People with income at or below 185% of the Federal Poverty Guidelines
Intake: Call for an appointment; must bring ID and proof of residence and income
Physical Address: 543A E Andy Devine Ave, Kingman, Mohave, AZ, 86401-5905
Hours of Operation: Administration Mon-Fri 9am-4pm; Food pantry Mon-Fri 9am-noon
Phone Number: 928-718-2600
Website: http://kingman.salvationarmy.org
Email: bradley.gersch@usw.salvationarmy.org

Vineyard Food & Clothing Bank

Description: Provides food and clothing for people in need.
Eligibility: People in need, may receive twice in a calendar month
Intake: Visit food bank. Bring driver license or other photo ID and proof of address such as a current piece of mail with name and address on it.
Physical Address: 6250 W Peoria Ave, Glendale, Maricopa, AZ, 85302-3827
Hours of Operation: Mon, Tue, Thu 7pm intake begins until 35 households are accepted; Wed, Fri, Sat, Sun 9am intake begins until 35 households are accepted
Phone Number: 623-934-4000
Website: http://vineyardnorthphoenix.com/foodbank
Email: Schofell@vcfnp.com

Valley View Community Food Bank - Youngtown

Description: Provides emergency food boxes for people in need, location for Friday Farmers Market.
Eligibility: No restrictions
Intake: Visit office. Required documents vary by services.
Physical Address: 12030 N Clubhouse Sq, Youngtown City Hall, Youngtown, Maricopa, AZ, 85363-1212
Hours of Operation: Vary
Phone Number: 623-240-0505
Website: http://www.feedingaz.org

Valley View Community Food Bank - Sun City

Description: Provides emergency food boxes for people in need. Also location for Farmers market.
Eligibility: No restrictions
Intake: Call or visit office. Required documents vary by services.
Physical Address: 10771 W Peoria Ave, Sun City, Maricopa, AZ, 85351-4061
Hours of Operation: Vary
Phone Number: 623-240-0505
Website: http://www.feedingaz.org

Joe C Montoya Community and Senior Center

Description: Offers recreation programs for all ages including a weight room, special events, and drop-in recreation programs. Also offers recreational activities and congregate meals for seniors.
Eligibility: No restrictions for most activities; seniors for congregate meals
Intake: Call, visit center, or visit website. Required documents will depend on services.
Physical Address: 245 N Thorpe Rd, Flagstaff, Coconino, AZ, 86001-1579
Hours of Operation: Mon-Thu 7am-8pm, Fri 7am-2pm
Phone Number: 928-213-2765
Website: http://www.flagstaff.az.gov/817/joe-c-montoya-community-senior-center
Email: llucero@flagstaffaz.gov

Alhambra Elementary School District Family Resource Center

Description: Provides support services and information about additional resources in the community for Alhambra Elementary School District students and their families. Offers clothing and toiletries, food boxes, and access to behavioral health and benefits application assistance. Serves as a family resource center.
Eligibility: Alhambra Elementary School District students and their families
Intake: Call. Required documents will depend on services.
Physical Address: 4432 W Maryland Ave, Glendale, Maricopa, AZ, 85301-4174
Hours of Operation: Mon-Fri 8am-3pm
Phone Number: 602-242-5828
Website: http://www.alhambraesd.org/frc
Email: contactFRC@alhambraesd.org

Father Matters

Description: Offers parenting classes and support groups, family law legal services, diaper bag program, child support services, employment training services, financial literacy, food boxes, eye exams, eyeglasses vouchers, and referrals for housing and Duplicate Arizona ID. Assists ex-offenders through employment, mentoring and case management services.
Eligibility: No restrictions
Intake: Call to schedule an appointment and complete intake form. Required documents vary by services.
Physical Address: 3146 E Wier Ave, Ste 26, Phoenix, Maricopa, AZ, 85040-2754
Hours of Operation: Mon-Thu 9am-5pm, Fri 8am-3pm
Phone Number: 602-774-3298
Website: http://fathermatters.org
Email: info@fathermatters.org

Father Matters - Phoenix

Description: Offers parenting classes and support groups, family law legal services, diaper bag program, child support services, employment training services, financial literacy, food boxes, eye exams, eyeglasses vouchers, and referrals for housing and Duplicate Arizona ID. Assists ex-offenders through employment, mentoring and case management services.
Eligibility: No restrictions
Intake: Call to schedule an appointment and complete intake form. Required documents vary by services.
Physical Address: 2020 W Durango St, Suite 31, Phoenix, Maricopa, AZ, 85009-6557
Hours of Operation: Vary
Phone Number: 602-774-3298
Website: http://www.fathermatters.org

Adelante Healthcare - Goodyear

Description: Community clinic that offers basic care, dental, pharmacy, and has sliding scale services available; WIC available on site.
Eligibility: No restrictions for care; call Appointment Line for financial assistance eligibility.
Intake: Call for an appointment. Call Appointment Line or submit form on website if applying for financial assistance. Proof of income, household size, and insurance status required for financial assistance. Contact provider to confirm other documents required.
Physical Address: 13471 W Cornerstone Blvd, Goodyear, Maricopa, AZ, 85395
Hours of Operation: Medical Services Mon-Fri 7am-6pm; Dental Services Mon-Thu 7am-6pm, Fri 8am-5pm; Patient Support Center Mon-Fri 7am-6pm, Sat 8am-5pm; WIC Mon-Fri 8am-noon, 1pm-5pm.
Phone Number: 480-964-2273
Website: http://adelantehealthcare.com/locations/goodyear/
Email: cpuaa@adelantehealthcare.com

Adam Diaz Senior Center

Description: Offers activities for seniors including clubs and classes, social activities and entertainment, games, fitness, and health and education programs. Frozen meals are delivered each week to members on request.
Eligibility: Seniors age 60 and older and adults with disabilities
Intake: Call, visit center, or visit website. Contact provider to confirm documents required.
Physical Address: 4115 W Thomas Rd, Phoenix, Maricopa, AZ, 85019-4332
Hours of Operation: Center Hours Mon-Fri 8am-5pm; Lunch served Mon-Fri at 11:30am
Phone Number: 602-262-1609
Website: http://www.phoenix.gov/administration/departments/humanservices/programs-services/seniors-older-adults.html

Goelet A C Beuf Senior Center

Description: Offers activities for seniors including clubs and classes, social activities and entertainment, games, fitness, and health and education programs. Also offers daily senior lunch.
Eligibility: Seniors age 60 and older and adults with disabilities
Intake: Call, visit center, or visit website. Contact provider to confirm documents required
Physical Address: 3435 W Pinnacle Peak Rd, Phoenix, Maricopa, AZ, 85027-1021
Hours of Operation: Center Hours Mon-Fri 8am-5pm; Lunch served Mon-Fri at 11:30am
Phone Number: 602-534-9743
Website: http://www.phoenix.gov/administration/departments/humanservices/programs-services/seniors-older-adults.html

Devonshire Senior Center

Description: Offers activities for seniors including clubs and classes, social activities and entertainment, games, fitness, and health and education programs. Also offers daily senior lunch.
Eligibility: Seniors age 60 and older and adults with disabilities
Intake: Call, visit center, or visit website. Contact provider to confirm documents required
Physical Address: 2802 E Devonshire Ave, Phoenix, Maricopa, AZ, 85016-8505
Hours of Operation: Center Hours Mon-Fri 8am-5pm; Lunch served Mon-Fri at 11:30am
Phone Number: 602-262-7807
Website: http://www.phoenix.gov/administration/departments/humanservices/programs-services/seniors-older-adults.html

Marcos De Niza Senior Center

Description: Offers activities for seniors including clubs and classes, social activities and entertainment, games, fitness, and health and education programs. Offers daily senior lunch, monthly food boxes, and brown bag meal on Tuesdays.
Eligibility: Seniors age 60 and older and adults with disabilities
Intake: Call, visit center, or visit website. Contact provider to confirm documents required
Physical Address: 305 W Pima St, Phoenix, Maricopa, AZ, 85003-2752
Hours of Operation: Center Hours Mon-Fri 8am-5pm; Lunch served Mon-Fri at 11:30am
Phone Number: 602-262-7249
Website: http://www.phoenix.gov/administration/departments/humanservices/programs-services/seniors-older-adults.html

Helen Drake Senior Center

Description: Offers activities for seniors including clubs and classes, social activities and entertainment, games, fitness, and health and education programs. Offers daily senior lunch.
Eligibility: Seniors age 60 and older and adults with disabilities
Intake: Call, visit center, or visit website. Contact provider to confirm documents required
Physical Address: 7600 N 27th Ave, Phoenix, Maricopa, AZ, 85051-6602
Hours of Operation: Center hours Mon-Fri 8am-5pm; lunch served Mon-Fri at 11:30am
Phone Number: 602-262-4949
Website: http://www.phoenix.gov/administration/departments/humanservices/programs-services/seniors-older-adults.html

Chinese Senior Center

Description: Offers activities for seniors including clubs and classes, social activities and entertainment, games, fitness, and health and education programs. Offers daily lunch, home delivered meals, and monthly food boxes.
Eligibility: Seniors age 60 and older and adults with disabilities
Intake: Call, visit office, or visit website. Contact provider to confirm documents required.
Physical Address: 734 W Elm St, Phoenix, Maricopa, AZ, 85013-2416
Hours of Operation: Program Hours Mon-Fri 8am-5pm, Lunch served daily at noon
Phone Number: 602-262-6411
Website: http://www.phoenix.gov/administration/departments/humanservices/programs-services/seniors-older-adults.html

Sunnyslope Senior Center

Description: Offers activities for seniors including clubs and classes, social activities and entertainment, games, fitness, and health and education programs. Offers daily senior lunch.
Eligibility: Seniors age 60 and older and adults with disabilities
Intake: Call, visit center, or visit website. Contact provider to confirm documents required
Physical Address: 802 E Vogel Ave, Phoenix, Maricopa, AZ, 85020-2131
Hours of Operation: Center Hours Mon-Fri 8am-5pm; Program Hours Mon-Fri 9am-4pm; Lunch served daily at 11:30am
Phone Number: 602-262-7572
Website: http://www.phoenix.gov/administration/departments/humanservices/programs-services/seniors-older-adults.html

East Mesa Baptist Church Food Bank Ministry

Description: Provides emergency food items for people in need.
Eligibility: Adults age 18 and older who are in need
Intake: Call to reserve food box; clients must bring their own boxes. Required documents vary by services.
Physical Address: 752 S Ellsworth Rd, Mesa, Maricopa, AZ, 85208-2311
Hours of Operation: Food Distribution Wed 10am-11am
Phone Number: 480-986-9827
Website: http://www.eastmesabc.com/pages/food-bank-ministry

Duncan Food Bank

Description: Provides emergency food boxes for people in need for residents of Greenlee County.
Eligibility: People in need in that physically reside in Greenlee County, AZ. Must meet income eligibility guidelines.
Intake: Call or visit website. Income guidelines apply; Required documents will depend on services.
Physical Address: 210 Gale Ave, Duncan, Greenlee, AZ, 85534-5500
Hours of Operation: Senior food boxes, bread, and produce 9am-10:30am 2nd Wed of the month;
Commodities food box, bread, produce, and senior food box 9am-10:30am 4th Tue of the month;
Emergency food box by appointment.
Phone Number: 928-322-2209
Website: http://www.facebook.com/FirstSouthernBaptistDuncanArizona
Email: 6sumner@gmail.com

Grateful Hearts Free Meals

Description: Provides free breakfast, hot lunch, groceries, clothing, and hygiene.
Eligibility: No restrictions
Intake: Visit
Physical Address: 8066 N 49th Ave, Glendale, Maricopa, AZ, 85302
Hours of Operation: Every Tuesday free Breakfast, clothing, and hygiene 7:30am - 8:30am: Free groceries 9am - 10:45am; Hot Lunch 10-11am
Phone Number: 602-809-9828
Website: http://gratefulheartsglendale.com
Email: gratefulheartsglendale@gmail.com

Oasis Community Church Food Pantry

Description: Provides food boxes along with fresh and frozen goods for people in need in the north Phoenix and Scottsdale areas.
Eligibility: People in need in the north Phoenix and Scottsdale areas. Contact provider to confirm documents required.
Intake: Visit food pantry Sat 10am-noon
Physical Address: 15014 N 56th St, Scottsdale, Maricopa, AZ, 85254-2407
Hours of Operation: Sat 10am-noon
Phone Number: 602-494-9557
Website: http://www.oasisphx.com/pantry
Email: mail@occphx.com

Peoria Community Center

Description: Recreational center offering activities for seniors and senior lunches. Also offers information and referrals to local non-profit agencies for community resource programs.
Eligibility: No restrictions
Intake: Call, visit center, or visit website; Contact provider to confirm documents required
Physical Address: 8335 W Jefferson St, Peoria, Maricopa, AZ, 85345-6516
Hours of Operation: Community Center Mon-Thu 8am-9pm, Fri 8am-5pm, Sat 8am-3pm; Senior lunch served Mon-Fri at 11:45 am; Coffee and baked items served Mon-Fri 8am-10am
Phone Number: 623-773-7436
Website: http://www.peoriaaz.gov/government/departments/community-services/facilities/community-center

Payson Senior Center

Description: Provides services for seniors including recreation and education programs, hot meals and home delivered meals, shopping services, friendly visiting, chore maintenance, local transportation, and information about and referrals to legal assistance for seniors.
Eligibility: Seniors age 60 and older or spouses of eligible clients, adults age 50 and older for recreation programs
Intake: Call for meal reservations in-house and for pick-up
Physical Address: 514 W Main St, Payson, Gila, AZ, 85541-5334
Hours of Operation: Office Hours Mon-Thu 8am-4pm; Friday by appointment only; Lunch served Mon-Thu at noon
Phone Number: 928-474-4876
Website: http://paysonseniorcenter.org
Email: director@paysonseniorcenter.org

Parker Community Senior Center

Description: Offers recreation and socialization activities for seniors including health and nutrition education, exercise classes, arts and crafts, assistance with necessities, and home repairs, Medicare information program, and transportation including weekly van trips to Lake Havasu City. Also provides congregate and home delivered meals.
Eligibility: No restrictions
Intake: Call, visit center, or visit website
Physical Address: 1115 W 12th St, Parker, La Paz, AZ, 85344-5711
Hours of Operation: Center hours vary; Mon-Fri 11:30am-12:30pm congregate meals
Phone Number: 928-669-9514
Website: http://www.townofparkeraz.com/page/parker-community-center/
Email: seniors@townofparkeraz.us

All Faith Community Services

Description: Provides food, clothing, furniture, and household goods to individuals and families in need. Offers food, diapers, and other items for families with infants.
Eligibility: Individuals and families with low income who live in Buckeye
Intake: Call. Required documents will depend on services.
Physical Address: 214 S 5th St, Buckeye, Maricopa, AZ, 85326-2828
Hours of Operation: Mon-Fri 8:30am-12:30pm
Phone Number: 623-386-3513
Website: http://www.allfaithaz.org/
Email: allfaithcs@aol.com

Goodyear Mobile Food Bank

Description: Provides food boxes for residents of the city of Goodyear.
Eligibility: Goodyear residents in zip codes 85338, 85395
Intake: Visit
Physical Address: 14900 W Van Burren St, Goodyear, Maricopa, AZ, 85338-3002
Hours of Operation: Mon, Wed, Thu 9am-11am
Phone Number: 602-501-7090
Website: http://www.allfaithcsaz.com/mobile-food-bank

Luke 15 Community Services

Description: Provides street outreach, food boxes, mentoring and peer support to people on low income and those experiencing homelessness.
Eligibility: People on low income and those experiencing homelessness
Intake: Call, email, or text; Contact to confirm documents required
Physical Address: 6344 E Brown Rd, Ste 104, Mesa, Maricopa, AZ, 85205-4843
Hours of Operation: 24-hours hotline
Phone Number: 480-389-5855
Website: http://luke1517.com
Email: info@luke1517.com

Graham County Senior Center

Description: Provides congregate meals and activities for seniors. Activities include card games, weekly bingo, monthly potlucks, music, and a variety of arts and crafts classes.
Eligibility: Adults age 55 and older
Intake: Call or visit office. Required documents will depend on services.
Physical Address: 822 W Main St, Safford, Graham, AZ, 85546-2828
Hours of Operation: Mon-Fri 9am-5pm
Phone Number: 928-428-5891
Website: http://www.seacus.org/seniorcenters/
Email: contactus@seacus.org

Crossroads Nogales Mission

Description: Provides faith-based facilities for people in need. Offers emergency shelter for adults (18+) who are homeless and domestic violence shelter for adult women and their children. Includes meals, food pantries, clothing distribution, showers, and Bible study classes. Also provides lunch and dinner for people in need. Offers Celebrate Recovery Meetings on Saturdays at 1pm
Eligibility: Adults age 18 and older who are homeless, adult women experiencing domestic violence and their children, adult women who are employed and their children, and adults with substance use issues
Intake: Call or visit shelter; drop-in for meal; first come first serve for food boxes and clothing distribution. Required documents will depend on services.
Physical Address: Confidential Location, Nogales, Santa Cruz, AZ, 85621
Hours of Operation: Vary
Phone Number: 520-287-5828
Website: http://crossroadsmissionnogales.org

Bisbee Coalition for the Homeless

Description: Provides shelter for men, women, and families who are homeless. Includes meals, showers, laundry, and case management. Also provides meals and food bags every weekday to people in need. Delivers meals to those who are homebound on a case-by-case basis.
Eligibility: People in need
Intake: Call. Required documents will depend on services.
Physical Address: 509 Romero St, Bisbee, Cochise, AZ, 85603
Hours of Operation: 24-hours
Phone Number: 520-432-7839
Website: http://www.bisbeeshelter.org
Email: bhsheltered@gmail.com

Abiding Ministries

Description: Provides a food and diapers. Offers some construction and remodeling performed by volunteer groups.
Eligibility: Anyone who lives on the San Carlos Apache
Intake: Call or email. Required documents will depend on services.
Physical Address: Confidential Location, San Carlos, Gila, AZ, 85550
Hours of Operation: Fri 3pm-6pm by appointment
Phone Number: 928-351-8475
Website: http://www.abidingministriesaz.com
Email: abidingministriesaz@gmail.com

Seventh Day Adventist Community Services Center - Yuma

Description: Provides food boxes to people in need. May also provide clothing, shoes, tarps, blankets and other household items.
Eligibility: People in need in the Yuma area
Intake: Call or visit center; must bring photo ID
Physical Address: 903 W 3rd St, Yuma, Yuma, AZ, 85364-2001
Hours of Operation: Wed 9:30am-1pm Oct-May 15
Phone Number: 928-329-1076
Website: http://azfoodbanks.org/maps/yuma-sda-community-services

The Salvation Army - Sierra Vista

Description: Provides financial assistance for utilities for people in need. Serves hot meals every weekday. Offers cooling center and hydration station in the summer.
Eligibility: People on low income who are in crisis in the Fort Huachuca, Hereford, Huachuca City, and Sierra Vista areas
Intake: Call for appointment. Must bring photo ID for adults and birth certificates; also bring DES full case printout if applicable
Physical Address: 180 E Wilcox Dr, Sierra Vista, Cochise, AZ, 85635-2524
Hours of Operation: Administration Mon-Fri 9am-1pm; Meals Mon-Fri 11:30am-12:30pm
Phone Number: 520-459-8411
Website: http://sierravista.salvationarmy.org/sierra_vista_corps
Email: kristy.church@usw.salvationarmy.org

Tombstone Community Food Bank

Description: Provides food boxes to people in need.
Eligibility: People in need in Tombstone
Intake: Visit Food Bank; Must bring photo ID and proof of address
Physical Address: 15 N San Diego St, Tombstone, Cochise, AZ, 85638
Hours of Operation: Wed-Fri 9am-2:30pm
Phone Number: 520-457-3698
Website: http://cityoftombstoneaz.gov/community-food-bank

Santa Cruz Council on Aging, Inc

Description: Provides recreation programs for seniors. Also serves lunch.
Eligibility: Seniors
Intake: Call or visit center to register; Contact to confirm documents required
Physical Address: 125 E Madison St, Ste #4, Nogales, Santa Cruz, AZ, 85621-2344
Hours of Operation: Mon-Fri 9am-2pm
Phone Number: 520-287-7422
Website: http://www.sccoanogales.com

Wynne Chapel Social Services

Description: Distributes food, clothing , and household items to people in need. Also provides transportation from the Richland/Sunsites area to Willcox once a month and to Benson once a month. The courtesy van is NOT wheelchair accessible.
Eligibility: Varies by service
Intake: Call for appointment for assistance. Call for bus reservations at least 24 hours in advance.
Physical Address: 2057 N 1st Ln, Cochise, Cochise, AZ, 85606-8510
Hours of Operation: Administration Mon-Thurs 8am-2pm ; Food Commodities 2nd Tuesday 9am; Clothing & Household Items Distribution 2nd Tuesday 8am ; Transportation to Willcox 1st Thursday 8am ; Transportation to Benson 3rd Thursday
Phone Number: 520-826-3353
Website: http://www.wynnechapel.org/calendar
Email: info@wynnechapel.org

Unitarian Universalist Congregation of Surprise

Description: Provides hot meals, showers, clothing, pet food, supplemental food, and take away lunches to anyone in need. Also provides free hair cuts if there is a volunteer.
Eligibility: individual adults and families in need
Intake: Visit location, only provides assistance in person. No documents required to participate.
Physical Address: 17540 Ave of the Arts, Surprise, Maricopa, AZ, 85378
Hours of Operation: 9am-1pm first Monday of the month
Phone Number: 623-875-2550
Website: http://uusurpriseaz.org/
Email: charleww2005@yahoo.com

Tri-Community Food Bank

Description: Provides emergency food boxes to people in need. Offers occasional assistance for rent and utility bill payments.
Eligibility: Residents of Aravaipa, Mammoth, Oracle, Reddington, San Manuel, Dudleyville with income within 185% of the federal poverty line
Intake: Call or visit office for application
Physical Address: 108 Redwood Dr, Mammoth, Pinal, AZ, 85618
Hours of Operation: Mon-Thu, Sat 9am-noon
Phone Number: 520-487-2010
Website: http://www.chamberofcommerce.com/united-states/arizona/mammoth/food-bank/2003257678-tri-community-food-bank

Cocopah Social Service Department

Description: Provides a variety of services to Native Americans.
Eligibility: Native American children and adults; must bring proof of membership in a federally recognized tribe
Intake: Call or visit website. Contact provider to confirm documents required
Physical Address: 14281 Centre Ave, Somerton, Yuma, AZ, 85350-7001
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 928-627-3729
Website: http://www.cocopah.com

Desert Valley Senior Center

Description: Provides congregate meals, transportation, physical activities, local field trips, arts and crafts, games, educational presentations, and weekly blood pressure checks for older adults.
Eligibility: Adults age 60 and older
Intake: Call, visit office, or visit website. Required documents will depend on services.
Physical Address: 245 S Bingham Ave, Somerton, Yuma, AZ, 85350
Hours of Operation: Mon-Fri 7am-2pm center; Mon-Fri 11am-noon lunch
Phone Number: 928-627-9878
Website: http://www.somertonaz.gov/departments/parks___recreation/senior_program.php
Email: franciscaalvarez@somertonaz.gov

Seventh Day Adventist Community Services Center - Camp Verde

Description: Provides emergency food boxes, clothing, blankets, and bedding.
Eligibility: People in need
Intake: Call or visit office; Contact to confirm documents required
Physical Address: 1406 N Boot Hill Dr, Camp Verde, Yavapai, AZ, 86322-7425
Hours of Operation: Wed 8:30am-1pm
Phone Number: 928-567-4281
Website: http://campverde22.adventistchurchconnect.org/ministries

Arizona Complete Health Avondale Resource Center

Description: Providers information about and referrals to services available in Avondale by partner agencies. Offers a variety of human services including AHCCCS application assistance and programs for parents with children 0-5. Offers limited evaporative cooler water utility assistance during the summer months.
Eligibility: Varies by program
Intake: Call or visit website. Contact provider to confirm documents required.
Physical Address: 995 E Riley Dr, Avondale, Maricopa, AZ, 85323
Hours of Operation: Mon, Wed, Thurs 8am-6pm, Tue 8am-7pm, Fri 9am-5pm
Phone Number: 623-333-2703
Website: http://avondaleaz.gov/government/departments/neighborhood-family-services/family-services/
Email: dciadella@avondaleaz.gov

Crossroads Mission

Description: Provides faith-based emergency shelter and support services for people who are homeless. There is a separate men's shelter for adult males, and a family shelter for single adult females and families. Soup kitchen serves meals daily. Provides case management and housing assessments for people who are homeless. Based on the assessment, those who are the most in need are placed on the community-wide priority list. Operates a cooling center and hydration station during heat relief season.
Eligibility: Men, women, married couples, men with custody of children, women with custody of children. Adults must pass urine analysis and Breathalyzer test at time of bed sign-up. Can receive direct referrals IF the caller has a drug/alcohol or mental health diagnosis.
Intake: Call or visit shelter; must have photo ID after second night.
Physical Address: 944 S Arizona Ave, Yuma, Yuma, AZ, 85364
Hours of Operation: 24-hours facilities; daily bed sign-up 7:45pm. Meals Mon-Fri 5:30am-6:30am, 11:30am-noon, 5pm-6pm meals; Sat-Sun 6am-7pm, noon-1pm, 5pm-6pm
Phone Number: 928-783-9362
Website: http://crossroadsmission.org
Email: rllana@crossroadsmission.org

Sedona Community Center

Description: Provides social and educational programs for adults. Social services for older adults or people with disabilities include Meals on Wheels, community lunch, exercise classes, supportive services, and volunteer opportunities.
Eligibility: Adults age 60 and older
Intake: call for reservation for lunch, cut off is 9:30am for same day lunch
Physical Address: 2615 W Melody Ln, Sedona, Yavapai, AZ, 86336-4429
Hours of Operation: Mon-Fri 8am-2pm, Mon-Fri noon-1pm community lunch
Phone Number: 928-282-2834
Website: http://www.sccsedona.org
Email: director@sccsedona.org

Willcox Community Food Pantry

Description: Provides food boxes and clothing to people in need. Also provides referrals to other services.
Eligibility: People in need in the Willcox area
Intake: Call for intake; Drive thru for food pantry
Physical Address: 200 W Downen St, Willcox, Cochise, AZ, 85643-2742
Hours of Operation: Tue, Wed, Thu 9am-11am administration; Mon 8am-10 for food and clothing distribution
Phone Number: 520-766-1621
Website: http://www.facebook.com/willcox-community-food-pantry-820860374689236

Yuma Community Food Bank

Description: Provides food boxes to people on low income. Offers referrals to additional food box sites by phone and website.
Eligibility: People in La Paz and Yuma counties with income at or below 185% of Federal Poverty Guide Lines
Intake: Call, visit office, or visit website; bring photo ID
Physical Address: 2404 E 24th St, Yuma, Yuma, AZ, 85365-2617
Hours of Operation: Administration Mon-Fri 7:30am-12:30pm; Program Mon-Fri 9am-3pm
Phone Number: 928-343-1243
Website: http://www.yumafoodbank.org
Email: info@yumafoodbank.org

Senior Citizens of Patagonia, Inc

Description: Provides congregate meals every weekday for seniors and people with disabilities. Also provides transportation for errands, doctor appointments, to the airport, shopping, and group outings. One van is wheelchair accessible.
Eligibility: Seniors age 60 and older and people with disabilities in Elgin, Patagonia, and Sonoita
Intake: Call for reservation; Contact to confirm documents required
Physical Address: 100 Quiroga Ln, Patagonia, Santa Cruz, AZ, 85624
Hours of Operation: Center Mon-Fri 10am-2pm; Mon-Fri 11:30am-1pm lunch
Phone Number: 520-394-2494
Website: http://www.seniorcitizensofpatagonia.org
Email: user1scp@gmail.com

Saint Vincent de Paul - District 5 Council of Cochise/Graham/Greenlee Vicariates

Description: Administers referral program to emergency assistance for people in need throughout Southern Arizona, according to parish boundaries.
Eligibility: People in need
Intake: Call for referral; Contact to confirm documents required
Physical Address: 543 N G Ave, Douglas, Cochise, AZ, 85607
Hours of Operation: Tue-Thu 1pm-3pm
Phone Number: 520-364-7573
Website: http://svdptucson.org/about-us
Email: svdpdgls@gmail.com

Saint Vincent de Pau - Sacred Heart of Jesus - Willcox Conference

Description: Provides food boxes and emergency financial assistance for utilities to people in need.
Eligibility: People in need in the Willcox area
Intake: Call for appointment; Contact to confirm documents required
Physical Address: 215 W Maley St, Willcox, Cochise, AZ, 85643-2150
Hours of Operation: Administration Mon-Fri 10am-4pm
Phone Number: 520-384-4900
Website: http://www.facebook.com/profile.php?id=100076586477693

Saint Vincent de Paul - Saint Rose of Lima - Safford Conference

Description: Provides emergency food boxes and financial assistance to people in need. Includes assistance for utilities once per year, gasoline for travel to medical appointments and employment, and prescriptions. May also provide vouchers for food, household items, and clothing, when available.
Eligibility: People in need in the Safford area
Intake: Call for intake; Contact to confirm documents required
Physical Address: 221 E Main St, Safford, Graham, AZ, 85546-2051
Hours of Operation: Food bank Tue-Thu 10am-noon; Additional services Tue 1pm-3pm
Phone Number: 928-428-6040
Email: president@svdpsafford.com

Saint Vincent de Paul - Saint Patrick - Bisbee Conference

Description: Provides emergency food boxes, clothing, and limited financial assistance to people in need. Also provides referrals to emergency housing.
Eligibility: People in need in the Bisbee area
Intake: Call or visit office for intake
Physical Address: 100 Quality Hill Rd, Bisbee, Cochise, AZ, 85603
Hours of Operation: Thu 10am-noon
Phone Number: 520-432-5753
Website: http://www.stpatsbisbee.com/st-vincent-de-paul

Saint Vincent de Paul - Saint Luke's Catholic Church - Douglas Conference

Description: Provides emergency food boxes to people in need. Serves lunch several times a week. Also provides financial assistance for rent and utilities.
Eligibility: People in need in the Douglas area
Intake: Call for appointment and reservation; Contact to confirm documents required
Physical Address: 543 N G Ave, Douglas, Cochise, AZ, 85607-2821
Hours of Operation: Food boxes Tue 1pm-3pm; Lunches Mon, Wed, Fri 11am-noon, Thu 1pm-3pm financial assistance
Phone Number: 520-364-7573
Email: svdpdgls@gmail.com

Saint Vincent de Paul - Saint Francis of Assisi - Elfrida Conference

Description: Provides emergency assistance to people in need. Includes food boxes, and financial assistance for rent and utilities for those with an eviction or cut-off notice.
Eligibility: People in need in the Cochise, Elfrida, McNeal, Pearce, Sunizona, and Sunsites areas
Intake: Call for intake
Physical Address: 4128 W Jefferson Rd, Elfrida, Cochise, AZ, 85610-9092
Hours of Operation: Mon-Fri 9am-5pm
Phone Number: 520-642-3526
Website: http://svdptucson.org/conference-locations-contacts

Saint Vincent de Paul - Sacred Heart of Jesus - Tombstone Conference

Description: Provides assistance to people in need. Includes food boxes, hygiene supplies, and limited emergency financial assistance for gasoline, utilities and rent. Also loans medical equipment when available, such as walkers, canes, wheelchairs, shower and bath chairs, etc.
Eligibility: People in need in Tombstone
Intake: Call for intake
Physical Address: 592 E Safford St, Parish Hall, Tombstone, Cochise, AZ, 85638
Hours of Operation: Tue, Wed, Thu by appointment
Phone Number: 520-559-4168
Website: http://www.shctombstone.org/resources/ministries-and-organizations
Email: teeniegreen@outlook.com

Saint Vincent de Paul - Our Lady of the Mountains - Sierra Vista Conference I

Description: Provides case management and food boxes for people in need.
Eligibility: People in need in Hereford ZIP code 85615 and in Sierra Vista ZIP code 85650
Intake: Call for appointment; Walk-in 2nd and 4th week of the month
Physical Address: 1425 E Yaqui St, Sierra Vista, Cochise, AZ, 85650-8921
Hours of Operation: 2nd and 4th week Mon, Wed, Fri 9am-11am program
Phone Number: 520-378-2720
Website: http://olmaz.org/svdp
Email: stvdp@olmaz.org

Saint Vincent de Paul - Food Pantry - Sierra Vista Conference

Description: Provides emergency food boxes to people in need. Clients may receive one box per month.
Eligibility: People in need in Sierra Vista
Intake: Call for intake
Physical Address: 614 Bartow Dr, Sierra Vista, Cochise, AZ, 85635-1812
Hours of Operation: Mon-Fri noon-4pm; 1st Wed 8:30am-12pm
Phone Number: 520-458-9725
Email: stangarners@aol.com

Saint Vincent de Paul - Saint Bernadette - Benson Conference

Description: Case management for people in need.
Eligibility: People in need in Benson
Intake: Call for intake
Physical Address: 181 S. Patagonia Street, Benson, Cochise, AZ, 85602-6530
Hours of Operation: Wed 9:30am-1pm Assistance
Phone Number: 520-586-9438
Email: svdpbenson@gmail.com

The Salvation Army Social Services - Yuma

Description: Provides financial assistance for rent, gas, electric, and water bills. Provides emergency food boxes and sandwiches to those in need.
Eligibility: Individuals and families in need
Intake: Call or email; Contact to confirm documents required
Physical Address: 445 S 4th Avenue, Yuma, Yuma, AZ, 85364
Hours of Operation: Mon-Thu 9am-noon, 1pm-3pm
Phone Number: 928-783-0181
Website: http://yuma.salvationarmy.org
Email: brenden.rmendariz@usw.salvationarmy.org

CAHRA Emergency Food Program

Description: Provides 3-day supply of food for households in Arizona City, Eloy, Picacho, and Toltec. Also provides diapers.
Eligibility: Low income households in Arizona City, Eloy, Picacho, and Toltec
Intake: Call; must bring utility bill to food pantry and photo ID
Physical Address: 109 N Sunshine Blvd, Eloy, Pinal, AZ, 85131-2159
Hours of Operation: Mon, Fri 9am-10:45am
Phone Number: 520-466-1112
Email: lrangel@cahra.org

Coconino County Senior Services

Description: Provides home care services to seniors including housekeeping, personal care, and respite. Also provides assistance to apply for Arizona Long Term Care System (ALTCS), Medicare Cost Share prescription assistance, Telephone Assistance Programs (TAP), and other benefits. Offers information about and referrals to community resources such as eviction prevention, clothing, food, health care, home repairs, hospice, elder rights and protection, senior centers, transportation, utility payment and discounts, volunteer opportunities, and widow/widower tax exemptions.
Eligibility: Coconino County residents age 60 and older for meals, adults with disabilities for in-home assistance. Congregate meals, meals on wheels, case management, and home care are only available in Flagstaff.
Intake: Cal or visit websitel; may require proof of income. Contact provider to confirm documents required.
Physical Address: 2625 N King St, Flagstaff, Coconino, AZ, 86004-1884
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 928-679-7452
Website: http://www.coconino.az.gov/154/senior-services

East Santa Cruz County Community Food Bank, Inc

Description: Provides food bags to people in need.
Eligibility: People in need in Elgin, Canelo, Patagonia, Rain Valley, and Sonoita
Intake: Call. Required documents will depend on services.
Physical Address: 772 Harshaw Ave, Patagonia, Santa Cruz, AZ, 85624-6026
Hours of Operation: 2nd Sat of the month 8:30am-10:30am
Phone Number: 520-302-4450
Website: http://escccfoodbank.org
Email: eastsantacruzcountyfoodbank@gmail.com

Sister Jose Women's Center

Description: Provides a day center and overnight shelter for individuals that identify as female or non-binary who are homeless. Offers breakfast, clothing, pet food, personal hygiene supplies, and shower and laundry facilities, and help applying and paying for identification documents. Case workers are available to provide referrals to additional services. Center is pet-friendly. Also offers a warming center in the winter.
Eligibility: Adults that identify as female or non-binary 18 years and older who are homeless in Tucson; does not accept children
Intake: Visit center for day shelter, intake for overnight shelter, and breakfast; Contact to confirm documents required
Physical Address: 1050 S Park Ave, Tucson, Pima, AZ, 85719-6743
Hours of Operation: Center Mon-Sat 9am-4pm day; Daily intake for overnight shelter 9am-10:30am; Breakfast Mon-Fri 9am-11:45am
Phone Number: 520-909-3905
Website: http://www.sisterjose.org
Email: nicola@sisterjose.org

Impact of Southern Arizona

Description: Provides services to support people in need. Offers food boxes, clothing, personal grooming supplies, meal delivery for nearby homebound seniors, and eye glasses for school children. Also offers ESL classes, job resources, and training programs.
Eligibility: People living at or below 185% of Federal Poverty Guidelines. Must live north of River Rd in northwest Tucson for most services. Must live between the town of Oracle and Tangerine Rd for senior meals.
Intake: Call for information; must bring photo ID and proof of address
Physical Address: 3535 E Hawser St, Tucson, Pima, AZ, 85739-8898
Hours of Operation: Administration Mon-Fri 8am-4:30pm; Food boxes & clothing closet Mon, Fri 8:30am-12:30pm and Tue, Wed, Thu 8:30am-3:30pm
Phone Number: 520-825-0009
Website: http://www.impactsoaz.org
Email: barbara@impactsoaz.org

Tombstone Old Firehouse Senior Center

Description: Provides activities and programs for seniors. Includes nutrition classes, bingo, and bunco games. Facility has Wi-Fi wireless access. Also provides congregate meals each weekday.
Eligibility: Seniors age 55 and older and their spouses
Intake: Call or visit office
Physical Address: 507 E Toughnut St, Tombstone, Cochise, AZ, 85638
Hours of Operation: Center hours vary; Mon-Fri 11am-1pm meals
Phone Number: 520-457-2525
Website: http://cityoftombstoneaz.gov/old-fire-house-senior-center
Email: seniorcenter@cityoftombstoneaz.gov

Dorothy Nolan Senior Center

Description: Provides congregate meals and social and recreational programs for senior citizens.
Eligibility: Seniors
Intake: Call or visit center. Required documents will depend on services.
Physical Address: 330 N Pinal St, Florence, Pinal, AZ, 85132
Hours of Operation: Mon-Fri 8am-4pm
Phone Number: 520-868-7622
Website: http://www.florenceaz.gov/senior-center

El Mirage Senior Center

Description: Senior center offers congregate lunch, and recreation and socialization programs. Includes transportation to and from the center and other services on a limited basis, and information about and referrals to other community resources.
Eligibility: Residents of El Mirage age 55 and older
Intake: Call or visit center; call 24-hours in advance to reserve a meal
Physical Address: 14010 N El Mirage Rd, El Mirage, Maricopa, AZ, 85335-3101
Hours of Operation: Mon-Fri 8am-1pm; Mon-Fri 11:00am lunch
Phone Number: 623-876-4232
Website: http://www.elmirageaz.gov/427/Senior-Center

Our Neighbors Farm & Pantry

Description: Provides food boxes and fresh produce to people in need.
Eligibility: People in need in Graham and Greenlee counties
Intake: Call. Required documents will depend on services.
Physical Address: 1020 S 10th Ave, Safford, Graham, AZ, 85546-3425
Hours of Operation: October-April: Tue & Thu 10am-noon and 1pm-3pm; May-September: Tue & Thu 8am-noon
Phone Number: 928-432-6984
Website: http://www.ourneighborsfarmandpantry.org/
Email: onfandp@gmail.com

Cochise Harm Reduction - Mobile Outreach

Description: Provides harm reduction supplies and resources to people who use drugs and those that are unhoused. Mobile outreach offers peer support with option for additional support.
Eligibility: Any individual over the age of 18 who resides within Cochise County. Required documents will depend on services.
Intake: Call
Physical Address: 62 Brewery Ave, Under City Park, Bisbee, Cochise, AZ, 85603
Hours of Operation: Thu 1pm-4pm; Benson 1st, 3rd Tuesdays of the month, Douglas 2nd and 4th Tuesdays of the month, Sierra Vista every Wednesdays, Bisbee every Fridays, Wilcox 2nd Monday of the month for mobile route schedule
Phone Number: 520-346-1366
Website: http://cochiseharmreduction.org
Email: lu@cochiseharmreduction.org

CPLC Senior Services

Description: Offers recreational and socialization activities for seniors. Provides congregate and home delivered meals. Meals are prepared and delivered by the senior center located at Casa de Primavera.
Eligibility: Adults age 60 and older
Intake: Call. Required documents will depend on services.
Physical Address: 1617 N 45th Ave, Phoenix, Maricopa, AZ, 85035-3419
Hours of Operation: Mon-Fri 9am-4pm
Phone Number: 602-269-6245
Website: http://cplchomelending.org/hhs/senior.php

Mayer Area Community Service Center

Description: Community center provides congregate hot meals and food boxes.
Eligibility: Residents of Mayer and surrounding area
Intake: Call or visit office. Required documents will depend on services.
Physical Address: 10051 S Miami St, Mayer, Yavapai, AZ, 86333
Hours of Operation: vary by program
Phone Number: 928-632-7511
Website: http://www.facebook.com/mayerareamealsonwheels
Email: mayermow@gmail.com

Winter Warm Up

Description: Provides overnight emergency shelter for men during winter months. Also provides hot meal each night.
Eligibility: Individuals needing shelter from the cold in the Prescott area
Intake: Call; Contact to confirm documents required
Physical Address: 231 S Montezuma St, Prescott, Yavapai, AZ, 86303-4719
Hours of Operation: Admission and sign-in begins at 6pm; meals at 6pm
Phone Number: 928-788-0150
Website: http://prescott.salvationarmy.org/prescott_corps/provide-shelter

The Salvation Army Prescott Corps

Description: Provides material help including a prepared breakfast, emergency food boxes, and clothing. Also provides information about and referrals to community resources.
Eligibility: Must meet income guidelines
Intake: Call; Contact to confirm documents required
Physical Address: 237 S Montezuma St, Prescott, Yavapai, AZ, 86303-4719
Hours of Operation: Breakfast Mon-Fri 9am-noon, 1pm-4pm; Mon-Fri 8am-9am; Lunch Tue-Fri noon-1pm ; Grocery rescue food distribution Mon, Wed, Fri 1pm-2pm
Phone Number: 928-788-0150 x1102
Website: http://prescott.salvationarmy.org
Email: brian.reed@usw.salvationarmy.org

Winslow Council on Aging

Description: Provides congregate and home delivered meals, transportation, community food bank, and senior activities.
Eligibility: n/a
Intake: Call or visit office; Contact to confirm documents required
Physical Address: 212 E Second St, Winslow, Navajo, AZ, 86047-3841
Hours of Operation: Mon, Wed, Fri 8am-4:30pm; Tue, Thu 8am-3:30pm; Congregate meals Mon-Fri at noon; Food distribution Mon, Wed, Fri 3:30pm-4:15pm.
Phone Number: 928-289-3341
Website: http://www.winslowaz.gov/page/winslow-council-on-aging
Email: winslowcouncilonaging@yahoo.com

The White Mountain Community Center

Description: Provides congregate meals, food boxes, monthly Medicare representative visits, monthly blood pressure checks, LGBTQIA+ support groups, and other activities and services for seniors.
Eligibility: Adults age 50 and older
Intake: Call or visit center
Physical Address: 1594 Johnson Dr, Lakeside, Navajo, AZ, 85929
Hours of Operation: Mon-Fri 9am-3pm; Meals Mon-Fri 11:30
Phone Number: 928-368-5869
Website: http://pinetop-lakesideseniorcenter.weebly.com
Email: lakesidesr@frontier.com

The Salvation Army - Bullhead City/Laughlin

Description: Provides food assistance, emergency clothing, and shower facilities for individuals and families in need in the Bullhead City, AZ and Laughlin, NV area.
Eligibility: Varies by program
Intake: Call
Physical Address: 1461 Palma Rd, Bullhead City, Mohave, AZ, 86442-6782
Hours of Operation: Mon, Tue, Thu, Fri 9am-noon
Phone Number: 928-758-3141
Website: http://bullheadcity.salvationarmy.org
Email: bullheadcity@usw.salvationarmy.org

Silver Creek Senior Center

Description: Provides recreational, socialization, social services, educational programs, home delivered meals, and congregate meals for older adults.
Eligibility: Older adults
Intake: Call or visit center
Physical Address: 1658 S Main St, Snowflake, Navajo, AZ, 85937
Hours of Operation: Mon-Fri 8am-4pm; Mon-Fri noon-1pm lunch
Phone Number: 928-536-2222
Website: http://www.tayloraz.gov/general-information/senior-center/
Email: silvercreeksrcenter@gmail.com

Clifton Morenci Food Bank

Description: Provides twice monthly drive-thru commodity distributions and emergency food boxes to residents of Greenlee County. Also provides senior food boxes to qualifying individuals.
Eligibility: Residents of Greenlee County who meet income guidelines.
Intake: Call or visit website for information. Required documents will depend on services.
Physical Address: 375 Shannon Rd, Clifton, Greenlee, AZ, 85533
Hours of Operation: 9:30am-11am 2nd Fri and 3rd Thu of each month for distributions; emergency food boxes by appointment only
Phone Number: 928-322-2209
Website: http://www.facebook.com/cliftonfoodbank
Email: 6summer@gmail.com

Gold Canyon United Methodist Church Food Bank

Description: Provides food boxes, personal hygiene items, and pet food for people in need.
Eligibility: People in need
Intake: Call or visit office; Contact the provider for any documents required.
Physical Address: 8330 E Sunrise Sky Dr, Gold Canyon, Pinal, AZ, 85118-2991
Hours of Operation: Mon, Wed, Fri 9am-noon
Phone Number: 480-982-6789
Website: http://goldcanyonumc.org/ministries/missions/local-missions
Email: goldcanyonumc.foodbank@gmail.com

Kingman Area Food Bank

Description: Provides emergency food boxes once every 30 days.
Eligibility: People with income at or below 185% of Federal Poverty Guidelines
Intake: Visit office; must bring photo ID
Physical Address: 2930 E Butler Ave, Kingman, Mohave, AZ, 86409-2030
Hours of Operation: Mon, Tue, Fri 8am-11:45am, Thu 4pm-6:45pm; Seniors 60+ only Thu 8am-10:45am; Veterans only Wed 8am-10:45am
Phone Number: 928-757-4165
Website: http://kingmanareafoodbank.org

Bullhead Regional Food Bank

Description: Provides emergency food boxes and clothes to people in need.
Eligibility: Residents of Bullhead City, Fort Mohave, Golden Shores, Golden Valley, Mohave Valley, and Laughlin NV in need
Intake: Visit office; must bring photo ID and proof of address. Participants can receive a food box once a week.
Physical Address: 590 Hancock Rd, behind the church, Bullhead City, Mohave, AZ, 86442-4902
Hours of Operation: Mon, Wed, Fri 9am-noon, 12:30pm-2pm; Thu 2pm-5:30pm, 6pm-8pm
Phone Number: 928-758-7717
Website: http://www.bullheadfoodbank.org
Email: bullheadregionalfoodbank@gmail.com

Flagstaff Family Food Center Kitchen

Description: Offers hot meals and sack lunches
Eligibility: No restrictions
Intake: Call or visit facility. Required documents will depend on services.
Physical Address: 1903 N 2nd St, Flagstaff, Coconino, AZ, 86004-4206
Hours of Operation: Daily 10am-2pm sack lunch, Daily 4pm-5:30pm hot meals
Phone Number: 928-890-4348
Website: http://hotfood.org/find-food/#meal-assistance
Email: clientsupport@hotfood.org

Flagstaff Family Food Center

Description: Provides food boxes to individuals and families in need at warehouse location and eight different neighborhood distribution locations.
Eligibility: Arizona residents in need of food assistance
Intake: Call, visit facility, or visit website for distribution times; bring photo ID with current address for food boxes
Physical Address: 3805 E Huntington Dr, Flagstaff, Coconino, AZ, 86004
Hours of Operation: Tue-Sat 9am-1pm food box distribution; times vary for neighborhood distributions
Phone Number: 928-526-2211
Website: http://hotfood.org
Email: clientsupport@hotfood.org

Bridge of Mercy Food Pantry

Description: Provides food boxes to people in need in Yavapai county by delivery only.
Eligibility: People in need in Yavapai county
Intake: Call, email or visit website. Required documents will depend on services.
Physical Address: 412 N 10th St, Cottonwood, Yavapai, AZ, 86326-3751
Hours of Operation: Delivers the first and third week of each month
Phone Number: 928-239-1661
Website: http://www.bridgeofmercy.org
Email: stacey@bridgeofmercy.org

Manzanita Outreach Senior Food Box Program

Description: Provides food boxes for seniors ages 60 and older who are on low income at monthly drive-thru events. Home delivery may be available for home-bound individuals.
Eligibility: Seniors ages 60 and older who are on low income
Intake: Call or visit website; Contact the provider for any documents required.
Physical Address: Confidential location, Cottonwood, Yavapai, AZ, 86326-4244
Hours of Operation: Vary
Phone Number: 928-300-0276
Website: http://www.manzanitaoutreach.org

Sedona Community Food Bank

Description: Provides low income residents of Sedona, Village of Oak Creek, Cornville, or Page Springs monthly food boxes. Also delivers food boxes to eligible homebound individuals.
Eligibility: Residents of Sedona, Village of Oak Creek, Cornville, or Page Springs on low income.
Intake: Call or visit website to apply for assistance. Must bring photo ID and proof of local address.
Physical Address: 30 Inspirational Dr., Sedona, Yavapai, AZ, 86336-5648
Hours of Operation: Administration Mon-Thu 8am-noon; Food Distribution Wed 8:30am-11:45am, 3:15pm-5:15pm; Deliver to homebound Individuals 2nd Mon 10am-1pm
Phone Number: 928-204-2808
Website: http://www.sedonafoodbank.org
Email: sedonafoodbank@gmail.com

Manzanita Outreach

Description: Administers food sharing programs and provides food boxes to those in need in Yavapai County.
Eligibility: No restrictions
Intake: Call, email, or visit website; Contact the provider for any documents required.
Physical Address: Confidential location, Cottonwood, Yavapai, AZ, 86326-4244
Hours of Operation: Vary
Phone Number: 928-649-5772
Website: http://www.manzanitaoutreach.org
Email: outreach@manzanitaoutreach.org

FOR Maricopa Food Bank

Description: Provides food boxes to people in need. Includes extra items in the Thanksgiving and Christmas food boxes. Offers a Christmas Wish program for children's toys. Also hosts an annual event that provides backpacks and other school supplies to students. Provides new and gently used bikes.
Eligibility: Residents of Arizona City, Bapchule, Coolidge, Eloy, Laveen, City of Maricopa, Sacaton, and Stanfield
Intake: Visit office during food bank hours or visit website to fill out an application. Participants can receive a food box once a week. Required documents will depend on services.
Physical Address: 19428 N Maricopa Rd, Maricopa, Pinal, AZ, 85139-2850
Hours of Operation: Mon 8:30am-11:30am, Thu 4:30pm-7:30pm
Phone Number: 520-251-0226
Website: http://www.formaricopa.org
Email: formaricopa@gmail.com

Bread of Life Missions, Inc

Description: Provides food, food boxes and hot meals to people in need in Yavapai County. Able to deliver food boxes for those that are physically unable to attend a food share and has additional food boxes available outside of food share days/times.
Eligibility: People in need in Yavapai County
Intake: Call or visit website to register. Required documents will depend on services.
Physical Address: 1575 S Sullivan Lane, #28, Camp Verde, Yavapai, AZ, 86322-7272
Hours of Operation: Rimrock food shares Wed 2pm-5pm; Camp Verde food shares Fri 11am-2pm. Call for emergency food box distribution.
Phone Number: 928-216-5252
Website: http://www.breadoflifeaz.org
Email: tom@breadoflifeaz.org

CAHRA Commodity Food Senior Program

Description: Provides a 60 lb. box of various food items including block of cheese, powdered milk, proteins and carbs to seniors 60 and older living in Arizona City, Eloy, Picacho and Toltec.
Eligibility: Households on low income in Arizona City, Eloy, Picacho and Toltec. Must be 60 years of age or older.
Intake: Call. Required documents will depend on services.
Physical Address: 109 N Sunshine Blvd, Eloy, Pinal, AZ, 85131-2159
Hours of Operation: 1st Tue 9am-11am
Phone Number: 520-466-1112
Website: http://www.cahra.org/
Email: lrangel@cahra.org

Casa Grande Alliance

Description: Community anti-drug coalition. Offers diaper assistance, food pantry, and clothing to those in need.
Eligibility: Birth certificate, court document, crib card or picture ID needed for Diaper Assistance and Clothing Closet.
Intake: Call, email, visit office or visit website. Required documents will depend on services.
Physical Address: 280 W McMurray Blvd, Casa Grande, Pinal, AZ, 85122-3363
Hours of Operation: Administration Mon-Fri 8am-4pm; food pantry, diaper assistance, and clothing closet Tue, Thu 4pm-7pm and Sat 10am-1pm
Phone Number: 520-836-5022
Website: http://www.casagrandealliance.org
Email: melissa@casagrandealliance.org

NACA Supportive Services Program

Description: Provides family resource center, case management, sack lunches, emergency food boxes, and emergency financial assistance for clients.
Eligibility: Varies by program
Intake: Call or email to apply for financial assistance. Required documents will depend on services.
Physical Address: 1500 E. Cedar Avenue, Ste 56, Flagstaff, Coconino, AZ, 86004-1643
Hours of Operation: Mon-Fri 8am-noon,1pm-5pm; sack lunch available daily, first come first serve
Phone Number: 928-526-2968
Website: http://nacainc.org/community-development/supportive-services-program
Email: supportservice@nacainc.org

Saint Johns Concho Senior Citizens Association

Description: Provides programs for seniors including congregate and home delivered meals. Distributes nutritional food boxes once per month.
Eligibility: Seniors age 60 and older and their spouses
Intake: Call, email, or visit center
Physical Address: 395 S 1st St W, Saint Johns, Apache, AZ, 85936
Hours of Operation: Mon-Thu 8:30am-2pm, Lunch Mon-Thu noon-12:30pm
Phone Number: 928-337-2144
Website: http://www.facebook.com/stjohnsaz.srcenter
Email: stjohnssc@yahoo.com

Rim Country Senior/Community Center

Description: Provides recreational activities for people of all ages. Activities include exercise groups, dance classes, and games. Also provides socialization and congregate meals and home delivered meals.
Eligibility: Open to all; no age restrictions
Intake: Call or visit center for activities; call one day in advance for meals
Physical Address: 2171 B St, Overgaard, Navajo, AZ, 85933
Hours of Operation: Mon-Fri 9am-1pm
Phone Number: 928-535-5525
Website: http://rimcountryseniorcenter.org/
Email: rcsc@frontiernet.net

Re:Center

Description: Provides free meals and food boxes to individuals in need.
Eligibility: Individuals living in Navajo County
Intake: Call, visit, or visit website; Contact to confirm documents required
Physical Address: 814 E. White Mountain Blvd, Pinetop, Navajo, AZ, 85935-7002
Hours of Operation: Hot Meals served Mon-Thu 11am-1pm. Food boxes available Tue-Thu 10am-4pm.
Phone Number: 928-457-1707
Website: http://www.rcaz.us
Email: contactus@rcaz.us

Prescott Valley Active Adult Center

Description: Provides services for seniors including a legal advocate, Medicare specialist, and educational classes. Prescott Valley Active Adult Center offers adult recreation programs. Offers perishable food for seniors and families in need. Provides low cost congregate meals. Meals on Wheels delivers meals to seniors who are homebound.
Eligibility: Adults age 18 and older
Intake: Call for information and fill out application for services. Membership is not necessary to receive services.
Physical Address: 9360 E Manzanita Cir, Prescott Valley, Yavapai, AZ, 86314-7215
Hours of Operation: Mon-Fri 9am-4pm; Congregate meals Mon-Fri 11am-12:30pm; Meals on Wheels Mon-Fri 10am-noon; Food pantry and commodities Mon-Fri 11am-2pm ; activities, events, and classes vary
Phone Number: 928-772-3337
Website: https://casaseniorcenter.com
Email: casapvaz@gmail.com

Yavapai County Food Bank

Description: Provides emergency food boxes, clothing, and bi-monthly hygiene products for people in need for residents of Yavapai County. Income guidelines apply.
Eligibility: People with low income, expierencing homelessness, and individuals in recovery
Intake: Call or visit office; Contact to confirm documents required
Physical Address: 8866 E Long Mesa Dr, Prescott Valley, Yavapai, AZ, 86314-9352
Hours of Operation: Administration Mon 8am-noon, Tue-Wed 8am-5pm, Thu-Fri 8am-3pm; Food distribution Tue-Wed 3pm-5pm, Thu-Friday 1pm-3pm
Phone Number: 928-775-5255
Website: http://yavapaifoodbank.org
Email: ann@yavapaifoodbank.org

Sunshine Rescue Mission Community Outreach Center

Description: Provides clothing, food boxes, and meals for individuals and families in need. Attendance at the chapel service is encouraged.
Eligibility: People in need
Intake: Visit mission
Physical Address: 124 S San Francisco St, Flagstaff, Coconino, AZ, 86001-5739
Hours of Operation: Daily 6am, 6pm meals; 4pm-6pm free clothing, snacks, and a warm shower
Phone Number: 928-774-3512
Website: http://www.srm-hc.org
Email: dwallace@srm-hc.org

Shepherd's Kitchen and Thrift of the White Mountains

Description: Provides food boxes, clothing, and referrals to local agencies for people in need. Thrift store sells clothing and household goods to the general public.
Eligibility: People in need
Intake: Call or visit agency; must bring photo ID and proof of residence
Physical Address: 344 W 4th St S, Snowflake, Navajo, AZ, 85937-5240
Hours of Operation: Tue-Thu noon-3:20pm food bank; Mon-Fri 9am-4pm thrift store
Phone Number: 928-536-3086
Website: http://www.azshepherd.org
Email: azshepherd@cableone.net

NCC Community Foodbank

Description: Provides emergency food boxes to people in need in the Saint Johns area.
Eligibility: People in need in the Saint Johns area; must be at or below 100% of Federal poverty guidelines
Intake: Call or visit website; must show photo ID at pick up
Physical Address: 820 W Cleveland Rd, Saint Johns, Apache, AZ, 85936-1073
Hours of Operation: Vary; check website for distribution
Phone Number: 928-337-3205
Website: http://www.newcovenantchurch.ws/foodbank
Email: pastormike@newcovenantchurch.ws

Prescott Community Cupboard Food Bank, Inc

Description: Provides and coordinates temporary food assistance to individuals and families until assistance can be obtained from a permanent source such as adequate employment or other income, Food Stamps, etc.
Eligibility: Individuals and families in need
Intake: Visit
Physical Address: 777 W Hillside Ave. Prescott AZ, Prescott, Yavapai, AZ, 86301-1912
Hours of Operation: Mon, Wed 2:30pm-6pm, Tue, Thurs, Fri 2:30pm-4:30pm, Sat 11am-1pm
Website: http://www.prescottcommunitycupboard.com
Email: administrator@pccbfb.org

Mission Food Pantry

Description: Provides regular and emergency food boxes to people in need.
Eligibility: People in need
Intake: Call, email, or visit center
Physical Address: 116 E Pinal St, Cottonwood, Yavapai, AZ, 86326-3657
Hours of Operation: Wed 9am-2pm & 4pm-6pm; Thur 9am-2pm
Phone Number: 928-634-7869
Website: http://www.oldtownmission.org/food-pantry
Email: mission@oldtownmission.org

Mission Community Meal Program

Description: Provides hot meals to people in need.
Eligibility: No restrictions
Intake: Call, email, or visit center; Contact to confirm documents required
Physical Address: 116 E Pinal St, Cottonwood, Yavapai, AZ, 86326-3657
Hours of Operation: Mon 11:30am-12:30pm and 5pm-6pm, Tue 11:30am-12:30pm, Wed 4pm-6pm (to-go only), Fri 11:30am-12:30pm
Phone Number: 928-634-7869
Website: http://www.oldtownmission.org/community-meals
Email: mission@oldtownmission.org

Seeds of Hope Hot Lunch Program

Description: Provides a hot lunch for people in need. Offers referrals for food and other community resources.
Eligibility: No restrictions
Intake: Visit office; Contact to confirm documents required
Physical Address: 518 E 2nd St, Fountains of Living Water, Casa Grande, Pinal, AZ, 85122-5220
Hours of Operation: Mon-Sat 11am-noon
Phone Number: 520-836-6335
Website: http://www.seedsofhopeaz.com
Email: director@seedsofhopeaz.com

Mondo Anaya Community Center

Description: Community center for adults offering activities including computer research lab, nutritional classes, and recreational activities. Nurse administers free blood pressure and blood sugar checks. Provides after school and summer programming for youth including tutoring, mentoring, character building, and recognition for pro-social actions.
Eligibility: Youth in K-8th grade, adults, and seniors
Intake: Call or visit center; Contact to confirm documents required
Physical Address: 1487 N Crane St, Mondo Anaya Community Center, Casa Grande, Pinal, AZ, 85122-2498
Hours of Operation: Mon-Fri 9am-4pm
Phone Number: 520-421-0500
Website: http://www.seedsofhopeaz.com
Email: Director@seedsofhopeaz.com

Humboldt Family Resource Center

Description: Provides family resource center, free clothing, shoes, and school supplies to the general public and students. Offers parenting classes. Homeless Education Liaison provides assistance to school-age youth who do not have a permanent place of residence. Services include school enrollment, transportation to and from school, free breakfast and lunch programs, and other support services. Also provides information about additional resources in the community.
Eligibility: No restrictions
Intake: Call for appointment or visit website. Required documents will depend on services.
Physical Address: 6411 N Robert Rd, Bldg 400 Rm 422, Prescott Valley, Yavapai, AZ, 86314-9146
Hours of Operation: Mon-Fri 7:30am-4:00pm
Phone Number: 928-759-5104
Website: http://www.humboldtunified.com/district-departments/state-federal-programs/family-resource-center-mckinney-vento-and-foster-student-information-sfp
Email: lisa.krietenstein@humboldtunified.com

The Salvation Army Verde Valley Service Center

Description: Provides assistance to qualifying residents of Sedona and the Verde Valley. Assistance includes rent payments, utility assistance, and other assistance as available.
Eligibility: Qualifying residents of Sedona, Village of Oak Creek, Camp Verde, Beaver Creek, Rimrock, Lake Montezuma, Cottonwood, Clarkdale, Cornville, and Jerome are eligible for assistance upon qualification.
Intake: Call and leave a message with name, phone number, and requested assistance. A caseworker will return messages; ; Contact to confirm documents required
Physical Address: Confidential location, Sedona, Coconino, AZ, 86339
Hours of Operation: Mon-Fri 8am-4:30pm
Phone Number: 928-963-4342
Website: http://www.salvationarmyusa.org/az/sedona/w-hwy-89a/
Email: jennie.underwood@usw.salvationarmy.org

The Salvation Army - Flagstaff

Description: Provides assistance for people in need in Flagstaff and Tuba City. Assistance includes emergency food boxes, sack lunches, hygiene items, and referrals to additional resources. Offers utility bill assistance to qualifying individuals. Also provides Thanksgiving and Christmas food boxes, and gifts for youth age 14 and younger.
Eligibility: People in need in Flagstaff and Tuba City
Intake: Call to schedule; must bring photo ID
Physical Address: 507 N Humphreys St, Flagstaff, Coconino, AZ, 86001-3055
Hours of Operation: Food Pantry Mon-Thu 10am-noon, 1pm-4pm; Sack lunches out front Mon-Thurs; Oct registration for Thanksgiving and Christmas assistance
Phone Number: 928-774-1403
Website: http://arizona.salvationarmy.org/arizona/flagstaff_corps_community_center_page

Superior Senior Center

Description: Provides services for seniors. Offers noon meals, home delivered meals, shopping service, friendly visiting, recreation and education programs, and information about community resources.
Eligibility: Seniors age 60 and older, people with disabilities, and spouses of eligible clients
Intake: Call; Contact to confirm documents required
Physical Address: 360 W Main St, Superior, Pinal, AZ, 85173-2525
Hours of Operation: Mon-Fri 7am-2pm; Meals Mon-Fri noon
Phone Number: 520-689-5182
Website: http://www.caaging.org/senior-center-list/
Email: info@pgcsc.org

Saint Vincent de Paul - Prescott Valley

Description: Provides food boxes and financial assistance. Also offer information about and referrals to other community resources.
Eligibility: People in need in Dewey-Humboldt and Prescott Valley
Intake: Call; Contact to confirm documents required
Physical Address: Confidential location, Prescott Valley, Yavapai, AZ, 86312
Hours of Operation: Intake Mon-Fri 9am-11am
Phone Number: 928-899-8889

The Salvation Army Casa Grande Corps

Description: Provides a food pantry for people in need.
Eligibility: No restrictions
Intake: Call or visit office; Contact to confirm documents required
Physical Address: 1333 N Center Ave, Casa Grande, Pinal, AZ, 85122-3407
Hours of Operation: Tue, Thurs 9am-noon; other times by appointment
Phone Number: 520-421-4480
Website: http://casagrande.salvationarmy.org
Email: Sharon.Callaway@usw.salvationarmy.org

First Baptist Church - Show Low - Food Pantry

Description: Provides food pantry for local residents and a once a week hot meal.
Eligibility: Hot meal available to anyone who is hungry. Must reside in Show Low, Linden, Pinedale, Clay Springs, White Mountain Lakes, or the “Y” area of Vernon for a monthly food basket.
Intake: Hot meal available to anyone who is hungry and is eligible for a full basket once per calendar month. Bring a current photo ID every time and verification of address (current utility bill or government document) on first visit.
Physical Address: 700 N 1st Ave, Show Low, Navajo, AZ, 85901-4715
Hours of Operation: Hot Meal Tue 5pm-6:30pm; food pantry Fri 9am-11:45am
Phone Number: 928-537-4749
Website: http://fbcshowlow.com/
Email: firstbaptistsl@gmail.com

Mohave County Department of Public Health Senior Programs Division - Lake Havasu City

Description: Prepares congregate meals. Delivers meals to homebound clients in Golden Shores, Golden Valley, Kingman, Lake Havasu City, and Mohave Valley.
Eligibility: Seniors age 60 and older and their spouses; meals delivered to homebound clients in Golden Shores, Golden Valley, Kingman, Lake Havasu City, and Mohave Valley
Intake: Call or visit office. Required documents will depend on services.
Physical Address: 450 S Acoma Blvd, Lake Havasu City, Mohave, AZ, 86406-7786
Hours of Operation: Mon-Fri 8am-4pm
Phone Number: 928-453-0715
Website: http://www.mohave.gov/departments/public-health/nutrition-senior-programs/senior-programs

Mohave County Department of Public Health Senior Programs Division - Kingman

Description: Prepares congregate meals. Delivers meals to homebound clients in Golden Shores, Golden Valley, Kingman, Lake Havasu City, and Mohave Valley.
Eligibility: Seniors age 60 and older and their spouses; meals delivered to homebound clients in Golden Shores, Golden Valley, Kingman, Lake Havasu City, and Mohave Valley
Intake: Call or visit office. Required documents will depend on services.
Physical Address: 1776 Airway Ave, Ste A, Kingman, Mohave, AZ, 86409-3677
Hours of Operation: Mon-Fri 8am-4pm
Phone Number: 928-757-8150
Website: http://www.mohave.gov/departments/public-health/nutrition-senior-programs/senior-programs

Mohave County Department of Public Health Senior Programs Division - Golden Shores

Description: Prepares congregate meals. Delivers meals to homebound clients in Golden Shores, Golden Valley, Kingman, Lake Havasu City, and Mohave Valley.
Eligibility: Seniors age 60 and older and their spouses; meals delivered to homebound clients in Golden Shores, Golden Valley, Kingman, Lake Havasu City, and Mohave Valley
Intake: Call or visit office. Required documents will depend on services.
Physical Address: 13136 S Golden Shores Pkwy, Golden Shores, Mohave, AZ, 86436
Hours of Operation: Mon-Fri 8am-4pm
Phone Number: 928-768-2121
Website: http://www.mohave.gov/departments/public-health/nutrition-senior-programs/senior-programs

Prescott Meals on Wheels

Description: Provides in-home meals to adults with disabilities who cannot prepare their own meals. Serves lunch weekdays at the Cafe on Rosser.
Eligibility: Adults age 18 and older with a temporary or permanent disability who cannot get to a store to purchase food or who have difficulties preparing food; must be Prescott or Prescott Valley resident for home delivered meals. No restrictions for the Cafe on Rosser.
Intake: Call
Physical Address: 1280 E Rosser St, Prescott, Yavapai, AZ, 86301
Hours of Operation: Administration Mon-Fri 8am-3pm; Mon-Fri 11:15am-12:45pm lunch
Phone Number: 928-445-7630
Website: http://www.prescottmealsonwheels.org
Email: neal@prescottmealsonwheels.org

The Salvation Army Apache Junction Corps

Description: Provides emergency food boxes and financial assistance for SRP electric payment. Offers public showers (available May 6-September 31).
Eligibility: Residents of Apache Junction, Gold Canyon, East Mesa, San Tan Valley, Queen Creek, and Queen Valley. Electric assistance available for those located east of Loop 202 only.
Intake: Call for an appointment for electric assistance. Must have IDs for all adults, birth certificates or shot records for all children, and proof of current address for everyone in the household.
Physical Address: 605 E Broadway Ave, Apache Junction, Pinal, AZ, 85119-5214
Hours of Operation: Food boxes or bread, pastries & fresh veggie Tue-Thu 9am-11:45am, Mon only 9am-12:00pm public showers (available May 6-September 31); Cooling Center Mon-Sun 11am-5pm
Phone Number: 480-982-4110
Website: http://apachejunction.salvationarmy.org/apache_junction_corps
Email: michelle.ney@usw.salvationarmy.org

Pine Strawberry Food Bank

Description: Provides recreation and socialization programs for older adults. Offers food boxes to Pine-Strawberry residents in need on a monthly basis.
Eligibility: Residents of Pine-Strawberry; DES income guidelines
Intake: Call or visit center
Physical Address: 3886 N Highway 87, Pine, Gila, AZ, 85544
Hours of Operation: 1st Tue of each month 12:30pm-2:30pm
Phone Number: 928-800-1200
Website: http://www.facebook.com/psfoodbank
Email: jim@jimbotsko.com

Superstition Community Food Bank

Description: Provides food boxes for people in need in the Gold Canyon, east Mesa, and northwest Pinal County areas.
Eligibility: Individuals and families in need in Gold Canyon, east Mesa, and northwest Pinal County
Intake: Call, visit office, or visit website; must bring photo ID and bill with current address. Participants can receive a food box twice a month.
Physical Address: 575 N Idaho Rd, Ste 701, Apache Junction, Pinal, AZ, 85119-4015
Hours of Operation: Mon, Tue, Thu, Fri 2pm-4pm
Phone Number: 480-983-2995
Website: http://www.superstitionfoodbank.org
Email: erik.arriola@superstitionfoodbank.org

Navajo Area Agency on Aging Senior Citizen Center Program

Description: Provides senior centers with hot lunches, and Meals on Wheels home delivered meals to homebound and high-risk seniors. Offers recreational programs for seniors. Transportation is available to seniors to and from senior centers for meals and for shopping, Social Security appointments, medical appointments, etc., and as needed and available for emergencies.
Eligibility: Native Americans age 55 and older and seniors age 60 and older of any ethnicity, and their spouses regardless of age
Intake: Call or visit website. Contact provider to confirm documents required
Physical Address: Various locations, Window Rock, Apache, AZ, 86515
Hours of Operation: Mon-Fri 8am-4pm
Phone Number: 928-674-2100
Website: http://www.daltcs.navajo-nsn.gov

Coolidge Adult Center

Description: Provides recreational and socialization programs for older adults. Offers arts and crafts classes, games, field trips, fitness programs, and health education programs. Lunches provided to adults age 60 and older by Catholic Social Services with reservations one week in advance.
Eligibility: Adults age 60 and older
Intake: Call, visit center, visit website. Contact provider to confirm documents required
Physical Address: 250 S 3rd St, Coolidge, Pinal, AZ, 85128-4823
Hours of Operation: Mon-Thu 8am-2pm; Hot meals Mon-Thu noon
Phone Number: 520-723-4803
Website: http://www.coolidgeaz.com/adultcenter

The Salvation Army Lake Havasu City Service Extension

Description: Provides rent payment assistance, electric and water utility bill payment assistance, food boxes, sack lunches, and personal hygiene items.
Eligibility: Some requirements to receive utility and rental assistance, must qualify.
Intake: Call or go to location
Physical Address: 2049 Swanson Ave, Lake Havasu City, Mohave, AZ, 86403-6727
Hours of Operation: Admin Mon-Fri 8:30am-12pm; Community Room to cool off and receive water. Mon & Wed & Fri 8:30am-12pm. Tue & Thurs by appointment only.
Phone Number: 928-680-3678
Website: http://lakehavasucity.salvationarmy.org
Email: heather.crawford@usw.salvationarmy.org

Yavapai-Apache Nation Food Bank

Description: Provides food to members of the Yavapai-Apache Nation in need.
Eligibility: Members of the Yavapai-Apache Nation in need
Intake: Call or visit office; Contact to confirm documents required
Physical Address: 3364 Hamaley Ave, Camp Verde, Yavapai, AZ, 86322
Hours of Operation: Admin Mon-Tur 8:30am-noon, 1pm-4pm; Fri 8:30am-11am; Food Share 1st Wed each month 10am-noon; 1pm-4pm
Phone Number: 928-649-7125
Website: http://yavapai-apache.org/directory/food-bank
Email: pjackson@yan-tribe.org

WIHCC Nutrition Program

Description: Provides emergency food boxes once a month to people in need.
Eligibility: No restrictions.
Intake: Call, email, or visit location
Physical Address: 500 N Indiana Ave, Winslow, Navajo, AZ, 86047-2169
Hours of Operation: 2nd Thursday of each month, 9am-11am
Phone Number: 928-289-6252
Website: http://www.wihcc.com/nutrition.html

Williams Senior Center

Description: Provides lunches on weekdays for seniors. Also provides recreational activities, socialization, and special events.
Eligibility: Older adults age 60 and older
Intake: Call, visit center, or visit website
Physical Address: 850 W Grant Ave, Williams, Coconino, AZ, 86046-2276
Hours of Operation: Center Mon-Fri 8am-5pm; Meals Mon-Fri noon
Phone Number: 928-679-7485
Website: http://www.williamsaz.gov

White Mountain Catholic Charities

Description: Provides food and clothing to people in need.
Eligibility: individuals and families in need; must bring photo ID
Intake: Call; Contact to confirm documents required
Physical Address: 5091 S. White Mountain Blvd., Lakeside, Navajo, AZ, 85929
Hours of Operation: Tue 9am-3pm, Thu 9am-1pm
Phone Number: 928-367-2244
Website: http://www.facebook.com/WhiteMountainCatholicCharities

White Mountain Apache Food Distribution Program

Description: Provides monthly food packages to households.
Eligibility: White Mountain Apache Tribal Members living on reservation zip code 85941, 85911, based on income level, family size and other economic factors; food distribution program open to non-tribal members living on Fort Apache reservation who meet financial requirements, in-eligible if receiving SNAP benefits
Intake: Call or write for information; bring proof of household income and address
Physical Address: 1101 S Maverick Ave, Whiteriver, Navajo, AZ, 85941
Hours of Operation: Mon-Fri 8am-4pm
Phone Number: 928-338-4964
Website: http://azfoodbanks.org/maps/white-mountain-apache-tribe-food-distribution-program/

The Salvation Army Globe Service Center

Description: Provides local disaster relief services. Services include programs for victims and relief workers, collection and distribution of donated food for the victims, victim registration and identification, missing persons services, and spiritual counseling for the bereaved and injured. Also provides funding for disaster related home repair.
Eligibility: No restrictions
Intake: Call or visit center; Contact to confirm documents required
Physical Address: 161 E Cedar St, Globe, Gila, AZ, 85501
Hours of Operation: Administration Mon-Fri 8am-4pm , Pantry Mon-Fri 1pm-4pm
Phone Number: 928-425-4011
Website: http://swservice.salvationarmy.org

Lake Havasu Senior Center

Description: Provides services for seniors including socialization and recreation programs, phone friends, computer access, and congregate and home delivered lunches.
Eligibility: Seniors age 60 and older and spouses of eligible clients
Intake: Call. Must have reservation for drive thru lunch pickup and for meals at the center. Required documents will depend on services.
Physical Address: 450 Acoma Blvd S, Lake Havasu City, Mohave, AZ, 86406-7786
Hours of Operation: Mon-Fri 7am-4pm Main Center
Phone Number: 928-453-0715
Website: http://lakehavasuseniorcenter.com
Email: info@lakehavasuseniorcenter.com

Gilbert Senior Center

Description: Provides recreational and socialization programs for adults age 50 and older living in Gilbert. Services include congregate and delivered meals, and educational and exercise classes.
Eligibility: Gilbert residents age 50 and older
Intake: Call or visit center
Physical Address: 130 N Oak St, Gilbert, Maricopa, AZ, 85233-5411
Hours of Operation: Center Mon-Fri 8am-3:30pm; Meals Mon-Fri 11:30am-12:30pm
Phone Number: 480-503-6061
Website: http://www.gilbertaz.gov/departments/parks-and-recreation/recreation-centers-classes/gilbert-community-center/seniors
Email: recreation@gilbertaz.gov

Flowing Wells Family Resource Center

Description: School-based resource center provides emergency food boxes, clothing, and referrals to other resources.
Eligibility: Students and their families in need
Intake: Call for appointment. Contact provider to confirm documents required
Physical Address: 4545 N La Cholla Blvd, Tucson, Pima, AZ, 85705-2009
Hours of Operation: Mon-Fri 8am-3pm
Phone Number: 520-696-8614
Website: http://www.flowingwellsschools.org/page/flowing-wells-family-resource-center
Email: martha.molina@fwusd.org

Empowerment Systems Community Outreach and Resource Connection Program

Description: Provides assistance to apply for various social service benefits. Includes applications for AHCCCS, KidsCare, Marketplace Insurance, TANF, and Nutrition Assistance (food stamps/SNAP). Distributes monthly boxes of produce and other food.
Eligibility: People in need within Pinal and Eastern Maricopa Counties
Intake: Call for appointment and contact provider for any documents required.
Physical Address: 2066 W Apache Trl, Ste 116, Apache Junction, Pinal, AZ, 85120-3733
Hours of Operation: Mon-Fri 9am-4pm; Food boxes on 3rd Wed of the month by appointment
Phone Number: 480-367-6937
Website: http://www.empowermentsystems.org
Email: info@empowermentsystems.org

Round Valley Senior Center

Description: Provides utility payment assistance, food boxes, and case management for people on low income. Senior center provides social activities, congregate meals, home delivered meals to older adults and people with disabilities, Medicare counseling, minor housing repairs, and transportation to doctor appointments and shopping.
Eligibility: Seniors and people with low income in Eagar, Springerville, and surrounding areas
Intake: Call or visit center. Contact provider for any documents required.
Physical Address: 356 S Papago St, Springerville, Apache, AZ, 85938-5200
Hours of Operation: Mon-Thu 7am-2pm; Congregate meals Mon-Thu 11:30am; 2nd Tue senior food boxes; other service times vary
Phone Number: 928-333-2516
Website: http://www.springervilleaz.gov/communityservices

Chino Valley Senior Center

Description: Provides daily lunches and recreational and social activities for seniors. Delivers Meals on Wheels food to people who are homebound. Provides transportation for seniors to social events and medical appointments.
Eligibility: Seniors only for most services; people who are homebound for Meals on Wheels
Intake: Call, visit center, or visit website. Contact provider to confirm documents required
Physical Address: 1021 W Butterfield Rd, #501, Chino Valley, Yavapai, AZ, 86323
Hours of Operation: Vary
Phone Number: 928-636-9114
Website: http://www.chinoaz.net/275/senior-center

Fredonia Senior Citizen Center

Description: Provides services for seniors including congregate and home delivered meals, social activities, case management, transportation, and blood pressure checks.
Eligibility: Seniors
Intake: Call or visit office. Required documents will depend on services.
Physical Address: 80 N 100 W, Fredonia, Coconino, AZ, 86022
Hours of Operation: Mon-Fri 8am-1pm
Phone Number: 928-643-7278
Website: http://www.fredoniaaz.gov/senior-citizen-center
Email: fredoniaseniorcenter@gmail.com

Saint Vincent de Paul - Saint Mary of Angels Conference

Description: Provides financial and non-monetary assistance to those in need of help residing in Navajo County. Financial assistance may be used for rent and utility services, as well as medications and travel expenses for medical appointments and work. Offers clothing, furniture, and medical equipment as available.
Eligibility: Individuals in need residing in Navajo County, with a focus on disabled, retired, or unemployed individuals and those living on fixed income or below the poverty level.
Intake: Call, visit location, or visit website; Contact to confirm documents required
Physical Address: 1525 S McCoy Dr, Pinetop, Navajo, AZ, 85935
Hours of Operation: Tue-Fri Noon-2:30pm
Phone Number: 928-367-3057
Website: http://www.stvincentpinetop.com/home.html

Alicia Garcia Senior Center

Description: Center provides services for seniors. Includes education and recreation programs, congregate and home delivered meals, benefits counseling, outreach services, shopping assistance, telephone reassurance, legal aid referrals, and referrals to community resources.
Eligibility: Seniors
Intake: Call. Required documents will depend on services.
Physical Address: 506 Live Oak St, Miami, Gila, AZ, 85539-1208
Hours of Operation: Mon-Fri 7am-2pm
Phone Number: 928-473-4190
Website: http://miamiaz.gov/community-services/senior-center

Prescott Valley Food Bank

Description: Distribute food to families and individuals in the Humboldt Unified School District that fall below the federal poverty guidelines who are in need due to recent events causing financial hardships. Clients can receive donations of food once per month.
Eligibility: Individuals and families within 86312, 86314, 86329, 86327
Intake: Visit food bank. No referral required. Bring photo ID documentation of residence.
Physical Address: 8671 E Spouse Dr, Ste C, Prescott Valley, Yavapai, AZ, 86314-6233
Hours of Operation: Mon-Fri noon-2:45pm
Phone Number: 928-772-4490
Website: http://azfoodbanks.org/get-food/#programs
Email: ginaewebber@hotmail.com

Globe Active Adult Center

Description: Provides lunches on weekdays for seniors. Includes transportation between home and the center, if needed. Also provides recreational activities, special events, wellness classes, health screenings, support groups, benefits assistance for Medicare and Social Security questions, and information about and referrals to community resources. Offers lifelong learning community college classes. Also provides outreach and friendly visits, and delivers meals to seniors and people with disabilities who are homebound.
Eligibility: Age 60 and older or spouse of eligible client or anyone with disabilities
Intake: Call or visit center to register. Required documents will depend on services.
Physical Address: 579 S Broad St, Globe, Gila, AZ, 85501-2611
Hours of Operation: Varies
Phone Number: 928-425-9030
Website: http://www.globeaz.gov/o/cog/page/globe-active-adult-center
Email: globeseniors@globeaz.gov

Mobile Elementary School District #86

Description: Provides academic instruction for students in pre-kindergarten through grade 8. Homeless Education Liaison provides assistance to school-age youth who do not have a permanent place of residence. Services include school enrollment, transportation to and from school, free breakfast and lunch programs, and other support services. Also provides information about additional resources in the community. Provides support services for students with disabilities. Provides a food pantry for residents of the Mobile area.
Eligibility: Arizona students. Must bring child's original birth certificate and immunization records, parent/guardian's photo ID, and proof of address; liaisons will assist students who are homeless to obtain documents after enrollment.
Intake: Call or visit website
Physical Address: 42798 S 99th Ave, Maricopa, Pinal, AZ, 85139-2106
Hours of Operation: Mon-Fri 7:30am-3:30pm
Phone Number: 520-568-2280
Website: http://www.mobileesd.org
Email: tdominguez@mobileesd.org

Dorothy Powell Senior Center

Description: Offers recreational, cultural, and educational programs for seniors including congregate and home delivered meals, and transportation to the center, medical appointments, and other locations within city limits.
Eligibility: Adults age 50 and older; must have a Participant Information Card on file
Intake: Call, visit office, visit website, or write. Contact provider to confirm documents required
Physical Address: 405 E 6th St, Senior Center, Casa Grande, Pinal, AZ, 85122-4194
Hours of Operation: Mon-Fri 8am-4pm: congregate meals Mon-Fri 11:30am-noon; LINK operates Mon-Sat 7 am to 7 pm.
Phone Number: 520-421-8760
Website: http://casagrandeaz.gov/247/senior-citizen-services
Email: communityservices@casagrandeaz.gov

Payson Community Kids, Inc

Description: Provides food, clothing, other basic needs, and school supplies to families and children in need. Encourages children to get involved in community projects. Provides adult role models for children in low income families. Offers after school activities and tutoring.
Eligibility: Must qualify as low-income
Intake: Call or visit website, Contact the provider for any documents required.
Physical Address: 213 S Colcord Rd, Payson, Gila, AZ, 85541-4829
Hours of Operation: Mon-Thu noon-6pm
Phone Number: 928-478-7160
Website: http://www.paysoncommunitykids.com
Email: pckprogram@gmail.com

Oracle Community Center

Description: Provides recreation and socialization programs including free community activities and low-cost classes for adults and families. Also provides weekly low-cost meals. Rents the facility for meetings and events with discounts for nonprofit organizations. Provides space for United Food Bank monthly food distribution.
Eligibility: No restrictions
Intake: Call
Physical Address: 685 E American Ave, Oracle, Pinal, AZ, 85623-1382
Hours of Operation: Mon, Wed, Fri 9am-1pm or by appointment
Phone Number: 520-896-9326
Website: http://www.oraclecommunitycenter.org
Email: info@oraclecommunitycenter.org

Page Community Center

Description: Provides recreational and socialization activities including exercise classes and crafts for adults age 20 and older. Offers Wi-Fi and internet access. Provides congregate meals and delivered meals for older adults.
Eligibility: Page residents and visitors
Intake: Call, visit center, or visit website; Contact to confirm documents required
Physical Address: 699 S Navajo Dr, Page, Coconino, AZ, 86040
Hours of Operation: Mon-Fri 10am-4pm
Phone Number: 928-645-2600
Website: http://www.cityofpage.org/departments/community-center

Gila Community Food Bank, Inc

Description: Provides emergency food boxes to people in need and sack lunches for people experiencing homelessness.
Eligibility: People in need in Gila and Graham counties, and Kearny and Superior in Pinal County
Intake: Call or visit office. Required documents will depend on services.
Physical Address: 317 Hackney Ave, Globe, Gila, AZ, 85501-2332
Hours of Operation: Mon-Fri 9am-12:30pm
Phone Number: 928-425-3639

Cornerstone Mission Project Basic Needs

Description: Provides faith-based, homeless drop in centers and resource center for people who are experiencing homelessness. Services include soup kitchen, showers, and information about community resources.
Eligibility: No restrictions
Intake: Visit shelter and contact provider for any documents required.
Physical Address: 3049 Sycamore Ave, Kingman, Mohave, AZ, 86409-3615
Hours of Operation: During excessive heat warnings we are open 9-5. The only day we are closed is Sunday; Mon-Sat 9am-1pm resource center; daily 3pm-5pm meals
Phone Number: 928-757-1535 x1005
Website: http://www.cornerstonemissionaz.org

Heber Overgaard Community Food Bank

Description: Provides food distributions twice a month to Heber-Overgaard and surrounding communities.
Eligibility: Residents of Heber - Overgaard and surrounding areas
Intake: Call, email, visit website, or other; Facebook direct message. Required documents will depend on services.
Physical Address: 2841 Hwy 260, Overgaard, Navajo, AZ, 85933
Hours of Operation: Tue, Thu 10am-1pm
Phone Number: 480-321-5831
Website: http://sites.vivery.org/heber-overgaard-community-food-bank/overgaard-az/6498
Email: deeramon@outlook.com

Friends of the Quartzsite Food Bank

Description: Provides food, clothing, and toiletries.
Eligibility: No restrictions. Required documents will depend on services.
Intake: Call or visit location
Physical Address: 40 N Moon Mountain Ave, Quartzsite, La Paz, AZ, 85346-0590
Hours of Operation: Tue & Thu May-July, Sept 7am-11am; Oct-Apr, 8am-12 noon
Phone Number: 928-662-7000
Website: http://fqfoodbank.com
Email: fqfoodbank@gmail.com

Chino Valley Food Bank

Description: Provides emergency food boxes once a month to people in need. Also distributes weekly bread and produce.
Eligibility: People in need
Intake: Visit office. Required documents will depend on services.
Physical Address: 840 E Road 1 S, Chino Valley, Yavapai, AZ, 86323-7503
Hours of Operation: Wed and Fri 11am-1:45pm
Phone Number: 928-636-8478
Website: http://www.facebook.com/chinovalleyfoodbank
Email: CVFB1@outlook.com

Community Presbyterian Church Deacons Food Bank

Description: Provides food boxes to people in need once every two weeks.
Eligibility: People in need in the Rim Country area
Intake: Visit office during food bank hours. Required documents will depend on services.
Physical Address: 800 W Main St, Payson, Gila, AZ, 85541-3078
Hours of Operation: Mon, Wed, Fri 9am-1pm; Tue 5pm-7pm; 3rd Sat 9am-11am Commodity Senior Food Program
Phone Number: 928-474-2059
Website: http://sites.google.com/cpcpayson.org/home
Email: office@cpcpayson.org

Bullhead City Senior Center

Description: Offers recreational programs, leisure time activities, educational programs, and special events for seniors. Provides congregate and home delivered meals for seniors.
Eligibility: Seniors age 60 and older
Intake: Call, visit office, or visit website; call for Meals on Wheels pre-screening. Contact provider to confirm documents required
Physical Address: 2275 Trane Rd, Bullhead City, Mohave, AZ, 86442-5944
Hours of Operation: Mon, Fri 8am-4pm, Tue-Thu 8am-6pm, Mon-Fri 11:30am-noon Senior Meals
Phone Number: 928-763-0193
Website: http://www.bullheadcityaz.gov/living-in-bullhead-city/senior-services/

Paiute Neighborhood Center

Description: Provides emergency food boxes. Also provides notary services.
Eligibility: Scottsdale residents on low income
Intake: Call or visit center; appointment required for food boxes and social services
Physical Address: 6535 E Osborn Rd, Scottsdale, Maricopa, AZ, 85251-6026
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 480-312-2529
Website: http://www.scottsdaleaz.gov/human-services/paiute-neighborhood-center

Maricopa County WIC Administration

Description: Administers WIC services throughout Maricopa County provided by the Arizona Department of Health Services.
Eligibility: Pregnant, breastfeeding, and postpartum women and for infants and children up to their 5th birthday
Intake: Call or visit website to schedule an appointment; Contact to confirm documents required
Physical Address: 4041 N Central Ave, Ste 700C, Phoenix, Maricopa, AZ, 85012-3330
Hours of Operation: Mon-Fri 7am-4pm
Phone Number: 602-506-9333
Website: http://www.maricopawic.com
Email: wic@mail.maricopa.gov

Adelante Healthcare - Surprise

Description: Provides primary and preventive health care for all ages. Services include well check-ups and health screenings; dental care; referrals to lab, x-ray, and pharmacy services; childhood and adult immunizations; flu shots; support for patients with chronic diseases such as asthma and diabetes; health education; eligibility in community health programs; outreach and support services; WIC available on site.
Eligibility: No restrictions
Intake: Call for an appointment; bring proof of income and address if applying for a discount. Contact provider to confirm documents required
Physical Address: 15351 W Bell Rd, Surprise, Maricopa, AZ, 85374-4580
Hours of Operation: Medical Services Mon-Thu 7am-7pm, Fri 7am-6pm, Sat 8am-5pm; Dental Mon-Thu 7am-6pm; Patient Support Mon-Fri 7am-6pm, Sat 8am-5pm; WIC 4th Sat 8am-non, 1pm-5pm
Phone Number: 480-964-2273
Website: http://adelantehealthcare.com/locations/surprise

AZCEND Food Bank - Chandler

Description: Offers emergency food boxes and supplemental food boxes.
Eligibility: Residents of Chandler, Gilbert, Queen Creek, San Tan, Coolidge, Mesa, Bapchule, Sacaton, Sun Lakes and Ahwatukee for ongoing assistance. Those not in these cities may receive a box the first time and will be referred to other agencies.
Intake: Call, email or visit office; see website for holiday food box information
Physical Address: 345 S California St, Chandler, Maricopa, AZ, 85225-6201
Hours of Operation: Mon noon–3pm, Tue 3pm–6pm, Wed-Thu 9am–noon, 3rd Sat 9am while food lasts for emergency food boxes; Fri 7:30am tickets are passed out & distribution starts at 9am while food lasts for supplemental food boxes (fresh produce and perishable items)
Phone Number: 480-963-1423 x100
Website: http://azcend.org/food-bank

Chandler Senior Center

Description: Recreation and socialization programs for seniors. Provides lunches and home delivered meals.
Eligibility: Seniors
Intake: Call, visit center, visit website, or write. Contact provider to confirm documents required.
Physical Address: 202 E Boston St, Chandler, Maricopa, AZ, 85225-8505
Hours of Operation: Mon-Fri 8am-5pm, Senior Meal Mon-Fri 11:30am-12:30pm, must make reservation for lunch
Phone Number: 480-782-2720
Website: http://www.chandleraz.gov/explore/chandler-recreation/centers-and-facilities/chandler-senior-center?pageid=52
Email: anthony.baumann@chandleraz.gov

Cartwright Center for Strong Families and Thriving Children

Description: Provides family support center and support for families of Cartwright students. Services include monthly food boxes, classes in parenting and basic computer use, lending library, and referrals to additional resources.
Eligibility: Families of Cartwright students
Intake: Call
Physical Address: 4308 N 51st Ave, Ste 103, Phoenix, Maricopa, AZ, 85031-1914
Hours of Operation: Mon-Thu 8am-5pm, Fri 8am-noon year round
Phone Number: 623-691-1994
Website: http://www.csd83.org/page/center-for-strong-families-thriving-children

Banner Olive Branch Senior Center

Description: Provides congregated meals, home delivered meals, recreation programs, social activities, food pantries, health and wellness promotion, and legal assistance for seniors.
Eligibility: Adults age 60 and older, and adults age 18 and older with disabilities for services and congregate meals; Food Pantry anyone 18 and older
Intake: Visit center or visit website. Contact provider to confirm documents required.
Physical Address: 13049 N 103rd Ave, Sun City, Maricopa, AZ, 85351-3054
Hours of Operation: Hours Mon-Fri 6am-3pm; Breakfast 6:30am-8:30am; Lunch Mon-Fri 11am-noon; Food Pantry Tues-Thu 7am-11am Food Pantry
Phone Number: 623-465-6000
Website: http://www.bannerhealth.com/locations/sun-city/banner-olive-branch-senior-center
Email: julie.ash@bannerhealth.com

Native Health Food Distribution

Description: Provides walk-up grab and go food bags to East Valley residents.
Eligibility: People in need who live in East Valley
Intake: Must bring ID and proof of address; Contact to confirm any additional documents required
Physical Address: 777 W Southern Ave, South side of Bldg B, Mesa, Maricopa, AZ, 85210-5008
Hours of Operation: Mon-Fri 8am-noon
Phone Number: 602-279-5262 x11008
Website: http://www.nativehealthphoenix.org/locations/native-health-east/

Veterans First Limited

Description: Provides homelessness prevention resources and stabilization for all veterans, with special emphasis on senior, disabled and women veterans. Offers assistance with rent, utilities, food, and bus passes, and information about services and referrals to community resources.
Eligibility: Only veterans, their families and caregivers.
Intake: Call, leave message if no answer. Initial intake will be done over the phone with specific document requirements to be considered for assistance. Requester must comply with all requests pertaining to the intake process. We will do our best to provide an answer within 3 business days as to our decision for assistance.
Physical Address: 8433 N Black Canyon Hwy, Ste 164, Phoenix, Maricopa, AZ, 85021-4859
Hours of Operation: Mon-Thu 10am-2pm
Phone Number: 602-989-7207
Website: http://veteransfirstltd.org
Email: jsisco@veteransfirstltd.org

City Hope

Description: Provides food and clothing to those in need.
Intake: visit center; must bring driver's license or other government issued ID
Physical Address: 1120 S Gilbert Rd, Ste 101, Gilbert, Maricopa, AZ, 85296
Hours of Operation: Mon, Wed, Sat 9am-11:30am
Phone Number: 480-900-5422
Website: http://www.cityhopeaz.org/
Email: mike@cityhopeaz.org

YWCA Metropolitan Phoenix

Description: Provides services for seniors and adults with disabilities. Provides lunches at various locations for seniors and adults with disabilities. Offers socialization and wellness activities for seniors age 60 and older. Offers salary wage negotiation classes, a Young Women's Forum, Women's Empowerment Series of events, and Stand Against Racism events. Own It! Financial Education Program teaches financial skills including saving, budgeting, credit, and managing a bank account.
Eligibility: Vary by program
Intake: Call; Contact to confirm documents required
Physical Address: 8561 N 61st Ave, Glendale, Maricopa, AZ, 85302-5409
Hours of Operation: Phoenix Mon-Fri 9am-4pm; Glendale & El Mirage Mon-Fri 8am-3pm
Phone Number: 602-258-0990
Website: http://www.ywcaaz.org
Email: info@ywcaaz.org

Senior Nutrition Congregate Meal Program

Description: Provides congregate meals and socialization for seniors and adults with disabilities.
Eligibility: Seniors and adults with disabilities
Intake: Call for intake. Required documents will depend on services.
Physical Address: 160 E 1st St, Yuma, Yuma, AZ, 85364-1404
Hours of Operation: Mon-Fri 11am-12:30pm
Phone Number: 928-782-1105
Website: http://ccs-soaz.org/service/senior-nutrition/

Pio Decimo Food Pantry and Clothing Closet

Description: Provides food boxes, clothing, hygiene supplies, and kitchen items to people in need.
Eligibility: People in need
Intake: Visit office; must bring photo ID and proof of residency. Use the Family Services entrance toward the North side of the building.
Physical Address: 848 S 7th Ave, Tucson, Pima, AZ, 85701-2627
Hours of Operation: Tue-Thu 9:30am-12:30pm
Phone Number: 520-622-2801
Website: http://ccs-soaz.org/service/pio-decimo-food-pantry-clothing-bank/

Freedom Park Center

Description: Recreational facility features weight room, outdoor covered basketball court, multi-purpose room, youth activities, teen room, and adjacent park. Provides congregate meals for seniors every weekday, and activities such as games, chair exercise, field trips, and computer classes.
Eligibility: Varies by program; adults age 60 and older for meals
Intake: Call, visit center, or visit website
Physical Address: 5000 E 29th St, Tucson, Pima, AZ, 85711-6401
Hours of Operation: Mon-Fri 9am-6pm center; Senior Meals Mon-Fri at 12:15pm
Phone Number: 520-791-4969
Website: http://www.tucsonaz.gov/departments/parks-and-recreation/recreation-centers/freedom-park-center
Email: tprd-freedom@tucsonaz.gov

Robles Ranch Community Center

Description: Provides recreational activities for area residents and tourists passing through. Activities include billiards, ping pong and assorted games. Offers pre-school recreation (ages 3-5), Teen Night (ages 13-18), Family Fun Night and senior programs. Also provides meeting space for community groups, and for Catholic Social Services, Clothing Bank, One Stop Career Center, Pima County Health Department, Pima County Public Library Bookmobile, PPEP, Rural Health Office, and Tucson Youth Development.
Eligibility: No restrictions
Intake: Call or visit website. Contact provider to confirm documents required
Physical Address: 16150 W Ajo Way, Tucson, Pima, AZ, 85735-2099
Hours of Operation: Mon-Fri 10am-6pm; program times vary
Phone Number: 520-822-4408
Website: http://www.pima.gov/1298/Robles-Ranch-Community-Center
Email: adrienne.rivas@pima.gov

Picture Rocks Community Center - Pima County

Description: Provides recreational activities for all age groups. Includes afterschool, pre-school recreation (ages 3-5), youth, teen and senior programs. Offers therapeutic socialization group, senior exercise, painting class, quilting class, yoga, card club, and arts and crafts. Also provides meeting space to community groups such as AA, Community Action Agency, Pima County Health Department, and the senior lunch program.
Eligibility: No restrictions
Intake: Call or visit website. Contact provider to confirm documents required
Physical Address: 5615 N Sanders Rd, Tucson, Pima, AZ, 85743-7582
Hours of Operation: Mon-Fri 10am-6pm; program times vary
Phone Number: 520-724-5278
Website: http://www.pima.gov/1290/Picture-Rocks-Community-Center
Email: alyssa.villa@pima.gov

Ellie Towne Flowing Wells Community Center

Description: Provides recreational activities for all age groups. Includes pre-school (age 3-5), after-school program (age 5-12), and junior high age club (ages 11-13). Offers group activities for older adults. Rents meeting rooms.
Eligibility: No restrictions
Intake: Call; visit website. Contact provider to confirm documents required
Physical Address: 1660 W Ruthrauff Rd, Tucson, Pima, AZ, 85705-1253
Hours of Operation: Mon-Fri 10am-6pm; program times vary
Phone Number: 520-724-5360
Website: http://www.pima.gov/1279/Ellie-Towne-Flowing-Wells-Community-Cent
Email: cerina.quiroz@pima.gov

Ajo Community Center

Description: Provides recreational activities for all age groups. Includes sports, arts and crafts, after-school recreation, playground activities, special summer and holiday programs, and aerobics. Also provides space for senior lunch programs.
Eligibility: No restrictions
Intake: Call or visit website. Contact provider to confirm documents required
Physical Address: 290 W 5th St, E S Bud Walker Park, Ajo, Pima, AZ, 85321-2107
Hours of Operation: Mon-Fri 9am-5pm; program times vary
Phone Number: 520-387-6641
Website: http://www.pima.gov/1250/Ajo-Community-Center
Email: DJ.Rendon@pima.gov

Palo Verde Family Resource Center

Description: Provides support services for TUSD students and their families. Services include clothing bank and food boxes. Also provides English as a Second language classes and referrals to additional resources.
Eligibility: TUSD students and their families
Intake: Call or visit office; Contact the provider for any documents required.
Physical Address: 1302 S Avenida Vega, Palo Verde High Magnet School, Tucson, Pima, AZ, 85710-5101
Hours of Operation: Mon, Tue, Wed, Fri 8am-4pm; Thu 9:30am-6pm
Phone Number: 520-584-7455
Website: http://www.tusd1.org/Family-Resource-Centers

Menlo Family Resource Center

Description: Provides support services for TUSD students and their families. Services include clothing bank and food boxes. Also provides English as a Second language classes and referrals to additional resources.
Eligibility: TUSD students and their families
Intake: Call; Contact the provider for any documents required.
Physical Address: 1100 W Fresno St, Tucson, Pima, AZ, 85745-2711
Hours of Operation: Mon, Tue, Wed, Fri 8am-4pm; Thu 9:30am-6pm
Phone Number: 520-908-3980
Website: http://www.tusd1.org/Family-Resource-Centers

Catalina Family Resource Center

Description: Provides support services for TUSD students and their families. Services include clothing bank and food boxes. Also provides English as a Second Language classes and referrals to additional resources.
Eligibility: TUSD students and their families
Intake: Call or visit office. Contact the provider for any documents required.
Physical Address: 3645 E Pima St, Catalina High School, Tucson, Pima, AZ, 85716-3320
Hours of Operation: Mon, Tue, Thu, Fri 8am-4pm; Wed 9:30am-6pm
Phone Number: 520-232-8684
Website: http://www.tusd1.org/Family-Resource-Centers

Southwest Family Resource Center

Description: Provides support services for TUSD students and their families. Services include clothing bank and food boxes. Also provides English as a Second language classes and referrals to additional resources.
Eligibility: TUSD students and their families
Intake: Call or visit office
Physical Address: 6855 S Mark Rd, Southwest Alternative Middle School, Tucson, Pima, AZ, 85757-9514
Hours of Operation: Mon, Tue, Wed, Fri 8am-4pm; Thu 9:30am-6pm
Phone Number: 520-225-2172
Website: http://www.tusd1.org/Family-Resource-Centers

Marana Mobile Distributions

Description: Provides food boxes to people in need. Clients may receive one box a month. Also provides a job resource center and computer lab. Offers SNAP/AHCCCS registration and renewal.
Eligibility: People in need in the Avra Valley, Marana, Picture Rocks, Rillito, and northwest Tucson areas
Intake: New clients for food boxes must bring a photo ID, provide proof of local address, list of all household members and their dates of birth, and self-declare low income (no documentation needed).
Physical Address: 15790 W. Silverbell Road, Avra Valley Fire District Station 191, Marana, Pima, AZ, 85653
Hours of Operation: 2nd Fri 8am-10am, for Avra Valley; 4th Fri 8am-10am for Picture Rocks
Phone Number: 520-766-3663
Website: http://www.communityfoodbank.org/get-help/

Community Food Bank - Willcox Distribution Center

Description: Provides food boxes to people in need. Clients may receive one box a month. Offers SNAP/AHCCCS registration and renewal.
Eligibility: Varies by program
Intake: New clients for food boxes must bring a photo ID, provide proof of local address, list of all household members and their dates of birth, and self-declare low income (no documentation needed).
Physical Address: 931 N Bisbee Ave, Willcox, Cochise, AZ, 85643
Hours of Operation: Vary
Phone Number: 520-766-3663
Website: http://www.communityfoodbank.org/locations/willcox-distribution-center/

Community Food Bank - Nogales Resource Center

Description: Provides food boxes to people in need. Clients may receive one box a month. Serves as a family resource center. Offers SNAP/AHCCCS registration and renewal.
Eligibility: People in need in Santa Cruz County
Intake: New clients for food boxes must bring photo ID, provide proof of local address, list of all household members and their dates of birth, and self-declare low income (no documentation needed). Returning clients for food boxes must bring photo ID.
Physical Address: 2636 N Donna Ave, Nogales, Santa Cruz, AZ, 85621-3567
Hours of Operation: Tue-Fri 8am-noon, 1st Sat 9am-noon
Phone Number: 520-281-2790
Website: http://www.communityfoodbank.org/locations/nogales

Community Food Bank - Green Valley Resource Center

Description: Provides food boxes to people in need. Clients may receive one box a month. Also collects edible, unsaleable food from grocers and other sources for inclusion in food boxes and to distribute to nonprofit organizations that feed people. Offers SNAP/AHCCCS registration and renewal.
Eligibility: People in need in the Green Valley and Sahuarita areas
Intake: New clients for food boxes must bring photo ID, provide proof of local address, list of all household members and their dates of birth, and self-declare low income (no documentation needed). Returning clients for food boxes must bring photo ID. Offers SNAP/AHCCCS registration and renewal.
Physical Address: 250 E Continental Rd, Ste 101, Green Valley, Pima, AZ, 85614-1806
Hours of Operation: Tue 9am-2pm; Wed, Fri 9am-noon
Phone Number: 520-625-5252
Website: http://www.communityfoodbank.org/locations/green-valley

Community Food Bank - Amado Resource Center

Description: Provides emergency food boxes to people in need. Assists with SNAP/AHCCCS applications and serves as a Commodity Senior Food Program site.
Eligibility: People in need for food boxes; seniors age 60 and older who are at or below 130% of the Federal Poverty Level for Senior Food Boxes
Intake: Visit office during program hours only. New clients for food boxes must bring photo ID, provide proof of local address, list of all household members and their dates of birth, and self-declare low income (no documentation needed). Returning clients for food boxes must bring photo ID.
Physical Address: 28720 S Nogales Hwy, Amado, Santa Cruz, AZ, 85645-9997
Hours of Operation: Thu 9am-2pm
Phone Number: 520-398-2942
Website: http://www.communityfoodbank.org/locations/amado

Caridad Community Kitchen

Description: Provides hot meals to individuals in need. Also provides a free culinary training program for unemployed adults to prepare participants for an entry level position in professional kitchens.
Eligibility: none for hot meals; Culinary Program participants must be at least 18, eligible to work in the US, able to work in a hot and cold environment, stand for at least 6 hours a day, lift a minimum of 50 pounds, able to read and write in English at an 8th grade level, have reliable housing and transportation, and be able to commit for 10 weeks.
Intake: none for hot meals; Visit website to apply for culinary program. Documents required will depend on services.
Physical Address: 845 N Main Ave, Tucson, Pima, AZ, 85705-7605
Hours of Operation: Hot meals Tue & Thu 2pm-4pm; Culinary Training Mon-Fri 9am-4pm for 10 weeks
Phone Number: 520-882-5641
Website: http://www.communityfoodbank.org/locations/caridad-community-kitchen/
Email: caridad@communityfoodbank.org

St Anne Friends of the Needy Food bank

Description: Provides food to families or individuals in need once a week. Diapers, wipes, baby food and formula is also available for families in need.
Eligibility: No restrictions
Intake: Visit office; Contact to confirm documents required
Physical Address: 14 N Cottonwood Drive, Gilbert, Maricopa, AZ, 85234-5737
Hours of Operation: Tue-Thu, Sat 9am-11am
Phone Number: 480-507-4400
Website: http://stannefon.com
Email: Johnc@stanneaz.org

The Salvation Army North West Valley Corps

Description: Offers community recreation programs. Provides hot meals, food boxes, back-to-school assistance. Rent and utility assistance on a limited basis.
Eligibility: Photo ID and current proof of address for weekly emergency food box. Limited non-income based assistance with APS, SRP and Southwest Gas limited to once every 2 years and 3 times in a lifetime.
Intake: Visit; line starts forming hours before opening time and funds are limited
Physical Address: 17420 N Avenue of the Arts Blvd, Surprise, Maricopa, AZ, 85378-2577
Hours of Operation: Mon-Fri 9am-noon, 1pm-4pm
Phone Number: 623-977-1084
Website: http://northwestvalley.salvationarmy.org/north-west-valley-az?_gl=1*j9gell*_gcl_au*mtg1nze2mtyxny4xnzy1ntu4mte0*_ga*njc3nze1mjc1lje3nju1ntgxmtq.*_ga_
Email: Jaqueline.Murillo@usw.salvationarmy.org

The Salvation Army Maryvale Corps Community Center

Description: Provides food boxes, youth programs, and friendly visiting services.
Eligibility: Residents of ZIP Codes 85013, 85015, 85017, 85019, 85021, 85023, 85029, 85031, 85035, 85037, 85051, 85052, 85053, and 85054
Intake: Call; Contact to confirm documents required
Physical Address: 4318 W Clarendon Ave, Phoenix, Maricopa, AZ, 85031-2913
Hours of Operation: Vary; Food boxes Tue 10am-noon
Phone Number: 602-233-9272
Website: http://www.salvationarmyphoenix.org
Email: dina.cisneros@usw.salvationarmy.org

The Salvation Army Glendale Corps

Description: Provides basic needs when available including food boxes, clothing, baby formula and diapers, and utility bill payment assistance. Provides information about and referrals to community resources.
Eligibility: People in need
Intake: Call; Contact to confirm documents required
Physical Address: 6010 W Northern Ave, Glendale, Maricopa, AZ, 85301-1254
Hours of Operation: Vary; Cooling Center Mon-Sun 11am-5pm
Phone Number: 623-934-0469
Website: http://glendale-az.salvationarmy.org/glendale-az

The Salvation Army Estrella Mountain Corps

Description: Provides basic needs when available including clothing, diapers, and utility bill payment assistance. Provides information about and referrals to community resources.
Eligibility: People in need
Intake: Call; Contact to confirm documents required
Physical Address: 11 N 3rd Ave, Avondale, Maricopa, AZ, 85323-1854
Hours of Operation: Vary
Phone Number: 623-932-0472
Website: http://estrellamountain.salvationarmy.org
Email: Stacy.Antonovich@usw.salvationarmy.org

Tucson Food Share

Description: Provides food boxes to people in need. Offers food box delivery to people who are homebound; wait time is for a delivery is at least one week.
Eligibility: No restrictions
Intake: Visit office to pick up; visit website to apply for delivery; Contact to confirm documents required
Physical Address: 2500 N Stone Ave, Tucson, Pima, AZ, 85705-4531
Hours of Operation: On-site free grocery sharing Mon 4:30pm-6:00pm, Thu 6pm-7:30pm; Sat 8am-9:30am; Days vary for delivery.
Phone Number: 520-222-9242
Website: http://tucsonfoodshare.org
Email: tucsonfoodshare@gmail.com

God's Vast Resources Food Pantry

Description: Provides perishable and non-perishable food, hygiene and household items, pet food and clothing to people in need.
Eligibility: Adults and families in need
Intake: Visit site. Must bring photo ID and provide address, phone number, email address, employment information, date of birth and gender and ages of household members.
Physical Address: 6161 E 22nd St, Tucson, Pima, AZ, 85711
Hours of Operation: Food pantry Thu, Sat 3pm-6pm; Clothing closet Thu, Sat 3pm-5:30pm; Clothing and food Tue 3pm-5pm
Phone Number: 520-777-9629
Website: http://www.godsvastresources.org/food-pantry
Email: SHR@GodsVastResources.org

Southside Presbyterian Church Cross Streets Community

Description: Provides meals, coffee, haircuts, shower facilities, and a clothing closet to people who are homeless or in need. Performs outreach in various locations and provides referrals to additional services.
Eligibility: People in need
Intake: Call or visit site; Contact to confirm documents required
Physical Address: 317 W 23rd St, Tucson, Pima, AZ, 85713-1541
Hours of Operation: Mon-Wed 9am-3pm, Thu 9am-5pm, Sun 8:30am-12:30pm
Phone Number: 520-623-6857
Website: http://www.southsidepresbyterian.org
Email: office@southsidepres.org

Tu'i Bwa'ame Good Food Pantry

Description: Provides food boxes for Native American children and adults.
Eligibility: Enrolled Pascua Yaqui tribal members and other Native Americans; must bring ID, current bill or home lease
Intake: Call. Required documents depend on services.
Physical Address: 7474 S. Camino de Oeste, Tucson, Pima, AZ, 85746-9308
Hours of Operation: Mon-Fri 10am-3pm
Phone Number: 520-879-5640
Website: http://yaquicharity.org/food-security-nutritional-support

Liogue Senior Center

Description: Provides social activities and support services to Native American elders living on the Pascua Reservation. Includes congregate meals, home-delivered meals, transportation, and advocacy.
Eligibility: Enrolled Pascua Yaqui tribal members and other Native Americans, age 55 and older
Intake: Call. Any required documents will depend on services.
Physical Address: 7601 S Camino Benem, Bldg B, Tucson, Pima, AZ, 85757-8908
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 520-879-5530
Website: http://www.pascuayaqui-nsn.gov/senior-center
Email: rebecca.matuz@pascuayaqui-nsn.gov

Rio Vista Center

Description: Provides food boxes including perishable food from a farmers market and clothing. Also provides assistance with Nutrition Assistance (food stamps/SNAP) and AHCCCS applications, job searches, and resume preparation. Serves as a family resource center.
Eligibility: No restrictions
Intake: Call, email or visit center. Required documents depend on services.
Physical Address: 1431 E Southern Ave, Phoenix, Maricopa, AZ, 85040-3529
Hours of Operation: Tue-Thu 9am-noon
Phone Number: 480-258-4155
Website: http://www.azresourcecenters.com
Email: aaron@riovistacenter.com

Tucson Community Resource Center

Description: Provides food boxes, clothing, and hygiene items for people in need. Available once per month.
Eligibility: No restrictions
Intake: Call or visit office. Required documents depend on services.
Physical Address: 2411 E Fort Lowell Rd, Tucson, Pima, AZ, 85719-2416
Hours of Operation: Tue, Wed, Thu 1pm-4pm
Phone Number: 520-253-8999
Website: http://www.azresourcecenters.com

Casa de Amor Community Resource Center

Description: Provides food and clothing to people in need. Also provides assistance with applications for AHCCCS and Nutrition Assistance (food stamps/SNAP). Serves as a family resource center.
Eligibility: People in need
Intake: Call. Required documents depend on services.
Physical Address: 819 S Macdonald, Mesa, Maricopa, AZ, 85210-8613
Hours of Operation: Mon-Wed 9am-11am
Phone Number: 480-464-2877
Website: http://riovistacenter.com/casa-de-amor
Email: tlesher@abcs.org

Caring Ministries Community Resource Center

Description: Provides food boxes for people in need.
Eligibility: No restrictions
Intake: Call or visit center. Required documents depend on services.
Physical Address: 820 W Calle Sur, Tucson, Pima, AZ, 85705-5330
Hours of Operation: Mon-Fri 7am-9am
Phone Number: 520-882-2645
Website: http://www.wearecaring.org
Email: jhanna@abcs.org

Sahuarita Food Bank & Community Resource Center

Description: Provides food boxes to people in need.
Eligibility: People in need in Green Valley, Sahuarita, and surrounding areas
Intake: Call; Contact to confirm documents required
Physical Address: 17750 S La Canada Dr, Sahuarita, Pima, AZ, 85629-9122
Hours of Operation: Administration Mon-Fri 9am-3pm; Food boxes Tue, Wed 9am-1pm, Thu 1pm-5pm, Sat 9am-noon
Phone Number: 520-777-7675
Website: http://sahuaritafoodbank.org

Saint Vincent de Paul - Tucson Diocesan Council

Description: Provides a referral service to local Catholic churches for people in need. May include referrals for food boxes, financial assistance for rent and utilities, and vouchers for clothing and furniture.
Eligibility: People in need who live within Tucson Catholic church parish boundaries
Intake: Call for intake and referral to participating church; if accepted for assistance, a home visit may be scheduled; Contact to confirm documents required
Physical Address: 829 S 6th Ave, Tucson, Pima, AZ, 85701-2624
Hours of Operation: Mon-Fri 9am-5pm
Phone Number: 520-628-7837
Website: http://www.svdptucson.org
Email: inbox@svdptucson.org

New Spirit Lutheran Church Community Outreach Programs

Description: Provides food boxes to people in need. Also maintains a lending service of a variety of durable medical equipment. Includes wheelchairs, crutches, canes, and walkers. Offers monthly bags that include food, gloves, hats, socks, and hygiene products through the Homeless Blessings program.
Eligibility: People in need
Intake: Call to check availability for medical equipment; drive-thru food bank; Contact to confirm documents required
Physical Address: 8701 E Old Spanish Trl, Tucson, Pima, AZ, 85710-4467
Hours of Operation: Administration Mon-Thu 8am-3pm ; Food bank drive thru every 2nd & 4th Thu 8:30am-10am
Phone Number: 520-296-2461
Website: http://www.newspiritlutherantucson.org
Email: pastorhartman@newspiritlutherantucson.org

Marana Food Bank - Community Resource Center

Description: Provides food boxes to people in need, may receive one box a month. Also provides a job resource center and computer lab.
Eligibility: People in need in the Avra Valley, Marana, Picture Rocks, Rillito, and northwest Tucson areas
Intake: Visit office and fill out application; must arrive at least one-half hour before closing. Must bring photo ID and proof of address.
Physical Address: 11734 W Grier Rd, Marana, Pima, AZ, 85653-9806
Hours of Operation: Administration Mon-Fri 9am-3pm; Distribution Tue 9am-1pm, Wed 2pm-5pm, Thu, Fri 9am-noon
Phone Number: 520-697-0022
Website: http://www.mfb-crc.org
Email: arosen@communityfoodbank.org

Tempe Communty Action Agency Food Pantry

Description: Provides emergency food boxes for people with low income and to-go bag meals for unsheltered individuals. Also provides assistance in completing the applications for Nutrition Assistance Program (food stamps/SNAP).
Eligibility: Residents with low income or those who are homeless. Able to receive 2 food boxes per month and seniors are eligible for up to 3 boxes per month.
Intake: Visit office during food pantry hours; must bring a government issued photo ID.
Physical Address: 2146 E Apache Blvd, Tempe, Maricopa, AZ, 85281
Hours of Operation: Mon & Fri 8am-noon; Tue & Thu 2:30pm-6:30pm
Phone Number: 480-422-8922 x5870
Website: http://tempeaction.org/get-help/food-security

Grace St Paul's Episcopal Church Social Services & Joseph's Pantry

Description: Provides services for people in need. Services include monthly food boxes, daily snack bags, personal hygiene items, pet food, use of the showers, and assistance to get state ID and Arizona birth certificate.
Eligibility: People in need
Intake: Call or visit office. Required documents depend on services.
Physical Address: 2331 E Adams St, Tucson, Pima, AZ, 85719-4308
Hours of Operation: Mon, Wed, Fri 9am-noon
Phone Number: 520-327-6857
Website: http://www.gsptucson.org/
Email: parishadmin@grace-stpauls.org

Arivaca Community Program

Description: Provides food boxes, a mobile mobile meal program and community resources. Performs eligibility screening and registration LIHEAP (Low Income Home Energy Assistance Program) and Lifeline alert. Provides referrals to additional services.
Eligibility: Residents of Arivaca, Moyza, and Sasabe. Must be resident of Arivaca for hot meal programs. Food boxes have no restrictions.
Intake: Visit, contact provider for any documents required.
Physical Address: 17252 W 5th St, Arivaca, Pima, AZ, 85601-9997
Hours of Operation: Mon-Thu 8am-2pm
Phone Number: 520-398-1771
Website: http://www.arivacahr.com/services
Email: suzanne@arivacahr.com

Emmanuel Baptist Church

Description: Provides food boxes to people in need. Also provides adult clothing, shoes, hygiene items, backpacks, and blankets.
Eligibility: People in need
Intake: Call. Required documents depend on services.
Physical Address: 1825 N Alvernon Way, Tucson, Pima, AZ, 85712-3303
Hours of Operation: Mon, Wed, Thu 9am-4pm clothing closet; Tue 11am-noon food boxes
Phone Number: 520-323-9379
Website: http://www.ebc-tucson.org
Email: dzinn@ebc-tucson.org

MUSD Early Learning and Family Resource Center

Description: Supports academic success by helping students and families find the resources they need. Provides family support center, limited food boxes, clothing, school supplies, and referrals to additional services. Serves as a family resource center.
Eligibility: Families of MUSD students
Intake: Call or visit website for appointment. Contact provider to confirm documents required
Physical Address: 7651 N Oldfather Dr, Tucson, Pima, AZ, 85741-1621
Hours of Operation: Mon-Fri 8am-4pm
Phone Number: 520-579-4920
Website: http://www.maranausd.org/administration/departments/student-family-support-services
Email: k.d.hesse@maranausd.org

Hope for Hunger Food Bank

Description: Provides food to people in need. Also provides faith-based information about employment and community resources.
Eligibility: People in need. Households are allowed up to 2 food carts per month and must have at least 3 days in between visits. Weekly bags are provided for those experiencing homelessness.
Intake: Visit center; must bring ID
Physical Address: 5605 N 55th Ave, Glendale, Maricopa, AZ, 85301-5901
Hours of Operation: Mon-Fri 8am-noon; services are first come first served and wait times may range from 1-2 hours due to high demand.
Phone Number: 602-773-4344
Website: http://phoenixrescuemission.org/foodbank/

PV Community Food Bank

Description: Provides free food boxes, including baby food, to residents of the Paradise Valley School District area in need, up to 12 times per calendar year. Also offer pet food and diapers when available.
Eligibility: Reside 98 square miles of the Paradise Valley Unified School District boundaries or have a child attending a school in the district.
Intake: Call for an appointment. Must provide photo ID and a piece of mail (within past year) showing name and address for each person age 19 and older when picking up food.
Physical Address: 10862 N 32nd St, Phoenix, Maricopa, AZ, 85028-3204
Hours of Operation: Mon-Fri 9am-4pm, Sat 9am-noon
Phone Number: 602-867-9228
Website: http://www.pvcommunityfoodbank.org
Email: directorpvcfb@gmail.com

Christ Church United Methodist Food Bank & Free Clothing Boutique

Description: Provides food boxes and clothing for people in need.
Eligibility: People in need
Intake: Call or visit church. Required documents depend on services.
Physical Address: 655 N Craycroft Rd, Tucson, Pima, AZ, 85711-1439
Hours of Operation: Tue, Wed, Thu 9am-noon food pantry; Tue, Wed 9:30am-11:30am clothing closet
Phone Number: 520-327-1116
Website: http://www.ccumtucson.org/service-ministries

Interfaith Community Services Mobile Food Truck

Description: Provides emergency food to people in need.
Eligibility: People in Pima County. Must bring photo ID
Intake: Call
Physical Address: Various locations citywide, Tucson, Pima, AZ, 85741
Hours of Operation: Vary by site
Phone Number: 520-297-6049
Website: http://icstucson.org/what-we-do/emergency-assistance/mobile-food-bank/
Email: jhennings@icstucson.org

Interfaith Community Services Food Bank

Description: Provides emergency food to people in need.
Eligibility: People in need in Pima County; Must bring photo ID
Intake: Call
Physical Address: 2820 W Ina Rd, Tucson, Pima, AZ, 85741-2502
Hours of Operation: Mon, Wed, Fri, Sat 8am-11am; Tue & Thu 8am-11am, 5pm-6:30pm
Phone Number: 520-297-6049
Website: http://www.icstucson.org/what-we-do/emergency-assistance/food-bank
Email: jhennings@icstucson.org

Primavera Homeless Intervention & Prevention

Description: Provides drop-in center and outreach for men, women, youth, and families who are homeless or near-homeless. Services include mail and message service, restrooms, local phone calls, hygiene supplies, blankets, emergency food boxes, water, and case coordination. Also provides coordinated entry access for housing assessments and to screen for additional services. Offers food and supplies for pet owners in need.
Eligibility: People who are homeless or on low income
Intake: Call or visit office for intake and to confirm documents required
Physical Address: 702 S 6th Ave, Tucson, Pima, AZ, 85701-2600
Hours of Operation: Intakes Mon, Wed, Thu, Fri 9am-12:30pm
Phone Number: 520-623-5111
Website: http://primavera.org/emergency-services/#drop-in

Casa Paloma Women's Program

Description: Provides daytime drop-in center and residential housing services for women who are homeless. Length of stay may be 90 days. Center services include breakfast, sack lunch to go, local phone calls, laundry, restrooms, showers, clothing, bus passes, hygiene items, supplies, resources, assessments, referrals, and optional case management.
Eligibility: Homeless women only; photo ID not required
Intake: Pre-screenings are first come, first serve basis. A waiting list is retained. You can also be referred through the HIP Drop-In center.
Physical Address: Confidential location, Tucson, Pima, AZ, 85713
Hours of Operation: Administration Mon-Fri 8am-5pm, pre-screenings Mon, Wed, Fri 1pm-2pm
Phone Number: 520-882-0820
Website: http://www.primavera.org
Email: rleon@primavera.org

Saint Vincent de Paul - Prescott

Description: Provides case management, food pantry, electric service payment assistance, gas service payment assistance, heating fuel payment assistance, water service payment assistance and prescription expense assistance.
Eligibility: People in need living in Prescott
Intake: Call or visit in person. Required documents depend on services.
Physical Address: 120 N Summit Ave, Prescott, Yavapai, AZ, 86301-2712
Hours of Operation: Mon, Tue, Thu 9am-2pm; Wed noon-4pm
Phone Number: 928-778-4585
Email: svdpprescottaz@gmail.com

Saint Vincent de Paul - Farmers Marketplace

Description: Drive-thru farmers market provides food boxes twice a month.
Eligibility: No restrictions
Intake: Visit location; first-come, first-serve. Required documents depend on services.
Physical Address: 420 W Watkins Rd, Phoenix, Maricopa, AZ, 85003-2830
Hours of Operation: Administration Mon-Fri 8am-5pm . 2nd & 4th Sat 6:30am-8:30am Apr-Sep; 2nd & 4th Sat 7:30am-9:30am Oct-Mar farmers market.
Phone Number: 602-266-4673
Website: http://www.stvincentdepaul.net
Email: info@svdpaz.org

Phoenix Dining Room at the Key Campus

Description: Provides meals, information and also provides a cooling center daily during summer months.
Eligibility: No restrictions
Intake: Enter through the Brian Garcia Welcome Center at 12th Ave & Madison St. Required documents depend on services.
Physical Address: 1075 W Jackson St, Phoenix, Maricopa, AZ, 85007
Hours of Operation: Breakfast Mon-Fri 7am-8am, Daily lunch 11am-12:45pm, Dinner Fri 4pm-5pm; Cooling Center Mon-Sun 1:30pm-5pm
Phone Number: 602-850-6931
Website: http://www.stvincentdepaul.net/programs/dining-rooms/dining-room-locations/human-services-campus-dining-room
Email: dcarranza@svdpaz.org

Next Phase Family Dining Room

Description: Provides hot meals, basic needs, fresh produce distribution one time per week, family activities, information and referral, arts, tutoring for youth, and reading programs for children.
Eligibility: Families in need with children age 17 and younger present
Intake: Call or visit dining room. Required documents depend on services.
Physical Address: 420 W Watkins St, Phoenix, Maricopa, AZ, 85003-2830
Hours of Operation: Mon-Fri 4pm-6pm
Phone Number: 602-266-4673
Website: http://www.stvincentdepaul.net/programs/dining-rooms/dining-room-locations/family-dining-room
Email: familyeveningmeal@svdpaz.org

Mesa Dining Room

Description: Provides lunches and information about and referrals to community resources.
Eligibility: No restrictions
Intake: Call or visit dining room. Required documents depend on services.
Physical Address: 49 W Broadway Rd, Mesa, Maricopa, AZ, 85210
Hours of Operation: Daily 9:30am-11:30am lunch; Cooling Center Mon-Sun noon-5pm during summer
Phone Number: 602-619-9411
Website: http://www.stvincentdepaul.net/programs/dining-rooms/dining-room-locations/mesa-dining-room
Email: carmstrong@svdpaz.org

El Mirage Dining Room

Description: Provides daily meals to those in need.
Eligibility: No restrictions
Intake: Visit dining room. Required documents depend on services.
Physical Address: 14013 N Verbena St, Santa Teresita Church, El Mirage, Maricopa, AZ, 85335-7029
Hours of Operation: Mon-Fri 9am-11am
Phone Number: 602-261-6815
Website: http://www.stvincentdepaul.net/programs/dining-rooms/dining-room-locations/el-mirage-dining-room
Email: ileyendecker@svdpaz.org

LGBTQ+-Anti-Violence Project

Description: Provides crisis hotline for LGBTQ+ people dealing with intimate partner violence, domestic violence, hate violence, sexual violence, and stalking. Services include case management, emergency shelter, food pantry, and connection to additional resources.
Eligibility: Adult lesbian, gay, bisexual, and transgender individuals aged 18 years and older who are victims of sexual assault, harassment, and violence, and their allies.
Intake: Call or visit location; Contact to confirm documents required
Physical Address: Confidential Location, Tucson, Pima, AZ, 85705
Hours of Operation: Hotline Mon-Fri 8am-7pm ; Closed on federal holidays
Phone Number: 800-553-9387
Website: http://saaf.org/services/anti-violence-project
Email: aprice@saaf.org

Glendale Elementary School District System of Care Center

Description: Provides food boxes, drive-thru food distribution, and additional food support, undergarments, hygiene supplies, school supplies, holiday assistance, GESD school enrollment support and McKinney-Vento services, infant essentials, parent/child interaction. Offers development classes, parenting support, rental/utility assistance and affordable housing for Glendale residents only, and heat relief network hydration station, volunteer opportunities, clothing, laundry services, workforce development and employment assistance, paid internships for ages 15-21, AHCCCS, TANF, and SNAP renewal and application assistance, substance use prevention education, behavioral/mental health services, preventative dental care for ages 0-21 or expectant mothers, formal wear for high school students, and information to additional community resources.
Eligibility: No Restrictions
Intake: Call, visit office, or visit website for referral form
Physical Address: 7677 W. Bethany Home Road, Glendale, Maricopa, AZ, 85303-4211
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 623-237-4015
Website: http://systemofcarecenter.gesd40.org/
Email: dparcells@gesd40.org

Paz de Cristo Community Center

Description: Provides daily evening meals and weekly shower facilities for people who are homeless. Also provides food boxes, clothing and voucher. Includes referrals to additional services.
Eligibility: Adults age 18 and older. All children must be accompanied by an adult for meal service. Photo ID is required for food boxes and mail service. Proof of residence within last 30 days is also required for food boxes.
Intake: Call or visit center.Required documents depend on services.
Physical Address: 424 W Broadway Rd, Mesa, Maricopa, AZ, 85210-1208
Hours of Operation: Administration Mon-Fri 10am-3pm. Daily meals 5:15pm-6:30pm; Showers Wed 9am-1pm; Food Box Distribution 1st, 2nd and 3rd Tue 9am-11am; Mailroom Mon-Fri 4pm-6pm mail service.
Phone Number: 480-464-2370
Website: http://www.pazdecristo.org
Email: jackies@pazdecristo.org

William M Clements Recreation Center

Description: Recreational facility is equipped with a multi-purpose meeting/activity room, indoor gym, walking path, aerobics room, exercise/weight center, computer room, and teen and children's rooms. It also includes a swimming pool and bathhouse, featuring an 8-lane competition pool, diving bay, 134-foot water slide, zero depth wading/water recreation area, and an outdoor lighted canopy-covered basketball/volleyball court. Provides congregate meals for seniors every weekday.
Eligibility: Varies by program; adults age 60 and older for meals
Intake: Call, visit center, or visit website; Contact to confirm documents required
Physical Address: 8155 E Poinciana Dr, Tucson, Pima, AZ, 85730-4641
Hours of Operation: Fitness center Mon-Fri 6am-8pm, Sat 8am-4pm; Senior meals Mon-Fri noon, Senior activities Mon-Fri 8am-2pm
Phone Number: 520-791-5787
Website: http://www.tucsonaz.gov/departments/parks-and-recreation/recreation-centers/william-m.-clements-fitness-center-and-regional-center
Email: tprd-clements@tucsonaz.gov

Greater Vail Community ReSources

Description: Delivers meals to adults who are homebound and provides backpack food to students in Vail School District. Partners with the Community Food Bank and also provides supplemental food items for people in need.
Eligibility: People in need at or below 185% of the Federal Poverty Guidelines
Intake: Call or visit office; must bring photo ID and proof of residence such as a utility bill
Physical Address: 13105 E Colossal Cave Rd, Vail, Pima, AZ, 85641-6774
Hours of Operation: Food distribution Tue, Wed, Fri 11am-2pm; Tue 3pm-5pm; Thu noon-4pm. Third Sat 10am-noon
Phone Number: 520-338-2610
Website: http://www.resourcesvail.org
Email: lianahicks@resourcesvail.org

Casa Maria Free Kitchen

Description: Provides a free meal to anyone in need. May also offer sack lunches. Includes the use of restrooms.
Eligibility: Individuals and families in need
Intake: Visit site, contact provider to confirm documents required
Physical Address: 352 E 25th St, Tucson, Pima, AZ, 85713-1654
Hours of Operation: Daily 8:30am-11:30am except Thanksgiving and Christmas
Phone Number: 520-624-0312
Website: http://www.casamariatucson.org
Email: casamariatucson@yahoo.com

Guadalupe Community Action Program

Description: Provides information to Guadalupe residents about available social services. Provides case management and emergency food boxes for Guadalupe residents with low incomes.
Eligibility: Guadalupe residents who meet income eligibility requirements; must have ID
Intake: Call; ID is needed. Contact the provider for any documents required.
Physical Address: 9241 S Avenida Del Yaqui, Guadalupe, Maricopa, AZ, 85283-2538
Hours of Operation: Mon, Wed, Thu, Fri 8am-5 pm; Tue 11am-2pm; Weekly food distribution Tue 7am-9am
Phone Number: 480-730-3080
Website: https://www.guadalupeaz.org/1213/Community-Action-Program-CAP
Email: lramirez@guadalupeaz.org

Quincie Douglas Center

Description: Provides leisure classes and recreational activities for youth and adults. Includes SchoolzOut day camps, Teen Club, meeting rooms, activity rooms, weight room, and an adjacent pool. Provides congregate meals for seniors every weekday.
Eligibility: No restrictions for activities. Age 50 and older for breakfast. Age 60 and older for lunch.
Intake: Call, visit center, or visit website; Contact to confirm documents required
Physical Address: 1575 E 36th St, Tucson, Pima, AZ, 85713-3703
Hours of Operation: Center Mon-Fri 8am-7pm; Senior breakfast Mon-Fri 8:30am-9:30am; Senior lunch Mon-Fri 11:30-noon
Phone Number: 520-791-2507
Website: http://www.tucsonaz.gov/departments/parks-and-recreation/recreation-centers/quincie-douglas-center
Email: tprd-quinciedouglas@tucsonaz.gov

Fred Archer Neighborhood Center

Description: Recreational facility offers pool, activity rooms, and weight room. Features youth, teen, senior, and human service programs. Provides congregate meals for seniors every weekday.
Eligibility: Varies by program
Intake: Call, visit center, or visit website
Physical Address: 1665 S La Cholla Blvd, Tucson, Pima, AZ, 85713-2522
Hours of Operation: Mon-Fri 9am-6pm, Sat 8am-4pm center; Mon-Fri 11:30am senior meals
Phone Number: 520-791-4353
Website: http://www.tucsonaz.gov/departments/parks-and-recreation/recreation-centers/fred-archer-center
Email: tprd-archer@tucsonaz.gov

El Rio Neighborhood Center

Description: Provides meeting place for special events and recreation programs. Includes activity rooms, weight room, meeting rooms, and an outdoor covered multi-purpose basketball court. Features youth, teen, adult, and senior programs. Also hosts a variety of special events throughout the year. Provides congregate meals for seniors every weekday.
Eligibility: No restrictions
Intake: Call, visit center, or visit website
Physical Address: 1390 W Speedway Blvd, Tucson, Pima, AZ, 85745-2324
Hours of Operation: Mon-Thu 8am-8pm, Fri 8am-6pm center; Mon-Fri 8am-noon senior activities
Phone Number: 520-791-4683
Website: http://www.tucsonaz.gov/departments/parks-and-recreation/recreation-centers/el-rio-center
Email: TPRD-ElRio@tucsonaz.gov

Family Service Aides

Description: Provides services for parents, children and families.
Eligibility: Parents
Intake: Call, email, or visit office. Required documents depend on services.
Physical Address: 201 W Indian School Rd, Phoenix, Maricopa, AZ, 85013-3203
Hours of Operation: Mon-Sun 9am-4pm
Phone Number: 602-795-1170
Website: http://www.familyserviceaides.com
Email: Info@FamilyServiceAides.com

Armory Park Senior Center

Description: Recreational facility provides activities for seniors. Includes cards, dances, billiards, arts and crafts, board games, weight room, social activities, special events, and day trips. Offers blood pressure screening, health counseling, nutrition education and physical exams. Provides congregate meals for seniors every weekday. Sponsors an annual health fair. Also provides space for computer classes.
Eligibility: Adults age 50 and older for activities; age 60 and older for meals
Intake: Call, visit center, or visit website; Contact to confirm documents required
Physical Address: 220 S 5th Ave, Tucson, Pima, AZ, 85701-2107
Hours of Operation: Mon-Fri 9am-4:30pm, Sat 9am-4pm; Meals Mon-Fri 3pm-4pm
Phone Number: 520-791-4865
Website: http://www.tucsonaz.gov/departments/parks-and-recreation/recreation-centers/armory-park-center
Email: tprd-armory@tucsonaz.gov

Saint Stephen's Episcopal Church Food Pantry

Description: Provides emergency food boxes to people in need.
Eligibility: People in need
Intake: Visit food bank; must bring photo ID
Physical Address: 2310 N 56th St, Phoenix, Maricopa, AZ, 85008-2699
Hours of Operation: Wed 9am-noon, 4pm-7pm
Phone Number: 602-840-0437
Website: http://www.ststephens.org/outreach-ministries.html
Email: mail@ststephens.org

South Mountain Senior Center

Description: Offers activities for seniors including clubs and classes, social activities and entertainment, games, fitness, and health and education programs. Lunch is served daily with reservations required 72 hours in advance.
Eligibility: Seniors age 60 and older and adults with disabilities
Intake: Call, visit center, or visit website. Contact provider to confirm documents required
Physical Address: 212 E Alta Vista Rd, Phoenix, Maricopa, AZ, 85042-4219
Hours of Operation: Program Hours Mon-Fri 9am-4pm; Mon-Fri 11:30am lunch
Phone Number: 602-262-4093
Website: http://www.phoenix.gov/humanservices/programs/older/senior-centers

Shadow Mountain Senior Center

Description: Offers activities for seniors including clubs and classes, social activities and entertainment, games, fitness, and health and education programs. Provides daily senior lunch.
Eligibility: Seniors age 60 and older and adults with disabilities
Intake: Call, visit center, or visit website for information about activities; lunch is available only as home delivery. Contact provider to confirm documents required
Physical Address: 3546 E Sweetwater Ave, Phoenix, Maricopa, AZ, 85032-6100
Hours of Operation: Program Hours Mon-Fri 9am-4pm; Lunch served daily at 11:30am
Phone Number: 602-534-2303
Website: http://www.phoenix.gov/administration/departments/humanservices/programs-services/seniors-older-adults.html

Senior Opportunities West Senior Center

Description: Offers activities for seniors including clubs and classes, social activities and entertainment, games, fitness, and health and education programs. Offers daily senior lunch.
Eligibility: Seniors age 60 and older and adults with disabilities
Intake: Call, visit center, or visit website. contact provider to confirm documents required
Physical Address: 1220 S 7th Ave, Phoenix, Maricopa, AZ, 85007-3914
Hours of Operation: Program Hours Mon-Fri 9am-4pm; Lunch served daily at 11:30am; Overnight cooling station hours daily 6pm-5am from May 1 - Sept 30, 2024
Phone Number: 602-262-6610
Website: http://www.phoenix.gov/administration/departments/humanservices/programs-services/seniors-older-adults.html

Pecos Senior Center

Description: Offers activities for seniors including clubs and classes, social activities and entertainment, games, fitness, and health and education programs. Offers daily senior lunch.
Eligibility: Seniors age 60 and older and adults with disabilities
Intake: Call, visit center, or visit website. Contact provider to confirm documents required
Physical Address: 17010 S 48th St, Phoenix, Maricopa, AZ, 85048-1201
Hours of Operation: Program Hours Mon-Fri 9am-4pm; Lunch served daily at 11:30am
Phone Number: 602-534-5366
Website: http://www.phoenix.gov/administration/departments/humanservices/programs-services/seniors-older-adults.html

Paradise Valley Senior Center

Description: Offers activities for seniors including clubs and classes, social activities and entertainment, games, fitness, and health and education programs. Offers daily senior lunch.
Eligibility: Seniors age 60 and older and adults with disabilities
Intake: Call, visit center, or visit website. Contact provider to confirm documents required
Physical Address: 17402 N 40th St, Phoenix, Maricopa, AZ, 85032-2200
Hours of Operation: Program Hours Mon-Fri 9am-4pm; Lunch is served daily at 11:30am
Phone Number: 602-495-3785
Website: http://www.phoenix.gov/administration/departments/humanservices/programs-services/seniors-older-adults.html

McDowell Place Senior Center

Description: Offers activities for seniors including clubs and classes, social activities and entertainment, games, fitness, and health and education programs. Offers daily senior lunch and monthly food box.
Eligibility: Seniors age 60 and older and adults with disabilities
Intake: Call, visit center, or visit website. Contact provider to confirm documents required
Physical Address: 1845 E McDowell Rd, Phoenix, Maricopa, AZ, 85006-3052
Hours of Operation: Mon-Fri 9am-4pm; Lunch served daily at 11:30am
Phone Number: 602-262-1842
Website: http://www.phoenix.gov/administration/departments/humanservices/programs-services/seniors-older-adults.html

WORKship Project Tucson

Description: Provides weekly breakfast and first aid clinic for people in need. Also provides clothing, pet food and supplies, and referrals for housing and other services.
Eligibility: No restrictions
Intake: Visit site
Physical Address: 288 N Church Ave, Z Mansion, Tucson, Pima, AZ, 85701-1113
Hours of Operation: Breakfast & first aid clinic Sun 8am
Phone Number: 520-907-9057
Website: http://www.workship.org
Email: tom@workship.org

Las Comadritas Senior Program

Description: Provides activities for seniors in South Tucson. Includes hot lunch, opportunities for socialization, gardening, exercise, arts and crafts, and Bingo.
Eligibility: Older adults in South Tucson
Intake: Call or visit website; Contact to confirm documents required
Physical Address: 243 W 33rd St, House of Neighborly Service (HNS), Tucson, Pima, AZ, 85713-3445
Hours of Operation: Administration Mon-Fri 8am-5p; Program Mon, Thu 9am-1pm
Phone Number: 520-447-8916
Website: http://tucsonymca.org
Email: amartinez@ywcatucson.org

Desert West Senior Center

Description: Offers activities for seniors including clubs and classes, social activities and entertainment, games, fitness, and health and education programs. Also offers senior lunch.
Eligibility: Seniors age 60 and older and adults with disabilities
Intake: Call, visit center, or visit website. Contact provider to confirm documents required
Physical Address: 6501 W Virginia Ave, Phoenix, Maricopa, AZ, 85035-1500
Hours of Operation: Program Hours Mon-Fri 9am-4pm; Lunch served daily at 11:30am
Phone Number: 602-495-3711
Website: http://www.phoenix.gov/administration/departments/humanservices/programs-services/seniors-older-adults.html

Deer Valley Senior Center

Description: Offers activities for seniors including clubs and classes, social activities and entertainment, games, fitness, and health and education programs. Also offers senior lunch.
Eligibility: Seniors age 60 and older and adults with disabilities
Intake: Call, visit center, or visit website. Contact provider to confirm documents required.
Physical Address: 2001 W Wahalla Ln, Phoenix, Maricopa, AZ, 85027-4200
Hours of Operation: Program Hours Mon-Fri 9am-4pm; Lunch served Mon-Fri 11:30am
Phone Number: 602-495-3714
Website: http://www.phoenix.gov/administration/departments/humanservices/programs-services/seniors-older-adults.html

The Salvation Army Tempe Corps

Description: Provides emergency assistance for individuals and families in need of food boxes, utility and limited rental assistance for all Tempe and Guadalupe residents as well as South Scottsdale/Paradise Valley residents in the following zip codes 85250-85267 and 85271. Offers mobile street outreach services for unsheltered individuals. Provides information and referrals to other community resources, Pathway of Hope case management services for families that enroll in the program, and seasonal assistance back to school, thanksgiving, and Christmas Angels (toys for children).
Eligibility: Individuals and families in need
Intake: Must bring proof of address and photo ID for food pantry services. Call for eligibility and required documentation for Pathway of Hope family case management, Utility and limited Rental assistance services.
Physical Address: 2621 S. Rural Road, Tempe, Maricopa, AZ, 85282-2430
Hours of Operation: Administration Mon-Fri 8:30am--4pm; on-site women's ministries Tue 6pm, worship services Sun 11am, Sunday school services 10:15am
Phone Number: 480-967-8649
Website: http://tempe.salvationarmy.org/tempe_corps
Email: Jeremy.Baker@usw.salvationarmy.org

Mosaic Center

Description: Senior center provides hot lunch, health education, and socialization for Native American seniors age 60 years and older. Elder Refugee Program assists refugees ages 60 and older with citizenship application, government benefits, and supportive social services. Offers citizenship and ESL classes. Offers weekly socialization and health education.
Eligibility: Native Americans age 60 and older and refugees age 60 and older
Intake: Call for intake. Senior center requires current tribal enrollment and proof of age. Refugee program requires proof of age and refugee status.
Physical Address: Confidential, Phoenix, Maricopa, AZ, 85014-5738
Hours of Operation: Native American Senior Center Mon, Tue 8am-5pm; Elder Refugee Program Wed, Thu 8am-5pm
Phone Number: 602-264-4357
Website: http://www.aaaphx.org/area-agency-on-aging-programs/mosaic-elder-refugee-program

Project SALT

Description: Provides food boxes, sack lunches, clothing to people in need in Wickenburg, Wittmann, Morristown, Congress, Yarnell, Salome, Aguila, and Wenden. Also provides dishes, linens, and other home items.
Eligibility: Serves residents of Wickenburg, Wittmann, Morristown, Congress, Yarnell, Salome, Aguila, and Wenden
Intake: Call, email, visit office, or visit website. Arrive by 2:30pm for food pantry and clothing pick up. Required documents depend on services.
Physical Address: 73 S Tegner St, Wickenburg, Maricopa, AZ, 85390-2727
Hours of Operation: Summer Mon-Fri 10am-1pm; September to Summer Mon-Fri 1pm-3pm
Phone Number: 928-985-0165
Website: http://projectsaltwickenburg.com
Email: projsalt@gmail.com

RSM Food Pantry

Description: Distributes one food box per week to seniors ages 60 and older and veterans.
Eligibility: Seniors, people who are homeless, and veterans. Must have a photo ID and proof of Arizona residency such as a driver license, utility bill with name/address, etc.
Intake: Call or visit website. Required documents depend on services.
Physical Address: 1021 E Main St, Mesa, Maricopa, AZ, 85203
Hours of Operation: Vary
Phone Number: 480-615-2799
Website: http://rsmaz.org/food-assistance
Email: gregsonandrea63081@gmail.com

The Salvation Army Mesa Citadel Corps

Description: Provides services, subject to availability, for families in need. Provides emergency food boxes; emergency utility assistance for electric and gas service primarily for families with a past due or shut off notice; sleeping bags for homeless clients through a partnership with the Ugly Quilt Group of Mesa; cat and dog food through a partnership with Pets of the Homeless.
Eligibility: Families in need;
Intake: Call or visit office. Must bring two forms of ID included, but not limited to, government-issued photo ID and proof of residency (utility bill with client's name and current address) for food boxes. Must bring government photo ID for all adults of the household, verification of household income, proof of residency (copy of lease or mortgage paperwork), and school documentation or birth records for all children in the household for utility assistance.
Physical Address: 241 E 6th St, Bldg 3, Mesa, Maricopa, AZ, 85201-5123
Hours of Operation: Mon-Fri 8am-noon; Cooling Center Mon-Fri 10am-4pm
Phone Number: 480-962-9103
Website: http://mesa.salvationarmy.org
Email: John.Birks@usw.salvationarmy.org

The Salvation Army Phoenix Social Services Emergency Assistance

Description: Provides financial assistance for Phoenix residents in need. Assistance, when available, includes electricity, water, and gas utility assistance, rent assistance, and food boxes. Offers information about and referrals to available community resources. **Currently out of funds for rental and water bill assistance**
Eligibility: Phoenix residents with a loss of income within the past 90 days or out of pocket unplanned expense within the past 30 days
Intake: Call for pre-screening interview and appointment for financial assistance. Visit office for food assistance or call for specific information. Funding occurs at the beginning of the month for emergency assistance.
Physical Address: 2707 E Van Buren St, Phoenix, Maricopa, AZ, 85008-6020
Hours of Operation: Administration Mon-Fri 8am-4pm; 24-hours client line
Phone Number: 602-267-4122
Website: http://www.salvationarmyphoenix.org
Email: mandy.porter-griffith@usw.salvationarmy.org

The Salvation Army Veterans Services

Description: This program administers services to active duty, retired service members, veterans, and their families. It provides VA referral services, case management, job search assistance, food, water, clothing, hygiene supplies, energy bill assistance, and rental assistance (limited).
Eligibility: Veteran's families and individuals experiencing chronic homelessness or a housing crisis in Maricopa County.
Intake: Call or visit office; Contact to confirm documents required
Physical Address: 2707 E Van Buren St, Bldg 2, Phoenix, Maricopa, AZ, 85008-6020
Hours of Operation: Mon-Thu 8:30am-7:00pm
Phone Number: 602-267-4212
Website: http://www.salvationarmyphoenix.org/veteran-services
Email: cory.hancock@usw.salvationarmy.org

The Salvation Army Phoenix Social Services

Description: Administers social service programs including emergency assistance, homeless outreach, veterans support, and disaster relief. Provides monthly food boxes and daily food bags. Serves as a family resource center through the Mike Michaels activity center.
Eligibility: Varies by program. For rental or utility assistance, must live in City of Phoenix and must have loss of income within the past 90 days or out-of-pocket unplanned expense within the past 30 days
Intake: Call and leave a message with name and contact information; Contact to confirm documents required
Physical Address: 2707 E Van Buren St, Bldg 2, Phoenix, Maricopa, AZ, 85008-6020
Hours of Operation: Mon-Fri 8:00am-2:00pm
Phone Number: 602-256-4500
Website: http://www.salvationarmyphoenix.org/family-services
Email: dan.williams@usw.salvationarmy.org

FIBCO Family Services Outreach

Description: Provides daily lunches, emergency food boxes, clothing, and toiletries to people with severely low income or who are experiencing homelessness.
Eligibility: People who are homeless or have severely low income
Intake: Call or visit office. Required documents depend on services.
Physical Address: 1141 E Jefferson St, Phoenix, Maricopa, AZ, 85034-2223
Hours of Operation: Tue, Wed, Fri 10:30am-12:30pm; Pick up food boxes Fri 10am
Phone Number: 480-698-6453
Website: http://www.fibco.org

St Mary's Home Delivery Program

Description: Delivers emergency food boxes to individuals who are unable to travel to the food bank due to disability, illness, or lack of transportation in Maricopa, Pinal, and Yavapai Counties. Food deliveries are restricted to one delivery per week, per household. Delivery frequency is subject to change.
Eligibility: Individuals who are confined to their home due to disability, illness, or lack reliable transportation (excluding public transportation) to get to and from a food bank. Must have photo ID and be present at time of delivery.
Intake: Call or visit website for application; Contact to confirm documents required
Physical Address: 2831 N 31st Ave, Phoenix, Maricopa, AZ, 85009-1518
Hours of Operation: Vary
Phone Number: 602-344-4124
Website: http://azfoodhelp.org/home-delivery/

St Mary's Food Bank - Surprise

Description: Distributes Emergency Food Boxes to individuals and families in specific zip code areas. Also provides to partner agencies to redistribute to people in need.
Eligibility: Individuals and families in need and case managers assisting families
Intake: Drive-thru distribution; Contact to confirm documents required
Physical Address: 13050 W Elm St, Surprise, Maricopa, AZ, 85378-3640
Hours of Operation: Mon-Fri 7:30am-1:30pm
Phone Number: 602-242-3663
Website: http://www.firstfoodbank.org
Email: sagray@stmarysfoodbank.org

St Mary's Food Bank - Phoenix

Description: Distributes emergency food boxes to individuals, families, and case managers assisting families. Also provides emergency food box home delivery for individuals and families who are unable to travel to the food bank and have been impacted by COVID-19.
Eligibility: Individuals, families, and case managers assisting families
Intake: Drive-thru distribution; Contact to confirm documents required
Physical Address: 3131 W Thomas Rd, Phoenix, Maricopa, AZ, 85017-5303
Hours of Operation: Food distribution Mon-Fri 7:30am-1:30 pm
Phone Number: 602-242-3663
Website: http://www.firstfoodbank.org
Email: sagray@stmarysfoodbank.org

AZ Food Help

Description: Provides a directory of food banks, resources and partners to guide people needing food to an appropriate resource.
Eligibility: People in Arizona in need of food
Intake: Visit website and search by zip code; Contact to confirm documents required
Physical Address: Various locations, Phoenix, Maricopa, AZ, 85009
Hours of Operation: Hours vary for each site
Website: http://azfoodhelp.org/find-food-now
Email: MJGaucin@stmarysfoodbank.org

Hope Women's Center - Apache Junction

Description: Faith-based center provides services for women and children. Provides onsite childcare for children ages 0-5 while the mother is receiving services. Free, confidential services include food pantry, formula, baby food, clothing, diapers, showers, nutrition education, individual advocacy, information and referral, support groups, exercise groups, parenting skills, job readiness, adult literacy, citizenship test preparation, and a variety of classes. Serves as a family support center.
Eligibility: Women and teen girls age 13 and above
Intake: Accepts drop-ins; no appointment necessary; Contact to confirm documents required
Physical Address: 252 N Ironwood Dr, Apache Junction, Pinal, AZ, 85120-3877
Hours of Operation: Mon-Thu 9am-4pm, Fri 9am-1pm
Phone Number: 480-983-4673
Website: http://www.hopewomenscenter.org/apache-junction
Email: info@hopewomenscenter.org

Hope Women's Center - Coolidge

Description: Faith-based center provides services for women and teen girls ages 13 and over. . Provides onsite childcare for children ages 0-5 while mother is receiving services. Free, confidential services include food pantry, formula, baby food, clothing, diapers, showers, nutrition education, individual advocacy, information and referral, support groups, exercise groups, parenting skills, job readiness, adult literacy, citizenship test preparation and a variety of classes. Serves as a family support center.
Eligibility: Women and teen girls age 13 and above
Intake: Accepts drop-ins; no appointment necessary; Contact to confirm documents required
Physical Address: 2020 9th St, Coolidge, Pinal, AZ, 85128-6101
Hours of Operation: Mon-Thu 9am-4pm, Fri 9am-1pm
Phone Number: 520-723-8888
Website: http://www.hopewomenscenter.org/coolidge

Hope Women's Center - Maricopa

Description: Faith-based center provides services for women and teen girls age 13 and older. Provides onsite childcare for children ages 0-5 while mother is receiving services. Free, confidential services include food pantry, formula, baby food, clothing, diapers, showers, nutrition education, individual advocacy, information and referral, support groups, exercise groups, parenting skills, job readiness, adult literacy, citizenship test preparation and a variety of classes. Serves as a family support center.
Eligibility: Women and teen girls ages 13 and older
Intake: Accepts drop-ins; no appointment necessary; Contact to confirm documents required
Physical Address: 45978 W Mcdavid Rd, Maricopa, Pinal, AZ, 85139
Hours of Operation: Mon-Thu 9am-4pm, Fri 9am-1pm
Phone Number: 520-568-0532
Website: http://www.hopewomenscenter.org/maricopa
Email: info@hopewomenscenter.org

Hope Women's Center - Northern Arizona

Description: Faith-based center provides services for pregnant women and women with infants. Provides onsite childcare for children ages 0-5 while mother is receiving services. Free, confidential services include food pantry, formula, baby food, clothing, diapers, showers, nutrition education, individual advocacy, information and referral, support groups, exercise groups, parenting skills, job readiness, adult literacy, citizenship test preparation and a variety of classes. Serves as a family support center.
Eligibility: Women and teen girls ages 13 and above.
Intake: Accepts drop-ins; no appointment necessary; Contact to confirm documents required
Physical Address: 580 Brewer Rd, Sedona, Yavapai, AZ, 86336
Hours of Operation: Vary
Phone Number: 928-651-9266
Website: http://www.hopewomenscenter.org/northern-arizona

Over-Flo Missions

Description: Offers weekly food boxes to the community on a first-come, first-served basis, while supplies last and hot meals once a month.
Eligibility: No restrictions
Intake: Call, email or visit website and contact provider for any documents required.
Physical Address: 635 E Broadway, San Tan Valley, Pinal, AZ, 85143
Hours of Operation: Food Box Distribution Thur 1pm-3pm first come first serve, while supplies last. Hot meals every 4th Saturday at 462 N. Palo Verde Dr., Apache Junction, AZ 85120
Phone Number: 480-606-2049
Website: http://overflomissions.com
Email: info@overflomissions.com

Neighborhood Ministries, Inc

Description: Provides food boxes for people in need. Also provides job search assistance to at-risk youth.
Eligibility: Youth and adults
Intake: Call; Contact to confirm documents required
Physical Address: 1918 W Van Buren St, Phoenix, Maricopa, AZ, 85009-3848
Hours of Operation: Most programs Mon-Fri 9am-5pm; Food bank Fri 8am-11am
Phone Number: 602-252-5225
Website: http://nmphx.com
Email: development@nmphx.com

Mesa First Presbyterian Church Community Services

Description: Provides food boxes and clothes to people in need.
Eligibility: No restrictions
Intake: Call or visit office; Contact to confirm documents required
Physical Address: 161 N Mesa Dr, Mesa, Maricopa, AZ, 85201-6756
Hours of Operation: Administration Mon-Fri 9am-3pm; Food Pantry and Clothing closet Fri 8am-9am
Phone Number: 480-964-8606
Website: http://fpcmesa.org

Matthew's Crossing Food Bank

Description: Provides monthly emergency food boxes. Occasionally offers diapers, basic hygiene items, and pet food when available.
Eligibility: People in need
Intake: Visit food bank; must bring photo ID
Physical Address: 1368 N Arizona Ave, Ste 112, Chandler, Maricopa, AZ, 85225-6688
Hours of Operation: Mon, Tue, Thu, Fri 8am-11am; Wed 4pm-6pm
Phone Number: 480-857-2296
Website: http://matthewscrossing.org
Email: executivedirector@matthewscrossing.org

LifeBridge Community Alliance, Inc

Description: Provides food boxes and information and referrals to additional community resources. Offers GED prep classes and testing. Provides day and evening English language classes as well as job training and placement.
Eligibility: No restrictions
Intake: Call or visit office; Contact to confirm documents required
Physical Address: 14240 N 43rd Ave, Glendale, Maricopa, AZ, 85306-4511
Hours of Operation: Tue, Fri 10am-12pm; Thur 5pm-7pm
Phone Number: 602-281-3244
Website: http://lifebridgeaz.org/
Email: safelots@lifebridgeaz.org

ITCA WIC Pre-Application Self-Service

Description: Provides Native Americans with a WIC pre-application self-service option to complete online.
Eligibility: Native American pregnant and breastfeeding women up to one year after birth and breastfeeding post-partum women up to 6 months after birth, and infants and children from birth to age 5 who meet financial requirements.
Intake: Visit website to complete Pre-Application. Once complete, WIC staff will contact to schedule an appointment; Contact to confirm documents required
Physical Address: Various locations statewide, Phoenix, Maricopa, AZ, 85004
Hours of Operation: 24-hours website
Phone Number: 800-360-6150
Website: http://itcawic.itcastars.net/apply

ITCA WIC

Description: Provides WIC services to the Native American population in Arizona. Services include eWIC card to buy healthy foods, nutritional counseling and information, breastfeeding peer counseling program for information and breastfeeding support, medical and dental referrals, and referrals to community resources for pregnant, postpartum, and breastfeeding women, and their infants and children age 5 and younger.
Eligibility: Native American pregnant and breastfeeding women up to one year after birth and breastfeeding post-partum women up to 6 months after birth, and infants and children from birth to age 5 who meet financial requirements.
Intake: Call or visit website to apply or find a location; Contact to confirm documents required
Physical Address: Various locations statewide, Phoenix, Maricopa, AZ, 85004
Hours of Operation: Administration Mon-Fri 7am-6pm; 24-hours website
Phone Number: 800-360-6150
Website: http://itcaonline.com/programs/wic-program/find-a-wic-clinic
Email: wicadmin@itcaonline.com

Mountain Park Health Center - Tempe Clinic

Description: Provides health care services including pediatrics, prenatal care, women's health, and adult medicine. Also provides food boxes once a month.
Eligibility: No restrictions
Intake: Call, visit center, or visit website. Contact provider to confirm documents required
Physical Address: 1840 E Broadway Rd, Tempe, Maricopa, AZ, 85282-1614
Hours of Operation: Medical Mon-Thu 7:30am-8pm, Fri 7:30am-6pm; Dental Mon-Fri 8am-5pm; WIC Mon, Tue, Thu, Fri 8am-5pm, Wed 8am-8pm; food boxes available 3rd Thu each month
Phone Number: 602-243-7277
Website: http://mountainparkhealth.org/location/tempe-clinic

Mountain Park Health Center - Maryvale Clinic

Description: Provides health care services including pediatrics, pediatric dental, prenatal care, women's health, and adult medicine. Also provides food boxes once a month.
Eligibility: No restrictions
Intake: Call, visit center, or visit website. Contact provider to confirm documents required
Physical Address: 6601 W Thomas Rd, Phoenix, Maricopa, AZ, 85033-5700
Hours of Operation: Medical Mon-Fri 7:30am-8pm; Sat 7:30am-4:30pm; Dental Mon 9am-6pm, Tue-Fri 8am-7pm Dental, Pharmacy Mon-Fri 8am-8pm; food boxes available 1st Tue of each month
Phone Number: 602-243-7277
Website: http://mountainparkhealth.org/location/maryvale-clinic

Mountain Park Health Center - Goodyear Clinic

Description: Provides health care services including pediatrics, prenatal care, women's health, and adult medicine. Also provides food boxes once a month.
Eligibility: No restrictions
Intake: Call, visit center, or visit website. Contact provider to confirm documents required
Physical Address: 140 N Litchfield Rd, Ste 106, Goodyear, Maricopa, AZ, 85338-1277
Hours of Operation: Medical Ste 100 Mon-Fri 11am-8pm; Medical Ste #106 Mon, Tue, Thu, Fri 7:30am-5pm; Wed 7:30am-8pm; Medical Ste #200 Mon-Fri 7:30am-6pm; Dental Mon-Fri 8am-5pml; WIC Mon, Tue, Thu, Fri 8am-5pm, Wed 8am-8pm; food boxes available 2nd Fri of each month
Phone Number: 602-243-7277
Website: http://mountainparkhealth.org/location/goodyear-clinic

Mountain Park Health Center - Glendale Clinic

Description: Provides health care services including pediatrics, pediatric dental, prenatal care, women's health, and adult medicine. Also provides food boxes once a month.
Eligibility: No restrictions
Intake: Call, visit center, or visit website. Contact provider to confirm documents required
Physical Address: 6975 W Glendale Ave, Glendale, Maricopa, AZ, 85303-2611
Hours of Operation: Medical Mon 8am-8pm, Tue-Fri 8am-5pm; Dental Mon-Fri 8am-5pm; food boxes available 1st Tue of each month
Phone Number: 602-243-7277
Website: http://mountainparkhealth.org/location/glendale-clinic/

Mountain Park Health Center - Gateway Clinic

Description: Provides health care services including pediatrics, prenatal care, women's health, and adult medicine. Also provides food boxes once a month.
Eligibility: No restrictions
Intake: Call, visit center, or visit website
Physical Address: 3830 E Van Buren St, Phoenix, Maricopa, AZ, 85008-6920
Hours of Operation: Medical Mon-Fri 7:30am-8pm; Dental Mon-Fri 8am-5pm; WIC Mon, Tue, Thu, Fri 8am-5pm, Wed 8am-8pm; food box available 4th Tue each month;
Phone Number: 602-243-7277
Website: http://mountainparkhealth.org/location/gateway-clinic

HonorHealth Desert Mission Food Bank

Description: Provides emergency food to individuals and families living in select zip codes in the valley. When available, offers personal grooming items, and formula and diapers for children age 1 and younger. Also provides information about community resources.
Eligibility: People in need living in ZIP codes 85020, 85021, 85022, 85023, 85024, 85027, 85028, 85029, 85032, 85050, 85054, 85085, 85086, 85087, 85250, 85251, 85253, 85254, 85258 and 85331
Intake: Call or visit office. Must provide a photo ID and proof of address such as a recent piece of mail with the name and address on it. Must show proof of ages for household members age 17 and younger.
Physical Address: 9229 N 4th St, Phoenix, Maricopa, AZ, 85020-2530
Hours of Operation: Mon-Thu 9am-2:30pm, Fri 9am-11:30am; new clients should arrive 1 hour before closing
Phone Number: 602-870-6062
Website: http://www.desertmission.com/programs/food-bank/

Foothills Food Bank & Resource Center - Cave Creek

Description: Provides emergency food boxes including pet food (with monthly food boxes) and baby food (with weekly food boxes) to people in need living within the services area. Offers bi-monthly Care Club where anyone can purchase meat and pantry boxes at reduced costs. Also provides information about and referrals to community resources including rent and utility assistance to people living within the agency's boundaries.
Eligibility: Residents living between the Maricopa County northern border and Pinnacle Peak, I-17 to Rio Verde in Zip codes 85085, 85086, 85087 north of Pinnacle Peak, 85255 north of Pinnacle Peak, 85262, 85263, 85266, 85324, 85327, 85331, 85377
Intake: Call. Must show proof of residency within the agency's service area in Zip codes 85085, 85086, 85087 north of Pinnacle Peak, 85255 north of Pinnacle Peak, 85262, 85263, 85266, 85324, 85327, 85331, 85377; Contact to confirm documents required
Physical Address: 6038 E Hidden Valley Dr, Cave Creek, Maricopa, AZ, 85331-8439
Hours of Operation: Senior market Mon 9am-noon; Tue, Wed, Fri 9am-noon, Food sharing Thu 5:30pm-7pm; Donations Mon-Fri 8am-2pm
Phone Number: 480-488-1145
Website: http://www.foothillsfoodbank.com

Foothills Food Bank & Resource Center - Black Canyon City

Description: Provides emergency food boxes including pet food (with monthly food boxes) and baby food (with weekly food boxes) to people in need living within the services area. Offers bi-monthly Care Club where anyone can purchase meat and pantry boxes at reduced costs. Also provides information about and referrals to community resources including rent and utility assistance to people living within the agency's boundaries.
Eligibility: Residents living between the Maricopa County northern border and Pinnacle Peak, I-17 to Rio Verde in Zip codes 85085, 85086, 85087 north of Pinnacle Peak, 85255 north of Pinnacle Peak, 85262, 85263, 85266, 85324, 85327, 85331, 85377
Intake: Call. Must show proof of residency within the agency's service area in Zip codes 85085, 85086, 85087 north of Pinnacle Peak, 85255 north of Pinnacle Peak, 85262, 85263, 85266, 85324, 85327, 85331, 85377; Contact to confirm documents required
Physical Address: 34550 S Old Black Canyon Hwy, Black Canyon City, Yavapai, AZ, 85324-9778
Hours of Operation: Mon, Tue, Thu , Fri 9am-noon, 3pm-6pm
Phone Number: 623-374-9441
Website: http://www.foothillsfoodbank.com

Extended Hands Food Bank

Description: Provides food boxes for residents of Fort McDowell and Fountain Hills.
Eligibility: Residents of Fort McDowell and Fountain Hills
Intake: Call; Contact to confirm documents required
Physical Address: 16548 E Laser Dr, Ste 6, Fountain Hills, Maricopa, AZ, 85268-6539
Hours of Operation: Mon-Fri 9am-11am, Sat 9am-noon
Phone Number: 480-837-0303
Website: http://www.ehfb.org
Email: info@ehfb.org

Without Walls Church Community Food Distribution

Description: Provides drive thru food distribution once a month, first come first served.
Eligibility: Must come in a car to get the food box loaded
Intake: Visit
Physical Address: 1303 S Linday Road, Mesa, Maricopa, AZ, 85204
Hours of Operation: Every third Saturday of the month from 9am-11am
Phone Number: 480-838-2587
Website: https://www.withoutwalls.tv
Email: oby@withoutwalls.tv

West Valley Community Food Pantry

Description: Provides emergency food boxes up to 26 times a year and limited used clothing and limited small household items to people in need.
Eligibility: No restrictions
Intake: Visit office. Food Pantry is located in Room 6. ID required for all family members.
Physical Address: 7205 N 51st Ave, West Valley Community Food Pantry, Glendale, Maricopa, AZ, 85301-2004
Hours of Operation: Mon, Wed, Thu 9am-noon
Phone Number: 623-848-8278
Website: http://www.westvalleycommunityfoodpantry.org
Email: wvcfpantry@gmail.com

New Hope Community Center

Description: Provides food boxes, clothing, and free bicycles when available to homeless who can prove they are working. Also offers partial assistance with a utility bill, once a year.
Eligibility: People in need living in ZIP Codes 85205-85209
Intake: Call or visit office. Required documents vary by services.
Physical Address: 6915 E University Dr, Mesa, Maricopa, AZ, 85207-6403
Hours of Operation: Mon-Wed 9am-12pm
Phone Number: 480-807-1668
Website: http://bccmesa.com/missions-outreach/nhcc
Email: mazersky@bccmesa.com

Vista del Camino Community Action Program

Description: Provides financial assistance for rent to those facing eviction, for utilities for those with a shut-off notice, local bus fare, and prescriptions. Also provides food boxes, pet food, and casual and career clothing. Assists with weatherization and air conditioner repairs for those who cannot afford it. Also provides information about and referrals to other community resources. Does not cover all parts of zip code 85254.
Eligibility: People on low income. Does not cover all parts of zip code 85254.
Intake: Call or visit center. For rent/utility assistance, complete the prescreen online through the Maricopa County Human Services Client Portal found at the bottom of the Vista del Camino website or by calling for assistance.
Physical Address: 7700 E Roosevelt St, Scottsdale, Maricopa, AZ, 85257-4441
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 480-312-2323
Website: http://www.scottsdaleaz.gov/vista-del-camino-community-center

Granite Reef Senior Center

Description: Senior center provides recreational, social, and educational activities. Offers meals; weekly blood pressure screenings; and wellness, fitness, art, and dance classes. Brown Bag program provides seniors and adults with disabilities with groceries. Matter of Balance Program provides strategies to reduce fear of falling and increase activity levels. Social workers provide case management and referrals to community resources, and facilitate health-related support groups.
Eligibility: Seniors in Scottsdale who live south of Indian Bend Rd
Intake: Call for appointment for social worker. Must register at least one day in advance for lunch; ; Contact provider to confirm documents required
Physical Address: 1700 N Granite Reef Rd, Scottsdale, Maricopa, AZ, 85257-2857
Hours of Operation: Mon-Thu 8am-8pm, Fri 8am-5pm, Sat 8am to noon for center. Mon-Fri 8am-5pm social worker. Lunch is served Mon-Fri at 11:30am.
Phone Number: 480-312-1700
Website: http://www.scottsdaleaz.gov/seniors
Email: AValadez@ScottsdaleAZ.gov

Adelante Healthcare - Wickenburg

Description: Provides primary and preventive health care for all ages. Services include well check-ups and health screenings; referrals to lab, x-ray, and pharmacy services; childhood and adult immunizations; flu shots; support for patients with chronic diseases such as asthma and diabetes; health education; eligibility in community health programs; outreach and support services; WIC available on site.
Eligibility: No restrictions
Intake: Call for an appointment; bring proof of income and address if applying for a discount. Contact provider to confirm documents required.
Physical Address: 811 N Tegner St, Ste 113, Wickenburg, Maricopa, AZ, 85390-5410
Hours of Operation: Medical Center Mon, Wed, and Fri 7am-4pm, Tue, Thu 8am-5pm; Patient Support 7am-6pm, Sat 8am-5pm; WIC Tue, Thu 8-noon, 1pm-4:30pm
Phone Number: 480-964-2273
Website: http://adelantehealthcare.com/locations/wickenburg/
Email: jmustell@adelantehealthcare.com

Adelante Healthcare - West Phoenix

Description: Provides primary and preventive health care for all ages. Services include well check-ups and health screenings; dental care; referrals to lab, x-ray, and pharmacy services; childhood and adult immunizations; flu shots; support for patients with chronic diseases such as asthma and diabetes; health education; eligibility in community health programs; outreach and support services; WIC available on site.
Eligibility: No restrictions
Intake: Call for an appointment; bring proof of income and address if applying for a discount. Contact provider to confirm documents required.
Physical Address: 9610 N Metro Pkwy W, Phoenix, Maricopa, AZ, 85051-1402
Hours of Operation: Health Care Mon-Thu 7am-7pm, Fri 7am-6pm, Sat 7am-4pm; Dental Tue-Fri 7am-6pm; Patient Support Mon-Fri 7am-6pm, Sat 8am-5pm; WIC Mon-Fri 8am-noon, 1pm-5pm, by appointment Sat 8am-noon, 1pm-4pm
Phone Number: 480-964-2273
Website: http://adelantehealthcare.com/locations/west-phoenix/
Email: afigueroa@adelantehealthcare.com

Adelante Healthcare - Peoria

Description: Provides primary and preventive health care for all ages. Services include well check-ups and health screenings; referrals to lab, x-ray, and pharmacy services; childhood and adult immunizations; flu shots; support for patients with chronic diseases such as asthma and diabetes; health education; eligibility in community health programs; outreach and support services; WIC available on site.
Eligibility: No restrictions
Intake: Call for an appointment; bring proof of income and address if applying for a discount, Contact provider to confirm documents required
Physical Address: 15525 N 83rd Ave, Ste 104, Peoria, Maricopa, AZ, 85382-5820
Hours of Operation: Medical, Behavioral Health, Wic Mon-Fri 8am-5pm; Patient Support Mon-Fri 7am-6pm, Sat 8am-5pm
Phone Number: 480-964-2273
Website: http://www.adelantehealthcare.com/locations/peoria
Email: jhull@adelantehealthcare.com

Olive Branch Community of Hope

Description: Provides bread weekly and an assortment of fruits and vegetables and a bag of groceries monthly to people in need. A resource adviser is available for prayer, personal concerns, and job or housing assistance.
Eligibility: People in need
Intake: Visit office; must bring photo ID, proof of address, and a birth certificate for each member of household
Physical Address: 3546 E Thomas Rd, Mount of Olives Lutheran Church, Phoenix, Maricopa, AZ, 85018-7412
Hours of Operation: Thu 12:30pm-3:30pm
Phone Number: 602-441-5301
Website: http://olivebranchcommunityofhope.org/food-closet

Arizona Kosher Food Pantry

Description: Offers a kosher food pantry for families on low income.
Eligibility: Families on low income in Phoenix
Intake: Visit pantry; bring bags to hold items. No documents needed to use services.
Physical Address: 7118 N 7th St, Phoenix, Maricopa, AZ, 85020-5304
Hours of Operation: Mon, Wed, Fri 9am-1pm; Tue 9am-1:00pm, Thu 9am-1:30pm, Sun 10am-noon
Phone Number: 602-492-4989
Website: http://www.azkosherpantry.org
Email: nina@azkosherpantry.org

Arizona Rise and Dream Foundation

Description: Provides food boxes and clothing for people in need. Offers backpacks and school supplies for Higley School District students during Back to School in July of each year. Provides an adopt-a-family program for Christmas.
Eligibility: Families working with school district counselors
Intake: Visit website and fill out contact form. Required documents vary by services.
Physical Address: Confidential location, Queen Creek, Maricopa, AZ, 85142
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 602-391-8876
Website: http://www.riseanddreamfoundation.com
Email: info@riseanddreamfoundation.com

North Tempe Multi-Generational Center

Description: Offers recreation, education, social, and cultural programs for youth and adults. Programs include a fitness center, senior center, library resource center, gymnasium, and community classrooms. Offers early childhood education and after school programming.
Eligibility: Varies by program
Intake: Call or visit center; Contact provider to confirm documents required
Physical Address: 1555 N Bridalwreath St, Tempe, Maricopa, AZ, 85281-1601
Hours of Operation: Mon-Fri 8am-8pm, Sat 10am-5pm
Phone Number: 480-858-6500
Website: http://www.tempe.gov/northtempe

Adelante Healthcare - Mesa

Description: Provides primary and preventive health for all ages. Services include well check-ups and health screenings; dental care; referrals to lab, x-ray, and pharmacy services; childhood and adult immunizations; flu shots; support for patients with chronic diseases such as asthma and diabetes; health education; eligibility in community health programs; outreach and support services; WIC available on site.
Eligibility: No restrictions
Intake: Call for an appointment; bring proof of income and address if applying for a discount. Contact provider to confirm documents required.
Physical Address: 1705 W Main St, Mesa, Maricopa, AZ, 85201-6920
Hours of Operation: Medical Services Mon-Thu 7am-7pm, Fri 7am-6pm. Sat 8am-5pm; Dental Services Mon-Fri 7am-6pm; Patient Support Center Mon-Fri 7am-6pm, Sat 8am-5pm; WIC Mon-Fri 8am-12:30pm and 1pm-5pm; Behavioral Health Mon-Fri 7am-n00n, 1pm-5pm.
Phone Number: 480-964-2273
Website: http://adelantehealthcare.com/locations/mesa/
Email: jworkman@adelanteheathcare.com

Adelante Healthcare - Gila Bend

Description: Community clinic that offers basic care dental care, and has sliding scale services available; Provides space for WIC services.
Eligibility: No restrictions for care; call Appointment Line for financial assistance eligibility.
Intake: Call for an appointment. Call Appointment Line or submit form on website if applying for financial assistance. Proof of income, household size, and insurance status required for financial assistance. Contact provider to confirm any other documents required
Physical Address: 100 N Gila Bvld, Gila Bend, Maricopa, AZ, 85337
Hours of Operation: Medical Services Mon-Fri 7am-4pm; Dental Services Mon, Wed 7am-4pm; Patient Support Center Mon-Fri 7am-6pm, Sat 8am-5pm; WIC 1st and 3rd Wed 8am-12:30pm and 1pm-4:30pm
Phone Number: 480-964-2273
Website: http://adelantehealthcare.com/locations/gila-bend
Email: jmijares@adelantehealthcare.com

Adelante Healthcare - Buckeye

Description: Community clinic that offers basic care and dental, has sliding scale services available; WIC available on site.
Eligibility: No restrictions for care; call Appointment Line for financial assistance eligibility.
Intake: Call for an appointment. Call Appointment Line or submit form on website if applying for financial assistance. Proof of income, household size, and insurance status required for financial assistance. Contact provider to confirm other documents required.
Physical Address: 306 E Monroe Ave, Buckeye, Maricopa, AZ, 85326-2706
Hours of Operation: Medical Services Mon-Fri 7am-6pm; Dental Services Mon-Fri 8am-5pm; Patient Support Mon-Fri 7am-6pm, Sat 8am-5pm; WIC Mon-Fri 8am--Noon, 1pm-5pm,
Phone Number: 480-964-2273
Website: http://adelantehealthcare.com/locations/buckeye
Email: jmijares@adelantehealthcare.com

Adelante Healthcare - Central Phoenix

Description: Community clinic that offers basic care and has sliding scale services available; WIC available on site.
Eligibility: No restrictions for care; call Appointment Line for financial assistance eligibility.
Intake: Call for an appointment. Call Appointment Line or submit form on website if applying for financial assistance. Proof of income, household size and insurance status required for financial assistance. Contact provider to confirm other documents required.
Physical Address: 3130 E Roosevelt St, Phoenix, Maricopa, AZ, 85008-5036
Hours of Operation: Health Center Mon-Fri 7am-4pm; Patient Support Center Mon-Fri 7am-6pm, Sat 8am-5pm; WIC Wed, Fri 8am-12:30pm, 1pm-4pm
Phone Number: 480-964-2273
Website: http://adelantehealthcare.com/locations/central-phoenix-roosevelt
Email: afigueroa@adelantehealthcare.com

Harvest Compassion Center West Phoenix

Description: Provides food, hygiene products, baby items, and clothing once every 30 days to Arizona residents in need.
Eligibility: No restrictions
Intake: Visit center; bring two forms of ID - a photo ID and a bill that shows current AZ address
Physical Address: 5608 N 27th Ave, Phoenix, Maricopa, AZ, 85017-2603
Hours of Operation: Mon, Tue & Thu 9am-11:30am
Phone Number: 602-841-7110
Website: http://www.harvestcompassioncenter.org

Harvest Compassion Center Maryvale

Description: Provides food, hygiene products, baby items, and clothing once every 30 days to Arizona residents in need.
Eligibility: Arizona residents
Intake: Visit center; bring two forms of ID - a photo ID and a bill that shows current AZ address
Physical Address: 4002 N 67th Ave, Phoenix, Maricopa, AZ, 85033-4037
Hours of Operation: Tue, Fri, Sat 9am-11:30am
Phone Number: 623-247-0039
Website: http://www.harvestcompassioncenter.org

Harvest Compassion Center North Phoenix

Description: Provides food, hygiene products, baby items, and clothing once every 30 days to Arizona residents in need.
Eligibility: No restrictions
Intake: Visit center; bring two forms of ID - a photo ID and a bill that shows current AZ address
Physical Address: 4744 E Thunderbird Rd, Ste 9, Phoenix, Maricopa, AZ, 85032-5577
Hours of Operation: Mon, Wed, Sat 9am-11:30am
Phone Number: 602-788-2444
Website: http://www.harvestcompassioncenter.org

House of Refuge Donation Center

Description: Provides food boxes for people in need.
Eligibility: No restrictions
Intake: Call, email, or visit website; Contact provider to confirm documents required
Physical Address: 6858 E Ursula Ave, Mesa, Maricopa, AZ, 85212-6190
Hours of Operation: Food boxes Wed-Fri 9:30am-4:30pm, Sat 10am-2pm; Donations accepted Mon-Fri 10am-4pm, Sat 10am-2pm
Phone Number: 480-988-9395
Website: http://houseofrefuge.org/need-food/
Email: donationcenter@houseofrefuge.org

Chandler CARE Center

Description: Provides family support center and support to students of Chandler Unified School District and their families. Also provides food boxes to Chandler residents in need. Offers space for providers of medical, dental, counseling, and social services.
Eligibility: Students of Chandler Unified School District and their families, and Chandler residents in need
Intake: Call, email, visit website. Contact provider to confirm documents required
Physical Address: 777 E Galveston St, Chandler, Maricopa, AZ, 85225-8273
Hours of Operation: Administration Mon-Thu7:30am-4:30pm, Fri 7:30am-3:30pm; Food Boxes Mon-Fri 8am-11am
Phone Number: 480-812-7900
Website: http://www.cusd80.com/parents-students/chandler-care-center/care-center-services
Email: chandlercarecenter@cusd80.com

Justa Center - Phoenix

Description: Provides drop-in day center and resources for seniors who are experiencing homelessness. Provides a cooling center and hydration station. Services include help to get identification documents, apply for benefits, and connect with additional resources. After intake, ongoing members can come every day for more services including breakfast, lunch, snacks, personal hygiene items, Nurses Clinic, and recreational activities. Also includes the use of showers, restrooms, free laundry service, rental lockers, computers, Wi-Fi, and phones.
Eligibility: Adults age 55 and older who are experiencing homelessness
Intake: Visit center; Suggested arrival time is 6:30am for intake, max of 6 intakes a day; Contact provider to confirm documents required
Physical Address: 1001 W Jefferson St, Phoenix, Maricopa, AZ, 85007-2913
Hours of Operation: Intakes Mon-Fri 7am-9am, suggested arrival time is 6:30am
Phone Number: 602-254-6524
Website: http://www.justacenter.org
Email: info@justacenter.org

AllThrive365/Wickenburg Senior Center

Description: Provides assistance including a food pantry for low income people in crisis. Offers congregate and home delivered meals to seniors age 60 and older.
Eligibility: People living in Aguila, Circle City, Morristown, Wickenburg, and Wittmann who are low income and meet income guidelines
Intake: Call or visit office. Required documents vary by services.
Physical Address: 466 W Wickenburg Way, Wickenburg, Maricopa, AZ, 85390-2278
Hours of Operation: Mon, Wed, Fri 8am-4:30pm; lunch served at 11:30am
Phone Number: 602-684-7894
Website: http://allthrive365.org/connection/community-resource-centers-wickenburg/

Wickenburg AllThrive365

Description: Provides assistance for residents of Aguila, Circle City, Morristown, Wickenburg, and Wittmann with low income. Offers emergency food including monthly mobile food pantry, weatherization, Nutrition Assistance (food stamps/SNAP) and Medicaid applications by appointment.
Eligibility: Residents of Aguila, Circle City, Morristown, Wickenburg, and Wittmann who meet income guidelines
Intake: Call or visit office. Required documents vary by services.
Physical Address: 466 W Wickenburg Way, Wickenburg, Maricopa, AZ, 85390-2278
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 928-684-7894
Website: http://allthrive365.org/connection/community-resource-centers-wickenburg/

Guadalupe Senior Center

Description: Provides congregate meals and recreational and socialization programs for seniors.
Eligibility: Seniors who are residents of Guadalupe
Intake: Call, visit center, or visit website. No documents required to use services.
Physical Address: 9401 S Avenida del Yaqui, Guadalupe, Maricopa, AZ, 85283-2529
Hours of Operation: Mon-Fri 7:30am-3:30pm; Mon-Fri noon lunch
Phone Number: 480-505-5393
Website: https://www.guadalupeaz.org/senior-center
Email: acarter@guadalupeaz.org

Glendale Community Center YWCA Senior Program

Description: Provides socialization and recreational opportunities and serves hot meals for adults age 60 and older.
Eligibility: Seniors age 60 and older
Intake: Reservations 24-hours in advance required for lunch. No documents needed to use services.
Physical Address: 5401 W Ocotillo Rd, Glendale, Maricopa, AZ, 85301-3328
Hours of Operation: Mon-Fri 8am-1pm
Phone Number: 623-930-4700
Website: http://www.glendaleaz.gov/Play/Parks-and-Recreation/Facilities-Centers/Community-Centers

Tolleson Senior Center

Description: Provides services for seniors including recreation and socialization programs; health-related services including blood pressure screenings, and health discussions. Lunches served, Brown Bag food bags, home delivered meals for qualified homebound seniors, and coffee and toast served every morning at the center.
Eligibility: Seniors age 60 and older and people with disabilities
Intake: Call or visit website; Contact provider to confirm documents required
Physical Address: 9055 W. Van Buren St., Tolleson, Maricopa, AZ, 85353-3002
Hours of Operation: Mon-Wed 7:30am-7pm; Thu-Fri 7:30am-5pm; Noon Lunch Sat 9am-5pmMon-Fri
Phone Number: 623-936-2760
Website: http://www.tollesonaz.org/20/senior-center
Email: scornejo@tollesonaz.org

Gila Bend Community Action Program

Description: Provides case management for residents of Agua Caliente, Gila Bend, Hyder, Paloma, and Sentinel with low income. Provides food boxes and offers a monthly Job Listing for the local area.
Eligibility: Residents of Agua Caliente, Gila Bend, Hyder, Paloma, and Sentinel with low income
Intake: Call 2nd Fri 4pm-5pm and leave a message. Must have photo ID and proof of address for emergency food boxes.
Physical Address: 202 E Euclid Ave, Gila Bend, Maricopa, AZ, 85337
Hours of Operation: 2nd Fri of the month 4pm-5pm
Phone Number: 602-618-4837
Website: http://www.gilabendaz.org

Dysart Community Center

Description: Provides services for children and adults including one-on-one English literacy classes, GED instruction, High School Diploma Program, English as a Second Language (ESL) classes, a comprehensive youth development program, and summer youth activities including socialization, recreation, organized sports and teen leadership program.
Eligibility: Children ages 5-17 and adults
Intake: Call. No documents needed to use services.
Physical Address: 14414 N El Mirage Rd, El Mirage, Maricopa, AZ, 85335-2909
Hours of Operation: Mon-Thu 10am-8pm
Phone Number: 623-583-0016
Website: http://www.dysartcommunitycenter.org
Email: dcc.annie@gmail.com

Covenant of Grace Christian Fellowship Food Pantry

Description: Provides food to people in need. Clients may receive assistance once per month.
Eligibility: No restrictions
Intake: Call or visit office. Must have photo ID and a piece of mail with current name and address.
Physical Address: 906 W Peoria Ave, Phoenix, Maricopa, AZ, 85029-5132
Hours of Operation: Sat 8am-10am
Phone Number: 602-678-0999
Website: http://covenantofgrace.org/adult-ministries
Email: office@covenantofgrace.org

Aster Senior Center at Mesa Red Mountain

Description: Provides services for adults including congregate meals, home delivered meals, recreation programs, social activities, peer support, and health and wellness promotion.
Eligibility: Adults age 60 and older and their spouses for meals and age 55 and older for other programs
Intake: Call, email, or visit website. Reservations required for lunch.
Physical Address: 7550 E Adobe St, Mesa, Maricopa, AZ, 85207-4702
Hours of Operation: Mon-Fri 8am-4pm, Mon-Fri 11:30am lunch
Phone Number: 480-218-2221
Website: http://www.asteraz.org/services/seniorcenters.html
Email: info@asteraz.org

Aster Senior Center at Mesa Downtown

Description: Provides services for adults including congregate meals, home delivered meals, recreation programs, exercise programs, social activities, peer support, and health and wellness promotion.
Eligibility: Adults age 60 and older and their spouses for meals and age 55 and older for other programs
Intake: Check website, call, email, schedule home visit, visit office, or write for current information; Contact provider to confirm documents required
Physical Address: 247 N Macdonald St, Mesa, Maricopa, AZ, 85201-6622
Hours of Operation: Mon-Fri 8am-4pm, Lunch Mon-Fri 11:30am
Phone Number: 480-962-5612
Website: http://www.asteraz.org/services/seniorcenters.html
Email: info@asteraz.org

Surprise Senior Center

Description: Multipurpose center for seniors age 50+ and adults with disabilities. Provides hot lunches, arts and crafts, bingo, social activities, special interest classes, computer assistance, fitness activities, field trips, and a fitness center.
Eligibility: Adults age 50 and older and adults with disabilities for most programs. Adults age 50 and older for lunch program.
Intake: Call, visit center, visit website, or write; Contact provider to confirm documents required
Physical Address: 15832 N Hollyhock St, Surprise, Maricopa, AZ, 85378-4175
Hours of Operation: Mon-Fri 8am-4pm
Phone Number: 623-222-1500
Website: http://www.surpriseaz.gov/406/Senior-Services

Buddhist Tzu Chi Foundation Phoenix Service Center

Description: Provides emergency food boxes for people in need.
Eligibility: People in need, photo ID and proof of address.
Intake: Call. email or visit sight. Contact provider to confirm documents required.
Physical Address: 2145 W Elliot Rd, Chandler, Maricopa, AZ, 85224-1716
Hours of Operation: Tue, Fri 9:30am-12pm, 1pm-4pm; Sat 9:30am-noon
Phone Number: 480-838-6556
Website: http://tzuchi.us

Buckeye Community Center & Senior Programming

Description: Provides programs for senior and adults with disabilities. Services include recreation and socialization programs, local transportation, and meals served and delivered for seniors and adults with disabilities. Offers special interest classes, and exercise and fitness programs. Available to rent for social events.
Eligibility: Adult residents of Buckeye age 18 and older.
Intake: Call or visit website. Contact provider to confirm documents required.
Physical Address: 201 E Centre Ave, Buckeye, Maricopa, AZ, 85326-3109
Hours of Operation: Administration Mon-Fri 9am-4pm; Mon-Fri. senior meals 11:30am-12:30pm
Phone Number: 623-349-6600
Website: http://www.buckeyeaz.gov/residents/senior-services-and-community-center
Email: seniorprogram@buckeyeaz.gov

Catholic Charities Legacy Foundation/Christine Stamper Center for Help & Hope

Description: Provides short-term emergency shelter. Offers a day resource center that includes computer access, laundry, shower facilities, hygiene supplies, and hot meals. Also provides homeless outreach services and case management.
Eligibility: Families, individuals, and veterans who are low income, homeless or at risk of homelessness in Mohave County
Intake: Call; Contact provider to confirm documents required
Physical Address: 1594 Oatman Rd, Bullhead City, Mohave, AZ, 86442-7556
Hours of Operation: Vary
Phone Number: 928-758-4872
Website: http://www.catholiccharitiesaz.org/bhc-shelter

Nourish Phoenix

Description: Provides emergency food boxes including baby formula, clothing, household goods, toiletries, and other basic needs to individuals and families. Also offers assistance with signing up for Nutrition Assistance (food stamps/SNAP) and AHCCCS programs; job assistance; and resource referrals.
Eligibility: None
Intake: Visit office; must bring proof of ID (such as drivers license, school records, copies of birth certificates) for everyone in the household
Physical Address: 501 S 9th Ave, Phoenix, Maricopa, AZ, 85007-3111
Hours of Operation: Food Pantry Mon-Fri 9am-11am; On-site computers Mon-Fri 9am-2pm for self service SNAP/AHCCCS renewal; other services by appointment
Phone Number: 602-254-7450
Website: http://nourishphx.org
Email: info@nourishphx.org

Mom's Pantry

Description: Provides food boxes to people in need.
Eligibility: People in need. Must have photo ID and proof of residence.
Intake: Visit office
Physical Address: 13440 N Cave Creek Rd, Phoenix, Maricopa, AZ, 85022-5136
Hours of Operation: Food Pantry Sat 10am-2pm, Sun 10am-1pm ; Donations accepted Sat 9am-2pm, Sun 9am-1pm
Phone Number: 602-992-0083
Website: http://www.momspantryphoenix.org
Email: pam@momspantryphoenix.org

Lutheran Social Services of the Southwest Food Pantry - Mesa

Description: Provides emergency food boxes to people in need.
Eligibility: People in need in Apache Junction, Chandler, Gilbert, Mesa, Scottsdale, and Tempe
Intake: Call for appointment; Contact provider to confirm documents required
Physical Address: 142 N Date St, First Evangelical Lutheran Church, Mesa, Maricopa, AZ, 85201-6419
Hours of Operation: Tue, Thu 9am-1:15pm; closed 2nd Tue
Phone Number: 480-654-4539
Website: http://www.lss-sw.org
Email: rsanders@lss-sw.org

Avondale Senior Center & Active Adult Program

Description: Provides recreation and socialization programs, and meals for seniors and people with disabilities. Offers transportation to and from the center and special events.
Eligibility: Seniors and people with disabilities living in Avondale
Intake: Call or visit website, Contact provider to confirm documents required
Physical Address: 995 E Riley Dr, Avondale, Maricopa, AZ, 85323
Hours of Operation: Main Hours Mon-Thu 8am-2pm, Fri 9am-1pm, Daily Lunch Mon-Fri Noon-12:30
Phone Number: 623-333-2705
Website: http://www.avondaleaz.gov/government/departments/neighborhood-family-services/senior-services
Email: elutz@avondaleaz.org

WIC - Cottonwood

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 10 S 6th Street, Cottonwood, Yavapai, AZ, 86326-4236
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 928-771-3138
Website: http://clinicsearch.azbnp.gov

WIC - Clifton

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 253 5th Street, Clifton, Greenlee, AZ, 85533
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 928-865-2601
Website: http://clinicsearch.azbnp.gov

WIC - Winslow

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 619 E Third Street, Winslow, Navajo, AZ, 86047-4003
Hours of Operation: Wed, Thurs 8am-4:30pm
Phone Number: 928-289-6834
Website: http://clinicsearch.azbnp.gov

WIC - Yuma 85364 28th St

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 2200 W 28th Street, Yuma, Yuma, AZ, 85364-6935
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 928-317-4500
Website: http://clinicsearch.azbnp.gov

WIC - Tempe 85282 Broadway Rd

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 1840 E. Broadway Rd, Tempe, Maricopa, AZ, 85282-1614
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 602-323-3472
Website: http://clinicsearch.azbnp.gov

WIC - Grand Canyon

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 1 Clinic Rd, Grand Canyon, Coconino, AZ, 86023
Hours of Operation: Mon 10am-3pm
Phone Number: 928-679-7250
Website: http://clinicsearch.azbnp.gov

WIC - Yuma 85364 12th St

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 1201 W 12th Street, Yuma, Yuma, AZ, 85364-3605
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 928-317-4500
Website: http://clinicsearch.azbnp.gov/

WIC - Williams

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 850 W Grant Avenue, Williams, Coconino, AZ, 86046-2276
Hours of Operation: Wed 9am-4pm
Phone Number: 928-679-7250
Website: http://clinicsearch.azbnp.gov

WIC - Willcox

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call or apply online; ALL SERVICES ARE BEING OFFERED ONLINE OR BY PHONE. Proof of income, address, and ID required.
Physical Address: 450 S Haskell, Willcox, Cochise, AZ, 85643-2790
Hours of Operation: Tue, Thu, Fri 8am-4pm
Phone Number: 520-384-7115
Website: http://clinicsearch.azbnp.gov

WIC - Wickenburg

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 811 N Tegner Street, Suite 113, Wickenburg, Maricopa, AZ, 85390-5410
Hours of Operation: Tue, Thu 8:30am-4:30pm
Phone Number: 623-302-9999
Website: http://clinicsearch.azbnp.gov

WIC - Wellton

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 10425 S Williams Street, Wellton, Yuma, AZ, 85356
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 928-317-4500
Website: http://clinicsearch.azbnp.gov

WIC - Tucson 85746

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 1500 W Commerce Ct, Tucson, Pima, AZ, 85746-6031
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 520-806-2610
Website: http://clinicsearch.azbnp.gov

WIC - Tucson 85745

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 839 W Congress Street, Tucson, Pima, AZ, 85745-2819
Hours of Operation: Mon, Wed-Fri 8am-5pm; Tue 7:30am-6pm
Phone Number: 520-670-3824
Website: http://clinicsearch.azbnp.gov

WIC - Tucson 85743

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 12000 Emigh Road, Tucson, Pima, AZ, 85743-9696
Hours of Operation: 2nd Tue of each month 9am to 1pm, during school session
Phone Number: 520-616-6213
Website: http://clinicsearch.azbnp.gov

WIC - Tucson 85714 Country Club Rd

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 3950 S Country Club, Tucson, Pima, AZ, 85714-2099
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 520-724-7777
Website: http://clinicsearch.azbnp.gov

WIC - Tucson 85714 101 W Irvington Rd

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 101 W Irvington Rd, Suite 10, Tucson, Pima, AZ, 85714-3050
Hours of Operation: Mon, Wed-Fri 8am-5pm, Tue 7:30am-6pm
Phone Number: 520-309-4514
Website: http://clinicsearch.azbnp.gov

WIC - Tucson 85713

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 3690 S Park Avenue, Suite 805, Tucson, Pima, AZ, 85713-5042
Hours of Operation: Mon-Fri 8:30am-6pm
Phone Number: 520-615-6213
Website: http://clinicsearch.azbnp.gov

WIC - Tucson 85712

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 2355 N Wyatt Dr, Suite 101, Tucson, Pima, AZ, 85712-2120
Hours of Operation: Mon, Tue, Thu, Fri 8:30am-5pm; Wed 9am-6pm
Phone Number: 520-616-6213
Website: http://clinicsearch.azbnp.gov

WIC - Tucson 85710

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 6920 E Broadway Blvd, Suite G, Tucson, Pima, AZ, 85710-2839
Hours of Operation: Mon 8am-5pm; Tue-Fri 8am-5:15pm; Sat 8am-1pm
Phone Number: 520-724-7777
Website: http://clinicsearch.azbnp.gov

WIC - Tucson 85705 Old Romero Rd

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 4500 N Old Romero Dr, Tucson, Pima, AZ, 85705-2289
Hours of Operation: Tue-Fri 8am-5pm; Sat 8am-1pm
Phone Number: 520-724-7777
Website: http://clinicsearch.azbnp.gov

WIC - Tucson 85704

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 2055 W Hospital Dr, Suite 135, Tucson, Pima, AZ, 85704-7823
Hours of Operation: Mon, Tue, Thu, Fri 8:30am-5pm; Wed 9am-6pm
Phone Number: 520-616-6213
Website: http://clinicsearch.azbnp.gov

WIC - Tempe 85282 Southern Ave

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 2737 W Southern Avenue, Suite 10, Tempe, Maricopa, AZ, 85282-4244
Hours of Operation: Mon 8am-6:30pm; Tue-Thu 7:30am-4:30pm, Fri 7:30-noon
Phone Number: 602-506-9333
Website: http://clinicsearch.azbnp.gov

WIC - Surprise 85378

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 12425 W Bell Rd, Suite 124, Surprise, Maricopa, AZ, 85378-9003
Hours of Operation: Wed 8am-noon
Phone Number: 623-302-9999
Website: http://clinicsearch.azbnp.gov

WIC - Surprise 85374

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 15351 W Bell Rd, Surprise, Maricopa, AZ, 85374-4580
Hours of Operation: Mon-Fri 8am-5pm; Sat, Sun 8am-noon
Phone Number: 623-302-9999
Website: http://clinicsearch.azbnp.gov

WIC - Superior

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 60 Main Street, Superior, Pinal, AZ, 85173-2620
Hours of Operation: 3rd Wed of the month 9am-4pm
Phone Number: 866-960-0633
Website: http://clinicsearch.azbnp.gov

WIC - Springerville

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 323 S Mountain Avenue, Springerville, Apache, AZ, 85938-5102
Hours of Operation: Mon-Thurs 7am-5pm
Phone Number: 928-333-2415
Website: http://clinicsearch.azbnp.gov

WIC - Somerton

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 350 B Main Street, Somerton, Yuma, AZ, 85350
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 928-317-4500
Website: http://clinicsearch.azbnp.gov

WIC - Snowflake

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 145 South Main Street, Snowflake, Navajo, AZ, 85937-5276
Hours of Operation: Mon-Thu 7am-5:30pm
Phone Number: 928-536-6340
Website: http://clinicsearch.azbnp.gov

WIC - Sierra Vista

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 4115 E Foothills Dr, Sierra Vista, Cochise, AZ, 85635-6311
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 520-803-3940
Website: http://clinicsearch.azbnp.gov

WIC - Show Low

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 600 N 9Th Place, Show Low, Navajo, AZ, 85901-3560
Hours of Operation: Mon-Thu 7am-5:30pm by appointment only
Phone Number: 928-532-6050
Website: http://clinicsearch.azbnp.gov

WIC - Scottsdale

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 6535 E Osborn Rd, Scottsdale, Maricopa, AZ, 85251-6026
Hours of Operation: Mon 8am-6:30pm, Tue-Thu 8am-2pm
Phone Number: 602-506-9333
Website: http://clinicsearch.azbnp.gov

WIC - San Tan Valley

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 36235 N Gantzel Dr, San Tan Valley, Pinal, AZ, 85140-7304
Hours of Operation: Mon-Thu 8am-6pm
Phone Number: 866-960-0633
Website: http://clinicsearch.azbnp.gov

WIC - San Luis

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 1358 Liberty St, San Luis, Yuma, AZ, 85349
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 928-317-4500
Website: http://clinicsearch.azbnp.gov

WIC - Saint Johns

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 110 E South 1st Street, Saint Johns, Apache, AZ, 85936-4516
Hours of Operation: Tue, Wed 7:30am-4:30pm
Phone Number: 928-270-8791
Website: http://clinicsearch.azbnp.gov

WIC - Safford

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 820 W Main St, Safford, Graham, AZ, 85546-2800
Hours of Operation: Mon-Thurs 7am-6pm
Phone Number: 928-428-7690
Website: http://clinicsearch.azbnp.gov

WIC - Rio Rico

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 1103 Circulo Mercado, Suite E, Rio Rico, Santa Cruz, AZ, 85648-6249
Hours of Operation: Thu 8am-5:30pm
Phone Number: 520-287-4994
Website: http://clinicsearch.azbnp.gov

WIC - Peoria Mobile

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 8335 W Jefferson, Peoria, Maricopa, AZ, 85345-6516
Hours of Operation: Tue-Wed 8:am-5pm
Phone Number: 623-236-4622
Website: http://clinicsearch.azbnp.gov

WIC - Arizona Department of Health Services - Women, Infants, and Children Program

Description: Administers WIC statewide programs such as nutrition education, breastfeeding support, supplemental nutritious foods and referrals to health and social services. Also investigates online reports of WIC fraud and abuse and complaints about the program or providers.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 150 N 18th Ave, Ste 310, Phoenix, Maricopa, AZ, 85007-3242
Hours of Operation: Mon-Fri 8am-5pm administration; 24-hours website
Phone Number: 800-252-5942
Website: http://clinicsearch.azbnp.gov
Email: marlene.hernandez@azdhs.gov

WIC - Prescott

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 1090 Commerce Drive, Prescott, Yavapai, AZ, 86305-3700
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 928-771-3138
Website: http://clinicsearch.azbnp.gov

WIC - Phoenix 85051

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 9610 N Metro Parkway West, Phoenix, Maricopa, AZ, 85051-1402
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 623-302-9999
Website: http://clinicsearch.azbnp.gov

WIC - Phoenix 85042

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 303 E Baseline Road, Suite 103, Phoenix, Maricopa, AZ, 85042-6561
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 602-323-3472
Website: http://clinicsearch.azbnp.gov

WIC - Phoenix 85037

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 8410 W Thomas Rd, Suite 116, Phoenix, Maricopa, AZ, 85037-3356
Hours of Operation: Mon-Fri 8am-6pm
Phone Number: 602-258-6797
Website: http://clinicsearch.azbnp.gov

WIC - Phoenix 85033 Thomas Rd

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 6601 W Thomas Rd, Phoenix, Maricopa, AZ, 85033-5700
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 602-323-3472
Website: http://clinicsearch.azbnp.gov

WIC - Phoenix 85031

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 4222 N 51st Avenue, Phoenix, Maricopa, AZ, 85031-1908
Hours of Operation: Wed 1pm-4:30pm
Phone Number: 602-323-3472
Website: http://clinicsearch.azbnp.gov

WIC - Phoenix 85023

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 18440 N 15th Avenue, North/West - Constitution Elementary, Phoenix, Maricopa, AZ, 85023-1402
Hours of Operation: Mon 8am-6:30pm; Tue-Thu 7:30am-4:30pm; Fri 7:30am-noon
Phone Number: 602-506-9333
Website: http://clinicsearch.azbnp.gov

WIC - Phoenix 85017

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 3003 W Thomas Rd, Phoenix, Maricopa, AZ, 85017-6257
Hours of Operation: Mon 8am-6:30pm; Tue,-Thu 7:30am-4:30pm; Fri 7:30am-12pm
Phone Number: 602-506-9333
Website: http://clinicsearch.azbnp.gov

WIC - Phoenix 85015

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 5517 N 17th Avenue, Phoenix, Maricopa, AZ, 85015-2516
Hours of Operation: Wed 8am-noon
Phone Number: 602-323-3472
Website: http://clinicsearch.azbnp.gov

WIC - Phoenix 85013

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 500 W Thomas Rd, Suite 870, Phoenix, Maricopa, AZ, 85013-4218
Hours of Operation: Mon-Fri 8am-5pm virtual and remote services only
Phone Number: 623-302-9999
Website: http://clinicsearch.azbnp.gov

WIC - Phoenix 85008

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 3830 E Van Buren Street, Phoenix, Maricopa, AZ, 85008-6920
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 602-323-3472
Website: http://clinicsearch.azbnp.gov

WIC - Phoenix 85006

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 1645 E Roosevelt Street, Phoenix, Maricopa, AZ, 85006-3638
Hours of Operation: Mon 8am-6:30pm; Tue-Thu 7:30am-6pm
Phone Number: 602-506-9333
Website: http://clinicsearch.azbnp.gov

WIC - Peoria 85382

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 15525 N 83rd Avenue, Peoria, Maricopa, AZ, 85382-5820
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 623-302-9999
Website: http://clinicsearch.azbnp.gov

WIC - Payson

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 110 W Main Street, Suite A, Payson, Gila, AZ, 85541-5325
Hours of Operation: Mon-Thurs 7am-5:30pm
Phone Number: 928-474-7181
Website: http://clinicsearch.azbnp.gov

WIC - Page

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 467 Vista Avenue, Page, Coconino, AZ, 86040
Hours of Operation: Mon-Wed 8am-5pm
Phone Number: 928-608-6108
Website: http://clinicsearch.azbnp.gov

WIC - Oracle

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 1870 W. American Ave, Oracle, Pinal, AZ, 85623
Hours of Operation: Tue 9am-4pm
Phone Number: 866-960-0633
Website: http://clinicsearch.azbnp.gov

WIC - Goodyear 85338

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 140 N Litchfield, Suite 106, Goodyear, Maricopa, AZ, 85338-1226
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 602-323-3472
Website: http://clinicsearch.azbnp.gov

WIC - Globe

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 5515 S Apache Avenue, Suite 700, Globe, Gila, AZ, 85501-4466
Hours of Operation: Mon-Thurs 8am-5:30pm; Fri 8am-noon
Phone Number: 928-402-4306
Website: http://clinicsearch.azbnp.gov

WIC - Glendale

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 5141 W Lamar Rd, Glendale, Maricopa, AZ, 85301-3423
Hours of Operation: Mon 8am-6:30pm; Tue-Thu 7:30am-6pm
Phone Number: 602-506-9333
Website: http://clinicsearch.azbnp.gov

WIC - Gilbert 85234

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 2451 E Baseline Rd, Suite 200, Gilbert, Maricopa, AZ, 85234-2405
Hours of Operation: Mon-Wed, Fri 8am-5pm,Thu 9am-6pm
Phone Number: 480-626-6510
Website: http://clinicsearch.azbnp.gov

WIC - Nogales

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 1852 N Mastick Way, Nogales, Santa Cruz, AZ, 85621-1063
Hours of Operation: Mon, Thu 8:00am-05:30pm; Tue 9:00am-05:00pm; Wed 8:00am-5:00pm; Fri 8:00am-4:00pm; Sat 9:00am-1:00pm
Phone Number: 520-287-4994
Website: http://clinicsearch.azbnp.gov

WIC - Mesa 85207

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 6915 E University Dr, Mesa, Maricopa, AZ, 85207-6403
Hours of Operation: Mon-Wed 9am-12pm
Phone Number: 623-302-9999
Website: http://clinicsearch.azbnp.gov

WIC - Prescott Valley

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 3212 Windsong Dr, Second Floor, Prescott Valley, Yavapai, AZ, 86314-2255
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 928-771-3138
Website: http://clinicsearch.azbnp.gov

WIC - Phoenix 85009

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. . Proof of income, address, and ID required.
Physical Address: 1625 N 39th Avenue, Phoenix, Maricopa, AZ, 85009-2149
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 602-368-6760
Website: http://clinicsearch.azbnp.gov

WIC - Peoria 85345

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online.. Proof of income, address, and ID required.
Physical Address: 8335 W Jefferson Street, Peoria, Maricopa, AZ, 85345-6516
Hours of Operation: Mon 8am-6:30pm, Tue-Thu 7:30am-4:30pm, Fri 7:30am-noon
Phone Number: 602-506-9333
Website: http://clinicsearch.azbnp.gov

WIC Participant Portal Self-Service

Description: Provides people with a self-service WIC application option to complete online, statewide.
Eligibility: Women at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger. Must be below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Visit website to apply online by selecting the option Am I Eligible. Must fill out all information and select local clinic. Will need to show proof of income and identification such as ID and birth certificate for children.
Physical Address: 150 N 18th Ave, Ste 310, Phoenix, Maricopa, AZ, 85007-3242
Hours of Operation: 24-hours website
Website: http://www.myazwic.com

WIC - Mesa 85201

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 1705 W Main Street, Mesa, Maricopa, AZ, 85201-6920
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 623-302-9999
Website: http://clinicsearch.azbnp.gov

WIC - Maricopa

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 41680 W Smith Enke Dr, Suite 110, Maricopa, Pinal, AZ, 85138
Hours of Operation: Tue, Wed, Thu 8am-6pm
Phone Number: 866-960-0633
Website: http://clinicsearch.azbnp.gov

WIC - Marana

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online
Physical Address: 13395 N Marana Main Street, Marana, Pima, AZ, 85653-7008
Hours of Operation: Mon, Tue, Thu 8:30am-5pm; Wed 9am-6pm
Phone Number: 520-616-6213
Website: http://clinicsearch.azbnp.gov

WIC - Luke AFB

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency. MUST HAVE A LAFB PASS
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 7282 N 137 Avenue, Building 1140, Luke Air Force Base, Maricopa, AZ, 85309-1520
Hours of Operation: Mon 8:30am-4:30pm
Phone Number: 623-302-9999
Website: http://clinicsearch.azbnp.gov

WIC - Lake Havasu City

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 2001 College Dr, Suite 104, Lake Havasu City, Mohave, AZ, 86403-1910
Hours of Operation: Mon-Thurs 7am-5pm; Fri 8am-12pm
Phone Number: 928-453-0716
Website: http://clinicsearch.azbnp.gov

WIC - Kingman

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 700 W Beale Street, Kingman, Mohave, AZ, 86401-5711
Hours of Operation: Mon-Thu 7am-5pm; Fri 8am-noon
Phone Number: 928-753-0794 x4334
Website: http://clinicsearch.azbnp.gov

WIC - Kearny

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 355 W Alden Rd, Kearny, Pinal, AZ, 85137
Hours of Operation: Mon-Fri 8am-6pm; closed to all in-person services
Phone Number: 866-960-0633
Website: http://clinicsearch.azbnp.gov

WIC - Holbrook

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 117 E Buffalo Street, Holbrook, Navajo, AZ, 86025-2605
Hours of Operation: Mon-Tue 7am-5:30pm
Phone Number: 928-524-4750
Website: http://clinicsearch.azbnp.gov

WIC - Heber-Overgaard

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 2188 County Club Rd, Overgaard, Navajo, AZ, 85933
Hours of Operation: Thu 10am-3pm
Phone Number: 928-535-7115
Website: http://clinicsearch.azbnp.gov

WIC - Goodyear 85395

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 13471 W Cornerstone Blvd, Goodyear, Maricopa, AZ, 85395-2713
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 623-302-9999
Website: http://clinicsearch.azbnp.gov

WIC - Gilbert 85233

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 132 W Bruce Avenue, Gilbert, Maricopa, AZ, 85233-5404
Hours of Operation: Mon 8am-6:30pm, Tue-Thu 7:30am-4:30pm, Fri 7:30am-noon
Phone Number: 602-506-9333
Website: http://clinicsearch.azbnp.gov

WIC - Fredonia

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 110 N Main Street, Fredonia, Coconino, AZ, 86022
Hours of Operation: Mon 1pm-5pm
Phone Number: 928-679-7250
Website: http://clinicsearch.azbnp.gov

WIC - Flagstaff

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 2625 N King Street, Flagstaff, Coconino, AZ, 86004-1884
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 928-679-7250
Website: http://clinicsearch.azbnp.gov

WIC - Eloy

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required. w4e
Physical Address: 302 E 5th Street, Eloy, Pinal, AZ, 85131-2111
Hours of Operation: Tue 8am-6pm
Phone Number: 866-960-0633
Website: http://clinicsearch.azbnp.gov

WIC - Duncan

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required. e
Physical Address: 1684 Fairgrounds Rd, Duncan, Greenlee, AZ, 85534-8001
Hours of Operation: Tue 8am-5pm
Phone Number: 928-359-2866
Website: http://clinicsearch.azbnp.gov

WIC - Douglas 85607 15th St

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 805 E 15th Street, Douglas, Cochise, AZ, 85607-1631
Hours of Operation: Mon-Thurs 7am-6pm
Phone Number: 520-805-2484
Website: http://clinicsearch.azbnp.gov

WIC - Douglas 85607 G Ave

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 1012 N G Avenue, Suite 101, Douglas, Cochise, AZ, 85607-2020
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 520-805-5600
Website: http://clinicsearch.azbnp.gov

WIC - Coolidge

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online
Physical Address: 119 W Central Avenue, Coolidge, Pinal, AZ, 85128-4405
Hours of Operation: Wed, Thurs 8am-6pm
Phone Number: 866-960-0633
Website: http://clinicsearch.azbnp.gov

WIC - Concho

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: #18 COUNTY ROAD 5101, Concho, Apache, AZ, 85924
Hours of Operation: Tue 8am-12pm
Website: http://clinicsearch.azbnp.gov

WIC - Chino Valley

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 1951 N Voss Dr, Chino Valley, Yavapai, AZ, 86323-7628
Hours of Operation: Mon-Fri 8am-4:30pm
Phone Number: 928-771-3138
Website: http://clinicsearch.azbnp.gov

WIC - Chandler 85225 Galveston St

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 777 Galveston St, Chandler, Maricopa, AZ, 85225-8273
Hours of Operation: Mon 8am-6:30pm; Tue-Thu 7:30am-4:30pm; Fri 7:30-noon
Phone Number: 602-506-9333
Website: http://clinicsearch.azbnp.gov

WIC - Casa Grande

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 1729 N Trekell Rd, Suite 120, Casa Grande, Pinal, AZ, 85122-2215
Hours of Operation: Mon-Fri 8am-6pm
Phone Number: 866-960-0633
Website: http://clinicsearch.azbnp.gov

WIC - Bullhead City

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 1222 Hancock Rd, Bullhead City, Mohave, AZ, 86442-5906
Hours of Operation: Mon-Thu 7am-5pm, Fri 8am-noon
Phone Number: 928-758-0722
Website: http://clinicsearch.azbnp.gov

WIC - Buckeye

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 310 E Monroe Avenue, Buckeye, Maricopa, AZ, 85326-270
Hours of Operation: Mon, Wed 8:30pm-3:30pm
Phone Number: 520-586-8205
Website: http://clinicsearch.azbnp.gov

WIC - Bisbee

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 1415 W Melody Lane, Building A, Bisbee, Cochise, AZ, 85603-3037
Hours of Operation: Mon-Wed 7am-4pm
Phone Number: 520-432-9482
Website: http://clinicsearch.azbnp.gov

WIC - Benson

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 335 S Ocotillo Avenue, Benson, Cochise, AZ, 85602-6406
Hours of Operation: Mon, Wed 8:30am-3:30pm
Phone Number: 520-586-2051
Website: http://clinicsearch.azbnp.gov

WIC - Avondale

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call, visit website to find local WIC clinic, or apply online. Proof of income, address, and ID required.
Physical Address: 995 E Riley Dr, Avondale, Maricopa, AZ, 85323-2010
Hours of Operation: Mon-Thu 8am-5pm; Fri 9am-4:30pm
Phone Number: 623-302-9999
Website: http://clinicsearch.azbnp.gov

WIC - Apache Junction

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call or apply online. Proof of income, address, and ID required.
Physical Address: 575 N Idaho Road, Suite 301, Apache Junction, Pinal, AZ, 85119-4000
Hours of Operation: Tue-Fri 8am-6pm
Phone Number: 866-960-0633
Website: http://clinicsearch.azbnp.gov

WIC - Amado

Description: Provides nutrition education and breastfeeding support services, supplemental nutritious foods and referrals to health and social services.
Eligibility: Women who are at nutritional risk, pregnant, breastfeeding, and postpartum; and infants and children age 5 and younger below 185% of the federal poverty guidelines. Eligibility based on income, health needs, and residency.
Intake: Call or apply online. Proof of income, address, and ID required.
Physical Address: 28720 S. Nogales Highway, Amado, Pima, AZ, 85645-9997
Hours of Operation: 8:45am-12pm 1st & 3rd Tue
Phone Number: 520-287-5792
Website: http://clinicsearch.azbnp.gov

AZCEND Senior Nutrition Program - Gilbert

Description: Offers home delivered and congregate meals, and activities and outings for seniors.
Eligibility: Seniors in need in the East Valley
Intake: Call or visit office. Contact provider to confirm documents required.
Physical Address: 130 N Oak St, Gilbert, Maricopa, AZ, 85233-5411
Hours of Operation: Mon-Fri 8am-5pm, Mon-Fri 11:30am-12:30pm for Meal Service
Phone Number: 480-503-6061
Website: http://azcend.org/get-help/seniors

AZCEND Senior Nutrition Program - Chandler

Description: Offers home delivered and congregate meals, and activities and outings for seniors.
Eligibility: Seniors in need in the East Valley
Intake: Call or visit. Contact provider to confirm documents required
Physical Address: 202 Boston St, Chandler, Maricopa, AZ, 85225-8505
Hours of Operation: Center hours Mon-Fri 8am-5pm, On site meals Mon-Fri 11:30am (first come first served)
Phone Number: 480-782-2720
Website: http://azcend.org/get-help/seniors
Email: breaktime@chandleraz.gov

Andre House Dinner Service

Description: Provides meals for underserved, low income, and individuals experiencing homelessness
Eligibility: underserved, low income, and individuals experiencing homelessness
Intake: Visit center; line forms 60 minutes before service
Physical Address: 213 S 11th Ave, Phoenix, Maricopa, AZ, 85007-3132
Hours of Operation: Sat-Thu 5pm-6pm, no friday dinner service
Phone Number: 602-255-0580
Website: http://www.andrehouse.org

Aris Foundation, Inc

Description: Provides dinner weekly at Mountain Park Health Clinic parking lot in Tempe for people experiencing homelessness. Offers clothing and hygiene items. Helps with obtaining IDs, resume writing, and getting people into detoxification and rehabilitation programs.
Eligibility: People experiencing homelessness or in-need.
Intake: Call, email, visit location, or visit website
Physical Address: 139 E Alameda Dr, University Presbyterian Church, Tempe, Maricopa, AZ, 85282
Hours of Operation: Tue 5pm
Phone Number: 602-935-9291
Website: http://www.arisfoundation.org
Email: katherine@arisfoundation.com

Christ Evangelical Lutheran Church Outreach Ministry

Description: Provides weekly food boxes to residents of Avondale, Goodyear, Litchfield Park, and Tolleson who meet federal poverty guidelines.
Eligibility: Residents of Avondale, Goodyear, Litchfield Park, and Tolleson who meet federal poverty guidelines
Intake: Call or email; Contact provider to confirm documents required
Physical Address: 918 S Litchfield Rd, Goodyear, Maricopa, AZ, 85338-1407
Hours of Operation: Tue 8am-11:30am
Phone Number: 623-932-2394
Website: http://christgoodyear.org
Email: outreach@christgoodyear.org

Agua Fria Food and Clothing Bank

Description: Provides emergency food, clothing, shoes, and household goods to those in need. Provides shower facility, towels, and toiletries kits for people who are transient or experiencing homelessness. Diapers, formula, and other baby items may be available once per month for families with children age 12 months and younger depending upon donations and the program wait list. Distributes Thanksgiving and Christmas food boxes to people in need.
Eligibility: People in need including those with low income and those who are experiencing homelessness. Must live in Avondale, Goodyear, Tolleson, Cashion, Buckeye, or Litchfield Park.
Intake: Visit office or website; Need photo ID and proof of current address within eligible cities.
Physical Address: 405 E Harrison Dr, Avondale, Maricopa, AZ, 85323-2908
Hours of Operation: Mon-Fri 8am-noon administration; Mon, Thu 8am-noon clothing bank
Phone Number: 623-932-9135
Website: http://www.affcb.org
Email: info@affcb.org

Casa de Cristo Church and Apostolic Center Community Services

Description: Provides services for people experiencing homelessness and low income community residents. Services include showers, laundry facilities, clothing, and food pantry.
Eligibility: People experiencing homelessness
Intake: Visit campus; Contact provider to confirm documents required
Physical Address: 1029 E Turney Ave, Phoenix, Maricopa, AZ, 85014-4402
Hours of Operation: Tue 10am-2pm; call for additional hours
Phone Number: 602-265-2831
Website: http://www.casadecristo.org
Email: pastorjim@casadecristo.org

Yarnell Regional Community Center

Description: Serves hot lunches daily. Delivers meals to seniors and other homebound residents through Meals on Wheels program. Provides social activities including arts and crafts, games night, and other recreational programs. Also provides wellness education, blood pressure checks, and exercise and healthy eating classes and has an on site thrift store.
Eligibility: No restrictions for most services. Homebound residents of Congress, Kirkland, Peeples Valley, Skull Valley, Wilhoit, and Yarnell for Meals On Wheels.
Intake: Call, email, visit center, or visit website; Contact to confirm documents required
Physical Address: 22302 S Highway 89, Yarnell, Yavapai, AZ, 85362
Hours of Operation: Lunch Mon-Fri 11am-12:30pm; Thrift store Mon-Fri 9am-2pm
Phone Number: 928-427-6347
Website: http://www.yarnellrcc.org
Email: director@yarnellcommunitycenter.org

SEAGO Area Agency on Aging Region VI

Description: Provides information and referrals to seniors in southeastern Arizona. Also provides intake and case management for seniors and adults with disabilities so they can remain in their own homes. Includes assessment of needs, development of an individualized care plan, home delivered meals, and coordination of in-home support services.
Eligibility: Seniors age 60 and older and adults age 18 and older with disabilities; must live in Cochise, Graham, Greenlee, and Santa Cruz Counties
Intake: Call or email
Physical Address: 1403 W Highway 92, Stee B, Bisbee, Cochise, AZ, 85603-1160
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 520-432-2528
Website: http://www.seago.org/area-agency-on-aging
Email: aging@seago.org

Hope Pregnancy Resource Center

Description: Provides free family planning services and baby supplies such as diapers, clothes and formula. Clients can also complete parenting classes to earn points which may be used to purchase baby furniture items such as strollers, high chairs and bassinets.
Eligibility: Women and teens
Intake: Call or visit center. Required documents will depend on services.
Physical Address: 224 S Kendrick St, Flagstaff, Coconino, AZ, 86001-5625
Hours of Operation: Tue-Thu 10am-4pm; Fri 10am-2pm 24-hours helpline
Phone Number: 928-774-8302
Website: http://hopeprc.net
Email: info@hopeprc.net

Central Arizona Aging

Description: Designated Area Agency on Aging for Region V. Administers programs and services for senior and adults with disabilities in Gila and Pinal counties. Also offers home delivered meals.
Eligibility: Seniors age 60 and older and adults age 18 and older with disabilities; must live in Gila and Pinal counties
Intake: Call; Contact the provider for any documents required.
Physical Address: 8969 W McCartney Rd, Casa Grande, Pinal, AZ, 85194-7432
Hours of Operation: Mon-Thu 8am-4:30pm, Fri 8am-noon
Phone Number: 520-836-2758
Website: http://www.pgcsc.org
Email: info@pgcsc.org

Flagstaff Shelter Services Day Resource Center

Description: Provides a resource center for adults who are homeless. Services include sack lunches, clothing, hygiene supplies, shower facilities, use of telephone, message service, temporary mailing address, extreme cold warming center, case management, and referrals for other services. Site for coordinated entry into housing for single adults.
Eligibility: Adult men and women who are homeless
Intake: Call, visit shelter. Contact the provider for any documents required.
Physical Address: 4185 E Huntington Dr, Flagstaff, Coconino, AZ, 86004-9404
Hours of Operation: Daily 9am-3pm
Phone Number: 928-225-2533
Website: http://flagshelter.org/emergency-shelter/
Email: hello@flagshelter.org

White Mountain Meals on Wheels

Description: Delivers hot meals to seniors and people with disabilities who are homebound.
Eligibility: Seniors and people with disabilities
Intake: Call; Contact to confirm documents required
Physical Address: 301 E McNeil, Show Low, Navajo, AZ, 85901-0301
Hours of Operation: Mon-Fri 8am-4pm
Phone Number: 928-532-0656
Website: http://www.mowazwm.org
Email: info@mowazwm.org

Sun City Meals on Wheels, Inc

Description: Delivers nutritious meals to Sun City and Youngtown residents who, because of special health problems, are unable to shop and/or prepare their own meals. If special diet is required, it must be ordered in writing by a physician.
Eligibility: Residents of Sun City and Youngtown
Intake: Call; messages returned no later than next business day. Must provide prescription if special meals are required.
Physical Address: 10404 W Coggins Dr, Ste 106, Sun City, Maricopa, AZ, 85351-3400
Hours of Operation: Administration Mon-Fri 9am-1pm ; meals delivered daily 11am-12:30pm, including holidays
Phone Number: 623-974-9430
Website: http://www.suncitymealsonwheels.org
Email: suncitymealsonwheels@gmail.com

Meals on Wheels - Tempe and South Scottsdale

Description: Provides hot, nutritious meals and daily well-being visits to homebound seniors and adults with disabilities in the Tempe and South Scottsdale areas. Meal delivery is available Monday through Friday, depending on the verified level of need. Available to residents living in Tempe or in Scottsdale zipcodes 85250; 85251; 85253; and 85257.
Eligibility: Homebound seniors and adults with disabilities living in Tempe zip codes 85280; 85281; 85282; 85283; 85284; 85285; 85287; 85288 or living in Scottsdale zip codes 85250; 85251; 85253; and 85257. Must contact senior helpline to determine eligibility.
Intake: Must contact the Senior Helpline first. Contact for documents required.
Physical Address: 2146 E Apache Blvd, Tempe, Maricopa, AZ, 85281-4863
Hours of Operation: Mon-Fri 8am-3pm
Phone Number: 602-264-4357
Website: http://tempeaction.org/get-help/food-security/meals-on-wheels.html

Hope of Glory Ministries

Description: Distributes food, hygiene items, and prayer in and near homeless campsites in Tucson.
Eligibility: No restrictions
Intake: Call or email for schedule; Contact to confirm documents required
Hours of Operation: Vary
Phone Number: 520-471-1720
Website: http://www.tucsonhope.org
Email: betty@tucsonhope.org

Pima Meals On Wheels

Description: Provides chilled meals to people who are unable to prepare their own meals. Meals are delivered by Catholic Social Services and Lutheran Social Services of the Southwest based on zip code. 24-hour emergency response is not available.
Eligibility: People who are unable to prepare meals and have no one to assist them
Intake: Call for intake/review; Contact the provider for any documents required.
Physical Address: 8467 E Broadway Blvd, Tucson, Pima, AZ, 85710-4009
Hours of Operation: Mon-Fri 8:30am-5pm
Phone Number: 520-790-7262
Website: http://pcoa.org/ways-we-help/home-delivered-meals/
Email: help@pcoa.org

Mobile Meals of Southern Arizona, Inc

Description: Delivers meals to adults who cannot shop for and prepare their own food. Medically-tailored, kosher, organic, and regular diets available. This is a long-term program; service is available for six weeks and longer.
Eligibility: Adults who are unable to shop for and prepare their own meals, and who live in Green Valley, Sahuarita, Tucson, and Vail-Corona de Tucson areas
Intake: Call for screening and to confirm documents required
Physical Address: 3355 S 6th Ave, Tucson, Pima, AZ, 85713-6103
Hours of Operation: Administration Mon-Fri 8am-4pm; Deliveries Mon-Fri 11am-1pm
Phone Number: 520-622-1600
Website: http://www.mobilemealssoaz.org
Email: info@mobilemealssoaz.org

Answers for Life - Southside Center

Description: Provides family planning services. Also provides prenatal clinic, maternity clothing, baby clothes, diapers, formula, and parenting classes.
Eligibility: No restrictions
Intake: Call for appointment
Physical Address: 2802 W Mossman Rd, Tucson, Pima, AZ, 85746-5109
Hours of Operation: Mon 1:30pm-7:30pm, Wed 10am-4pm
Phone Number: 520-901-0756
Website: http://www.afltucson.com
Email: ssanswersforlife@gmail.com

Answers for Life - Northwest Center

Description: Provides family planning services. Also provides prenatal clinic, maternity clothing, baby clothes, diapers, formula, and parenting classes.
Eligibility: No restrictions
Intake: Call for appointment. Required documents depend on services.
Physical Address: 505 W Wetmore, Tucson, Pima, AZ, 85705-1521
Hours of Operation: Mon 1:30pm-7:30pm, Wed 11am-4pm
Phone Number: 520-900-3103
Website: http://www.afltucson.com
Email: nwanswersforlife@gmail.com

Answers for Life - Central Center

Description: Provides family planning services. Also provides prenatal clinic, maternity clothing, baby clothes, diapers, formula, and parenting classes.
Eligibility: No restrictions
Intake: Call for appointment. Required documents depend on services.
Physical Address: 627 N Swan Rd, Tucson, Pima, AZ, 85711-2101
Hours of Operation: Mon 1pm-7pm; Tue, Thu 11am-5pm
Phone Number: 520-308-8990
Website: http://www.afltucson.com
Email: answersforlifetucson@gmail.com

Interfaith Community Services Mobile Meals

Description: Provides meal delivery service to people who are unable to prepare meals for themselves. Two meals are delivered each weekday; special diets available.
Eligibility: Seniors and adults with disabilities who are unable to prepare meals. Must live in Oro Valley and Tucson areas between SaddleBrooke Blvd and Miracle Mile/Fort Lowell Rd, and between Swan Rd and I-10.
Intake: Call for intake and to confirm documents required
Physical Address: 2820 W Ina Rd, Tucson, Pima, AZ, 85741-2502
Hours of Operation: Administration Mon-Fri 9am-4pm; program hours vary
Phone Number: 520-297-6049
Website: http://www.icstucson.org
Email: cgalas@icstucson.org

Senior and Adult Independent Living Program

Description: Provides case management and a variety of in-home services to seniors and disabled adults.
Eligibility: Adults age 18 and older who have a diagnosed physical disability and are eligible for receiving SSI disability payments and seniors age 60 and older. Must be home bound and have a physical disability that prevents safe preparation of a meal to be eligible for home delivered meals.
Intake: Call to schedule an in-home evaluation. Proof of age for seniors is required. Proof of physical disability and SSI disability payment eligibility is required for adults under 60.
Physical Address: 1366 E Thomas Rd, Ste 108, Phoenix, Maricopa, AZ, 85014-5793
Hours of Operation: Mon-Fri 8am-5pm
Phone Number: 602-264-4357
Website: http://www.aaaphx.org/area-agency-on-aging-programs/in-home-services/

Neighbors Who Care

Description: Provides medical transportation, shopping, respite, friendly visiting, reassurance calls, minor home repairs, business assistance, and dinner delivery to older adults who meet eligibility criteria.
Eligibility: Seniors who meet criteria at in-home assessment by a case manager
Intake: Call to schedule assessment; Contact to confirm documents required
Physical Address: 10450 E Riggs Rd, Ste 113, Sun Lakes, Maricopa, AZ, 85248-7760
Hours of Operation: Administration Mon-Fri 8:30am-4:30pm
Phone Number: 480-895-7133
Website: http://www.neighborswhocare.com
Email: sheryl@neighborswhocare.com

Foothills Caring Corps Inc

Description: Offers services for older adults and people with disabling conditions. Services include medical appointment transportation, health advocacy, grocery shopping, friendly visiting and phoning, caregiver relief, personal business assistance, minor home repair, delivered meals for lunch, and a van offering transportation to and from recreational and shopping venues.
Eligibility: Older adults and people with disabling conditions residing in Carefree, Cave Creek, Phoenix (85085, 85086) and Scottsdale (85255 north of Bell Rd, 85262, 85266)
Intake: Call; Contact to confirm documents required
Physical Address: 7275 E Easy St, Ste B104, Carefree, Maricopa, AZ, 85377
Hours of Operation: Mon-Fri 8:30am-4:30pm
Phone Number: 480-488-1105
Website: http://www.foothillscaringcorps.com
Email: info@foothillscaringcorps.com

Gila Bend Family Resource Center

Description: Provides family resource center and resources for families with a focus on early childhood development. Offers diapers, formula, hygiene items, child-centered activities, and information on child literacy, parenting education, nutrition, and health. Also offers the use of the printer/copier and fax machine.
Eligibility: Families in Gila Bend
Intake: Call to make an appointment and to confirm documents required
Physical Address: 303 E Pima St, Gila Bend, Maricopa, AZ, 85337-0869
Hours of Operation: Mon, Tue, Thu, Fri 8am-4pm; Wed 8am-7pm; 1st Sat 8am-4pm
Phone Number: 928-683-6502
Website: http://www.gilabendaz.org/257/family-resource-center
Email: eamezcua@gilabendaz.org

Fountain Hills Community Services Department

Description: Plans and maintains parks, provides recreational programs for all ages, and social services. Provides recreational and educational activities for adults. Offers access to social services. Provides nutritional noon-time meals for individuals living in Fountain Hills who require meal assistance. Assists individuals recovering from illness or surgery and individuals that are homebound.
Eligibility: No restrictions
Intake: Call, email, or visit website. Contact provider to confirm documents required.
Physical Address: 13001 N La Montana Dr, Fountain Hills, Maricopa, AZ, 85268
Hours of Operation: Mon-Thu 7am-6pm
Phone Number: 480-816-5200
Website: http://www.fh.az.gov/187/community-services
Email: ksnipes@fountainhillsaz.gov

Summer Food Service Program

Description: Administers the summer food program for youth in Arizona. Sites provide free and reduced-cost breakfasts, lunches, snacks, and suppers.
Eligibility: Families with children age 18 and younger and low income. contact provider to confirm documents required
Intake: Call hotline, call local school, or text COMIDA or FOOD to 304-304
Physical Address: Various locations statewide, Phoenix, Maricopa, AZ, 85007
Hours of Operation: Vary by location
Phone Number: 602-528-3434
Website: http://www.azhealthzone.org/freesummermeals

AZlinks.gov

Description: Website offers information and resources on aging and disability.
Eligibility: Anyone seeking information on aging and disability
Intake: Visit website
Physical Address: Confidential location, Phoenix, Maricopa, AZ, 85001
Hours of Operation: 24-hours website
Website: http://azlinks.gov

211 Arizona

Description: Provides information about and referrals to health and human services throughout Arizona by phone and website.
Eligibility: No restrictions
Intake: Call, email, or visit website. For those sending an email, include city and/or ZIP Code with a brief description of the needed services.
Physical Address: 1275 W Washington St, Ste 210, Tempe, Maricopa, AZ, 85281-1859
Hours of Operation: 24-hours
Phone Number: 211
Website: http://211arizona.org
Email: 211arizona@solari-inc.org

24-Hour Senior HELP LINE

Description: Provides information and referrals to services for older adults. Includes information about transportation, housing, long-term care, benefits, older worker referrals, caregiver respite, volunteer opportunities, counseling, senior centers, minor home repairs, support groups, home health aides, legal assistance, home delivered meals, and nurse visits. Coordinates planning, development, and delivery of needed services for seniors age 60 and older and adults with disabilities age 18 and older with long term care needs.
Eligibility: Seniors age 60 and older, adults age 18 and older with disabilities, and family caregivers
Intake: Call. No documents required to speak with the helpline.
Physical Address: 1366 E Thomas Rd, Ste 108, Phoenix, Maricopa, AZ, 85014-5793
Hours of Operation: 24-hours
Phone Number: 602-264-4357
Website: http://www.aaaphx.org/program-services/24-hour-senior-help-line

Health-e-Arizona PLUS

Description: Provides online enrollment application for AHCCCS Health Insurance coverage, KidsCare, Children's Rehabilitative Services, Nutrition Assistance (food stamps/SNAP), and Temporary Assistance for Needy Families (TANF) cash assistance. Applicants will receive their eligibility status on completion.
Eligibility: Individuals and families in Arizona
Intake: Call or visit website; Contact provider to confirm documents required
Physical Address: 150 N 18th Ave, Phoenix, Maricopa, AZ, 85007
Hours of Operation: By phone Mon-Fri 7:30am-5pm ; 24-hours website
Phone Number: 855-432-7587
Website: http://www.healthearizonaplus.gov

Mercy Care ACC-RBHA

Description: Provides an AHCCCS Health Plan for people located in Gila, Pinal, and Maricopa counties; does not include ZIP codes 85542, 85192, and 85550. Offers non-emergency medical transportation to and from covered medical and behavioral health appointments for members who are unable to provide or pay for their own transportation. Website offers a database of providers searchable by location and service.
Eligibility: Children and adults who are on AHCCCS in Gila, Pinal, and Maricopa counties; does not include ZIP codes 85542, 85192, and 85550
Intake: Call or visit website to locate a provider. Bring photo ID, AHCCCS card, Social Security card, list of medications, and name of family doctor to first appointment. Contact provider to confirm any other documents required.
Physical Address: 4750 S. 44th Place, Ste 150, Phoenix, Maricopa, AZ, 85040-4015
Hours of Operation: Member services Mon-Fri 7am-6pm; 24-hours nurse line
Website: http://www.mercycareaz.org/acc-rbha/index.html

DES Nutrition Assistance Program

Description: Administers Nutrition Assistance (food stamps/SNAP) services to people on low income. Recipients are given Electronic Benefit Transfer (EBT) cards which can be used in most grocery stores to purchase food.
Eligibility: Individuals and families on low income in Arizona; must be a US citizen or qualified immigrant
Intake: Call for appointment and referral to local office or visit website to apply online; does not accept drop-ins. Contact provider to confirm documents required
Physical Address: Various locations statewide, Phoenix, Maricopa, AZ, 85007
Hours of Operation: Mon-Fri 7am-6pm
Phone Number: 855-432-7587
Website: http://des.az.gov/na

This resource guide is a partnership between Mercy Care and 211 Arizona. You can create your own guide and search the 211 Arizona database or use the categories to find what you're looking for.
Need this guide printed? Call Mercy Care Member Services at 602-263-3000 or 1-800-624-3879 (TTY 711).
We're here for you 7 a.m. to 6 p.m., Monday to Friday.